



Men's TRACK & FIELD

2006 MEN'S INDOOR SEASON AND CAREER BESTS -- FIELD EVENTS

High jump

School record: 7' 1.5", Cale Van Genderen, 2005

NCAA provisional qualifying standard: 6' 7"

NCAA automatic qualifying standard: 6' 10.25"

Name	Season	Date	Career	Site	Date
Greg Foote	5' 9.25"	1-28	5' 9.25"	Monmouth, Ill.	1-28-06
Ben Bollard	5' 5.75"	2-12	5' 5.75"	Lamoni	2-12-06

Long jump

School record: 24' 5.5", Flinard Grisby, 1970

NCAA provisional qualifying standard: 22' 9.75"

NCAA automatic qualifying standard: 23' 9"

Name	Season	Date	Career	Site	Date
Shawn McLamey	21' 10.25"	2-24	21' 10.25"	Storm Lake	2-24-06
Kyle Messerly	21' 2.5"	1-28	21' 2.5"	Monmouth, Ill.	1-28-06
Ben Bollard	20' 8"	2-12	21' 4"	Decorah	2-25-05
Eric Ellis	18' 10.75"	2-17	18' 10.75"	Cedar Falls	2-17-06

Triple jump

School record: 47' 6.5", Flinard Grisby, 1970

NCAA provisional qualifying standard: 45' 11.25"

NCAA automatic qualifying standard: 48' 4.5"

Name	Season	Date	Career	Site	Date
Ben Bollard	42' 11"	2-25	43' 7.75"	Pella	1-21-05
Kyle Messerly	39' 10.75"	2-25	39' 10.75"	Storm Lake	2-25-06
Greg Foote	39' 10.5"	2-25	39' 10.5"	Storm Lake	2-25-06

Shot put

School record: 51' 11", Reid Evans, 1999

NCAA provisional qualifying standard: 51'

NCAA automatic qualifying standard: 56' 1.75"

Name	Season	Date	Career	Site	Date
Jason Fisher	48' 2.75"	2-17	48' 2.75"	Cedar Falls	2-17-06
Rodger Blum	40' 11.5"	2-11	40' 11.5"	Storm Lake	2-11-06
Jon Robeson	40' 7"	1-28	43' 8.75"	Pella	1-21-05
Josh Stanton	39' 6"	2-4	39' 6"	Bloomington, Ill.	2-4-06
Ben Bollard	38' 6"	2-12	38' 6"	Lamoni	2-12-06

Weight throw

School record: 53' 5.5", Mark Sanger, 2005

NCAA provisional qualifying standard: 54' 4"

NCAA automatic qualifying standard: 60' 6"

Name	Season	Date	Career	Site	Date
Jon Robeson	53' 5"	1-28	53' 5"	Monmouth, Ill.	1-28-06
Jason Fisher	53' 1.75"	2-17	53' 1.75"	Cedar Falls	2-17-06
Josh Stanton	38' 6.75"	2-17	38' 6.75"	Cedar Falls	2-17-06
Rodger Blum	37' 7.25"	1-28	38' 10.5"	Monmouth, Ill.	1-29-05

Pole vault

School record: 15', Jim Bruxvoort, 1988

NCAA provisional qualifying standard: 15' 3"

NCAA automatic qualifying standard: 16' 6"

Name	Season	Date	Career	Site	Date
Cory Torkelson	14' 4.5"	2-24	14' 4.5"	Storm Lake	2-24-06
Josh Brown	13' 4.5"	2-24	13' 4.5"	Storm Lake	2-24-06
Rob Tanzer	12' 3"	1-28	12' 3"	Monmouth, Ill.	1-28-06

+ NCAA Div. III provisional qualifier

* NCAA Div. III automatic qualifier

\$ school record

2006 MEN'S INDOOR SEASON AND CAREER BESTS -- RUNNING EVENTS

55 meters

School record: 6.48, Zac Bailey, 2006

NCAA provisional qualifying standard: 6.5

NCAA automatic qualifying standard: 6.37

Name	Season best	Date	Career best	Site	Date
Zac Bailey	+\$6.48	2-24	6.48	Storm Lake	2-24-06
D.J. Cobler	6.63	2-24	6.54	Mt. Vernon	2-27-04
Curt Hunt	6.81	1-28	6.73	Decorah	2-25-05
Eric Ellis	6.98	2-4	6.98	Bloomington, Ill.	2-4-06
Seth Meany	7.35	2-4	7.35	Bloomington, Ill.	2-4-06
Justin Koepp			6.76	Storm Lake	2-5-05
Guy Dierikx			6.78	Pella	1-21-05
Eric Harris			6.84	Decorah	2-25-05
Eddie Elkin			7.36	Pella	1-21-05

200 meters

School record: 22.33, Adam Hartford, 2001

NCAA provisional qualifying standard:

NCAA automatic qualifying standard:

Name	Season	Date	Career	Site	Date
Justin Koepp	22.67	2-25	22.67	Storm Lake	2-25-06
Guy Dierikx	22.75	2-25	22.75	Storm Lake	2-25-06
Ben Bollard	23.16	2-17	23.16	Cedar Falls	2-17-06
Kevin Pitz	23.22	2-17	22.94	Lincoln, Neb.	2-11-05
Craig Hernandez	23.44	2-17	23.44	Cedar Falls	2-17-06
Eric Harris	23.63	2-25	23.49	Cedar Falls	2-18-05
Curt Hunt	23.80	2-17	23.42	Storm Lake	2-5-05
Zach Zellweger	23.85	2-17	23.85	Cedar Falls	2-17-06
Shawn McLamey	24.11	2-17	24.11	Cedar Falls	2-17-06
Tim Graham	24.25	2-4	24.25	Bloomington, Ill.	2-4-06
Luke Bolander	24.93	2-4	24.93	Bloomington, Ill.	2-4-06
Eric Ellis	24.97	2-4	24.97	Bloomington, Ill.	2-4-06
Seth Meany	25.13	2-17	25.13	Cedar Falls	2-17-06
Eddie Elkin			26.30	Pella	1-21-05

400 meters

School record: 49.33, Chris McCullough, 2002

NCAA provisional qualifying standard: 49.60

NCAA automatic qualifying standard: 48.40

Name	Season	Date	Career	Site	Date
Guy Dierikx	50.05	2-25	49.88	Cedar Falls	2-18-05
Justin Koepp	50.16	2-25	50.16	Storm Lake	2-25-06
Kevin Pitz	50.30	2-25	50.30	Storm Lake	2-25-06
D.J. Cobler	51.00	2-4	51.00	Bloomington, Ill.	2-4-06
Zach Zellweger	51.14	3-4	51.14	Ames	3-4-06
Craig Hernandez	51.28	3-4	51.28	Ames	3-4-06
Ryan Shropshire	51.91	3-4	51.91	Ames	3-4-06
Eric Harris	53.10	2-11	52.07	Cedar Falls	2-18-05
Luke Bolander	54.14	2-4	54.14	Bloomington, Ill.	2-4-06
Ben Bollard			51.86	Lincoln, Neb.	2-11-05

55 meter hurdles

School record: 7.62, Cory Woods, 1999

NCAA provisional qualifying standard: 7.75

NCAA automatic qualifying standard: 7.55

Name	Season	Date	Career	Site	Date
Shawn McLamey	8.13	2-24	8.13	Storm Lake	2-24-06
Tim Graham	8.23	1-28	8.23	Monmouth, Ill.	1-28-06
Ben Bollard	8.49	2-12	8.49	Lamoni	2-12-06
Nick Miller	8.51	2-4	8.24	Monmouth Ill.	1-31-04

600 meters

School record: 1:21.34, Tanner Whipple, 2003

NCAA provisional qualifying standard:

NCAA automatic qualifying standard:

Name	Season	Date	Career	Site	Date
Ryan Shropshire	1:24.77	2-17	1:24.77	Cedar Falls	2-17-06
D.J. Cobler	1:25.12	2-11	1:22.67	Mt. Vernon	2-27-04
Andrew Smaldone	1:27.77	2-11	1:27.77	Storm Lake	2-11-06
Zach Zellweger	1:28.36	2-11	1:28.36	Storm Lake	2-11-06
Luke Bolander	1:28.44	2-11	1:28.44	Storm Lake	2-11-06
Craig Hernandez	1:28.49	2-11	1:28.49	Storm Lake	2-11-06
Matt Knoop	1:31.34	2-11	1:31.34	Storm Lake	2-11-06
Nick Miller			1:23.29	Mt. Vernon	2-27-04
Ben Bollard			1:27.07	Cedar Falls	2-18-05
Jered Wells			1:27.10	Monmouth, Ill.	1-29-05

800 meters

School record: 1:51.72, Jon Lindaman, 2000

NCAA provisional qualifying standard: 1:55.00

NCAA automatic qualifying standard: 1:52.90

Name	Season	Date	Career	Site	Date
Brian Respeliers	1:55.66	2-25	1:55.66	Storm Lake	2-25-06
Teddy Clark	2:00.10	2-17	2:00.10	Cedar Falls	2-17-06
Jered Wells	2:03.3	2-4	2:03.24	Monmouth Ill.	2-12-05
Brandon Williams	2:03.41	2-25	2:03.41	Storm Lake	2-25-06
Andrew Smaldone	2:06.7	2-4	2:06.7	Bloomington, Ill.	2-4-06
Andy Green	2:11.78	1-28	2:06.16	Cedar Falls	2-18-05
Tyler Schipper	2:11.88	2-17	2:11.88	Cedar Falls	2-17-06
Matt Knoop	2:11.91	2-17	2:11.91	Cedar Falls	2-17-06
Jeremy Swafford	2:14.57	1-28	2:14.57	Monmouth, Ill.	1-28-06
Nick Miller			2:01.79	Galesburg Ill.	2-22-03

1,000 meters

School record: 2:29.15, Jon Lindaman, 2000

NCAA provisional qualifying standard:

NCAA automatic qualifying standard:

Name	Season	Date	Career	Site	Date
Teddy Clark	2:36.36	2-11	2:36.36	Storm Lake	2-11-06
Michael McLoughlin	2:38.51	2-25	2:38.51	Storm Lake	2-25-06
Eric Sink	2:44.36	2-11	2:44.36	Storm Lake	2-11-06
Jered Wells	2:45.77	2-11	2:46.59	Pella	1-21-05
Brandon Williams	2:49.32	2-11	2:49.32	Storm Lake	2-11-06
Tyler Schipper	2:51.33	2-11	2:51.33	Storm Lake	2-11-06
Ben Bollard	2:53.54	2-12	2:53.54	Lamoni	2-12-06
Brian Respeliers			2:37.38	Pella	1-21-05
Chase Ungs			2:40.36	Mt. Vernon	2-28-04

Mile

School record: 3:54.27(1,500 meters), Jon Lindaman, 1999

NCAA provisional qualifying standard: 4:16.3

NCAA automatic qualifying standard: 4:10.8

Name	Season	Date	Career	Site	Date
Bryan George	4:21.18	2-25	4:21.18	Storm Lake	2-25-06
Brian Respeliers	4:24.71	2-4	4:24.71	Bloomington, Ill.	2-4-06
Adam Wolf	4:31.51	2-4	4:31.51	Bloomington, Ill.	2-4-06
Michael McLoughlin	4:38.37	2-17	4:38.37	Cedar Falls	2-17-06
Andy Green	4:41.00	2-25	4:41.00	Storm Lake	2-25-06
Jaron Byrum	4:49.84	2-25	4:49.84	Storm Lake	2-25-06
Tyler Schipper	4:57.75	2-17	4:57.75	Cedar Falls	2-17-06
Chase Ungs			4:32.27	Decorah	2-26-05
Brett Jones			4:44.28	Storm Lake	2-5-05
T.J. Weiler			4:49.55	Storm Lake	2-5-05

2006 MEN'S INDOOR SEASON AND CAREER BESTS -- RUNNING EVENTS

3,000 meters

School record: 8:39.73, Bryan George, 2006

NCAA provisional qualifying standard:

NCAA automatic qualifying standard:

Name	Season	Date	Career	Site	Date
Bryan George	\$8:39.73	2-17	8:39.73	Cedar Falls	2-17-06
Adam Wolf	8:46.27	2-17	8:46.27	Cedar Falls	2-17-06
Brett Jones	8:58.48	2-17	8:58.48	Cedar Falls	2-17-06
Jaron Byrum	9:36.26	2-17	9:36.26	Cedar Falls	2-17-06
Chase Ungs	9:38.35	1-28	9:33.49	Monmouth, Ill.	1-29-05
T.J. Weiler	9:44.59	1-28	9:26.61	Monmouth, Ill.	1-29-05
Adam Wolf			8:59.22	Lincoln, Neb.	2-13-04
Brett Dietrich			9:38.58	Monmouth, Ill.	1-29-05
Andy Green			9:52.58	Monmouth Ill.	2-12-05
Mike McLoughlin			9:40.79	Mt. Vernon	2-8-03

5,000 meters

School record: 15:13.70, Andy Goodman, 1993

NCAA provisional qualifying standard: 14:55

NCAA automatic qualifying standard: 14:34.6

Name	Season	Date	Career	Site	Date
Adam Wolf	15:28.48	2-24	15:27.97	Lincoln, Neb.	2-11-05
Brett Jones	16:02.18	2-24	16:02.18	Storm Lake	2-24-06
Joe Jefferson	16:25.68	2-11	16:25.68	Storm Lake	2-11-06
Jaron Byrum	16:44.64	2-4	16:44.64	Bloomington, Ill.	2-4-06
T.J. Weiler	16:44.87	2-4	16:10.27	Decorah	2-25-05
Bryan George			15:50.42	Mt. Vernon	2-27-04
Brett Dietrich			16:15.19	Decorah	2-25-05

4x200 meter relay

School record: 1:29.52, Tavegia/Hartford/Brownlee/McCullough, 2000

NCAA provisional qualifying standard:

NCAA automatic qualifying standard:

Names	Season	Date
Bollard/Koeppe/Pitz/Dierikx	1:29.54	2-24
Koeppe/Dierikx/Hunt/Pitz	1:33.92	1-28
Shropshire/Hernandez/Graham/Zellweger	1:34.35	2-11
Shropshire/Harris/Graham/Zellweger	1:35.75	1-28

4x400 meter relay

School record: 3:16.72, Hartford/Brownlee/Wagner/Tavegia, 2001

NCAA provisional qualifying standard: 3:21.3

NCAA automatic qualifying standard: 3:16.7

Names	Season	Date
Bollard/Koeppe/Pitz/Dierikx	*3:17.12	3-4
Cobler/Koeppe/Pitz/Dierikx	*3:20.61	2-17
Bollard/Koeppe/Pitz/Dierikx	*3:21.15	3-11
Koeppe/Dierikx/Cobler/Pitz	3:21.46	2-11
Cobler/Koeppe/Pitz/Dierikx	3:22.10	1-28
Bollard/Koeppe/Pitz/Dierikx	3:22.71	2-25
Hernandez/Bollard/Shropshire/Zellweger	3:25.07	2-4
Hernandez/Bollard/Shropshire/Zellweger	3:27.81	1-28
Respeliers/Harris/Foote/Bolander	3:32.04	2-17
McLamey/Bolander/Harris/Foote	3:37.04	1-28

Green/Swofford/Williams/Schipper 3:47.63 1-28

Distance medley relay

School record: 10:03.62, Respeliers/Dierikx/Clark/George, 2006

NCAA provisional qualifying standard: 10:13.40

NCAA automatic qualifying standard: 10:01.30

Names	Season	Date
Respeliers/Dierikx/Clark/George	*\$10:03.62	3-4
Respeliers/Dierikx/Clark/George	*10:08.54	3-11
McLoughlin/Hernandez/Clark/Respeliers	10:33.82	2-24
McLoughlin/Cobler/Respeliers/George	10:37.81	2-4
Respeliers/Hernandez/Clark/Ungs	10:48.60	1-28
Clark/Foote/Wells/Wolf	10:49.22	2-4
Green/Smalldone/Williams/Jones	11:23.56	2-4

Pentathlon

School record: 3,736, Peter Wagner, 2003

Name	Season	Date	Career	Site	Date
Ben Bollard	3217	2-12	3217	Lamoni	2-12-06

+ NCAA Div. III provisional qualifier

* NCAA Div. III automatic qualifier

\$ school record

2006 MEN'S INDOOR SEASON RESULTS

2006 Central College indoor team results

Jan. 20	Alumni/intersquad meet	Pella	No team scores
Jan. 27	ISU Open	Ames	No team scores
Jan. 28	Midwest Invitational	Monmouth, Ill.	2nd of 6
Feb. 4	Titan Open	Bloomington, Ill.	1st of 14
Feb. 11	Dennis Young Classic	Storm Lake	4th of 6
Feb. 12	Valentine Pentathlon	Lamoni	No team scores
Feb. 17	UNI Dome Open	Cedar Falls	No team scores
Feb. 24-25	Iowa Conference	Storm Lake	3rd of 9
March 5	Iowa State Last Chance Open	Ames	No team scores
March 10-11	NCAA Div. III championships	Northfield, Minn.	tie for 28th 6 pts.

Individual honors

NCAA Division III all-American honorees

Distance Medley-4. Brian Respeliers, Zach Zellweger, Teddy Clark, Bryan George; 10:08.54
4x400 meter relay-8. Justin Koeppe, Ben Bollard, Kevin Pitz, Guy Dierikx; 3:21.15

NCAA Division III championship qualifiers March 10-11, Northfield, Minn.

Automatic qualifiers

Event	Name	Mark	Date	Site
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Provisional qualifiers

Event	Name	Mark	Date	Site
4x400 meter relay	D.J. Cobler/Justin Koeppe/ Kevin Pitz/Guy Dierikx	3:17.12	3-4-06	Ames
55 meters	Zac Bailey	6.48	2-24-06	Storm Lake
Distance medley relay	Brian Respeliers/Guy Dierikx/Teddy Clark/ Bryan George	10:02.62	3-4-06	Ames

ISU Open
Jan. 27, 2006
Lied Athletic Facility
Iowa State University
Ames, Iowa

No team scores

Central's individual results

5,000 meters—25. Adam Wolf, 15:52.39

Midwest Invitational
Jan. 28, 2006
Huff Athletic Center
Monmouth College
Monmouth, Ill.

Team results

1. Monmouth (Ill.) 245; **2. Central 118**; 3. Wartburg 115.5; 4. Augustana (Ill.) 113.5; 5. Illinois Wesleyan 65; 6. Knox (Ill.) 13.

Central's individual results

55 meters—8. Curt Hunt, 6.81

600 meters—4. Andrew Smalldone, 1:30.18

800 meters—3. Brian Respeliers, 1:58.37; 13. Brandon Williams 2:08.67; 18. Andy Green, 2:11.78; 20. Jeremy Swafford, 2:14.57; 21. Tyler Schipper, 2:16.5

1 Mile—15. Andy Green, 4:46.45; 19. Tyler Schipper, 5:03.36

3,000 meters—1. Bryan George, 8:46.55; 6. Brett Jones, 9:10.67; 12.

Chase Ungs, 9:38.35; 14. T.J. Weiler, 9:44.59; 16. Jaron Byrum, 9:49.57

55 meter hurdles—2. Tim Graham, 8.23; 4. Shawn McLamey, 8.59

4x200 meter relay—2. Koeppe/Dierikx/Hunt/Pitz, 1:33.92;

6. Shropshire/Harris/Graham/Zellweger, 1:35.75

4x400 meter relay—1. Koeppe/Dierikx/Cobler/Pitz, 3:21.46;

5. Hernandez/Bollard/Shropshire/Zellweger, 3:27.81;

8. McLamey/Bolander/Harris/Foote, 3:37.04;

14. Green/Swafford/Williams/Schipper, 3:47.63

Distance medley—1. Respeliers/Hernandez/Clark/Ungs, 10:48.6

High jump—7. Greg Foote, 5' 9.25"

Pole vault—5. Cory Torkelson, 13' 9"; 11. Rob Tanzer, 12' 3"

Long jump—2. Kyle Messerly, 21' 2.5"; 3. Shawn McLamey, 21' 1.25"; 5. Ben Bollard, 20' 5"

Triple jump—6. Greg Foote, 39' 3"

Shot put—3. Jason Fisher, 45' 10.75"; 7. Jon Robeson, 40' 7"; 9. Rodger Blum, 40' 4.75"; 12. Josh Stanton, 37' 3"; 16. Ben Bollard, 35' 3.25"

Weight throw—1. Jon Robeson, 53' 5"; 3. Jason Fisher, 52' 2.75"; 9. Josh Stanton, 38' .25"; 10. Rodger Blum, 37' 3.25"

Titan Open
Feb. 4, 2006
Shirk Center
Illinois Wesleyan University
Bloomington, Ill.

Team results

1. Central 77; 2. Greenville (Ill.) 56.1; 3. Illinois Wesleyan 55.1; 4. Washington (Mo.) 51.33; 5. McKendree (Ill.) 50.33; 6. Millikan (Ill.) 35.6; 7. Wabash (Ind.) 34.2; 8. Danville (Ill.) 28; 9. Illinois College 21; 10. Olivet Nazarene (Ill.) 16; 11. Nathan Atkinson 6; 11. Saint Xavier (Ill.) 6; 13. Ashford 2.33; 14. Knox (Ill.) 1.

Central's individual results

55 meters—8. Zac Bailey, 6.58; 35. Eric Ellis, 6.98; 45. Seth Meany, 7.35

200 meters—5. Justin Koeppe, 22.97; 13. Guy Dierikx, 23.35; 14. Kevin Pitz, 23.44; 32. Eric Harris, 24.21; 34. Tim Graham, 24.25; 45. Luke Bolander, 24.93; 49. Eric Ellis, 24.97; 56. Seth Meany, 25.81

400 meters—1. Guy Dierikx, 50.36; 3. Justin Koeppe, 50.76; 6. D.J. Cobler, 51.00; 10. Kevin Pitz, 51.54; 14. Zach Zellweger, 52.45; 16. Craig Hernandez, 52.62; 20. Ryan Shropshire, 53.01; 21. Eric Harris, 53.21; 28. Luke Bolander, 54.14

800 meters—8. Jered Wells, 2:03.3; 13. Brandon Williams, 2:06.02;

2006 MEN'S INDOOR SEASON RESULTS

15. Andrew Smalldone, 2:06.70

1 Mile—1. Bryan George, 4:22.61; 2. Brian Respeliers, 4:24.71; 9.

Adam Wolf, 4:31.51; 23. Andy Green, 4:42.99

5,000 meters—5. Brett Jones, 16:14.11; 11. Jaron Byrum, 16:44.64;

12. T.J. Weiler, 16:44.87

55 meter hurdles—7. Tim Graham, 8.46; 8. Nick Miller, 8.51

4x400 meter relay—3. Bollard/Zellweger/Shropshire/Hernandez,

3:25.07

Distance medley—1. McLoughlin/Cobler/Respeliers/George,

10:37.81; 2. Clark/Foote/Wells/Wolf, 10:49.22; 6.

Green/Smalldone/Williams/Jones, 11:23.56

High jump—10. Greg Foote, 5' 8"

Pole vault—7. Josh Brown, 12' 9"

Long jump—16. Ben Bollard, 19' 4"; 17. Shawn McLamey, 19' 3.5";

23. Kyle Messerly, 16' 8"

Triple jump—9. Greg Foote, 37' 11.5"

Shot put—12. Josh Stanton, 39' 6"; 13. Jon Robeson, 38' 8.25"; 25.

Rodger Blum, 36' 1.25"

Weight throw—2. Jon Robeson, 53' .25"; 3. Jason Fisher, 51' 11"; 16.

Josh Stanton, 38' 4.25"; 18. Rodger Blum, 37' 7.25"

Dennis Young Invitational

Feb. 11, 2006

Dennis Young Track

Buena Vista University

Storm Lake, Iowa

Team results

1. Nebraska Wesleyan 211; 2. Buena Vista 124, 3. Loras 109, 4.

Central 103; 5. Grinnell 76; 6. Coe 67.

Central's individual results

55 meters—23. Seth Meany, 7.42

200 meters—21. Seth Meany, 25.18

400 meters—1. Guy Dierikx, 50.7; 2. Justin Koeppel, 50.72; 4. Kevin Pitz, 51.03; 6. Eric Harris, 53.1

600 meters—2. D.J. Cobler, 1:25.12; 3. Ryan Shropshire, 1:25.58; 4.

Andrew Smalldone, 1:27.77; 5. Zach Zellweger, 1:28.36; 6. Luke Bolander, 1:28.44; 7. Craig Hernandez, 1:28.49; 11. Matt Knoop, 1:31.34

1,000 meters—3. Teddy Clark, 2:36.36; 5. Mike McLoughlin, 2:39.1; 8.

Eric Sink, 2:44.36; 11. Jered Wells, 2:45.77; 12. Brandon Williams, 2:49.32; 14. Tyler Schipper, 2:51.33

5,000 meters—9. Joe Jefferson, 16:25.68

55 meter hurdles—10. Tim Graham, 8.63

4x200 meter relay—4. Shropshire/Hernandez/Graham/Zellweger,

1:34.35

4x400 meter relay—1. Cobler/Koeppel/Pitz/Dierikx, 3:22.10

Pole vault—6. Cory Torkelson, 13' 3.75"; 7. Josh Brown, 13' 3.75"; 10.

Rob Tanzer, 11' 10"

Long jump—3. Kyle Messerly, 21' 1.25"

Shot put—3. Jason Fisher, 46' 2.75"; 5. Rodger Blum, 40' 11.5"; 7.

Josh Stanton, 38' 3.25"; 8. Jon Robeson, 37' 7.25'

Weight throw—1. Jon Robeson, 51' 7.75"; 10. Josh Stanton, 35' 6.5";

12. Rodger Blum, 33' 6.75"

Valentine's Pentathlon

Feb. 12, 2006

Closson Center Indoor Track

Graceland University

Lamoni, Iowa

No team results

Central's individual results

Indoor Pentathlon—4. Ben Bollard, 3217

55 meter hurdles 8.49 726 points

Long jump 20' 8" 652 points

High jump 5' 5.75" 520 points

Shot put 38' 6" 590 points

1,000 meters 2:53.54 729 points

High jump—11. Greg Foote, 5' 3.75"

UNI Dome Open

Feb. 17, 2006

UNI Dome

University of Northern Iowa

Cedar Falls, Iowa

No team results

Central's individual results

60 meters—4. Zac Bailey, 7.04; 40. Eric Ellis, 7.49; 50. Seth Meany; 8.00

200 meters—4. Justin Koeppel, 22.71; 7. Guy Dierikx, 22.82; 12. Ben Bollard, 23.16; 14. Kevin Pitz, 23.22; 24. Craig Hernandez, 23.44; 29. Curt Hunt, 23.8; 33. Zach Zellweger, 23.85; 34. Eric Harris, 23.98; 39. Shawn McLamey, 24.11; 54. Seth Meany, 25.13

600 meters—9. Ryan Shropshire, 1:24.77; 18. Luke Bolander, 1:30.05

800 meters—5. Brian Respeliers, 1:56.63; 10. Teddy Clark, 2:00.1; 14. Brandon Williams, 2:03.69; 20. Jered Wells, 2:06.48; 28. Tyler Schipper, 2:11.88; 29. Matt Knoop, 2:11.91; 30. Andy Green, 2:14.93

1 Mile—18. Mike McLoughlin, 4:38.37; 32. Andy Green, 4:50.2; 35. Tyler Schipper, 4:57.75

3,000 meters—2. Bryan George 8:39.73; 4. Adam Wolf, 8:46.27; 9.

Brett Jones, 8:58.48; 25. Jaron Byrum, 9:36.26; 30. T.J. Weiler, 9:44.6

60 meter hurdles—21. Ben Bollard, 9.21; 23. Greg Foote, 9.56

4x400 meter relay—1. Cobler/Koeppel/Pitz/Dierikx, 3:20.61; 8.

Respeliers/Harris/Foote/Bolander, 3:32.04

Long jump—14. Eric Ellis, 18' 10.75"

Shot put—2. Jason Fisher, 48' 2.75"; 15. Rodger Blum, 40' 5"; 17.

Jon Robeson, 39' 11.5"; 21. Josh Stanton, 39' 1"

Weight throw—4. Jason Fisher, 53' 1.75"; 8. Jon Robeson, 49' 7.25"; 16. Josh Stanton, 38' 6.75"; 20. Rodger Blum, 36' 1.25"

Iowa Conference Indoor Championship

Feb. 24-25, 2006

Dennis Young Track

Buena Vista University

Storm Lake, Iowa

Team results

1. Wartburg 193; 2. Loras 150; **3. Central 136**; 4. Luther 78; 5.

Dubuque 56; 6. Cornell 38; 7. Coe 36; 8. Buena Vista 31; 9. Simpson 23.

Central's individual results

55 meters—3. Zac Bailey, 6.54; 6. D.J. Cobler, 6.63; 14. Curt Hunt, 6.82

200 meters—4. Justin Koeppel, 22.67; 5. Guy Dierikx, 22.75; 16. Eric Harris, 23.63

400 meters—3. Guy Dierikx, 50.05; 4. Justin Koeppel, 50.16; 5. Kevin Pitz, 50.30

600 meters—9. Ryan Shropshire, 1:25.13

800 meters—2. Brian Respeliers, 1:55.66; 12. Brandon Williams, 2:03.41; 17. Jered Wells, 2:06.87

1,000 meters—6. Teddy Clark, 2:37.78; 8. Mike McLoughlin, 2:38.51; 12. Eric Sink, 2:45.21

2006 MEN'S INDOOR SEASON RESULTS

1 Mile--2. Bryan George, 4:21.18; 15. Andy Green, 4:41.00; 18. Jaron Byrum, 4:49.84
3,000 meters--1. Bryan George, 8:47.25; 7. Adam Wolf, 9:04.42, 11. Brett Jones, 9:07.33
5,000 meters--2. Adam Wolf, 15:28.48; 9. Brett Jones, 16:02.18; 12. Joe Jefferson, 16:27.64
55 meter hurdles--7. Shawn McLamey, 8.22; 15. Tim Graham, 8.54
4x200 meter relay--1. Bollard/Koeppe/Pitz/Dierikx, 1:29.54
4x400 meter relay--1. Bollard/Koeppe/Pitz/Dierikx, 3:22.71
Distance medley--4. McLoughlin/Hernandez/Clark/Respeliars, 10:33.82
High jump--13. Greg Foote, 5' 7.25"
Pole vault--3. Cory Torkelson, 14' 4.5"; 4. Josh Brown, 13' 4.5"
Long jump--5. Shawn McLamey, 21' 10.25"; 9. Kyle Messerly, 21' 2"; 14. Ben Bollard, 20' 3.75"
Triple jump--7. Ben Bollard, 42' 11"; 11. Kyle Messerly, 39' 10.75"; 12. Greg Foote, 39' 10.5"
Shot put--8. Jason Fisher, 43' 10"; 13. Rodger Blum, 39' 11.5"; 15. Jon Robeson, 39' 8.75"
Weight throw--1. Jon Robeson, 53' 4.25"; 2. Jason Fisher, 51' 9.75"; 17. Josh Stanton, 37' 5.25"

ISU Qualifier
March 4, 2006
Lied Athletic Facility
Iowa State University
Ames, Iowa

No team scores

Central's individual results*

60 meters--21. Zac Bailey, 7.03
200 meters--24. Justin Koeppe, 22.54
400 meters--33. Zach Zellweger, 50.84; 34. Craig Hernandez, 50.98; 37. Ryan Shropshire, 51.61
Distance medley--3. Respeliars/Dierikz/Clark/George, 9:59.12
4x400 meter relay--12. Koeppe/Bollard/Pitz/Dierikx, 3:15.12

*300-meter track

NCAA Division III Indoor Championships
March 10-11, 2006
Tostrud Fieldhouse
St. Olaf College
Northfield, Minn.

Team results

1. Wis.-La Crosse 78.0; 2. Lincoln 31.0; 3. Wis.-Oshkosh 27.0; 4. Nebraska Wesleyan 26.0; 5. New Jersey City 24.0; 6. Mount Union 23.0; 7. Loras 20.0; 8. Mass Inst. Technology 18.0; 9. Widener 16.0; 10. tie, Heidelberg College 15.0; Cortland SUNY 15.0
-28. tie, Central 6.0

Central's individual results

Distance medley--4. Respeliars/Dierikz/Clark/George, 10:08.54
4x400 meter relay--8. Koeppe/Bollard/Pitz/Dierikx, 3:21.15