

How does it work?

Members pay a \$25 per person annual membership fee to be a part of Central RED. Eight to ten courses/workshops/events will be held each semester. Some of those will be free, others have an associated fee. All of the classes and workshops will be available only to members of the Central RED Society, with memberships running from June 1 to May 31 of each year.

SUMMER 2018

2018-2019 Kick-Off Celebration

Tuesday, Aug. 28, 5:30 p.m.

Dave and Ardie Sutphen Common Room, Graham Annex

\$15 heavy appetizers; cash bar available

Celebrate the start of our 2018-2019 year with a gathering to socialize and gear up for the fall classes. This event will also be open to the public to come and learn about Central RED. Please bring friends to hear about our great classes!

FALL 2018

A Conversation with Vern Den Herder

Thursday, Sept. 6, 5:30 p.m. social time; dinner and program starting at 6 p.m.

Dave and Ardie Sutphen Common Room, Graham Annex

\$15 dinner; cash bar available

Join Vern Den Herder for dinner and a conversation about his impressive football career with the NFL's Miami Dolphins. Vern will also talk about his interesting path of unplanned life choices.

Vern Den Herder played thirteen years with NFL's Miami Dolphins (1971-83). During his NFL career he played in four Super Bowls, served as the Dolphins' defensive team captain, had more than 60 NFL career quarterback sacks, and was named the team's MVP in 1979. Den Herder became a key component of the famed "No-Name Defense" which helped Miami post a perfect 17-0 record in winning the 1972 NFL crown. In 2015, Vern was named to the NFL's Miami Dolphins' list of top 50 players in team history. Vern is a Central College graduate where he played football for Coach Ron Schipper. He was one of the first two NCAA Division III players ever inducted into the College Football Hall of Fame in 1996. Vern currently farms with his family near Sioux Center, Iowa. He is a Trustee emeritus of the Central College Board of Trustees.

Nothing Compares to the Iowa State Fair

Wednesday, Sept. 19, 10:30 a.m.

Dave and Ardie Sutphen Common Room, Graham Annex

\$5

Frequently ranked as one of the top events in the country, the Iowa State Fair is the single largest event in the state of Iowa and one of the oldest and largest agricultural and industrial expositions in the country. Annually attracting more than a million people from all over the world, what makes this event so special? Come see and hear why “Nothing Compares to the Iowa State Fair”.

Mindy Williamson is the Director of Marketing for the Iowa State Fair. Mindy has been a Fair lover and attendee for many years. Before coming to the Fair, Mindy worked for an advertising agency specializing in non-profit and governmental clients and for the Iowa Corn Growers Association managing public relations, media, and internal/external communications where some of her favorite events included the Iowa Corn Indy race and the Iowa Corn Cy-Hawk Series. Mindy has a broad background in media relations, communications and marketing and holds a certification in volunteer management and a BS in Biological Pre-Medical Illustration from Iowa State University. Mindy and her husband, Kevin, live on an acreage in Madison County where they raise kids a few crops, chickens, and 4-H show pigs.

Hidden Treasures Trip

Friday, Oct. 12 - Sunday, Oct. 14.

Please see the enclosed registration form for times, fees and deadlines.

B-I-N-G-O and Bingo is the Gamol!

Tuesday, Oct. 23, 5:30 p.m.

Dave and Ardie Sutphen Common Room, Graham Annex

Who is the Bingo champion of Central RED? Join us for some rousing games of Bingo with fun prizes to the winners. Light snacks and a cash bar will be available.

Lunch 'n Learn – Moving at the Speed of Change with Sinikka Waugh

Thursday, Nov. 1, noon

Dave and Ardie Sutphen Common Room, Graham Annex

\$10 for lunch

It's been said “Change has never come at us this fast, and it will never be this slow again.” Whether that quote produces in you a sense of optimism or of overwhelm, of joyful abandon or cautious trepidation, you're in very good company! Change aficionado Sinikka Waugh will take us on a journey through some of the most common responses to change, to explore how we can help ourselves, and those around us thrive through moments of transition. Life changes, career changes, changes to our day to day tools and activities, even seasonal changes all produce in us as humans a predictable path. Understanding that path is key to helping each of us move at the speed of change.

Sinikka Waugh is a recognized leader in understanding people and in adapting tools, techniques, and processes to meet the demands of the situation at hand. As a project manager, business analyst, facilitator, and coach, Sinikka is known for consistently helping teams find innovative ways to solve problems and get things done, and her results-driven professionalism blends seamlessly with her down-to-earth, “try this now” approach. She holds a BA from Central College, an MA from the University of Iowa, and is a certified Project Management Professional through the Project Management Institute.

Culture Night - Pakistan

Monday, Nov. 12, 5:30 p.m.

Dave and Ardie Sutphen Common Room, Graham Annex

\$15 for dinner, cash bar available

Learn about the history, the misconceptions and a little about the politics in Pakistan and other background information on the country. "It's a very beautiful country with some very wonderful people that has, as many other countries do, really complicated politics." Our dinner will be an authentic Pakistani meal.

Anya Butt obtained her bachelors from Mount Holyoke College, majoring in Geology and Geography. She continued on to a Master's in Physical Geography from the University of Toronto and a PhD in Hydrology/Hydrogeology from the University of Nevada, Reno. Before joining Central, she taught at Fatih University in Istanbul, Turkey for three years. She has been at Central since 2002, focusing and teaching primarily on the environmental studies program here. Throughout her life, she's traveled extensively, growing up in Germany, Saudi Arabia and Pakistan, where she spent all her high school years. Her master's research took her to Kenya, and while in her Phd program, she spent two seasons in the Antarctic. As of right now, she's only missing one continent, but hopes to complete the world tour at some point. She is an avid bridge player and the proud owner of four adorable cats.