



**SUMMER AND FALL  
2018 CLASSES**

# LEARN • ENGAGE • DISCOVER

## WANT TO KNOW MORE ABOUT CENTRAL RED SOCIETY?

### What is Central RED Society?

Central RED Society is Central College's innovative lifelong learning program that enriches members' lives through relevant, broad-based learning experiences. Central RED Society will foster creativity, intellectual curiosity and engagement with Central College and the community!

Courses range from recreational to academic: everything from organic gardening to water aerobics to financial planning to philosophy to... you decide! It's part education... part socializing... and always fun!

### Do I have to be a Central alum to join?

No! While we anticipate that many of our members will be alumni, membership is open to anyone.

### How does it work?

Members pay a \$25 per person annual membership fee to be a part of Central RED. Eight to 10 courses/workshops/events will be held each semester. Some of those will be free, others have an associated fee. All of the classes and workshops will be available only to members of the Central RED Society, with memberships running from June 1 to May 31 of each year.

## MISSION STATEMENT:

The Central RED (Ready to Engage and Discover) Society is a volunteer driven, lifelong learning and social organization with an abiding partnership with Central College alumni and friends who wish to share knowledge, talents and experience. RED offers non-credit educational opportunities to enrich the lifelong intellectual, cultural, social and spiritual lives of its members.





## FALL 2018

### **A Conversation with Vern Den Herder**

Thursday, Sept. 6, 5:30 p.m. – social time; 6 p.m. – dinner and program

Dave and Ardie Sutphen Common Room, Graham Annex

Cost: \$15 – dinner and cash bar available

Join Vern Den Herder for dinner and a conversation about his impressive football career with the NFL's Miami Dolphins. Vern will also talk about his interesting path of unplanned life choices.

Vern Den Herder played thirteen years with NFL's Miami Dolphins (1971-83). During his NFL career he played in four Super Bowls, served as the Dolphins' defensive team captain, had more than 60 NFL career quarterback sacks and was named the team's MVP in 1979. Vern became a key component of the famed "No-Name Defense" which helped Miami post a perfect 17-0 record in winning the 1972 NFL crown. In 2015, Vern was named to the NFL's Miami Dolphins' list of top 50 players in team history. Vern is a Central College graduate, where he played football for Coach Ron Schipper. He was one of the first two NCAA Division III players ever inducted into the College Football Hall of Fame in 1996. Vern currently farms with his family near Sioux Center, Iowa. He is a Trustee Emeritus of the Central College Board of Trustees.

## SUMMER 2018

### **2018-2019 Kick-Off Celebration**

Tuesday, Aug. 28, 5:30 p.m.

Dave and Ardie Sutphen Common Room, Graham Annex

Cost: \$15 – heavy appetizers and cash bar available

Celebrate the start of our 2018-2019 year with a gathering to socialize and gear up for the fall classes. This event will also be open to the public to come and learn about Central RED. Please bring friends to hear about our great classes!



## **Mindy Williamson: Nothing Compares to the Iowa State Fair**

Wednesday, Sept. 19, 10:30 a.m.

Dave and Ardie Sutphen Common Room, Graham Annex

Cost: \$5

Frequently ranked as one of the top events in the country, the Iowa State Fair is the single largest event in the state of Iowa and one of the oldest and largest agricultural and industrial expositions in the country. Annually attracting more than a million people from all over the world, what makes this event so special? Come see and hear why “Nothing Compares to the Iowa State Fair.”

Mindy Williamson is the Director of Marketing for the Iowa State Fair. Mindy has been a Fair lover and attendee for many years. Before coming to the Fair, Mindy worked for an advertising agency specializing in non-profit and governmental clients and for the Iowa Corn Growers Association, managing public relations, media and internal/external communications, where some of her favorite events included the Iowa Corn Indy race and the Iowa Corn Cy-Hawk Series. Mindy has a broad background in media relations, communications and marketing and holds a certification in volunteer management and a BS in Biological Pre-Medical Illustration from Iowa State University. Mindy and her husband, Kevin, live on an acreage in Madison County where they raise kids a few crops, chickens and 4-H show pigs.

## **Hidden Treasures Trip**

Friday, Oct. 12 – Sunday, Oct. 14.

Please see the enclosed registration form for times, fees and deadlines.

## **B-I-N-G-O and Bingo is the Game-O!**

Tuesday, Oct. 23, 5:30 p.m.

Dave and Ardie Sutphen Common Room, Graham Annex

Who is the Bingo champion of Central RED? Join us for some rousing games of Bingo with fun prizes to the winners. Light snacks and a cash bar will be available.

## **Lunch 'n' Learn – Moving at the Speed of Change with Sinikka Waugh**

Thursday, Nov. 1, noon

Dave and Ardie Sutphen Common Room, Graham Annex

Cost: \$10 - lunch

It's been said, “Change has never come at us this fast, and it will never be this slow again.” Change aficionado, Sinikka Waugh, will take us on a journey through some of the most common responses to change, to explore how we can help ourselves and those around us thrive through moments of transition. Life changes, career changes, changes to our day-to-day tools and activities, even seasonal changes, all produce in us as humans a predictable path. Understanding that path is key to helping each of us move at the speed of change.

Sinikka Waugh is a recognized leader in understanding people and in adapting tools, techniques and processes to meet the demands of the situation at hand. As a project manager, business analyst, facilitator and coach, Sinikka is known for consistently helping teams find innovative ways to solve problems and get things done, and her results-driven professionalism blends seamlessly with her down-to-earth “try this now” approach. She holds a B.A. from Central College, an M.A. from the University of Iowa and is a certified Project Management Professional through the Project Management Institute.



## Professor Anya Butt: Culture Night - Pakistan

Monday, Nov. 12, 5:30 p.m.

Dave and Ardie Sutphen Common Room, Graham Annex

Cost: \$15 - dinner and cash bar available

Learn about the history, misconceptions and a little about the politics in Pakistan as well as other background information on the country. "It's a very beautiful country with some very wonderful people that has, as many other countries do, really complicated politics." Dinner will be an authentic Pakistani meal.

Anya Butt obtained her bachelor's degree from Mount Holyoke College, majoring in Geology and Geography. She continued on to a master's degree in Physical Geography from the University of Toronto and a Ph.D. in Hydrology/Hydrogeology from the University of Nevada, Reno. Before joining Central, she taught at Faith University in Istanbul, Turkey, for three years. She has been at Central since 2002, focusing and teaching primarily on the environmental studies program here. Throughout her life, she's traveled extensively, growing up in Germany, Saudi Arabia and Pakistan, where she spent all her high school years. Her master's research took her to Kenya, and while in her Ph.D. program, she spent two seasons in the Antarctic. As of now, she's only missing one continent, but hopes to complete the world tour at some point. She is an avid bridge player and the proud owner of four adorable cats.



## SPRING 2019

\*This list is tentative, as plans continue to be made. Dates, times, costs and locations to be announced.

- Hoyt Sherman Place
- Pella Corporation Tour
- Wildlife Photographer Ron Huelse
- Liberal Arts in Prison
- ...and much more!



## YES! SIGN ME UP FOR **CENTRAL RED!**

Member Name (1): \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

\_\_\_\_\_ I would like my personal contact info to be part of a Central RED Directory.

Member Name (2): \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

\_\_\_\_\_ I would like my personal contact info to be part of a Central RED Directory.

### Membership:

Please sign me/us up for \_\_\_\_\_ memberships at \$25 each.

**Join with a friend or family member!**

\_\_\_\_\_ Check enclosed. Please make checks out to Central RED Society.

### Want to get involved?

\_\_\_\_\_ I'm interested in serving on the Board of Directors.

\_\_\_\_\_ I'm interested in being on a committee (please state where your interests lie):

\_\_\_\_\_ Curriculum      \_\_\_\_\_ Membership/Marketing  
\_\_\_\_\_ Finance      \_\_\_\_\_ Social      \_\_\_\_\_ Nominating

\_\_\_\_\_ I'm interested in teaching a class. If so, please specify the topic(s):

\_\_\_\_\_  
\_\_\_\_\_

Potential RED speakers names and topics: \_\_\_\_\_

Potential topics for RED classes: \_\_\_\_\_

\_\_\_\_\_

**Central**  
College  
— 1853 —

CENTRAL RED SOCIETY

[www.central.edu/red](http://www.central.edu/red)

Mail with your payment information to: Central College Alumni Office,  
Attn: Mary Benedict, 812 University St., Campus Box 5200, Pella, IA 50219

## Fall 2018 Class Registration

# SIGN ME UP FOR CLASSES!

- Class reservations will be taken on a first come, first served basis. Class sizes may be limited.
- You may sign up more than one person on a sheet. Please include both names and payment for both people.
- Please mail to Central College Alumni Office, Attn: Mary Benedict, 812 University St., Campus Box 5200, Pella, IA 50219. Be sure to add a check. Class reservations cannot be held without payment.  
Make checks payable to Central RED Society
- Sorry, no refund on classes unless the entire class needs to be canceled.
- You must be a member of Central RED Society in order to sign up for classes. Don't forget to register.

Name (1): \_\_\_\_\_ Name (2): \_\_\_\_\_  
 Street: \_\_\_\_\_ Street: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_ Email: \_\_\_\_\_

## CLASSES I'M SIGNING UP FOR

### Name(s) attending:

2018-19 Membership _____	\$25 each = _____
Kick-off Celebration _____	\$15 each = _____
Conversation with Vern Den Herder _____	\$15 each = _____
Iowa State Fair _____	\$5 each = _____
Bingo Night _____	No Charge
Moving at Speed of Change _____	\$10 each = _____
Culture Night - Pakistan _____	\$15 each = _____
	<b>TOTAL = _____</b>

## PAYMENT OPTIONS

Check enclosed. Please make checks out to Central RED Society.

Sorry, we cannot accept credit cards at this time.