

2009 All-Conference Volleyball

MVP – Laura Dudgeon, Sr., MH, Cornell

Coach of the Year – Jane Gibbs, Luther

First Team	School	Year	Pos.	Hometown/High School
Laura Dudgeon # ^	Cornell	Sr.	MH	Bettendorf, Iowa/Bettendorf
Michelle Ripperger ^	Central	Jr.	OH	Urbandale, Iowa/Urbandale
Kristin Paczosa \$	Cornell	Sr.	OH	Arlington Heights, Ill./Buffalo Grove
Brittney Westermeyer	Loras	Fr.	MB	Dyersville, Iowa/Beckman
Emily Cory @	Luther	So.	OH	Indianola, Iowa/Indianola
Tara Christensen % & ^	Simpson	Sr.	S	Hinton, Iowa/Hinton
Lara Gillespie	Simpson	Sr.	OH	Lake Park, Iowa/Harris-Lake Park
Britlyn Sieck	Wartburg	Fr.	OH	Fayette, Iowa/North Fayette
Second Team	School	Year	Pos.	Hometown/High School
Chelsea Grieger	Central	So.	L/DS	Pella, Iowa/Pella
Molly Steffens	Coe	So.	OH	Peosta, Iowa/Western Dubuque
Julianne Lord	Loras	Jr.	OH	Cedar Rapids, Iowa/Kennedy
Taylor Skoglund @	Luther	So.	MH/MB	Montevideo, Minn./Montevideo
Whitney Oviatt ~	Simpson	Sr.	MB/MH	Carnation, Wash./Cedarcrest
Brittany Friesth ~	Simpson	Sr.	L	Adel, Iowa/Adel-DeSoto-Minburn
Sofie Swift	Wartburg	So.	MB	Mingo, Iowa/Colfax-Mingo
Channing Merchant @	Wartburg	Sr.	L	Vinton, Iowa/Vinton-Shellsburg
Honorable Mention	School	Year	Pos.	Hometown/High School
Kristin Mortensen	Dubuque	So.	L	Belvidere, Ill./Belvidere
Grayce Hamlin #	Luther	Sr.	L	Spring Valley, Minn./Kingsland
Hannah Boehmer @	Cornell	Jr.	S	Riverside, Iowa/Mid-Prairie
Katie Vondrak \$ ~	Buena Vista	Jr.	MB	Sioux City, Iowa/Bishop Heelan
Lindsay Jennings @	Central	Sr.	MH	Atkins, Iowa/Benton Community
Amy Schuster \$ ~	Simpson	Jr.	OH	Indianola, Iowa/Indianola
^ -2008 First Team All-Conference				
~ -2008 Second Team All-Conference				
@ -2008 Honorable Mention All-Conference				
% -2007 First Team All-Conference				
\$ -2007 Second Team All-Conference				
# -2007 Honorable Mention All-Conference				
& -2006 Second Team All-Conference				