



Men's TRACK & FIELD

2006 MEN'S OUTDOOR SEASON AND CAREER BESTS -- FIELD EVENTS

High jump

School record: 7' 1.5", Craig Cantrall, 1993

NCAA provisional qualifying standard: 6' 7.5"

NCAA automatic qualifying standard: 6' 11"

| Name | Season | Date | Career | Site | Date |
|-------------|-----------|------|-----------|---------------|---------|
| D.J. Cobler | 6' 3.25" | 5-13 | 6' 3.25" | Decorah | 5-13-06 |
| Eric Ellis | 5' 10.75" | 4-1 | 5' 10.75" | St. Louis Mo. | 4-1-06 |
| Greg Foote | 5' 7" | 3-25 | 5' 7" | Kirkville Mo. | 3-25-06 |
| Ben Bollard | 5' 7" | 3-25 | 5' 7" | Dubuque | 5-6-05 |

Long jump

School record: 24' 5.5", Flinard Grisby, 1970

NCAA provisional qualifying standard: 22' 11.75"

NCAA automatic qualifying standard: 23' 10"

| Name | Season | Date | Career | Site | Date |
|----------------|-----------|------|-----------|-----------|---------|
| Shawn McLarney | +23' 8" | 5-12 | 23' 8" | Decorah | 5-12-06 |
| Zac Bailey | +23' .75" | 4-22 | 23' .75" | Grinnell | 4-22-06 |
| Shawn McLarney | 22' 9.75" | 4-12 | 22' 9.75" | Dubuque | 4-12-06 |
| Kyle Messerly | 22' 1.5" | 4-22 | 22' 4.5" | Grinnell | 4-22-06 |
| Ben Bollard | 20' 7.75" | 4-1 | 21' .75" | Pella | 4-1-05 |
| Greg Foote | 19' 9.5" | 4-28 | 19' 9.5" | Indianola | 4-28-06 |

Triple jump

School record: 48', John Whipple, 1981

NCAA provisional qualifying standard: 46' 1.25"

NCAA automatic qualifying standard: 48' 6.75"

| Name | Season | Date | Career | Site | Date |
|----------------|-----------|------|-----------|----------|---------|
| D.J. Cobler | 43' 7.25" | 5-13 | 43' 7.25" | Decorah | 5-13-06 |
| Shawn McLarney | 42' 4.75" | 5-13 | 42' 7.25" | Decorah | 5-13-06 |
| Zac Bailey | 42' 1.25" | 5-13 | 42' 1.25" | Decorah | 5-13-06 |
| Eric Ellis | 41' 1.75" | 4-22 | 41' 1.75" | Grinnell | 4-22-06 |
| Ben Bollard | 41' 1.5" | 5-13 | 43' 1.75" | Dubuque | 5-14-05 |
| Kyle Messerly | 38' 4.75" | 4-8 | 42' 4" | Dubuque | 5-14-05 |

Shot put

School record: 51' 11", Reid Evans, 1999

NCAA provisional qualifying standard: 51' .25"

NCAA automatic qualifying standard: 56' 7.25"

| Name | Season | Date | Career | Site | Date |
|--------------|-----------|------|-----------|---------------|---------|
| Jason Fisher | 46' 7.25" | 4-1 | 47' 1" | Indianola | 4-29-05 |
| Jon Robeson | 44' 3.5" | 5-13 | 44' 3.5" | Decorah | 5-13-06 |
| Rodger Blum | 40' 4.75" | 4-1 | 42' 7" | Crete Neb. | 4-23-05 |
| Josh Stanton | 38' 2" | 4-1 | 39' 10" | St. Louis Mo. | 4-9-05 |
| Ben Bollard | 37' 2.25" | 5-5 | 37' 2.25" | Decorah | 5-5-06 |
| Greg Foote | 29' 6" | 4-7 | 29' 6" | Waverly | 4-7-06 |

Hammer throw

School record: 177' 11", Mark Sanger, 2004

NCAA provisional qualifying standard: 168' 10"

NCAA automatic qualifying standard: 189'

| Name | Season | Date | Career | Site | Date |
|-----------------|----------|------|----------|---------------|---------|
| Jon Robeson | 169' 9" | 5-13 | 169' 10" | Dubuque | 5-14-05 |
| Jason Fisher | 166' 11" | 4-28 | 166' 11" | Indianola | 4-28-06 |
| Rodger Blum | 134' 8" | 3-31 | 134' 8" | St. Louis Mo. | 3-31-06 |
| Josh Stanton | 123' | 5-13 | 123' | Decorah | 5-13-06 |
| Jeremy Swafford | 91' 11" | 4-28 | 91' 11" | Indianola | 4-28-06 |
| Justin VerSteeg | 84' 9" | 4-8 | 84' 9" | Waverly | 4-8-06 |

Pole vault

School record: 15' 9", Jim Bruxvoort, 1989

NCAA provisional qualifying standard: 15' 5"

NCAA automatic qualifying standard: 16' 4.75"

| Name | Season | Date | Career | Site | Date |
|----------------|-----------|------|------------|-----------|---------|
| Josh Brown | 13' 6" | 4-1 | 13' 7.75" | Dubuque | 5-13-05 |
| Cory Torkelson | 13' 5.25" | 4-8 | 14' 7.5" | Dubuque | 5-13-05 |
| Rob Tanzer | 13' .25" | 4-28 | 12' 6" | Indianola | 5-6-05 |
| Greg Foote | 11' 1.75" | 5-12 | 11' 1.75" | Decorah | 5-12-06 |
| Ben Bollard | 10' 4" | 5-6 | 10' 11.75" | Dubuque | 5-7-05 |
| Eddie Elkin | 11'0.25" | 5-6 | 11'0 .25" | Indianola | 5-6-05 |

Javelin

School record: 191' 3", Ben Lindaman, 1993

NCAA provisional qualifying standard: 188'

NCAA automatic qualifying standard: 206'

| Name | Season | Date | Career | Site | Date |
|-----------------|---------|------|----------|---------------|---------|
| Cory Torkelson | 152' 1" | 5-5 | 163' 9" | Crete Neb. | 4-17-04 |
| Justin VerSteeg | 143' 1" | 3-31 | 143' 1" | St. Louis Mo. | 3-31-06 |
| Ben Bollard | 134' 9" | 4-8 | 134' 11" | Dubuque | 5-7-05 |
| Jeremy Swafford | 133' 9" | 5-12 | 133' 9" | Decorah | 5-12-06 |
| Greg Foote | 128' 5" | 5-6 | 128' 5" | Decorah | 5-6-06 |
| Luke Bolander | 117' 8" | 4-8 | 116' 7" | Waverly | 4-8-06 |
| Seth Meany | 105' 4" | 4-22 | 105' 4" | Grinnell | 4-22-06 |
| Eddie Elkins | 133' | 5-6 | 133' | Indianola | 5-6-05 |
| Eric Sink | 98'7 | 5-6 | 98' 7" | Indianola | 5-6-05 |

Discus

School record: 169' 8", Zech Schiebout, 1997

NCAA provisional qualifying standard: 156' 6"

NCAA automatic qualifying standard: 172' 3"

| Name | Season | Date | Career | Site | Date |
|-----------------|----------|------|----------|---------------|---------|
| Jason Fisher | 151' 3" | 5-12 | 151' 3" | Decorah | 5-12-06 |
| Jon Robeson | 127' | 4-22 | 127' | Grinnell | 4-22-06 |
| Rodger Blum | 123' 3" | 4-1 | 123' 3" | St. Louis Mo. | 4-1-06 |
| Justin VerSteeg | 113' 7" | 3-25 | 113' 7" | Kirkville Mo. | 3-25-06 |
| Ben Bollard | 106' 10" | 4-8 | 106' 10" | Waverly | 4-8-06 |
| Greg Foote | 100' 3" | 5-6 | 100' 3" | Decorah | 5-6-06 |
| Josh Stanton | 93' 5" | 4-8 | 93' 5" | Waverly | 4-8-06 |

+ NCAA Div. III provisional qualifier

* NCAA Div. III automatic qualifier

\$ school record

2006 MEN'S OUTDOOR SEASON AND CAREER BESTS -- RUNNING EVENTS

100 meters

School record: 10.57, Don Keller, 1979

NCAA provisional qualifying standard: 10.83

NCAA automatic qualifying standard: 10.58

| Name | Season best | Date | Career best | Site | Date |
|-----------------|-------------|------|-------------|--------------|---------|
| Zac Bailey | +10.70 | 5-19 | 10.70 | Rock Island | 5-19-06 |
| Craig Hernandez | 11.07 | 5-17 | 11.07 | Cedar Rapids | 5-17-06 |
| Curt Hunt | 11.40 | 4-22 | 11.3 | Waverly | 4-10-04 |
| Ben Bollard | 11.54 | 4-7 | 11.4 | Pella | 4-1-05 |
| Eric Harris | 11.66 | 5-12 | 11.66 | Decorah | 5-12-06 |
| Greg Foote | 11.69 | 4-7 | 11.69 | Waverly | 4-7-06 |
| Seth Meany | 12.19 | 4-8 | 12.19 | Waverly | 4-8-06 |
| Guy Dierikx | | | 11.26 | Pella | 4-2-05 |
| Ryan Shropshire | | | 11.6 | Dubuque | 5-13-05 |

200 meters

School record: 21.58, Adam Hartford, 2000

NCAA provisional qualifying standard: 21.81

NCAA automatic qualifying standard: 21.31

| Name | Season | Date | Career | Site | Date |
|------------------|--------|------|--------|----------------|---------|
| Guy Dierikx | 22.10 | 5-5 | 22.10 | Indianola | 5-5-06 |
| Craig Hernandez | 22.12 | 5-17 | 22.12 | Cedar Rapids | 5-17-06 |
| Zac Bailey | 22.30 | 4-22 | 22.30 | Grinnell | 4-22-06 |
| Kevin Pitz | 22.63 | 5-5 | 22.26 | Dubuque | 5-13-05 |
| Ben Bollard | 22.84 | 5-17 | 22.84 | Cedar Rapids | 5-17-06 |
| Curt Hunt | 22.90 | 5-5 | 22.90 | Indianola | 5-5-06 |
| Eric Harris | 23.21 | 4-22 | 23.1 | Kirksville Mo. | 3-26-05 |
| Zach Zellweger | 23.34 | 4-22 | 23.34 | Grinnell | 4-22-06 |
| Ryan Shropshire | 23.56 | 4-22 | 22.97 | Dubuque | 5-13-05 |
| Luke Bolander | 23.94 | 5-5 | 23.94 | Indianola | 5-5-06 |
| Brent Chamberlin | 23.98 | 5-5 | 23.98 | Indianola | 5-5-06 |
| Seth Meany | 24.7 | 4-1 | 24.7 | St. Louis Mo. | 4-1-06 |
| Tim Graham | 28.26 | 4-12 | 28.26 | Dubuque | 4-12-06 |
| Jered Wells | | | 25.02 | Indianola | 5-6-05 |

400 meters

School record: 47.40 Chris McCullough

NCAA provisional qualifying standard: 48.5

NCAA automatic qualifying standard: 47.45

| Name | Season | Date | Career | Site | Date |
|------------------|--------|------|--------|---------------|---------|
| Guy Dierikx | +48.12 | 5-13 | 48.12 | Decorah | 5-13-06 |
| Justin Koepp | 49.18 | 5-5 | 48.77 | Mt. Vernon | 5-10-03 |
| Kevin Pitz | 49.88 | 5-5 | 49.41 | Dubuque | 5-13-05 |
| Ben Bollard | 50.02 | 5-5 | 50.02 | Decorah | 5-5-06 |
| Zach Zellweger | 50.36 | 5-12 | 50.36 | Decorah | 5-12-06 |
| DJ Cobler | 50.55 | 5-5 | 49.2 | Dubuque | 5-13-05 |
| Eric Harris | 50.66 | 4-1 | 50.66 | St. Louis Mo. | 4-1-06 |
| Craig Hernandez | 50.71 | 5-19 | 50.71 | Rock Island | 5-19-06 |
| Ryan Shropshire | 51.46 | 4-12 | 51.26 | Des Moines | 4-16-05 |
| Luke Bolander | 52.54 | 4-1 | 52.54 | St. Louis Mo. | 4-1-06 |
| Greg Foote | 52.64 | 5-5 | 52.64 | Decorah | 5-5-06 |
| Brian Respeliers | | | 51.37 | Indianola | 5-6-05 |
| Jered Wells | | | 53.86 | Indianola | 5-6-05 |

110 meter hurdles

School record: 14.48, Brad Rose, 2005

NCAA provisional qualifying standard: 14.9

NCAA automatic qualifying standard: 14.44

| Name | Season | Date | Career | Site | Date |
|---------------|--------|------|--------|-----------|--------|
| Shawn McLamey | 15.07 | 5-5 | 15.07 | Indianola | 5-5-06 |
| Ben Bollard | 16.01 | 5-6 | 16.01 | Decorah | 5-5-06 |

| | | | | | |
|------------------|-------|-----|-------|---------------|--------|
| Brent Chamberlin | 16.15 | 5-5 | 16.15 | Indianola | 5-5-06 |
| Greg Foote | 17.52 | 4-1 | 17.52 | St. Louis Mo. | 4-1-06 |

400 meter hurdles

School record: 52.93, Justin Koepp, 2006

NCAA provisional qualifying standard: 54.0

NCAA automatic qualifying standard: 52.4

| Name | Season | Date | Career | Site | Date |
|---------------|--------|------|--------|-------------|---------|
| Justin Koepp | +52.93 | 5-25 | 52.93 | Lisle, Ill. | 5-25-06 |
| Ben Bollard | 54.80 | 4-22 | 54.80 | Grinnell | 4-22-06 |
| Shawn McLamey | 55.86 | 5-5 | 55.86 | Indianola | 5-5-06 |
| Greg Foote | 59.7 | 4-12 | 59.7 | Dubuque | 4-12-06 |

800 meters

School record: 1:51.16, Nate Smith, 1993

NCAA provisional qualifying standard: 1:53.6

NCAA automatic qualifying standard: 1:51.3

| Name | Season | Date | Career | Site | Date |
|------------------|----------|------|---------|------------------|---------|
| Brian Respeliers | +1:52.33 | 5-5 | 1:52.33 | Naperville, Ill. | 5-19-06 |
| Bryan George | 1:54.66 | 5-5 | 1:54.66 | Indianola | 5-5-06 |
| Teddy Clark | 1:59.95 | 4-8 | 1:59.95 | Waverly | 4-8-06 |
| Tyler Schipper | 2:00.72 | 4-8 | 2:00.72 | Waverly | 4-8-06 |
| Mike McLoughlin | 2:00.95 | 4-1 | 2:00.95 | St. Louis Mo. | 4-1-06 |
| Eric Sink | 2:02.52 | 5-5 | 2:02.52 | Indianola | 5-5-06 |
| Matt Knoop | 2:03.08 | 4-8 | 2:03.08 | Waverly | 4-8-06 |
| Brandon Williams | 2:03.29 | 4-8 | 2:03.29 | Waverly | 4-8-06 |
| Ryan Shropshire | 2:03.99 | 5-5 | 2:03.99 | Indianola | 5-5-06 |
| Luke Bolander | 2:05.53 | 4-12 | 2:05.53 | Dubuque | 4-12-06 |
| Jason Mullen | 2:07.15 | 4-28 | 2:07.15 | Indianola | 4-28-06 |
| Andy Green | 2:08.25 | 4-1 | 2:08.25 | St. Louis Mo. | 4-1-06 |
| Jered Wells | 2:08.73 | 5-5 | 2:01.07 | Dubuque | 5-13-05 |
| Chase Uings | | | 2:05.36 | Indianola | 4-29-05 |
| Adam Wolf | | | 2:06.82 | Pella | 4-3-04 |
| Brett Dietrich | | | 2:09.92 | Indianola | 4-29-05 |

1,500 meters

School record: 3:50.74, Jon Lindaman, 1999

NCAA provisional qualifying standard: 3:55.2

NCAA automatic qualifying standard: 3:50.6

| Name | Season | Date | Career | Site | Date |
|------------------|----------|------|---------|---------------|---------|
| Bryan George | +3:51.30 | 5-13 | 3:51.30 | Decorah | 5-13-06 |
| Brian Respeliers | 3:58.46 | 4-12 | 3:58.46 | Dubuque | 4-12-06 |
| Adam Wolf | 4:03.28 | 4-22 | 4:03.28 | Grinnell | 4-22-06 |
| Brett Jones | 4:07.48 | 4-22 | 4:07.48 | Grinnell | 4-22-06 |
| Mike McLoughlin | 4:08.96 | 4-1 | 4:08.96 | St. Louis Mo. | 4-1-06 |
| Teddy Clark | 4:09.75 | 4-1 | 4:09.75 | St. Louis Mo. | 4-1-06 |
| Tyler Schipper | 4:20.79 | 4-1 | 4:20.79 | St. Louis Mo. | 4-1-06 |
| Eric Sink | 4:22.82 | 4-1 | 4:22.82 | St. Louis Mo. | 4-1-06 |
| Jered Wells | 4:23.69 | 4-12 | 4:23.69 | Dubuque | 4-12-06 |
| Andy Green | 4:24.25 | 4-1 | 4:24.25 | St. Louis Mo. | 4-1-06 |
| Joe Jefferson | 4:24.43 | 5-5 | 4:24.43 | Indianola | 5-5-06 |
| T.J. Weiler | 4:26.62 | 4-22 | 4:24.60 | Indianola | 5-7-04 |
| Brandon Williams | 4:26.70 | 4-22 | 4:26.70 | Grinnell | 4-22-06 |
| Tyler Keller | 4:33.08 | 5-5 | 4:33.08 | Indianola | 5-5-06 |
| Ben Bollard | 4:33.76 | 5-6 | 4:33.76 | Decorah | 5-6-06 |
| Greg Foote | 4:59.98 | 5-6 | 4:59.98 | Decorah | 5-6-06 |
| Chase Uings | | | 4:10.06 | Dubuque | 5-14-05 |
| Brett Dietrich | | | 4:21.71 | Indianola | 4-29-05 |

2006 MEN'S OUTDOOR SEASON AND CAREER BESTS -- RUNNING EVENTS

3,000 meter steeplechase

School record: 9:17.5, Mark Muyskens, 1982

NCAA provisional qualifying standard: 9:23

NCAA automatic qualifying standard: 9:07

| Name | Season | Date | Career | Site | Date |
|--------------|----------|------|----------|-----------|---------|
| Bryan George | 9:29.36 | 4-12 | 9:29.36 | Dubuque | 4-12-06 |
| Teddy Clark | 9:51.37 | 5-13 | 9:51.37 | Decorah | 5-13-06 |
| Jaron Byrum | 10:28.87 | 5-13 | 10:28.87 | Decorah | 5-13-06 |
| Andy Green | 11:49.38 | 4-22 | 11:14.45 | Indianola | 4-29-05 |
| Chase Ungs | | | 10:16.46 | Indianola | 4-29-05 |

5,000 meters

School record: 14:45.96, Andy Goodman, 1994

NCAA provisional qualifying standard: 14:48

NCAA automatic qualifying standard: 14:28

| Name | Season | Date | Career | Site | Date |
|-----------------|----------|------|----------|----------------|---------|
| Bryan George | 14:55.02 | 4-8 | 14:55.02 | Waverly | 4-8-06 |
| Adam Wolf | 15:05.62 | 4-1 | 15:05.62 | St. Louis Mo. | 4-1-06 |
| Brett Jones | 15:42.85 | 4-1 | 15:42.85 | St. Louis Mo. | 4-1-06 |
| Teddy Clark | 16:16.36 | 5-19 | 16:16.36 | Naperville | 5-19-06 |
| Joe Jefferson | 16:24.65 | 4-28 | 16:18.84 | Indianola | 4-23-04 |
| T.J. Weiler | 16:30.34 | 4-1 | 16:06.02 | Indianola | 4-29-05 |
| Mike McLoughlin | 16:35.32 | 4-12 | 16:35.32 | Dubuque | 4-12-06 |
| Jaron Byrum | 16:36.15 | 4-28 | 16:36.15 | Indianola | 4-28-06 |
| Tyler Keller | 16:55.37 | 4-8 | 16:55.37 | Waverly | 4-8-06 |
| Andy Green | 17:55.37 | 4-8 | 16:50.58 | Pella | 5-18-05 |
| Brett Dietrich | | | 16:05.11 | Kirksville Mo. | 3-26-05 |
| Chase Ungs | | | 16:15.64 | Kirksville Mo. | 3-26-05 |

10,000 meters

School record: 30:59.72, Andy Goodman, 1994

NCAA provisional qualifying standard: 31:10

NCAA automatic qualifying standard: 30:15.3

| Name | Season | Date | Career | Site | Date |
|----------------|----------|------|----------|----------|---------|
| Adam Wolf | 31:49.36 | 4-8 | 31:49.36 | Waverly | 4-8-06 |
| Brett Jones | 32:56.17 | 4-8 | 32:56.17 | Waverly | 4-8-06 |
| Joe Jefferson | 33:22.11 | 5-12 | 33:22.11 | Decorah | 5-12-06 |
| T.J. Weiler | 34:21.54 | 4-8 | 33:34.14 | Dubuque | 5-13-05 |
| Jaron Byrum | 35:33.73 | 4-22 | 35:33.73 | Grinnell | 4-22-06 |
| Tyler Keller | 36:35.32 | 4-22 | 36:35.32 | Grinnell | 4-22-06 |
| Brett Dietrich | | | 33:46.22 | Dubuque | 5-13-05 |

4x100 meter relay

School record: 40.98, VanderVelden/Tavegia/Hartford/McCullough, 2000

NCAA provisional qualifying standard: 42.0

NCAA automatic qualifying standard: 41.2

| Names | Season | Date |
|------------------------------------|--------|------|
| Dierikx/Bailey/Koeppe/Pitz | +41.25 | 5-25 |
| Dierikx/Bailey/Hernandez/Pitz | +41.28 | 5-27 |
| Dierikx/Bailey/Koeppe/Pitz | +41.41 | 4-28 |
| Dierikx/Bailey/Koeppe/Pitz | +41.50 | 5-19 |
| Bailey/Dierikx/Koeppe/Pitz | +41.77 | 4-12 |
| Bailey/Dierikx/Koeppe/Pitz | +41.80 | 4-22 |
| Dierikx/Bailey/Koeppe/Pitz | +41.82 | 5-5 |
| Bailey/Dierikx/Koeppe/Pitz | +41.83 | 4-1 |
| Bailey/Dierikx/Koeppe/Pitz | +41.84 | 4-8 |
| Dierikx/Bailey/Koeppe/Pitz | +41.96 | 5-13 |
| Hunt/Hernandez/Zellweger/McLamey | 43.32 | 4-22 |
| Hunt/Hernandez/Zellweger/McLamey | 43.44 | 4-1 |
| Hunt/Hernandez/Zellweger/Harris | 43.82 | 4-12 |
| Shropshire/Chamberlin/Graham/Meany | 46.05 | 4-12 |

4x400 meter relay

School record: 3:09.64, Koerselman/Hartford/Tavegia/McCullough, 2000

NCAA provisional qualifying standard: 3:17.3

NCAA automatic qualifying standard: 3:13.5

| Names | Season | Date |
|--|----------|------|
| Koeppe/Bollard/Pitz/Dierikx | *3:11.85 | 5-25 |
| Koeppe/Bollard/Pitz/Dierikx | *3:12.85 | 5-19 |
| Bollard/Hernandez/Pitz/Dierikx | *3:13.47 | 5-27 |
| Koeppe/Bollard/Dierikx/Pitz | +3:13.65 | 4-29 |
| Koeppe/Bollard/Dierikx/Pitz | +3:14.35 | 4-12 |
| Koeppe/Hernandez/Dierikx/Pitz | 3:17.77 | 4-22 |
| Hernandez/Bollard/Pitz/Harris | 3:18.21 | 5-13 |
| Koeppe/Bollard/McLamey/Foote | 3:22.82 | 4-1 |
| Harris/Hernandez/Shropshire/Respeliers | 3:23.16 | 4-8 |
| Bollard/Harris/Zellweger/Foote | 3:23.25 | 4-22 |
| Pitz/Zellweger/Harris/Bolander | 3:24.24 | 4-1 |
| Dierikx/Hernandez/Shropshire/Knoop | 3:25.99 | 4-1 |
| Harris/Hernandez/Shropshire/Zellweger | 3:26.27 | 5-5 |
| Bolander/McLamey/Clark/McLoughlin | 3:34.95 | 4-8 |
| Shropshire/Williams/Schipper/Wells | 3:36.65 | 4-12 |
| Williams/Sink/Mullen/Wells | 3:39.35 | 5-5 |
| Knoop/Williams/Schipper/Wells | 3:44.08 | 4-8 |

4x800 meter relay

School record: 7:42.3 Barth/Fagan/Smith/Hackert, 1992

| Names | Season | Date |
|------------------------------------|---------|------|
| George/Clark/McLoughlin/Respeliers | 8:03.53 | 4-22 |
| Jones/Williams/Shropshire/Wolf | 8:21.99 | 4-22 |
| Green/Bolander/Mullen/Weiler | 9:04.39 | 4-22 |

4x1,600 meter relay

School record: 17:23.9 Anderson/Wubbena/Muyskens/Sparks, 1981

| Names | Season | Date |
|------------------------------|---------|------|
| Wolf/Jones/McLoughlin/George | 8:03.53 | 4-22 |

Distance medley relay

School record: 10:10.47, Dawes/Friedland/Fitzsimmons/Mark Muyskens, 1980

| Names | Season | Date |
|---------------------------------|----------|------|
| Respeliers/Dierikx/Clark/George | 10:12.35 | 4-28 |

Decathlon

School record: 7,058, Peter Wagner, 2001

NCAA provisional qualifying standard: 6,000

NCAA automatic qualifying standard: 6,650

| Name | Season | Date | Career | Site | Date |
|-------------|--------|------|--------|---------|--------|
| Ben Bollard | +6,040 | 5-6 | 6,040 | Decorah | 5-6-06 |
| Greg Foote | 5,262 | 5-6 | 5,262 | Decorah | 5-6-06 |

+ NCAA Div. III provisional qualifier

* NCAA Div. III automatic qualifier

\$ school record

2006 MEN'S OUTDOOR SEASON RESULTS

2006 Central College outdoor team results

| | | | |
|------------|---------------------------------|-------------------|----------------|
| Mar. 25 | Truman State Open | Kirkville, Mo. | No team scores |
| Apr. 1 | Washington Invitational | St. Louis, Mo. | 7th of 15 |
| Apr. 8 | Wartburg Select Invitational | Waverly | 3rd of 10 |
| Apr. 12 | Loras Mid-Week Invitational | Dubuque | No team scores |
| Apr. 22 | Dick Young Classic | Grinnell | 3rd of 17 |
| Apr. 28 | Kip Janvrin Open | Indianola | No team scores |
| Apr. 27-29 | Drake Relays | Des Moines | No team scores |
| May 5 | Simpson Open | Indianola | 1st of 8 |
| May 5-6 | Iowa Conf. Heptathlon/Decathlon | Decorah | No team scores |
| May 12-13 | Iowa Conference | Decorah | 2nd of 9 |
| May 17 | Coe Last Chance Open | Cedar Rapids | No team scores |
| May 18-19 | North Central Invitational | Naperville, Ill. | No team scores |
| May 19 | Augustana Twilight Open | Rock Island, Ill. | No team scores |
| May 25-27 | NCAA Division III | Lisle, Ill. | tie, 41st |

Individual honors

Iowa Conference men's track and field athlete of the week

April 10--Guy Dierikx, Central
May 1--Guy Dierikx, Central

NCAA Division III All-America honorees

4x100 meter relay--Guy Dierikx, Zac Bailey, Justin Koeppe/Craig Hernandez, Kevin Pitz
4x400 meter relay--Ben Bollard, Justin Koeppe/Craig Hernandez, Kevin Pitz, Guy Dierikx

ESPN The Magazine Academic All-District Men's At-Large team

Bryan George--first team

USTFCCCA All-Academic Team

Ben Bollard
Bryan George

Team awards

Most Valuable Performer Award-- Bryan George
Effort Award--Guy Dierikx
Most Valuable Field Event Performer Award-- Jason Fisher
Outstanding Freshman Award--Shawn McLamey
Most Improved Performer Award--Justin Koeppe
2006 captains--Kevin Pitz, Bryan George, Jon Robeson, D.J. Cobler
2007 captains--Guy Dierikx, Jon Robeson, Brian Respeliers, Ben Bollard, Adam Wolf, Zac Bailey

NCAA Division III championship qualifiers

May 25-27, Lisle, Ill.

Automatic qualifier

| Event | Name | Mark | Date | Site |
|--------------------|--------------------------------|---------|------|-------------|
| *4x400 meter relay | Koeppe, Bollard, Pitz, Dierikx | 3:12.85 | 5-19 | Rock Island |

Provisional qualifiers

| Event | Name | Mark | Date | Site |
|--------------------|--------------------------------|----------|------|----------------|
| *Long jump | Shawn McLamey | 23' 8" | 5-13 | Decorah |
| *800 meters | Brian Respeliers | 1:52.99 | 5-5 | Indianola |
| *1,500 meters | Bryan George | 3:51.30 | 5-13 | Decorah |
| *400 meter hurdles | Justin Koeppe | 53.34 | 4-1 | St. Louis, Mo. |
| *4x100 meter relay | Koeppe, Bailey, Pitz, Dierikx | 41.41 | 4-28 | Des Moines |
| *4x400 meter relay | Koeppe, Bollard, Pitz, Dierikx | 3:13.65 | 4-29 | Des Moines |
| +400 meters | Guy Dierikx | 48.12 | 5-13 | Decorah |
| Decathlon | Ben Bollard | 6,040 | 5-6 | Decorah |
| Long jump | Zac Bailey | 23' .75" | 4-22 | Grinnell |
| Hammer throw | Jon Robeson | 169' 9" | 5-13 | Decorah |

*accepted

+not declared

New school records

400 meter hurdles--52.93 seconds, Justin Koeppe, Lisle, Ill., May 25, 2006

Final NCAA Division III men's outdoor power rankings

| No. | School | Region | Pts. |
|-----------|--------------------|----------------|---------------|
| 1 | Wis.-Whitewater | Midwest | 217.94 |
| 2 | Calvin | Great Lakes | 217.13 |
| 3 | Wis.-LaCrosse | Midwest | 216.35 |
| 4 | Wis.-Oshkosh | Midwest | 213.84 |
| 5 | Nebraska Wesleyan | Central | 213.15 |
| 6 | Mount Union | Great Lakes | 212.71 |
| 7 | North Central | Midwest | 212.62 |
| 8 | Monmouth | Midwest | 210.26 |
| 9 | Augustana | Midwest | 209.56 |
| 10 | Wis.-Platteville | Midwest | 209.45 |
| 11 | Central | Central | 206.65 |
| 12 | Wartburg | Central | 205.37 |
| 13 | Wis.-Stevens Point | Midwest | 205.37 |
| 14 | Saint John's Univ. | Central | 205.27 |
| 15 | Wis.-Eau Claire | Midwest | 202.19 |
| 16 | Tufts Univ. | New England | 201.61 |
| 17 | Allegheny | Mideast | 201.48 |
| 18 | Wheaton | Midwest | 199.17 |
| 19 | SUNY Cortland | Atlantic | 198.49 |
| 20 | Bates | New England | 195.05 |

2006 MEN'S OUTDOOR SEASON RESULTS

Truman State Open
 March 25, 2006
 Kenneth Gardner Track
 Truman State University
 Kirksville, Mo.

No team scores

Central's individual results

110 meter hurdles—13. Ben Bollard, 17.27; 15. Greg Foote, 17.47

High jump—4. Greg Foote, 5' 7"; 5. Ben Bollard, 5' 7"

Shot put—13. Rodger Blum, 39' 8.75"; 16. Jon Robeson, 39' .5"; 19.

Josh Stanton, 36' .75"

Discus throw—6. Jason Fisher, 142' 1"; 12. Rodger Blum, 117' 5";

17. Jon Robeson, 115' 1"; 19. Justin VerSteeg, 113' 7"

Hammer throw—7. Jon Robeson, 155' 4"; 9. Jason Fisher, 148' 10";

17. Rodger Blum, 117' 10"

Javelin throw—11. Justin VerSteeg, 130' 11"; 15. Jeremy Swafford,

118' 9"; 16. Greg Foote, 116' 8"; 17. Ben Bollard, 116' 7"; 18. Luke

Bolander, 115' 4"; 19. Seth Meany, 91' 4"

Washington Invitational
 March 31-April 1, 2006
 Francis Field Stadium
 Washington University
 St. Louis, Mo.

Team results

1. Monmouth (Ill.) 114; 2. Wis.-Platteville 111; 3. Florissant Valley C.C. (Mo.) 103; 4. Siena Heights (Mich.) 87; 5. Washington (Mo.) 85; 6. Greenville (Ill.) 76; **7. Central 69**; 8. Southern Indiana 30; 9. Carroll (Wis.) 25; 10. Concordia (Mo.) 22; 11. Southwest Baptist (Mo.) 19; 12. Illinois College 11; 13. (tie) Tenn.-Martin 4; Rhodes (Tenn.) 4; 15. Franklin (Ind.) 3.

Central's individual results

100 meters—7. Zac Bailey, 11.11

200 meters—6. Guy Dierikx, 22.23; 11. Craig Hernandez, 22.59; 14. Kevin Pitz, 22.72; 23. Curt Hunt, 23.34; 41. Seth Meany, 24.7

400 meters—6. Eric Harris, 50.66; 19. Ryan Shropshire, 52.08; 23. Luke Bolander, 52.54

800 meters—7. Bryan George, 1:58.34; 18. Mike McLoughlin, 2:00.95; 20. Teddy Clark, 2:03.28; 21. Tyler Schipper, 2:03.65; 22. Matt Knoop, 2:04.31; 26. Eric Sink, 2:06.94; 34. Andy Green, 2:08.25

1,500 meters—1. Bryan George, 3:57.6; 2. Brian Respeliers, 4:00.28; 10. Mike McLoughlin, 4:08.96; 11. Teddy Clark, 4:09.75; 21. Tyler Schipper, 4:20.79; 25. Eric Sink, 4:22.82; 28. Andy Green, 4:24.25

5,000 meters—3. Adam Wolf, 15:05.62; 15. Brett Jones, 15:42.85; 34. T.J. Weiler, 16:30.34; 47. Jaron Byrum, 17:18.44; 52. Tyler Keller, 17:45.22

110 meter hurdles—6. Shawn McLamey, 15.47; 9. Ben Bollard, 16.65; 17. Greg Foote, 17.52

400 meter hurdles—2. Justin Koeppe, 53.34

4x100 meter relay—2. Bailey/Dierikx/Koeppe/Pitz, 41.83; Hunt/Henandez/Zellweger/McLamey, 43.44

4x400 meter relay—5. Koeppe/Bollard/McLamey/Foote, 3:22.82; Pitz/Zellweger/Harris/Bolander, 3:24.24;

Dierikx/Henandez/Shropshire/Knoop, 3:25.99

High jump—9. Eric Ellis, 5' 10.75"

Pole vault—7. Josh Brown, 13' 6"

Long jump—13. Shawn McLamey, 20' 5.25"; 16. Ben Bollard, 19' 6.75"; 20. Greg Foote, 17' 6"

Triple jump—15. Eric Ellis, 37' 8.5"

Discus throw—4. Jason Fisher, 140' 4"; 19. Rodger Blum, 123' 3"; 23. Jon Robeson, 112' 8"; 27. Justin VerSteeg, 110' 3"

Hammer throw—6. Jon Robeson, 149' 2"; 9. Jason Fisher, 140' 7";

15. Rodger Blum, 134' 8"; 26. Josh Stanton, 103' 2"

Javelin throw—9. Justin VerSteeg, 143' 1"; 14. Ben Bollard, 127' 10"; 18. Greg Foote, 122'; 21. Jeremy Swafford, 110' 11"; 23. Seth Meany, 102' 3"

Shot put—7. Jason Fisher, 46' 7.25"; 18. Jon Robeson, 41' 6"; 23. Rodger Blum, 40' 4.75"; 26. Josh Stanton, 38' 2"

Wartburg Select Invitational

April 8, 2006

Walston-Hoover Stadium

Wartburg College

Waverly, Iowa

Team results

1. Wartburg 193; 2. Monmouth (Ill.) 150; **3. Central 105**; 4. Wis.-Platteville 80.5; 5. Gustavus Adolphus (Minn.) 66; 6. Augustana (Ill.) 65; 7. Loras 51.5; 8. Buena Vista 45; 9. Carleton (Minn.) 43; 10. Grinnell 16.

Central's individual results

100 meters—2. Zac Bailey, 11.06; 17. Curt Hunt, 11.61; 32. Seth Meany, 12.19

200 meters—9. Craig Hernandez, 22.70; 22. Eric Harris, 23.47; 23. Curt Hunt, 23.50; 28. Ryan Shropshire, 23.68

400 meters—1. Guy Dierikx, 48.6; 4. Kevin Pitz, 50.08

800 meters—2. Brian Respeliers, 1:54.87; 10. Teddy Clark, 1:59.95; 12. Tyler Schipper, 2:00.72; 13. Mike McLoughlin, 2:01.16; 21. Matt Knoop, 2:03.08; 22. Brandon Williams, 2:03.29; 44. Jered Wells, 2:09.57

5,000 meters—6. Bryan George, 14:55.02; 25. Jaron Byrum, 16:38.02; 29. Tyler Keller, 16:55.37; 33. Andy Green, 17:37.39

10,000 meters—1. Adam Wolf, 31:49.36; 5. Brett Jones, 32:56.17; 11. T.J. Weiler, 34:21.54

110 meter hurdles—6. Shawn McLamey, 15.77

400 meter hurdles—1. Justin Koeppe, 54.46

4x100 meter relay—1. Bailey/Dierikx/Koeppe/Pitz, 41.84

4x400 meter relay—5. Harris/Hernandez/Shropshire/Respeliers, 3:23.16; 17. Bolander/McLamey/Clark/McLoughlin, 3:34.95; 22. Knoop/Williams/Schipper/Wells, 3:44.08

Pole vault—12. Cory Torkleson, 13' 5.25"; 16. Josh Brown, 12' 11.5"

Long jump—4. Shawn McLamey, 21' 4.25"; 6. Kyle Messerly, 20' 9"

Triple jump—11. Kyle Messerly, 38' 4.75"

Shot put—8. Jason Fisher, 42' 10.25"; 12. Jon Robeson, 41' 1.75";

16. Rodger Blum, 39' 9.25"; 23. Josh Stanton, 37' 2.25"

Discus throw—22. Rodger Blum, 113' 6"; 27. Josh Stanton, 93' 5"

Hammer throw—4. Jon Robeson, 162' 10"; 5. Jason Fisher, 161' 8"; 21. Rodger Blum, 117' 5"; 24. Josh Stanton, 104' 1"; 29. Justin VerSteeg, 84' 9"; 30. Jeremy Swafford, 64' 2"

Javelin throw—19. Justin VerSteeg, 125' 6"; 20. Jeremy Swafford, 125' 1"; 25. Luke Bolander, 116' 7"; 31. Seth Meany, 96' 11"

Decathlon—

3. Ben Bollard

100 meters

11.54

744 points

Long jump

20' 7.75"

650 points

Shot put

35' 8.75"

539 points

High jump

5' 4.25"

488 points

400 meters

51.07

766 points

110 meter hurdles

16.81

644 points

Discus throw

106' 10"

515 points

Pole vault

9' 9"

350 points

Javelin throw

134' 9"

458 points

1,500 meters

DNF

0 points

Total points

5,154 points

4. Greg Foote

100 meters

11.69

713 points

Long jump

18' 1.5"

485 points

Shot put

29' 6"

425 points

High jump

5' 4.25"

488 points

400 meters

53.27

670 points

2006 MEN'S OUTDOOR SEASON RESULTS

| | | |
|--------------------------|---------|--------------|
| 110 meter hurdles | 17.71 | 567 points |
| Discus throw | 98' 8" | 466 points |
| Pole vault | 8' .75" | 233 points |
| Javelin throw | 124' 6" | 412 points |
| 1,500 meters | 5:09.12 | 508 points |
| Total points | | 4,952 points |

Loras Mid-Week
 April 12, 2006
 Manatt Track
 Loras College
 Dubuque, Iowa

No team scores

Central's individual results

- 100 meters**—9. Curt Hunt, 11.44
- 200 meters**—7. Curt Hunt, 23.16; 17. Seth Meany, 24.87; 21. Tim Graham, 28.26
- 400 meters**—3. D.J. Cobler, 50.74; 5. Craig Hernandez, 50.87; 6. Zach Zellweger, 50.88; 7. Eric Harris, 50.93; 11. Ryan Shropshire, 51.46
- 800 meters**—10. Luke Bolander, 2:05.53; 12. Tyler Schipper, 2:06.02
- 1,500 meters**—1. Brian Respeliers, 3:58.46; 12. Jered Wells, 4:23.69; 20. Brandon Williams, 4:37.17
- 5,000 meters**—4. Mike McLoughlin, 16:35.32
- 110 meter hurdles**—2. Shawn McLamey, 15.44; 5. Brent Chamberlin, 17.2
- 400 meter hurdles**—1. Shawn McLamey, 57.25; 4. Greg Foote, 59.7
- 3,000 meter steeplechase**—1. Bryan George, 9:29.36; 5. Teddy Clark, 10:18.33
- 4x100 meter relay**—2. Bailey/Dierikx/Koepp/Pitz, 41.77; 3. Hunt/Hernandez/Zellweger/Harris, 43.82; 7. Shropshire/Chamberlin/Graham/Meany, 46.05
- 4x400 meter relay**—1. Koepp/Bollard/Dierikx/Pitz, 3:14.35; 8. Shropshire/Williams/Schipper/Wells, 3:36.65
- High jump**—4. Eric Ellis, 5' 10"
- Pole vault**—4. Josh Brown, 12' 11.5"
- Long jump**—1. Shawn McLamey, 22' 9.75"
- Shot put**—11. Jon Robeson, 41' 5"; 18. Rodger Blum, 37' 10.75"; 21. Josh Stanton, 36' 11.75"
- Discus throw**—5. Jason Fisher, 139' 3"; 19. Rodger Blum, 114' 7"; 22. Jon Robeson, 112' 1"; 27. Ben Bollard, 87' 4"
- Hammer throw**—2. Jon Robeson, 162' 7"; 3. Jason Fisher, 152' 3"; 17. Josh Stanton, 109' 6"
- Javelin throw**—12. Greg Foote, 125' 7"; 14. Jeremy Swafford, 117' 4"; 16. Ben Bollard, 110' 2"; 31. Seth Meany, 92' 9"

Dick Young Classic
 April 22, 2006
 Les Duke Track
 Grinnell College
 Grinnell, Iowa

Team results

1. Nebraska Wesleyan 206; 2. Monmouth (Ill.) 153.5; **3. Central 127**; 4. Graceland 58.5; 5. Grinnell 43.5; 6. Midland Luthern (Neb.) 38; 7. Buena Vista 36.5; 8. Colorado College 31; 9. North Iowa Area CC 26; 10. Coe 25; 11. Cornell 24; 12. St. Ambrose 19; 13. Grand View 17; 14. William Penn 15; 15. Iowa Wesleyan 13; 16. Mount Mercy 12; 17. Simpson 9.

Central's individual results

- 100 meters**—17. Curt Hunt, 11.40; 37. Seth Meany, 12.38
- 200 meters**—5. Guy Dierikx, 22.26; 6. Zac Bailey, 22.30; 9. Craig Hernandez, 22.45; 13. Kevin Pitz, 22.70; 21. Curt Hunt, 23.13; 28. Eric Harris, 23.21; 30. Zach Zellweger, 23.34; 38. Ryan Shropshire, 23.56; 57. Seth Meany, 25.19

- 400 meters**—7. D.J. Cobler, 50.68; 15. Luke Bolander, 52.61
- 800 meters**—1. Brian Respeliers, 1:53.69; 17. Eric Sink, 2:05.27; 23. Jason Mullen, 2:10.42
- 1,500 meters**—2. Bryan George, 3:58.34; 6. Adam Wolf, 4:03.28; 10. Brett Jones, 4:07.48; 15. Mike McLoughlin, 4:11.83; 30. T.J. Weiler, 4:26.62; 31. Brandon Williams, 4:26.70
- 10,000 meters**—7. Joe Jefferson, 34:26.09; 10. Jaron Byrum, 35:33.73; 16. Tyler Keller, 36:35.32
- 110 meter hurdles**—10. Shawn McLamey, 15.63; 14. Ben Bollard, 16.09; 19. Brent Chamberlin, 17.59
- 400 meter hurdles**—1. Justin Koepp, 54.11; 2. Ben Bollard, 54.80; 8. Shawn McLamey, 57.57; 20. Greg Foote, 59.85
- 3,000 meter steeplechase**—3. Teddy Clark, 9:56.04; 15. Andy Green, 11:49.38
- 4x100 meter relay**—2. Bailey/Dierikx/Koepp/Pitz, 41.80; 7. Hunt/Hernandez/Zellweger/Harris, 43.32
- 4x400 meter relay**—1. Koepp/Hernandez/Dierikx/Pitz, 3:17.77; 3. Bollard/Harris/Zellweger/Foote, 3:23.25
- 4x800 meter relay**—1. George/Clark/McLoughlin/Respeliers, 8:03.53; 4. Jones/Williams/Shropshire/Wolf, 8:21.99; 10. Green/Bolander/Mullen/Weiler, 9:04.39
- High jump**—12. Eric Ellis, 5' 8.75"
- Pole vault**—8. Josh Brown, 12' 11.5"
- Long jump**—2. Zac Bailey, 23' .75"; 4. Shawn McLamey, 22' 7"; 5. Kyle Messerly, 22' 1.5"; 17. Ben Bollard, 19' 9"; 20. Greg Foote, 19' 1.25"
- Triple jump**—12. Eric Ellis, 41' 1.75"
- Shot put**—5. Jason Fisher, 46'; 12. Jon Robeson, 42' 4.75"; 18. Rodger Blum, 39' 6.5"
- Discus throw**—7. Jason Fisher, 138' 1"; 14. Jon Robeson, 127'; 24. Rodger Blum, 115' 7"
- Hammer throw**—2. Jon Robeson, 165' 7"; 4. Jason Fisher, 160' 4"
- Javelin throw**—25. Seth Meany, 105' 4"

Kip Janvrin Open
 April 28, 2006
 Bill Buxton Stadium
 Simpson College
 Indianola, Iowa

No team scores

Central's individual results

- 100 meters**—10. Craig Hernandez, 11.42; 30. Greg Foote, 11.83
- 200 meters**—21. Curt Hunt, 23.69; 23. Ryan Shropshire, 23.71; 33. Luke Bolander, 24.27; 37. Brent Chamberlin, 24.8; 37. Seth Meany, 24.8
- 400 meters**—3. D.J. Cobler, 50.73; 8. Zach Zellweger, 51.03; 12. Ryan Shropshire, 51.78; 27. Luke Bolander, 53.95
- 800 meters**—14. Mike McLoughlin, 1:59.11; 31. Eric Sink, 2:03.88; 44. Jason Mullen, 2:07.15; 52. Matt Knoop, 2:12.77
- 1,500 meters**—39. Andy Green, 4:29.75
- 5,000 meters**—13. Adam Wolf, 15:29.21; 17. Brett Jones, 15:44.92; 26. Joe Jefferson, 16:24.65; 28. Jaron Byrum, 16:36.15; 30. T.J. Weiler, 16:36.63
- 110 meter hurdles**—12. Brent Chamberlin, 16.86; 19. Greg Foote, 18.76
- High jump**—10. Eric Ellis, 5' 8"
- Pole vault**—11. Josh Brown, 13' .25"; 17. Rob Tanzer, 11' 6.25"
- Long jump**—14. Kyle Messerly, 21' 1.25"; 21. Greg Foote, 19' 9.5"
- Shot put**—8. Jason Fisher, 46' 4"; 20. Jon Robeson, 40' 8.25"; 33. Josh Stanton, 35' 10.5"
- Discus throw**—11. Jason Fisher, 139' 3"; 24. Jon Robeson, 122' 1"
- Hammer throw**—3. Jason Fisher, 166' 11"; 5. Jon Robeson, 158' 9"; 19. Rodger Blum, 122' 10"; 21. Josh Stanton, 111' 3"; 25. Jeremy Swafford, 91' 11"
- Javelin throw**—30. Seth Meany, 90' 5"

2006 MEN'S OUTDOOR SEASON RESULTS

Drake Relays April 28-29, 2006 Jim Duncan Track Drake University Des Moines, Iowa

No team scores

Central's individual results

- 4x100 meter relay**—5. Bailey/Dierikx/Koeppel/Pitz, 41.92
4x400 meter relay—5. Koeppel/Bollard/Dierikx/Pitz, 3:13.65
4x1,600 meter relay—24. Wolf/Jones/McLoughlin/George, 17:48.49
Distance medley relay—6. Respeliers/Dierikx/Clark/George,

10:12.35

Simpson Open May 5, 2006 Bill Buxton Stadium Simpson College Indianola, Iowa

Team results

- 1. Central 217**; 2. Iowa Central 148; 3. Drake 74.5; 4. Graceland 58.5; 5. Simpson 33; 6. Baker (Kan.) 28; 7. North Iowa Area CC 22; 8. Iowa State 13.

Central's individual results

- 100 meters**—5. Zac Bailey, 10.90; 10. Craig Hernandez, 11.26; 12. Curt Hunt, 11.40
200 meters—3. Guy Dierikx, 22.10; 7. Kevin Pitz, 22.63; 8. Craig Hernandez, 22.66; 9. Curt Hunt, 22.90; 14. Luke Bolander, 23.94; 15. Brent Chamberlin, 23.98; 16. Seth Meany, 24.78
400 meters—2. Justin Koeppel, 49.18; 3. Kevin Pitz, 49.88; 5. Zach Zellweger, 50.49; 6. DJ Cobler, 50.55; 8. Eric Harris, 50.91
800 meters—1. Brian Respeliers, 1:52.99; 2. Bryan George, 1:54.66; 15. Eric Sink, 2:02.52; 18. Ryan Shropshire, 2:03.99; 19. Brandon Williams, 2:05.06; 23. Jered Wells, 2:08.73; 24. Luke Bolander, 2:09.16; 25. Jason Mullen, 2:09.77; 28. Matt Knoop, 2:12.03
1,500 meters—6. Mike McLoughlin, 4:15.26; 8. Joe Jefferson, 4:24.43; 10. Andy Green, 4:28.13; 11. Tyler Keller, 4:33.08; 13. TJ Weiler, 4:38.28
110 meter hurdles—3. Shawn McLamey, 15.07; 5. Brent Chamberlin, 16.15
400 meter hurdles—2. Justin Koeppel, 53.72; 4. Shawn McLamey, 55.86
3,000 meter steeplechase—1. Jaron Byrum, 10:39.96
4x100 meter relay—1. Bailey/Dierikx/Koeppel/Pitz, 41.82
4x400 meter relay—3. Shropshire/Hernandez/Zellweger/Harris, 3:26.27; 6. Williams/Sink/Mullen/Wells, 3:39.35
High jump—3. DJ Cobler, 6' .75"; 4. Eric Ellis 5' 8.75"
Pole vault—3. Josh Brown, 12' 3.5"; 4. Cory Torkelson, 12' 3.5"; 6. Rob Tanzer, 10' 8"
Long jump—1. Shawn McLamey, 23' 3.25"; 2. Zac Bailey, 21' 10.75"; 4. Kyle Messerly, 21' 4.25"
Javelin throw—2. Cory Torkelson, 152' 1"; 4. Jeremy Swafford, 131' 3"; 6. Luke Bolander, 117' 8"; 8. Seth Meany, 93' 3"
Shot put—2. Jason Fisher, 44' 6.25"; 4. Jon Robeson, 41' 9.25"; 5. Rodger Blum, 40' 1.25"; 7. Josh Stanton, 35' 10.75"
Discus throw—1. Jason Fisher, 147' 4"; 5. Jon Robeson, 123' 7"
7. Rodger Blum, 112' 11"
Hammer throw—2. Jon Robeson, 167' 7"; 8. Rodger Blum, 126' 1"; 10. Jeremy Swafford, 84' 3"

Iowa Conference Decathlon May 5-6, 2006 Carlson Stadium Luther College Decorah, Iowa

Decathlon—

| | | |
|--------------------------|-----------|--------------|
| 2. Ben Bollard | | |
| 100 meters | 11.2 | 765 points |
| Long jump | 20' 5.25" | 637 points |
| Shot put | 37' 2.25" | 566 points |
| High jump | 5' 4.5" | 496 points |
| 400 meters | 50.02 | 814 points |
| 110 meter hurdles | 16.01 | 732 points |
| Discus throw | 98' 4" | 464 points |
| Pole vault | 10' 4" | 393 points |
| Javelin throw | 133' 9" | 453 points |
| 1,500 meters | 4:33.76 | 720 points |
| Total points | | 6,040 points |

7. Greg Foote

| | | |
|--------------------------|------------|--------------|
| 100 meters | 11.4 | 723 points |
| Long jump | 18' 7.75" | 519 points |
| Shot put | 28' 11.75" | 416 points |
| High jump | 5' 3.25" | 472 points |
| 400 meters | 52.64 | 697 points |
| 110 meter hurdles | 17.98 | 526 points |
| Discus throw | 100' 3" | 475 points |
| Pole vault | 10' 11.75" | 444 points |
| Javelin throw | 128' 5" | 430 points |
| 1,500 meters | 4:59.98 | 560 points |
| Total points | | 5,262 points |

Iowa Conference May 12-13, 2006 Carlson Stadium Luther College Decorah, Iowa

Team results

- 1. Wartburg 219**; **2. Central 173**; 3. Loras 144; 4. Luther 103.5; 5. Dubuque 58; 6. Buena Vista 40; 7. Coe 37.5; 8. Cornell 32; 9. Simpson 12

Central's individual results

- 100 meters**—3. Zac Bailey, 11.26; 9. Craig Hernandez, 11.39; 15. Eric Harris, 11.66; 16. Curt Hunt, 11.71
200 meters—3. Guy Dierikx, 22.44; 5. Zac Bailey, 22.68; 14. Kevin Pitz, 22.88; 15. Craig Hernandez, 23.01
400 meters—1. Guy Dierikx, 48.12; 6. Justin Koeppel, 49.57; 8. Zach Zellweger, 51.23; 12. Kevin Pitz, 50.87
800 meters—3. Brian Respeliers, 1:55.61; 14. Mike McLoughlin, 2:01.72; 21. Eric Sink, 2:05.29; 23. Ryan Shropshire, 2:05.62
1,500 meters—1. Bryan George, 3:51.30; 5. Brian Respeliers, 3:59.08; 17. Mike McLoughlin, 4:22.14; 21. Brandon Williams, 4:32.37
5,000 meters—3. Bryan George, 15:23.07; 8. Adam Wolf, 15:35.63; 19. Tyler Keller, 17:06.51
10,000 meters—4. Adam Wolf, 32:53.56; 9. Joe Jefferson, 33:22.11; 10. Brett Jones, 33:22.54; 21. TJ Weiler, 35:43
110 meter hurdles—4. Shawn McLamey, 15.72; 11. Ben Bollard, 16.34; 18. Brent Chamberlin, 19.14
400 meter hurdles—2. Justin Koeppel, 54.35; 4. Ben Bollard, 54.84; 12. Shawn McLamey, 57.85
3,000 meter steeplechase—8. Teddy Clark, 9:51.37; 12. Jaron Byrum, 10:28.87
4x100 meter relay—2. Dierikx/Bailey/Koeppel/Pitz, 41.96
4x400 meter relay—1. Hernandez/Bollard/Pitz/Harris, 3:18.21
High jump—3. DJ Cobler, 6' 3.25"
Pole vault—3. Cory Torkelson, 13' 1.5"; 3. Josh Brown, 13' 1.5"; 10. Greg Foote, 11' 1.75"

2006 MEN'S OUTDOOR SEASON RESULTS

Long jump--1. Shawn McLarney, 23' 8"; 5. Zac Bailey, 21' 11.75";
16. Kyle Messerly, 19' 7.5"

Triple jump--6. DJ Cobler, 43' 7.25"9. Shawn McLarney, 42' 4.75"10.
Zac Bailey, 42' 1.25"; 13. Ben Bollard, 41' 1.5"

Shot put--3. Jon Robeson, 44' 3.5"; 13. Jason Fisher, 38' 10.5"; 14.
Rodger Blum, 38' 7.5"; 23. Josh Stanton, 34' 7.75"

Discus throw--1. Jason Fisher, 151' 3"; 16. Rodger Blum, 114' 2";
17. Jon Robeson, 106' 3"

Hammer throw--1. Jon Robeson, 169' 9"; 4. Jason Fisher, 149'; 12.
Rodger Blum, 131' 3"; 16. Josh Stanton, 123'

Javelin throw--11. Cory Torkelson, 149' 6"; 17. Jeremy Swafford,
133' 9"; 20. Greg Foote, 124' 1"; 22. Luke Bolander, 101'

Gregory Invitational
May 16-19, 2006
Bukiema Track
North Central College
Naperville, Ill.

No team scores

Central's individual results

5,000 meters- 28. Adam Wolf, 15:20.83, 54. Teddy Clark,
16:16.36

Last Chance Qualifier
May 17, 2006
Clark Track
Coe College
Cedar Rapids, Iowa

No team scores

Central's individual results

100 meters- 7. Craig Hernandez, 11.07, 8. Curt Hunt, 11.47

200 meters- 5. Ben Bollard, 22.84, 6. Curt Hunt, 22.97

800 meters- 5. Brian Respeliers, 2:01.43

1,500 meters- 1. Mike McLoughlin, 4:20.17, 2. Tyley Keller,
4:40.73

4X100 meter relay- 3. Dierikx/Bailey/Koepp/Pitz, 42.30

4X400 meter relay- 1. Koepp/Bollard/Pitz/Dierikx, 3:19.40

Long jump- 2. Shawn McLarney, 22' 9.75"

Hammer throw- 4. Jon Robeson, 161' 4"

Augustana Qualifier
May 18-19, 2006
Augustana Stadium
Augustana College
Rock Island, Ill.

No team scores

Central's individual results

100 meters- 2. Zac Bailey, 10.70

400 meters- 9. Craig Hernandez, 50.71

400 meter hurdles- 2. Justin Koepp, 53.48

4x100 meter relay- 3. Dierikx, Bailey, Koepp, Pitz, 41.50

4x400 meter relay- 1. Koepp, Bollard, Pitz, Dierikx, 3:12.85

Hammer throw- 6. Jon Robeson, 163' 1"

NCAA Division III Outdoor Championships
May 25-27, 2006
Benedictine University Sports Complex
Lisle, Ill.

1. Wis.-La Crosse 74.5; 2. Lincoln (Pa.) 54; 3. Wis.-
Whitewater 46; 4. tie, McMurry (Texas), Williams (Mass.) 34; 6.
Widener (Pa.) 30; 7. Redlands (Calif.) 26; 8. Richard Stockton
(N.J.) 25; 9. Nebraska Wesleyan 22.5; 10. Wis.-Oshkosh 20.
41. tie, Central 5.

Central's individual results

Preliminaries

800 meters--17. Brian Respeliers, 1:53.26 (did not qualify)

Long jump--13. Shawn McLarney, 22'2.5" (did not qualify)

1,500 meters--16. Bryan George, 3:57.48 (did not qualify)

400 meter hurdles- 7. Justin Koepp, 52.93

4x100 meter relay- 7. Guy Dierikx, Zac Bailey, Justin
Koepp, Kevin Pitz, 41.25

4x400 meter relay- 6. Justin Koepp, Ben Bollard, Kevin
Pitz, Guy Dierikx, 3:11.85

Finals

400 meter hurdles--9. Justin Koepp, 58.13.

4x100 meter relay--7. Guy Dierikx, Zac Bailey, Craig
Hernandez, Kevin Pitz, 41.28.

4x400 meter relay--6. Ben Bollard, Craig Hernandez, Kevin
Pitz, Guy Dierikx, 3:13.47.

2006 MEN'S OUTDOOR TRACK AND FIELD ROSTER

| Name | Events | Year | Hometown | High school | Award |
|--------------------|-------------------|------|-------------------------|-------------------|----------------|
| Zac Bailey | 100-200 | Jr. | Milford, Iowa | Okoboji | First letter |
| Rodger Blum | Throws | Jr. | Emerson, Iowa | Nishna Valley | Second letter |
| Luke Bolander | 400, 800 | Fr. | Des Moines, Iowa | East | First letter |
| Ben Bollard | Decathlete | Jr. | Pella, Iowa | Pella | Third letter |
| Josh Brown | PV | Sr. | Gay Mills, Wis. | Boscobel | Fourth letter |
| Jaron Byrum | 1500-5K | Fr. | Mt. Union, Iowa | New London | First letter |
| Brent Chamberlin | 110H | Fr. | Eagle Grove, Iowa | Eagle Grove | First letter |
| Teddy Clark | 800-1500, Steeple | Fr. | Montgomery, Ill. | Oswego | First letter |
| D.J. Cobler | 100-400 | Sr. | Ottumwa, Iowa | Ottumwa | Fourth letter |
| Guy Dierikx | 200-400 | So. | Port Byron, Ill. | Riverdale | Second letter |
| Brett Dietrich | 1500-10k | So. | Williamsburg, Iowa | Williamsburg | Reserve award |
| Eddie Elkin | PV | So. | Altoona, Iowa | Southeast Polk | First letter |
| Jason Fisher | Throws | So. | Montezuma, Iowa | Montezuma | Second letter |
| Greg Foote | 400 | Fr. | Maple Grove, Minn. | Maple Grove | First letter |
| Bryan George | 1500-5K, Steeple | Sr. | Pella, Iowa | Pella | Fourth letter |
| Tim Graham | 110H, 100-200 | Fr. | Hedrick, Iowa | Pekin | First letter |
| Andy Green | 800-5K | So. | Cherokee, Iowa | Washington | Second letter |
| Eric Harris | 100-400 | So. | Columbus Junction, Iowa | Columbus | Second letter |
| Craig Hernandez | 200-400 | Fr. | San Antonio, Texas | William H. Taft | First letter |
| Curt Hunt | 100-200 | Sr. | Guthrie Center, Iowa | Guthrie Center | Fourth letter |
| Joe Jefferson | 5K-10K | Jr. | Decorah, Iowa | Decorah | First letter |
| Brett Jones | 5K-10K | Jr. | Knoxville, Iowa | Knoxville | Third letter |
| Tyler Keller | 1500-5K | Fr. | Anna, Ill. | Anna Jonesboro | First letter |
| Matt Knoop | 400, 800 | Fr. | Mason City, Iowa | Mason City | Freshman award |
| Justin Koepp | 100-400, 400H | Sr. | Storm Lake, Iowa | Storm Lake | Fourth letter |
| Shawn McLarney | LJ, 110H, 100-400 | Fr. | Fairfield, Iowa | Fairfield | First letter |
| Michael McLoughlin | 1500-5K | Sr. | Fort Dodge, Iowa | St. Edmond's | Fourth letter |
| Seth Meany | 200-400 | Fr. | Waterloo, Iowa | Waterloo West | First letter |
| Kyle Messerly | 100-200, LJ, TJ | So. | Fort Dodge, Iowa | Fort Dodge | Second letter |
| Jason Mullen | 800 | So. | Coming, Iowa | Coming | Reserve award |
| Kevin Pitz | 100-400 | Sr. | New Vienna, Iowa | Beckman | Fourth letter |
| Brian Respeliers | 800-1500 | Jr. | Council Bluffs, Iowa | St. Albert | Third letter |
| Jon Robeson | Throws | Jr. | Adel, Iowa | ADM | Third letter |
| Tyler Schipper | 1500-5K | Fr. | Ankeny, Iowa | Ankeny | Freshman award |
| Ryan Shropshire | 100-400 | So. | Forest City, Iowa | Forest City | First letter |
| Eric Sink | 800-5K | So. | Coming, Iowa | Coming | Second letter |
| Andrew Smaldone | 400-800 | Fr. | Naples, Fla. | Barron Collier | Freshman award |
| Josh Stanton | Throws | So. | Newton, Iowa | Newton | Second letter |
| Jeremy Swafford | 800 | Fr. | Oswego, Ill. | Oswego | First letter |
| Andrew Taylor | LJ, 100-200 | Fr. | Iowa City, Iowa | Iowa City High | Freshman award |
| Cory Torkelson | PV | Jr. | San Antonio, Texas | McArthur | Fourth letter |
| Chase Ungs | 1500-5K, Steeple | So. | Ames, Iowa | Gilbert | Reserve award |
| T.J. Weiler | 5K-10K | Sr. | Ankeny, Iowa | Ankeny | Fourth letter |
| Jered Wells | 400-800 | So. | Altoona, Iowa | Southeast Polk | Second letter |
| Brandon Williams | 800 | Fr. | Coralville, Iowa | Iowa Mennonite | First letter |
| Adam Wolf | 1500-10K | Jr. | Coming, Iowa | Coming | Third letter |
| Zach Zellweger | 200-400 | Fr. | Eagle Grove, Iowa | Clarion-Goldfield | First letter |

Coach: Kevin Sanger

Assistants: Guy Mosher (sprints, hurdles, jumps, multi-events)

Eric Pingel (pole vault, sprints, hurdles, jumps)

Jeff Bovee (800, 1500, 5k, 10k, steeple)

Stephen Fyfe (5k-10k)

Mike Marcinkowski (shot put, discus, weight/hammer)

Jay Rhoten (sprints)