Outdoor Pursuits
Outdoor Pursuits takes place four days a week. Course content includes rock climbing, kayaking, canoeing, sailing, raft building, rappelling, camping, mountaineering, and hiking. Possible complementary activities include canyoneering, coasteering, orientation/navigation, bouldering, zip wires, indoor climbing wall, and high and low level ropes courses. Each activity is structured along a learning continuum of experiences that progress from the level of basic skills, knowledge, and attitudes to the beginnings of intermediate work in which core learning is developed and applied in more challenging and self-reliant situations. Students also participate in cultural excursions. Students explore the rich heritage of Snowdonia and the local area.

What Every Student Needs Before Departing for Bangor Summer Program
If your advisee is planning to participate in this summer program s/he must complete Central’s online application by March 1st.
https://www.central.edu/abroad/apply/index.cfm

All students are required to attend Central’s “First Steps” 1 hour workshop. These workshops are offered throughout the semester.

Qualifications
- Minimum cumulative GPA of 2.5 at the time of acceptance and through departure
- Students who transfer to Central College from another college or university must complete one semester at Central prior to participating in Study Abroad

Coursework in Bangor Summer Program
6 semester hours of credit (3 exercise science, 3 cross-cultural)

Questions?

Contact:
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