

Central Open - 5/2/2008

Central College

Pella, Iowa

Results

Event 1 Men 100 Meter Dash

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=====
10.55 AUTO
10.78 PROV
Name Year School Finals Wind H#
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Finals
1 Bertelsen, Eric Buena Vista 10.67 PROV 3.3 1
2 Williams, Wesley Iowa Western 10.68 PROV 3.3 1
3 Rowedder, Chris Buena Vista 10.89 3.3 1
4 Bauer, Justin Buena Vista 11.02 3.3 1
5 Wacenske, Joe Cornell 11.06 3.3 1
6 Brunson, Winnon Grinnell 11.24 4.1 2
7 Powell, Breighen Central 11.35 4.1 2
8 Valentin, Mackie Wildcat Track J11.35 4.1 2
9 Morris, Mitch Central 11.36 3.3 1
10 Bien-Aime, LeGrand Simpson 11.37 3.3 1
11 Murray, Stephen Iowa Western 11.42 5.9 3
12 Martinez, Mike Grinnell 11.47 5.9 3
13 Daily, Connor Central 11.50 4.1 2
14 Jenkins, Fonz Grinnell J11.50 4.1 2
15 Vonnahme, David Central 11.55 5.9 3
16 Agan, Kyle Simpson 11.70 4.1 2
17 Phillips, Scott Grinnell 11.73 5.9 3
18 Harvey, Cody Saint Mary's 11.74 5.9 3
19 Leroy, Mark Loras J11.74 5.9 3
20 Nichols, Kenneth Buena Vista 11.83 4.1 2
21 Meany, Seth Central 11.84 5.9 3
22 Courtain, Jordan Grinnell 11.89 6.3 4
23 Jude, Courtney Knox 12.08 5.9 3
24 Queen, Jesse Grinnell 12.32 6.3 4
25 Sheedy, Tim Saint Mary's 12.67 6.3 4
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Event 2 Women 100 Meter Dash

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12.00 AUTO
12.35 PROV
Name Year School Finals Wind H#
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1 Tanoë, Anntoinette Unattached 12.63 4.0 1
2 Leimkueher, Linze Missouri Valley 12.64 4.0 1
3 Burge, Shannon Loras 12.78 4.0 1
4 Millonig, Allie North Iowa Area 13.03 4.0 1
5 Hogrefe, Trish Central 13.12 4.0 1
6 Ceynar, Abby Simpson 13.15 6.2 2
7 Whitney, Kellie Simpson 13.21 6.2 2
7 Daugherty, Lizzy Saint Mary's 13.21 6.2 2
9 Koch, Val Saint Mary's 13.27 6.2 2
10 Coffou, Bridget Saint Mary's 13.38 6.2 2
11 Evenson, Vanessa Simpson 13.55 4.0 1
12 Lippincott, Ashley Central 13.71 6.2 2
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13 Wedo, Steph North Iowa Area 13.72 6.2 2

Event 3 Men 200 Meter Dash

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21.31 AUTO
21.75 PROV

Name	Year	School	Finals	Wind	H#
1 Bertelsen, Eric		Buena Vista	21.31 AUTO	4.1	1
2 Dierikx, Guy		Central	21.97	4.1	1
3 Bauer, Justin		Buena Vista	22.12	4.1	1
4 Wacenske, Joe		Cornell	22.37	3.5	2
5 Gee, Nate		Loras	22.57	4.1	1
6 Fisette, Chris		Saint Mary's	22.62	3.5	2
7 Yarkosky, Kyle		Simpson	22.66	4.1	1
8 Bien-Aime, LeGrand		Simpson	22.75	3.5	2
9 Murray, Stephen		Iowa Western	22.83	4.0	3
10 Brunson, Winnon		Grinnell	22.90	3.3	4
11 Kanwischer, Levi		Unattached	23.06	4.1	1
12 Nicholas, Matthew		Iowa Western	23.15	4.0	3
13 Williams, Brad		Central	23.24	3.5	2
14 Jenkins, Fonz		Grinnell	23.30	3.3	4
15 Contri, Jake		Central	23.31	3.5	2
16 Phillips, Scott		Grinnell	23.49	4.6	5
17 Offerman, Wes		D4 National	23.51	3.3	4
18 Meany, Seth		Central	23.53	3.3	4
19 Kroger, Bryon		Cornell	23.64	3.3	4
20 Valentin, Mackie		Wildcat Track	23.65	4.0	3
21 Nichols, Kenneth		Buena Vista	23.67	4.0	3
22 Agan, Kyle		Simpson	23.69	3.3	4
23 Tierney, Kyle		Cornell	23.70	4.0	3
24 Riedl, Tim		D4 National	23.72	4.6	5
25 Cotter, Thomas		Simpson	23.87	4.6	5
26 Hosley, Brandon		Loras	24.24	3.3	4
27 Coughenower, Jake		Central	24.54	4.6	5
28 Queen, Jesse		Grinnell	24.55	4.6	5
28 Jude, Courtney		Knox	24.55	3.3	4
30 Goulden, Jason		Central	24.57	4.6	5
31 Beenblossom, Glenn		Simpson	24.86	4.6	5

Event 4 Women 200 Meter Dash

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24.57 AUTO
25.32 PROV

Name	Year	School	Finals	Wind	H#
1 Teas, Emily		Central	25.46	1.7	1
2 Tanoë, Anntoinette		Unattached	25.95	1.7	1
3 Heinzen, Teri		Saint Mary's	26.29	5.0	2
4 Millonig, Allie		North Iowa Area	26.64	5.0	2
5 Owens, Jenny		Central	26.71	1.7	1
6 Collins, Hannah		D4 National	27.05	6.5	3
7 Wagner, Raegan		Unattached	27.07	1.7	1
8 Koch, Val		Saint Mary's	27.18	6.5	3
9 Hogrefe, Trish		Central	27.28	5.0	2
10 Dahn, Becky		North Iowa Area	27.33	5.0	2
11 Ceynar, Abby		Simpson	27.38	5.0	2

12	Daugherty, Lizzy	Saint Mary's	27.42	6.5	3
13	Scharn, Briana	D4 National	27.48	6.5	3
14	Duplessis, Melanie	Cornell	27.64	6.5	3
15	Kersten, Kara	Iowa Western	27.71	5.0	2
16	Novy, Nicole	Loras	27.85	6.5	3
17	Bays, Jennifer	Cornell	27.88	5.0	2
18	Pawlowski, Kath	Saint Mary's	27.90	6.5	3
19	Whitney, Kellie	Simpson	28.20	6.5	3
20	Lippincott, Ashley	Central	28.41	1.7	4
21	Wedo, Steph	North Iowa Area	29.45	1.7	4
22	Gill, Steph	Loras	30.26	1.7	4
23	Quam, Heather	North Iowa Area	30.32	1.7	4

Event 5 Men 400 Meter Dash

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47.35 AUTO
48.50 PROV

Name	Year School	Finals	H#	
1	Olorundami, Shawn	Buena Vista	49.58	1
2	Janss, Justin	Coe	50.36	1
3	Orris, Ray	Loras	50.46	1
4	Bolander, Luke	Central	50.83	1
5	Wagner, Peter	Unattached	51.25	2
6	Yarkosky, Kyle	Simpson	51.48	1
7	Crawford, Quinten	Iowa Western	51.49	2
8	Brockmann, Kale	Unattached	52.36	1
9	Hermann, Davis	Grinnell	52.90	2
10	Krueger, Tony	Coe	53.09	2
11	Curran, Jeff	Cornell	54.89	3
12	Koenig, Tyler	D4 National	56.05	3
13	McDonald, CJ	Cornell	57.06	3
14	Riedl, Tim	D4 National	58.90	3

Event 6 Women 400 Meter Dash

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55.90 AUTO
57.50 PROV

Name	Year School	Finals	H#	
1	Wolett, Meghan	Loras	61.78	1
2	Dahn, Becky	North Iowa Area	62.08	1
3	Owens, Jenny	Central	62.42	1
4	Klobassa, Michelle	Coe	62.53	2
5	Hillsman, Naomi	Coe	62.88	1
6	Novy, Nicole	Loras	62.92	1
7	Robison, Jessie	Coe	63.88	2
8	Pawlowski, Kath	Saint Mary's	65.04	2
9	Duplessis, Melanie	Cornell	65.84	1
10	Bays, Jennifer	Cornell	66.16	1
11	Flores, Katie	Coe	66.79	2
12	Kuda, Kim	Coe	67.98	2
13	Ahrendsen, Liz	Buena Vista	69.41	3
14	Quam, Heather	North Iowa Area	72.71	3

Event 7 Men 800 Meter Run

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1:51.30 AUTO

1:53.20 PROV

Name	Year School	Finals
1 Miller, Alex	Central	1:55.62
2 Jordison, Tyler	Simpson	1:56.67
3 Patten, Eric	Simpson	1:57.94
4 Bader, Josh	D4 National	1:58.27
5 McDowell, Elliot	Central	2:00.47
6 Vink, Ben	Graceland	2:01.13
7 Sulkin, Mark	Loras	2:01.26
8 Howard, Marty	Saint Mary's	2:02.36
9 Sanders, Andrew	Iowa Western	2:03.17
10 Norton, Thomas	Iowa Western	2:03.71
11 Jamison, Taber	North Iowa Area	2:03.72
12 Draisey, Dustin	Central	2:03.85
13 Tisinger, Joe	Cornell	2:03.99
14 Kodet, Benton	Saint Mary's	2:04.11
15 Elbert, Louie	Simpson	2:04.83
16 Van Den Broeke, Jake	North Iowa Area	2:05.58
17 Bolingo, Walter	Southwestern	2:06.31
18 Engelman, Ryan	Loras	2:06.79
19 Trubnikov, David	Iowa Western	2:08.17
20 Grant, Ben	Loras	2:08.41
21 Newberg, Zach	Buena Vista	2:08.80
22 Dooley, Mike	Knox	2:09.29
23 Hetland, Joey	Loras	2:09.60
24 Jacobsmeyer, Andrew	Cornell	2:09.62
25 Wilkinson, David	D4 National	2:10.45
26 Coy, Kevin	North Iowa Area	2:14.27
27 Black, Mike	Loras	2:19.63
28 Braun, Jacob	Knox	2:54.52

Event 8 Women 800 Meter Run

2:11.50 AUTO

2:15.00 PROV

Name	Year School	Finals
1 Kilburg, Tara	Loras	2:17.90
2 Weiss, Hannah	Loras	2:18.42
3 Ellingson, Catie	Simpson	2:18.75
4 Hammel, Sarah	Simpson	2:22.69
5 Tipton, Rachelle	Central	2:24.18
6 Screws, Justine	Coe	2:25.85
7 Hildreth, Kelli	Simpson	2:26.26
8 Burt, Meghann	Central	2:27.49
9 VonHolten, Molly	Central	2:28.06
10 Barkley, Mandie	Central	2:28.62
11 Mujica, Emily	North Iowa Area	2:32.51
12 Bohm, Chloe	Knox	2:33.26
13 Drogo, Ashley	Simpson	2:33.58
14 Pace, Joanna	Saint Mary's	2:33.77
15 Reinhold, Eve	Central	2:34.58
16 Jones, Quinn	D4 National	2:36.93
17 Shirley, Jaimie	Iowa Western	2:45.01
18 Ahrendsen, Andrea	Buena Vista	2:45.88

19 Newman, Allison	Cornell	2:46.26
-- Montgomery, Patrice	Saint Mary's	NT
-- Neubauer, Hannah	Grinnell	NT

Event 9 Men 1500 Meter Run

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3:50.60 AUTO
3:55.80 PROV
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Name	Year School	Finals
1 Dreyer, Cody	Loras	4:10.45
2 Rairdon, Tim	Knox	4:11.61
3 Kite, Alfred	Iowa Western	4:11.62
4 Eischeid, Alex	Loras	4:12.42
5 Flynn, Brian	Unattached	4:13.24
6 Townsend, Derek	Central	4:13.64
7 Oberfoell, Kevin	Loras	4:14.85
8 Brandenburg, Jared	Saint Mary's	4:15.97
9 Sparr, Nick	Grinnell	4:16.71
10 Purkey, Quin	Cornell	4:18.18
11 Reich, Henry	Grinnell	4:18.42
12 Schut, Aaron	Coe	4:19.20
13 Heineman, Kyle	Coe	4:19.25
14 Fitzsimmons, Cory	Central	4:19.76
15 Coulter, Spencer	Central	4:20.23
16 Clark, Teddy	Central	4:21.82
17 Kremer, Ricky	Coe	4:23.49
18 Stacey, Jordan	Cornell	4:24.29
19 Newberg, Zach	Buena Vista	4:24.76
20 Wilson, Chris	Grinnell	4:25.43
21 Heppner, Ethan	Grinnell	4:25.99
22 Williams, Brandon	Central	4:26.48
23 Randolph, Colin	Iowa Western	4:27.57
24 Dunning, Casey	Simpson	4:30.28
25 Henders, Tom	Loras	4:31.50
26 Bennett, Garland	Iowa Western	4:31.87
27 Lucar, Diego	Iowa Western	4:33.88
28 Flaws, Jacob	Buena Vista	4:36.18
29 Ruiz, Luis	Southwestern	4:41.99
30 Flaws, Jordan	Buena Vista	4:44.28
31 VeVerka, Elliot	Southwestern	4:46.53
32 Smith, Jacob	Iowa Western	4:54.34
33 Thornburg, John	Coe	5:09.01
34 Braun, Jacob	Knox	5:47.97
-- Respeliers, Brian	Unattached	DNF

Event 10 Women 1500 Meter Run

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4:32.50 AUTO
4:40.00 PROV
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Name	Year School	Finals
1 Corken, Mary Bridget	Loras	4:51.94
2 Schnell, Ashley	Coe	4:53.07
3 Clark, Jessica	Central	4:57.10
4 Hawkins, Rachelle	Cornell	5:02.27
5 Christensen, Jess	Simpson	5:03.79

6	Salberg, Emily	Simpson	5:04.68
7	Beeding, Kelsey	Simpson	5:05.86
8	Jepson, Amanda	Cornell	5:09.06
9	Jagiello, Allie	Cornell	5:11.78
10	Serem, Gladys	Iowa Western	5:15.56
11	Crippen, Sara	Central	5:22.31
12	Jones, Quinn	D4 National	5:25.00
13	Hawthorne, Megan	Buena Vista	5:38.15
14	Voccia, Stacy	Coe	5:48.85
15	Melzer, Lilah	Grinnell	5:55.30
16	Hyde, Kelsey	Grinnell	5:57.21
17	Auffert, Liz	Buena Vista	6:08.66
18	Platt, Bre	Buena Vista	6:30.88
19	Hapner, Helen	Knox	6:40.70
20	Purrazzo, Mary	Knox	6:57.15

Event 11 Men 3000 Meter Steeplechase

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9:07.34 AUTO
9:23.00 PROV

Name	Year School	Finals
1	Barmasai, David	Iowa Western 9:11.32 PROV
2	Bolingo, Walter	Southwestern 10:02.16
3	Thein, Trevor	North Iowa Area 10:29.97
4	Townsel, David	Iowa Western 11:14.73

Event 12 Women 3000 Meter Steeplechase

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10:44.00 AUTO
11:13.00 PROV

Name	Year School	Finals
1	Lech, Kathryn	Iowa Western 12:58.92
2	Hutchison, Elle	Cornell 13:36.04

Event 13 Men 5000 Meter Run

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14:28.00 AUTO
14:48.00 PROV

Name	Year School	Finals
1	Kite, Alfred	Iowa Western 15:41.4h
2	Rodriguez, Juan	North Iowa Area 16:55.2h
3	Bennett, Garland	Iowa Western 17:01.8h
4	Morgan, Ethan	Simpson 18:10.5h

Event 14 Women 5000 Meter Run

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16:55.00 AUTO
17:35.00 PROV

Name	Year School	Finals
1	Serem, Gladys	Iowa Western 20:42.3h
2	Simones, Emily	Loras 22:02.7h
3	Hapner, Helen	Knox 25:07.8h
4	Purrazzo, Mary	Knox 25:46.9h

Event 17 Men 110 Meter Hurdles

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14.42 AUTO
14.95 PROV
Name Year School Finals Wind H#
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Name	Year	School	Finals	Wind	H#
1 Rounds, Marty		Simpson	15.17	6.5	1
2 Taylor, Justin		Buena Vista	15.38	6.5	1
3 Brockmeyer, Kyle		Coe	15.69	6.5	1
4 Brondyke, Kurtis		Central	15.96	6.5	1
5 Maguire, Steven		Buena Vista	15.98	6.5	1
6 Schaefer, Bill		Knox	16.99	8.2	2
7 Friese, Tyler		D4 National	17.01	6.5	1
8 Hopper, Andrew		Central	17.13	8.2	2
9 Frana, Erik		D4 National	17.16	8.2	2
10 Goulden, Jason		Central	17.75	8.2	2
11 Moeller, Jared		Iowa Western	18.40	8.2	2
12 Trubnikov, David		Iowa Western	18.65	8.2	2
-- Wilson, Nick		Simpson	DQ	6.5	1

Event 18 Women 100 Meter Hurdles

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=====
14.40 AUTO
15.00 PROV
Name Year School Finals Wind H#
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Name	Year	School	Finals	Wind	H#
1 Schmidt, Jacquelyn		Buena Vista	14.95 PROV	5.2	1
2 Bucklin, Lauren		Simpson	15.03	5.2	1
3 Wagner, Raegan		Unattached	15.23	5.2	1
4 Kremer, Barb		Loras	15.32	5.2	1
5 Olorundami, Natalie		Buena Vista	16.06	5.2	1
6 Brost, Liza		Grinnell	17.04	4.7	2
7 Kersten, Kara		Iowa Western	17.25	4.7	2
8 Coffou, Bridget		Saint Mary's	17.34	4.7	2
9 Knowlton, Claire		Knox	17.37	4.7	2
10 Heilman, Shannon		Simpson	17.45	5.2	1
11 Sabers, Molly		Simpson	18.19	5.2	1
12 Heister, Leah		Knox	18.41	4.7	2
13 Gill, Steph		Loras	18.43	4.7	2

Event 19 Men 400 Meter Hurdles

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=====
52.70 AUTO
54.50 PROV
Name Year School Finals H#
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Name	Year	School	Finals	H#
1 Taylor, Justin		Buena Vista	55.46	1
2 James, Matthew		Baker	55.48	1
3 Swift, Chris		Loras	55.73	1
4 Rounds, Marty		Simpson	56.58	2
5 Outlaw, Kenny		Central	57.37	1
6 Van Asten, Curt		Saint Mary's	57.48	2
7 Bennett, Sean		Coe	58.05	1
8 Godfrey, Andrew		North Iowa Area	58.28	2
9 Rudolph, Vance		Coe	60.31	1
10 Schemmel, Scott		Loras	60.34	2

11	Wilson, Nick	Simpson	61.42	2
12	Schaefer, Bill	Knox	61.62	2
13	Hopper, Andrew	Central	62.77	3
14	Green-Price, Mosaic	Iowa Western	63.69	1
15	Moeller, Jared	Iowa Western	66.79	3
16	Stebbins, Michael	D4 National	73.52	3

Event 20 Women 400 Meter Hurdles

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62.00 AUTO
64.14 PROV

Name	Year	School	Finals	H#	
1		Bucklin, Lauren	Simpson	65.83	1
2		Mosinski, Amanda	Central	68.02	1
3		Mathisen, Sara	Iowa Western	68.03	2
4		Reinhart, Missy	Buena Vista	68.44	1
5		Downing, Amber	D4 National	70.01	1
6		Deidrichs, Vicki	Grinnell	70.27	2
7		Sabers, Molly	Simpson	72.15	1
8		Brost, Liza	Grinnell	72.58	2
9		Wedo, Steph	North Iowa Area	73.94	2
10		Boyer, Regan	Baker	75.38	2
11		Knowlton, Claire	Knox	76.94	2
12		Shirley, Jesse	Iowa Western	78.47	2
13		Heilman, Shannon	Simpson	1:20.74	2

Event 21 Men 4x100 Meter Relay

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41.00 AUTO
42.00 PROV

School	Finals	H#
1 Buena Vista University 'A'	41.88 PROV	1
2 Iowa Western Community Co 'A'	42.34	1
3 Simpson College 'A'	43.01	1
4 Coe College 'A'	43.18	1
5 Grinnell College 'A'	44.14	1
6 Central College 'B'	45.00	2
7 Cornell College 'A'	45.12	1
8 Simpson College 'B'	46.13	2
9 Grinnell College 'B'	47.00	2
-- Central College 'A'	DQ	1

Event 22 Women 4x100 Meter Relay

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47.30 AUTO
48.65 PROV

School	Finals
1 Central College 'A'	50.52
2 Simpson College 'A'	50.67
3 Saint Mary's 'A'	50.89
4 Loras College 'A'	51.20
5 Iowa Western Community Co 'A'	51.30
6 Knox College 'A'	53.15

Event 23 Men 4x400 Meter Relay

3:13.00 AUTO			
3:17.00 PROV			
School	Finals	H#	
1 Loras College 'A'	3:22.65	1	
2 Central College 'A'	3:24.54	1	
3 D4 National Champions 'A'	3:32.43	1	
4 Grinnell College 'A'	3:37.7h	2	
5 Simpson College 'B'	3:38.68	1	
6 Knox College 'A'	3:40.2h	2	
7 Cornell College 'B'	3:40.7h	2	

Event 24 Women 4x400 Meter Relay

3:49.60 AUTO			
3:56.00 PROV			
School	Finals		
1 Loras College 'A'	4:03.13		
2 Simpson College 'A'	4:13.24		
3 D4 National Champions 'A'	4:19.65		
4 Knox College 'A'	4:21.99		
5 Cornell College 'A'	4:23.27		

Event 25 Men High Jump

2.11m AUTO			
2.01m PROV			
Name	Year School	Finals	
1 Brondyke, Kurtis	Central	1.91m	6-03.25
2 Netwal, Dan	Cornell	1.86m	6-01.25
3 Hall, Cory	Central	1.81m	5-11.25
4 Gegner, Jordan	Central	1.76m	5-09.25
4 Williams, LeVance	Iowa Western	1.76m	5-09.25
5 Plagman, Rich	Central	J1.76m	5-09.25
-- Powell, Breighen	Central	NH	

Event 26 Women High Jump

1.71m AUTO			
1.65m PROV			
Name	Year School	Finals	
1 Tim, Christina	Unattached	1.55m	5-01.00
2 Boyer, Regan	Baker	J1.55m	5-01.00
3 Bell, Pam	Knox	1.50m	4-11.00
4 Ahrendsen, Liz	Buena Vista	1.45m	4-09.00
5 Anderson, Jaclyn	Knox	1.40m	4-07.00
5 Schoch, Katelynn	Iowa Western	1.40m	4-07.00
7 Ahrendsen, Andrea	Buena Vista	J1.40m	4-07.00
8 Bender, Alicia	Iowa Western	J1.40m	4-07.00
9 Auffert, Liz	Buena Vista	1.35m	4-05.00
-- Kersten, Kara	Iowa Western	NH	

Event 27 Men Pole Vault

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                    5.04m AUTO
                    4.70m PROV
Name                Year School                Finals
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Name	Year	School	Finals	
1 Hargadine, Mike		Grinnell	3.85m	12-07.50
1 Schumacher, Tom		Iowa Western	3.85m	12-07.50
3 Jenkins, Fonz		Grinnell	3.55m	11-07.75
4 Elkin, Eddie		Central	3.40m	11-01.75
5 Mortell, Noah		Central	2.95m	9-08.00
-- Neukum, Steve		Loras	NH	
-- Calvert, Kyle		Loras	NH	

Event 28 Women Pole Vault

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=====
                    3.82m AUTO
                    3.50m PROV
Name                Year School                Finals
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Name	Year	School	Finals	
1 Irwin, Kayla		Baker	3.20m	10-06.00
2 Glynn, Kay		Unattached	2.90m	9-06.25
3 Hannemann, Michelle		Cornell	2.75m	9-00.25
3 Feldman, Ashley L		Central	2.75m	9-00.25
5 Berger, Krystal		Simpson	2.60m	8-06.25
6 Heffernen, Heather		Loras	2.15m	7-00.50
6 McGlone, Katy		Iowa Western	2.15m	7-00.50
6 Gryp, Mallory		Loras	2.15m	7-00.50

Event 29 Men Long Jump

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=====
                    7.30m AUTO
                    6.96m PROV
Name                Year School                Finals                Wind
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Name	Year	School	Finals	Wind
1 Lee, Marcus		Unattached	7.41m AUTO	2.9 24-03.75
2 Williams, LeVance		Iowa Western	6.99m PROV	3.4 22-11.25
3 Pearson, Nick		Unattached	6.84m	2.5 22-05.25
4 Brondyke, Kurtis		Central	6.71m	4.9 22-00.25
5 Nicholas, Matthew		Iowa Western	6.54m	2.6 21-05.50
6 Watkins, Wardell		Simpson	6.37m	3.7 20-10.75
7 Fisette, Chris		Saint Mary's	6.35m	1.6 20-10.00
8 Swift, Chris		Loras	6.32m	3.5 20-09.00
9 Hallengren, Shane		Central	6.21m	4.2 20-04.50
10 Good, Kevin		Central	6.02m	4.4 19-09.00
11 Leroy, Mark		Loras	5.77m	3.5 18-11.25
12 Jenkins, Fonz		Grinnell	5.71m	3.4 18-09.00
13 Coy, Kevin		North Iowa Area	5.66m	NWI 18-07.00
14 Wockenfus, Ryan		Saint Mary's	5.55m	4.2 18-02.50
15 Moeller, Jared		Iowa Western	5.44m	5.1 17-10.25
15 Trubnikov, David		Iowa Western	5.44m	4.5 17-10.25
17 Struchen, Brady		Buena Vista	5.39m	3.5 17-08.25
18 Jude, Courtney		Knox	5.05m	5.5 16-07.00
19 Nichols, Kenneth		Buena Vista	4.99m	3.7 16-04.50
-- McGrew, Alex		Loras	ND	NWI

Event 30 Women Long Jump

5.80m AUTO

5.52m PROV

Name	Year School	Finals	Wind
1 Dailey, Chelsie	Iowa Western	5.31m	5.9 17-05.25
2 Bell, Pam	Knox	5.12m	3.0 16-09.75
3 Whitney, Kellie	Simpson	4.95m	3.5 16-03.00
4 Reinhart, Missy	Buena Vista	4.90m	2.9 16-01.00
5 Kremer, Barb	Loras	4.83m	4.1 15-10.25
6 Heinzen, Teri	Saint Mary's	4.73m	3.2 15-06.25
7 Anderson, Jaclyn	Knox	4.69m	5.2 15-04.75
8 Bender, Alicia	Iowa Western	4.46m	3.8 14-07.75
9 Sperl, Brittany	Cornell	4.41m	2.9 14-05.75
10 Strains, Jessica	Cornell	4.30m	3.2 14-01.25
11 Heister, Leah	Knox	4.29m	4.4 14-01.00
11 Coffou, Bridget	Saint Mary's	4.29m	4.3 14-01.00
13 Berger, Krystal	Simpson	4.25m	4.7 13-11.50

Event 31 Men Triple Jump

14.80m AUTO

14.00m PROV

Name	Year School	Finals	Wind
1 Lee, Marcus	Unattached	14.60m PROV	NWI 47-11.00
2 Fisette, Chris	Saint Mary's	13.36m	NWI 43-10.00
3 Watkins, Wardell	Simpson	12.53m	NWI 41-01.50
4 Teko-Folly, Roli	Cornell	12.39m	NWI 40-07.75
5 Hallengren, Shane	Central	11.76m	NWI 38-07.00
6 Moore, CJ	Grinnell	11.60m	NWI 38-00.75
7 Good, Kevin	Central	11.43m	NWI 37-06.00
-- Plagman, Rich	Central	ND	NWI
-- Struchen, Brady	Buena Vista	ND	NWI
-- Vonnahme, David	Central	ND	NWI

Event 32 Women Triple Jump

12.00m AUTO

11.25m PROV

Name	Year School	Finals	Wind
1 Whitney, Kellie	Simpson	10.89m	NWI 35-08.75
2 Berger, Krystal	Simpson	9.99m	NWI 32-09.50
3 Sperl, Brittany	Cornell	9.98m	NWI 32-09.00
4 Dusenbury, Alicia	Central	9.82m	NWI 32-02.75
5 Schoch, Katelynn	Iowa Western	9.77m	NWI 32-00.75
6 Wolett, Meghan	Loras	9.75m	NWI 32-00.00
7 Strains, Jessica	Cornell	9.65m	NWI 31-08.00
8 Heister, Leah	Knox	9.58m	NWI 31-05.25
9 Barron, Chayenne	Baker	9.44m	NWI 30-11.75

Event 33 Men Discus Throw

52.50m AUTO

47.50m PROV

Name	Year School	Finals
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1	Fisher, Jason	Central	48.07m	PROV	157-08
2	Westemeier, Brian	Loras	45.26m		148-06
3	Hein, Kevin	Saint Mary's	43.12m		141-06
4	Stubbe, Matt	Buena Vista	42.72m		140-02
5	Gilbert, Kyle	Saint Mary's	42.36m		139-00
6	McWilliams, Nick	Loras	41.60m		136-06
7	Wherley, Derek	Saint Mary's	41.03m		134-07
8	Snyder, Joey	Grinnell	39.26m		128-10
9	Maloney, Matt	Loras	39.13m		128-04
10	Jeffrey, Andrew	Cornell	39.09m		128-03
11	Anderson, Dale	Coe	38.02m		124-09
12	Allred, John	Iowa Western	37.24m		122-02
13	McCoy, Curtis	Grinnell	36.69m		120-04
14	Medalia, Jordan	Grinnell	36.49m		119-09
15	Graber, Matt	Central	36.28m		119-00
16	Landis, Kennon	Grinnell	35.84m		117-07
17	Meyer, Andrew	Coe	35.80m		117-05
18	Danielson, Scott	Simpson	35.12m		115-03
19	Leerhoff, Nick	Coe	34.17m		112-01
20	Scannicchio, Anthony	Loras	33.87m		111-01
21	Norton, Adam	Cornell	33.69m		110-06
22	Ebert, Alex	Saint Mary's	33.55m		110-01
23	Coleman, William	Missouri Valley	33.53m		110-00
24	McDonnell, Brian	Coe	33.14m		108-09
25	Steepleton, Scott	Loras	33.06m		108-05
26	Kent, Adam	Knox	31.72m		104-01
27	Kesler, Brad	Unattached	31.23m		102-05
28	Alber, Josh	Knox	29.81m		97-10

Event 34 Women Discus Throw

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	46.38m	AUTO			
	41.50m	PROV			
Name	Year	School	Finals		
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1	Thorson, Marin	North Iowa Area	46.53m	AUTO	152-08
2	Thys, Ellen	Loras	46.21m	PROV	151-07
3	McNally, Danielle	Loras	43.99m	PROV	144-04
4	Boeke, Rachel	Central	41.11m		134-10
5	Degen, Chelsey	Simpson	41.05m		134-08
6	Feldman, Ashley	Central	40.24m		132-00
7	Hanson, Julia	Cornell	40.16m		131-09
8	Ulferts, Liz	Loras	38.74m		127-01
9	Hall, Ronnisha	North Iowa Area	38.46m		126-02
10	Anciaux, Sarah	Coe	38.22m		125-05
10	Tobin, Heidi	Loras	38.22m		125-05
12	Hupp, Laura	Simpson	37.49m		123-00
13	Rawson, Molly	Coe	36.75m		120-07
14	Heitmann, Nicole	Saint Mary's	35.88m		117-08
15	Thompson, Amy	Unattached	35.60m		116-09
16	Niedert, Megan	Coe	32.85m		107-09
17	Nappe, Allie	Cornell	32.55m		106-09
18	Riley, Jadiah	Iowa Western	32.15m		105-06
19	Czyzewicz, Laura	Buena Vista	31.59m		103-08
20	Kall, Kelly	Cornell	31.38m		102-11
21	Bonertz, Stacy	Simpson	30.97m		101-07

22	Kaminski, Kim	Saint Mary's	30.76m	100-11
23	Bentz, Carissa	Central	30.19m	99-00
24	Sojka, Nicole	Central	30.06m	98-07
25	Francois, Danielle	Central	29.75m	97-07
26	Green, Shelli	Unattached	27.68m	90-10
27	Roggemann, Amanda	Central	26.47m	86-10
28	Mouw, Sara	Central	24.65m	80-10
29	South, Jenny	Cornell	24.52m	80-05
30	Nichols, Genevieve	Knox	22.20m	72-10

Event 35 Men Hammer Throw

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57.60m AUTO
51.46m PROV

Name	Year School	Finals		
1	Fisher, Jason	Central	53.60m	PROV 175-10
2	McWilliams, Nick	Loras	46.33m	152-00
3	Maloney, Matt	Loras	45.23m	148-05
4	Jeffrey, Andrew	Cornell	43.93m	144-01
5	Westemeier, Brian	Loras	42.13m	138-03
6	Ricke, Steven	Buena Vista	40.55m	133-00
7	Meyer, Andrew	Coe	39.72m	130-04
8	Anderson, Dale	Coe	37.97m	124-07
9	Graber, Matt	Central	37.13m	121-10
10	Gilbert, Kyle	Saint Mary's	36.15m	118-07
11	Wherley, Derek	Saint Mary's	35.55m	116-08
12	Wardenburg, John	Simpson	35.42m	116-02
13	Steepleton, Scott	Loras	34.97m	114-09
14	Leerhoff, Nick	Coe	34.91m	114-06
15	Stubbe, Matt	Buena Vista	34.64m	113-08
16	Kent, Adam	Knox	34.59m	113-06
17	Danielson, Scott	Simpson	34.12m	111-11
18	Medalia, Jordan	Grinnell	33.85m	111-01
19	Alber, Josh	Knox	31.09m	102-00
20	Hixon, Trevor	Central	30.70m	100-09
21	Hein, Kevin	Saint Mary's	29.15m	95-08
--	Scannicchio, Anthony	Loras	ND	

Event 36 Women Hammer Throw

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52.60m AUTO
46.00m PROV

Name	Year School	Finals		
1	Thys, Ellen	Loras	49.23m	PROV 161-06
2	Rader, Holly	Coe	48.08m	PROV 157-09
3	Ulferts, Liz	Loras	46.04m	PROV 151-00
4	Hall, Ronnisha	North Iowa Area	43.37m	142-03
5	Czyzewicz, Laura	Buena Vista	40.80m	133-10
6	Hanson, Julia	Cornell	40.19m	131-10
7	Tobin, Heidi	Loras	40.10m	131-07
8	Niedert, Megan	Coe	37.20m	122-00
9	Engler, Anna	Loras	35.53m	116-07
10	Feldman, Ashley	Central	34.67m	113-09
11	Francois, Danielle	Central	34.55m	113-04
11	Sojka, Nicole	Central	34.55m	113-04

13	Green, Shelli	Unattached	34.06m	111-09
14	Boeke, Rachel	Central	33.95m	111-05
15	Roggemann, Amanda	Central	33.70m	110-07
16	Rawson, Molly	Coe	33.50m	109-11
17	Thompson, Amy	Unattached	33.04m	108-05
18	Kall, Kelly	Cornell	32.70m	107-03
19	Kaminski, Kim	Saint Mary's	30.87m	101-03
20	Freeman, Sarah	Grinnell	29.97m	98-04
21	Nichols, Genevieve	Knox	26.09m	85-07
--	Craw, Madison	Cornell	ND	

Event 37 Men Javelin Throw

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62.50m AUTO
57.30m PROV

Name	Year	School	Finals	
1		Bradley, Marquis	Grinnell	51.03m 167-05
2		Snyder, Joey	Grinnell	50.19m 164-08
3		Schueler, Austen	Central	49.18m 161-04
4		McWilliams, Nick	Loras	48.66m 159-08
5		Hargadine, Mike	Grinnell	47.25m 155-00
6		Wockenfus, Ryan	Saint Mary's	45.92m 150-08
7		Wagner, Peter	Unattached	45.52m 149-04
8		Stewart, Willie	Grinnell	44.00m 144-04
9		Buhmeyer, Taylor	Loras	42.89m 140-08
10		Netwal, Dan	Cornell	42.37m 139-00
11		Hall, Cory	Central	41.24m 135-04
12		Daniel, Carrington	Coe	38.88m 127-07
13		Schmailzl, Matt	Central	38.38m 125-11
14		Neukum, Steve	Loras	36.89m 121-00
15		Elkin, Eddie	Central	36.36m 119-03
16		Allred, John	Iowa Western	36.08m 118-04
17		Rosien, Jameson	Central	35.60m 116-09
18		Kent, Adam	Knox	35.59m 116-09
19		McBride, Jeremy	Coe	31.31m 102-09
20		Schumacher, Tom	Iowa Western	29.94m 98-03
21		Moeller, Jared	Iowa Western	27.92m 91-07
22		Trubnikov, David	Iowa Western	25.38m 83-03

Event 38 Women Javelin Throw

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44.20m AUTO
38.70m PROV

Name	Year	School	Finals	
1		Mouw, Sara	Central	34.70m 113-10
2		Wiederin, Ashley	Central	33.11m 108-07
3		Gryp, Mallory	Loras	31.63m 103-09
4		Peterson, Kelsey	Central	30.37m 99-08
5		Bonertz, Stacy	Simpson	30.32m 99-06
6		Anciaux, Sarah	Coe	28.57m 93-09
7		Conway, Emily	Central	26.66m 87-06
8		Tim, Christina	Unattached	26.32m 86-04
9		Craw, Madison	Cornell	25.71m 84-04
10		Anderson, Jaclyn	Knox	25.08m 82-03
11		Hupp, Laura	Simpson	24.87m 81-07

12 Davis, Christina	Knox	24.83m	81-05
13 Rieger, Laura	Loras	23.63m	77-06
14 South, Jenny	Cornell	20.99m	68-10
15 Kall, Kelly	Cornell	19.73m	64-09
16 Kersten, Kara	Iowa Western	18.51m	60-09

Event 39 Men Shot Put

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17.25m AUTO
15.55m PROV

Name	Year School	Finals	
1 Graber, Matt	Central	14.92m	48-11.50
2 Coleman, William	Missouri Valley	14.12m	46-04.00
3 Fisher, Jason	Central	14.06m	46-01.50
4 Leerhoff, Nick	Coe	13.73m	45-00.50
5 Wardenburg, John	Simpson	13.60m	44-07.50
6 Danielson, Scott	Simpson	13.45m	44-01.50
7 Ricke, Steven	Buena Vista	13.44m	44-01.25
8 Westemeier, Brian	Loras	13.39m	43-11.25
9 Jeffrey, Andrew	Cornell	13.02m	42-08.75
10 Stubbe, Matt	Buena Vista	12.53m	41-01.50
11 Kent, Adam	Knox	12.49m	40-11.75
12 Wherley, Derek	Saint Mary's	12.41m	40-08.75
13 Norton, Adam	Cornell	12.29m	40-04.00
14 Allred, John	Iowa Western	11.92m	39-01.25
15 Offenber, Ben	Grinnell	11.83m	38-09.75
16 Maloney, Matt	Loras	11.36m	37-03.25
17 Scannicchio, Anthony	Loras	11.29m	37-00.50
18 Meyer, Andrew	Coe	11.07m	36-04.00
19 Steepleton, Scott	Loras	10.92m	35-10.00
20 Hein, Kevin	Saint Mary's	10.78m	35-04.50
21 Hall, Bill	Central	10.12m	33-02.50
22 Hixon, Trevor	Central	9.33m	30-07.50
23 McBride, Jeremy	Coe	9.32m	30-07.00

Event 40 Women Shot Put

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14.20m AUTO
12.80m PROV

Name	Year School	Finals	
1 McNally, Danielle	Loras	12.60m	41-04.25
2 Boeke, Rachel	Central	12.52m	41-01.00
3 Thys, Ellen	Loras	12.34m	40-06.00
4 Tobin, Heidi	Loras	11.85m	38-10.50
5 Anciaux, Sarah	Coe	11.75m	38-06.75
6 Riley, Jadiah	Iowa Western	11.52m	37-09.50
7 Bonertz, Stacy	Simpson	11.44m	37-06.50
8 Craw, Madison	Cornell	11.34m	37-02.50
9 Roggemann, Amanda	Central	10.10m	33-01.75
10 Sojka, Nicole	Central	9.16m	30-00.75
11 Kaminski, Kim	Saint Mary's	9.05m	29-08.25
12 Kall, Kelly	Cornell	8.86m	29-01.00
13 Davis, Christina	Knox	8.75m	28-08.50
14 Heitmann, Nicole	Saint Mary's	8.71m	28-07.00
15 South, Jenny	Cornell	8.29m	27-02.50

16 Nichols, Genevieve
-- Hall, Ronnisha

Knox
North Iowa Area

7.55m
ND

24-09.25

Event 43 Men 3000 Meter Run

Name	Year School	Finals
1 Taylor, Pierre	Central	9:18.3h
2 Cooper, Michael	Unattached	9:20.6h
3 Tobben, Andrew	Cornell	9:21.8h
4 Weber, Luke	Simpson	9:42.6h
5 Vondracek, Austin	Central	9:45.6h
6 Davis, Baron	Simpson	9:51.5h
7 Skopec, Aaron	Simpson	10:13.4h
8 Mueller, Andrew	North Iowa Area	10:33.4h
9 Husak, Tyler	Central	10:49.4h

Event 44 Women 3000 Meter Run

Name	Year School	Finals
1 Aerts, Andrea	Cornell	11:22.7h
2 Luzum, Katie	Simpson	12:30.0h