

## Exploring Experience Course Schedule

This schedule is subject to change. Any changes will be announced in class and on Blackboard.

| Date                             | Topic  | Reading Due                                  | Assignments Due          |
|----------------------------------|--|--|--------------------------|
| <b>Self-Exploration</b>          |  |  |                          |
| 1. <b>Jan. 19</b><br>Monday      | Welcome  |  |                          |
| 2. <b>Jan. 21</b><br>Wednesday   | Intro to Exploring Experience                                  | Luzzo: Ch. 1 (handout)                       | Journal 1                |
| 3. <b>Jan. 26</b><br>Monday      | Interests & Abilities  | Vogt: Ch. 1, 4, 5                            | Skills Inventory         |
| 4. <b>Jan. 28</b><br>Wednesday   | Values<br><i>Values assessment in class</i>                    | Vogt: Ch. 6, 7                               | Journal 2                |
| 5. <b>Feb. 2</b><br>Monday       | Personality  | Briggs Myers: p.4-10<br>(handout)            | MBTI                     |
| 6. <b>Feb. 4</b><br>Wed.         | Big Questions  | Helkowski article<br>(handout)               | Self-Exploration Summary |
| <b>College Major Exploration</b> |  |  |                          |
| 7. <b>Feb. 9</b><br>Monday       | Introduction to Majors<br><i>Individual appointments begin</i> | Vogt: Ch. 20, 22, 23                         |                          |
| 8. <b>Feb. 11</b><br>Wednesday   | Majors Panel   | Vogt: Ch. 9, 10, 46                          | Majors Scorecard         |
| 9. <b>Feb. 16</b><br>Monday      | Using Resources<br><i>Class in computer lab</i>                | Luzzo: Ch. 7 (handout)                       | Journal 3                |
| 10. <b>Feb. 18</b><br>Wednesday  | Major to Career  | Vogt: Ch. 40, Introduction<br>to Part III    | Resources worksheet      |
| 11. <b>Feb. 23</b><br>Monday     | Decision-Making/Question<br>Day                                | Vogt: Ch. 24, 29                             | Major Investigation      |
| <b>Career Exploration</b>        |  |  |                          |
| 12. <b>Feb. 25</b><br>Wednesday  | Introduction to Careers  | Asher: p.126-136<br>(handout)                |                          |
| 13. <b>Mar. 2</b><br>Monday      | Identifying Career Options                                     | Vogt: Ch. 33, 34, 49                         | COPS assessment          |
| 14. <b>Mar. 4</b><br>Wed.        | Applying for Jobs/Resumes                                      | Vogt: Ch. 53, 59, 60                         | Journal 4                |
| 15. <b>Mar. 9</b><br>Mon.        | Job Searching  | Vogt: Ch. 50, 57,<br>Introduction to Part IV | Career Investigation     |
| 16. <b>Mar. 11</b><br>Wed.       | Wrap Up  | Vogt: 66, Epilogue                           | Final Portfolio          |