



# Men's indoor TRACK & FIELD

## 2008 MEN'S INDOOR SEASON AND CAREER BESTS -- RUNNING EVENTS

### 55 meters

**School record:** 6.48, Zac Bailey, 2006

**NCAA provisional qualifying standard:** 6.47

**NCAA automatic qualifying standard:** 6.36

Name	Season	Date	Career	Site	Date
Zac Bailey	6.52	2-29	6.48	Decorah	2-29-08
Mitch Morris	6.65	2-9	6.65	Bloomington, Ill.	2-9-08
David Vonnahme	6.83	2-9	6.83	Storm Lake	2-10-07
Shane Hallengren	6.89	2-9	6.89	Bloomington, Ill.	2-9-08
Brad Williams	6.93	2-9	6.93	Bloomington, Ill.	2-9-08
Connor Dailey	6.93	2-9	6.93	Bloomington, Ill.	2-9-08
Breighen Powell	6.93	2-9	6.93	Bloomington, Ill.	2-9-08
Kevin Good	7.05	2-9	7.05	Bloomington, Ill.	2-9-08
Kenny Outlaw	7.10	2-9	7.10	Bloomington, Ill.	2-9-08
Seth Meany	7.19	2-29	7.19	Decorah	2-29-08
Jake Coughenower	7.55	2-9	7.55	Bloomington, Ill.	2-9-08

### 200 meters

**School record:** 22.33, Adam Hartford, 2001

**NCAA provisional qualifying standard:** not contested

**NCAA automatic qualifying standard:** not contested

Name	Season	Date	Career	Site	Date
Guy Dierikx	22.53	3-1	22.53	Decorah	3-1-08
Zac Bailey	22.81	2-23	22.81	Cedar Falls	2-23-08
Mitch Morris	23.34	2-23	23.34	Cedar Falls	2-23-08
Connor Dailey	23.62	2-23	23.62	Cedar Falls	2-23-08
Dave Vonnahme	23.73	2-23	23.73	Cedar Falls	2-23-08
Brad Williams	23.67	3-1	23.67	Decorah	3-1-08
Matt Patrick	23.92	2-2	23.92	Mt. Vernon	2-2-08
Shane Hallengren	24.34	2-23	24.34	Cedar Falls	2-23-08
Breighen Powell	24.36	2-23	24.36	Cedar Falls	2-23-08
Seth Meany	24.79	2-2	24.79	Mt. Vernon	2-2-08
Jason Goulden	25.69	2-23	25.69	Cedar Falls	2-23-08
Jake Coughenower	25.81	2-23	25.81	Cedar Falls	2-23-08
Rich Plagman	26.10	1-26	26.10	Monmouth, Ill.	1-26-08

### 400 meters

**School record:** 48.74, Guy Dierikx, 2008

**NCAA provisional qualifying standard:** 49.60

**NCAA automatic qualifying standard:** 48.40

Name	Season	Date	Career	Site	Date
Guy Dierikx	\$+48.74	3-1	48.74	Decorah	3-1-08
Matt Patrick	51.43	3-1	51.43	Decorah	3-1-08
Jake Contri	51.50	2-9	51.50	Bloomington, Ill.	2-9-08
Luke Bolander	52.09	2-23	52.09	Cedar Falls	2-23-08
Dustin Draisey	55.20	2-2	55.20	Mt. Vernon	2-2-08
Micah Seufferer	56.60	2-9	56.60	Bloomington, Ill.	2-9-08
Noah Mortell	56.96	2-2	56.96	Mt. Vernon	2-2-08
Jake Coughenower	58.29	2-2	58.29	Mt. Vernon	2-2-08

### 600 meters

**School record:** 1:21.34, Tanner Whipple, 2003

**NCAA provisional qualifying standard:** not contested

**NCAA automatic qualifying standard:** not contested

Name	Season	Date	Career	Site	Date
Alex Miller	1:23.00	1-26	1:23.00	Monmouth, Ill.	1-26-08
Elliot McDowell	1:25.90	1-26	1:25.90	Monmouth, Ill.	1-26-08
Derek Townsend	1:26.12	1-26	1:26.12	Monmouth, Ill.	1-26-08
Greg Foote	1:28.24	1-26	1:28.24	Monmouth, Ill.	1-26-08
Spencer Coulter	1:28.40	1-26	1:28.40	Monmouth, Ill.	1-26-08
Luke Bolander	1:29.62	1-26	1:29.62	Monmouth, Ill.	1-26-08
Micah Seufferer	1:32.27	2-23	1:32.27	Cedar Falls	2-23-08
Jake Coughenower	1:36.18	1-26	1:36.18	Monmouth, Ill.	1-26-08

### 800 meters

**School record:** 1:51.72, Jon Lindaman, 2000

**NCAA provisional qualifying standard:** 1:55.00

**NCAA automatic qualifying standard:** 1:52.90

Name	Season	Date	Career	Site	Date
Alex Miller	1:55.30	2-16	1:55.30	Ames	2-16-08
Elliot McDowell	1:57.44	3-1	1:57.44	Decorah	3-1-08
Derek Townsend	1:57.99	2-23	1:57.99	Cedar Falls	2-23-08
Teddy Clark	2:03.22	2-23	2:00.10	Cedar Falls	2-17-06
Spencer Coulter	2:03.57	2-9	2:03.57	Bloomington, Ill.	2-9-08
Dustin Draisey	2:04.85	2-9	2:04.85	Bloomington, Ill.	2-9-08
Cory Fitzsimmons	2:09.39	2-2	2:08.51	Bloomington, Ill.	2-3-07
Brandon Williams	2:13.09	2-2	2:03.41	Storm Lake	2-25-06

### 1,000 meters

**School record:** 2:29.15, Jon Lindaman, 2000

**NCAA provisional qualifying standard:** not contested

**NCAA automatic qualifying standard:** not contested

Name	Season	Date	Career	Site	Date
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### Mile

**School record:** 4:13.01\*, Jon Lindaman, 1999

**NCAA provisional qualifying standard:** 4:16

**NCAA automatic qualifying standard:** 4:11

Name	Season	Date	Career	Site	Date
Teddy Clark	4:29.18	2-23	4:29.18	Cedar Falls	2-23-08
Brandon Williams	4:37.50	1-26	4:37.50	Monmouth, Ill.	1-26-08
Cory Fitzsimmons	4:38.79	1-26	4:38.79	Monmouth, Ill.	1-26-08
Pierre Taylor	4:43.85	2-9	4:43.85	Bloomington, Ill.	2-9-08
Andy Green	4:50.80	2-9	4:50.80	Bloomington, Ill.	2-9-08

## 2008 MEN'S INDOOR SEASON AND CAREER BESTS -- RUNNING EVENTS

### 3,000 meters

**School record:** 8:39.73, Bryan George, 2006

**NCAA provisional qualifying standard:** not contested

**NCAA automatic qualifying standard:** not contested

Name	Season	Date	Career	Site	Date
Teddy Clark	9:04.13	2-16	9:04.13	Platteville, Wis.	2-16-08
Pierre Taylor	9:14.69	2-23	9:14.69	Cedar Falls	2-23-08
James Armstead	9:23.33	2-23	9:23.33	Cedar Falls	2-23-08
Cory Fitzsimmons	9:23.45	2-23	9:23.45	Cedar Falls	2-23-08
Austin Vondracek	9:58.26	2-9	9:58.26	Bloomington, Ill.	2-9-08
Andy Green	10:07.09	1-26	10:07.09	Monmouth, Ill.	1-26-08
Brett Dietrich	10:13.71	2-9	9:38.58	Monmouth, Ill.	1-29-05

### 5,000 meters

**School record:** 15:02.06, Adam Wolf, 2007

**NCAA provisional qualifying standard:** 14:55

**NCAA automatic qualifying standard:** 14:33.0

Name	Season	Date	Career	Site	Date
Pierre Taylor	16:05.90	2-16	16:05.90	Platteville, Wis.	2-16-08
Austin Vondracek	17:13.96	2-29	17:13.96	Decorah	2-29-08

### 55 meter hurdles

**School record:** 7.62, Cory Woods, 1999

**NCAA provisional qualifying standard:** 7.75

**NCAA automatic qualifying standard:** 7.55

Name	Season	Date	Career	Site	Date
Kenny Outlaw	8.52	2-9	8.52	Bloomington, Ill.	2-9-08
Jason Goulden	8.85	2-29	8.85	Decorah	2-29-08
Andrew Hopper	8.89	2-29	8.89	Decorah	2-29-08
Greg Foote			8.73	Monmouth, Ill.	1-27-07
Zach Marks			9.55	Mt. Vernon	2-23-07

### 4x200 meter relay

**School record:** 1:29.52, Tavegia/Hartford/Brownlee/McCullough, 2000

**NCAA provisional qualifying standard:** not contested

**NCAA automatic qualifying standard:** not contested

Names	Season	Date
Dierikx/Bailey/Morris/Patrick	1:30.58	2-29-08
Dierikx/Contri/Patrick/Dailey	1:32.21	1-26-08

### 4x400 meter relay

**School record:** 3:16.72\*, Hartford/Brownlee/Wagner/Tavegia, 2001

**NCAA provisional qualifying standard:** 3:20.5

**NCAA automatic qualifying standard:** 3:16.7

Names	Season	Date
Patrick/Dierikx/Contri/Miller	+3:20.21	2-9-08
Patrick/Contri/Bolander/Dierikx	3:25.11	2-29-08
Dierikx/Bailey/Patrick/Miller	3:25.13	2-2-08
Bolander/Dailey/Williams/Townsend	3:30.20	2-23-08
Gegner/Contri/Dailey/Bolander	3:31.14	2-2-08
Dailey/Bolander/Gegner/Williams	3:31.33	2-9-08
McDowell/Townsend/Coulter/Williams	3:33.56	2-9-08
McDowell/Gegner/Outlaw/Coulter	3:34.66	2-23-08
Outlaw/Bolander/Dailey/McDowell	3:36.75	1-26-08
Fitzsimmons/Coulter/Williams/Townsend	3:40.75	1-26-08
Gegner/Williams/Mortell/Hopper	3:40.77	1-26-08
Outlaw/Draisey/Seuferer/Coughenower	3:41.99	2-9-08
Vonnahme/Coulter/McDowell/Townsend	3:43.42	2-2-08
Outlaw/Draisey/Goulden/Hopper	3:47.41	2-2-08

### 4x800 medley relay

**School record:** 8:03.63, Coulter/Draisey/McDowell/Miller, 2008

**NCAA provisional qualifying standard:** not contested

**NCAA automatic qualifying standard:** not contested

Names	Season	Date
Coulter/Draisey/McDowell/Miller	8:03.63	3-1-08

### Distance medley relay

**School record:** 10:02.62\*, Respeliers/Dierikx/Clark/George, 2006

**NCAA provisional qualifying standard:** 10:10.0

**NCAA automatic qualifying standard:** 10:00.5

Names	Season	Date
Townsend/Bolander/McDowell/Clark	10:34.09	2-9-08
Townsend/Dailey/Draisey/Clark	10:35.53	2-29-08

+ NCAA Div. III provisional qualifier

! NCAA Div. III automatic qualifier

\$ school record

\* converted time

## 2008 MEN'S INDOOR SEASON AND CAREER BESTS -- FIELD EVENTS

### High jump

**School record:** 7' 1.5', Cale Van Genderen, 2005

**NCAA provisional qualifying standard:** 6' 7

**NCAA automatic qualifying standard:** 6' 10.25

Name	Season	Date	Career	Site	Date
Kurtis Brondyke	+6' 7	3-1	6' 7	Decorah	3-1-08
Breighen Powell	6' 5	3-1	6' 5	Decorah	3-1-08
Jordan Gegner	6' 3.25	3-1	6' 3.25	Decorah	3-1-08
Cory Hall	6' 1.25	3-1	6' 1.25	Decorah	3-1-08
Rich Plagman	6' 1.25	3-1	6' 1.25	Decorah	3-1-08

### Long jump

**School record:** 24' 5.5, Flinard Grisby, 1970

**NCAA provisional qualifying standard:** 22' 10

**NCAA automatic qualifying standard:** 23' 9

Name	Season	Date	Career	Site	Date
Zac Bailey	21' 5.5	2-29	21' 5.5	Decorah	2-29-08
Shane Hallengren	21' 1.5	2-29	21' 1.5	Decorah	2-29-08
Dave Vonnahme	20' 1.5	2-23	20' 8	Monmouth, Ill.	1-27-07
Kevin Good	19' 3	1-26	20' 8	Monmouth, Ill.	1-27-07

### Triple jump

**School record:** 47' 6.5, Flinard Grisby, 1970

**NCAA provisional qualifying standard:** 45' 11.25

**NCAA automatic qualifying standard:** 48' .5

Name	Season	Date	Career	Site	Date
David Vonnahme	40' 6.25	1-26	40' 6.25	Monmouth, Ill.	1-26-08
Austen Schueler	39' 3.75	2-9	39' 3.75	Bloomington, Ill.	2-9-08
Kevin Good	38' 7	3-1	39' 5.25	Mt. Vernon	2-24-07
Shane Hallengren	37' 6.5	2-23	37' 6.5	Cedar Falls	2-23-08

### Shot put

**School record:** 51' 11, Reid Evans, 1999

**NCAA provisional qualifying standard:** 51'

**NCAA automatic qualifying standard:** 55' 9.25

Name	Season	Date	Career	Site	Date
Matt Graber	49' 4.5	3-1	49' 4.5	Decorah	3-1-08
Jason Fisher	48' 10.25	2-2	49' 3.5	Storm Lake	2-10-07
Owen Haberman	36'	2-23	36' 9.75	Monmouth, Ill.	1-27-07
Greg Foote	34' 4.5	1-26	34' 4.5	Monmouth, Ill.	1-26-08
Trevor Hixon	31' 10	2-23	31' 10	Cedar Falls	2-23-08
Matt Schmaizl	31' 6.75	2-9	31' 6.75	Bloomington, Ill.	2-9-08
Jake Contri	30' 9	2-2	30' 9	Mt. Vernon	2-2-08

### Weight throw

**School record:** 57' 9.5, Jason Fisher, 2008

**NCAA provisional qualifying standard:** 54' 4.75

**NCAA automatic qualifying standard:** 60' 6

Name	Season	Date	Career	Site	Date
Jason Fisher	57' 9.5	3-15	57' 9.5	Ada, Ohio	3-15-08
Matt Graber	47' 5.75	2-23	47' 5.75	Cedar Falls	2-23-08
Owen Haberman	44' 11	1-26	44' 11	Monmouth, Ill.	1-26-08
Trevor Hixon	35' 2	2-9	35' 2	Bloomington, Ill.	2-9-08
Matt Schmaizl	27' 2.5	2-23	27' 2.5	Cedar Falls	2-23-08
Bill Hall	22' 2	1-26	22' 2	Monmouth, Ill.	1-26-08

### Pole vault

**School record:** 15', Jim Bruxvoort, 1988

**NCAA provisional qualifying standard:** 15' 5

**NCAA automatic qualifying standard:** 16' 7.25

Name	Season	Date	Career	Site	Date
Eddie Elkin	11' 5.75	3-1	11' 5.75	Decorah	3-1-08
Jake Contri	10' 0	2-2	10' 0	Mt. Vernon	2-2-08
Zach Marks	10' 0	3-1	10' 0	Decorah	3-1-08

### Pentathlon

**School record:** 3,736, Peter Wagner, 2003

**NCAA provisional qualifying standard:** not contested

**NCAA automatic qualifying standard:** not contested

Name	Season	Date	Career	Site	Date
+ NCAA Div. III provisional qualifier					
! NCAA Div. III automatic qualifier					
\$ school record					
* converted time					

## 2008 MEN'S INDOOR SEASON RESULTS

### 2008 Central College indoor team results

Jan. 26	Midwest Invitational	Monmouth, Ill.	6th of 6
Feb. 2	Hilltop Invitational	Mt. Vernon	no team scores
Feb. 9	Bob Keck Invitational	Bloomington, Ill.	5th of 9
Feb. 16	Impact Sports/Nike Invitational	Platteville, Wis.	no team scores
	Iowa State Track and Field Classic	Ames	no team scores
Feb. 23	UNI-Dome Open	Cedar Falls	no team scores
Feb. 29-	IIAC Indoor Championships	Decorah	3rd of 9
Mar. 1			
Mar. 8	Iowa State National Qualifier	Ames	no team scores
March 14-15	NCAA Division III Championship	Ada, Ohio	7th

### Individual honors

All Americans  
 400 meter- Guy Dierikx  
 Weight Throw- Jason Fisher

New school records  
 Weight Throw- 57' 9.5, Jason Fisher, Mar. 15, Ada, Ohio  
 4x800 meter relay- 8:03.63, Coulter/Draisey/McDowell/Miller, Mar. 1, Decorah  
 400 meters- 48.74, Guy Dierikx, Mar. 1, Decorah

### NCAA Division III championship qualifiers March 14-15, Ada, Ohio

#### Automatic qualifiers

Event	Name	Mark	Date	Site
none				

#### Provisional qualifiers

Event	Name	Mark	Date	Site
400 meter	Guy Dierikx	48.74	3-1	Decorah
Weight Throw	Jason Fisher	57' 3	2-9	Bloomington, Ill.

### Monmouth Indoor Invitational

Jan. 26, 2008  
 Huff Athletic Center  
 Monmouth College  
 Monmouth, Ill.

#### Team scores

1. Augustana (Ill.) 158.5; 2.(tie) Wartburg 135; 2.(tie) Monmouth (Ill.) 135; 4. Ohio Northern 115.5; 5. Illinois Wesleyan 87; **6. Central 68.**

#### Central's individual results

**600 meters**—1. Alex Miller, 1:23.00; 8. Elliot McDowell, 1:25.90; 9. Derek Townsend, 1:26.12; 15. Greg Foote, 1:28.24; 16. Spencer Coulter, 1:28.40; 17. Luke Bolander, 1:29.62; 19. Jake Coughenower, 1:36.18.

**Mile**—11. Brandon Williams, 4:37.50; 15. Cory Fitzsimmons, 4:38.79.

**3,000 meters**—7. Teddy Clark, 9:16.29; 10. Pierre Taylor, 9:27.89; 19. Andy Green, 10:07.09; 23. Brett Dietrich, 10:34.67.

**55 meter hurdles**—11. Kenny Outlaw, 8.71; 16. Andrew Hopper, 9.34.

**4x200 meter relay**— 2. Dierikx/Contri/Patrick/Dailey, 1:32.21.

**4x400 meter relay**— 1. Patrick/Dierikx/Contri/Miller ; 9. Outlaw/Bolander/Dailey/McDowell, 3:36.75; 13. Fitzsimmons/Coulter/Williams/Townsend, 3:40.75; 14. Gegner/Williams/Mortell/Hoppe, 3:40.77.

**High jump**—5. Jordan Gegner, 5' 11.25

**Pole Vault**—15. Eddie Elkin, 11' 5

**Long jump**—15. Kevin Good, 19' 3; 18. Shane Hallengren 18' 4; 18. Dave Vonnahme, 18' 4.

**Shot put**—2. Jason Fisher, 48' 5; 3. Matt Graber, 47' 6.5; 17. Owen Haberman, 35' 9; 18. Greg Foote, 34' 4.5; 21. Trevor Hixon, 30' 5; 24. Matt Schmailzl, 29' 11.

**Weight throw**—2. Jason Fisher, 50' 9.5; 8. Own Haberman, 44' 11; Trevor Hixon, 26' 1; 23. Matt Schmailzl, 23' 3.5; 24. Bill Hall, 22' 2.

### Hilltop Invitational

Feb. 2, 2008  
 Small Center Fieldhouse  
 Cornell College  
 Mount Vernon, Iowa

#### No team scores

#### Central's individual results

**200 meters**— 1. Guy Dierikx, 22.97; 4. Zac Bailey, 23.20; 10. Mitch Morris, 23.56; 18. Matt Patrick, 23.92; 26. Connor Dailey, 24.17; 36. Shane Hallengren, 24.47; 37. Brad Williams, 24.47; 41. Seth Meany, 24.79.

**400 meters**— 14. Luke Bolander, 53.81; 27. Dustin Draisey, 55.20; 36. Noah Mortell, 56.96; 44. Jake Coughenower, 58.29.

**800 meters**— 2. Alex Miller, 1:59.97; 11. Elliot McDowell, 2:03.62; 14. Derek Townsend, 2:05.26; 18. Spencer Coulter, 2:06.44; 24. Cory Fitzsimmons, 2:09.39; 31. Brandon Williams, 2:13.09.

**Mile**—14. Cory Fitzsimmons, 4:40.91; 22. Brandon Williams, 4:53.61; 25. Andy Green, 4:55.19.

**3,000 meters**— 24. Austin Vondracek, 10:02.04.

**55 meter hurdles**— 12. Kenny Outlaw, 8.74; 22. Andrew Hopper, 9.14

**4x400 meter relay**— 2. Dierikx/Bailey/Patrick/Miller, 2:25.13; 4. Gegner/Contri/Dailey/Bolander, 3:31.14; 15. Vonnahme/Coulter/McDowell/Townsend, 3:43.42; 21. Outlaw/Draisey/Gouldean/Hopper, 3:47.41.

**Triple jump**— 7. David Vonnahme, 38' 11.25; 8. Kevin Good, 38' 1.5; 9. Austen Schueler, 37' 9.25.

**Long jump**— 10. Kevin Good, 19' 0; 11. David Vonnahme, 18' 10.5; 20. Shane Hallengren, 17' 9.5.

**Shot put**— 3. Jason Fisher, 48' 10.25; 8. Matt Graber, 45' 2.25; 30. Owen Haberman, 34' 5; 35. Trevor Hixon, 31' 6; 38. Jake Contri, 30' 9.75.

**Weight throw**— 2. Jason Fisher, 56' 10.75; 15. Matt Graber, 42'

## 2008 MEN'S INDOOR SEASON RESULTS

0.75; 25. Trevor Hixon, 34' 5.75.

**High jump**— 4. Rich Plagman, 6' 0; 6. Jordan Gegner, 6' 0; 7. Cory Hall, 5' 10.

**Pole vault**— 10. Eddie Elkin, 10' 11.75; 11. Jake Contri, 10' 0.

Bob Keck Invitational  
Feb. 9, 2008  
Shirk Center Fieldhouse  
Iowa Wesleyan University  
Bloomington, Ill.

Team scores

1. Augustana (Ill.) 142; 2. Monmouth (Ill.) 112.5; 3. Chicago (Ill.) 100.5; 4. Illinois Wesleyan 87.5; **5. Central 63**; 6. Washington (Mo.) 62.5; 7. Illinois State 37; 8. Millikin (Ill.) 3; 9. Rhodes (Tenn.) 2.

Central's individual results

**55 meters**— 8. Mitch Morris, 6.67; 16. Dave Vonnahme, 6.83; 21. Shane Hallengren, 6.89; 23. Brad Williams, 6.93; 24. Breighen Powell, 6.93; 25. Connor Dailey, 6.93; 28. Kevin Good 7.05; 31. Kenny Outlaw, 7.10; 35. Jake Coughenower, 7.55.

**200 meters**— 13. Brad Williams, 23.93; 18. Connor Dailey, 24.14; 26. Breighen Powell, 24.70; 28. Seth Meany, 25.13; 31. Jake Coughenower, 25.85.

**400 meters**— 2. Guy Dierikx, 49.24; 9. Matt Patrick, 51.98; 13. Jake Contri, 52.21; 29. Micah Seuferer, 56.42.

**800 meters**— 1. Alex Miller, 1:57.12; 18. Spencer Coulter, 2:03.57; 22. Dustin Draisey, 2:04.85.

**Mile**— 14. Brandon Williams, 4:35.78; 17. Teddy Clark, 4:38.49; 22. Pierre Taylor, 4:43.35; 25. Andy Green, 4:50.80.

**3,000 meters**— 8. Cory Fitzsimmons, 9:33.64; 9. James Armstead, 9:35.45; 12. Austin Vondracek, 9:58.26; 15. Brett Dietrich, 10:13.71.

**55 meter hurdles**— 13. Kenny Outlaw, 8.52.

**4x400 meter relay**— 1. Patrick/Dierikx/Contri/Miller, 3:20.21; 7. Dailey/Bolander/Gegner/Williams, 3:31.33; 10. McDowell/Townsend/Coulter/Williams, 3:33.56; 15. Outlaw/Draisey/Seuferer/Coughenower, 3:41.99.

**Distance Medley**— 2. Townsend/Bolander/McDowell/Clark, 10:34.09.

**Triple jump**— 7. Austen Schueler, 39' 3.75; 8. Dave Vonnahme, 39' 1; 9. Kevin Good, 38' 4.25.

**Long jump**— 9. Shane Hallengren, 19' 11; 12. Kevin Good, 18' 10.5.

**Shot put**— 3. Jason Fisher, 46' 9.75; 12. Matt Graber, 43' 5.75; 21. Owen Haberman, 32'; 22. Trevor Hixon, 31' 6.75; 23. Matt Schmailzl, 31' 6.75.

**Weight throw**— 2. Jason Fisher, 57' 3; 10. Matt Graber, 42' 9.75; 20. Owen Haberman, 38' 4; 24. Trevor Hixon, 35' 2; 28. Matt Schmailzl, 23' 6.75.

**High jump**— 3. Jordan Gegner, 6' 0.75; 5. Rich Plagman, 5' 10.75; 7. Cory Hall, 5' 10.75.

**Pole vault**— 10. Eddie Elkin, 10' 11.75.

Impact Sports/Nike Invitational  
Feb. 16, 2008  
UW-Platteville  
Platteville, Wis.

No team scores.

Central's individual results

**5000 meters**—16. Pierre Taylor, 16:05.90.

**3000 meters**—10. Teddy Clark, 9:04.13.

**Shot put**—14. Matt Graber, 42' 11; 45. Owen Haberman, 32' 9.5.

**Weight throw**—3. Jason Fisher, 56' 5.75; 41. Own Haberman, 31' 7.25.

Iowa State Track and Field Classic  
Feb. 16, 2008  
Iowa State University  
Ames, Iowa

No team scores.

Central's individual results

**60 meters**—39. Zac Bailey, 7.15.

**400 meters**—33. Guy Dierikx, 49.40\*.

**800 meters**—54. Alex Miller, 1:55.30.

**4x400 meter relay**—26. Patrick/Dierikx/Contri/Miller, 3:18.68\*.

UNI-Dome Open  
Feb. 23, 2008  
UNI Dome  
University of Northern Iowa  
Cedar Falls, Iowa

No team scores.

Central's individual results

**60 meters**— 26. Breighen Powell, 7.39; 27. Dave Vonnahme, 7.41; 28. Connor Dailey, 7.43; 34. Brad Williams, 7.52; 36. Shane Hallengren, 7.53; 50. Kevin Good 7.66; 54. Kenny Outlaw, 7.80; 56. Andrew Hopper, 7.97.

**200 meters**— 5. Guy Dierikx, 22.56; 9. Zac Bailey, 22.81; 19. Mitch Morris, 23.34; 24. Connor Dailey, 23.62; 27. Dave Vonnahme, 23.73; 28. Brad Williams, 23.74; 42. Shane Hallengren, 24.34; 43. Breighen Powell, 24.36; 60. Seth Meany, 25.42; 61. Jason Goulden, 25.69; 63. Jake Coughenower, 25.81.

**400 meters**— 8. Matt Patrick, 51.78; 11. Luke Bolander, 52.09; 18. Jake Contri, 53.18.

**600 meters**— 13. Micah Seuferer, 1:32.27.

**800 meters**— 5. Alex Miller, 1:55.99; 6. Derek Townsend, 1:57.99; 10. Elliot McDowell, 1:59.39; 23. Teddy Clark, 2:03.22; 24. Spencer Coulter, 2:03.85.

**Mile**— 6. Teddy Clark, 4:29.18.

**3,000 meters**— 14. Pierre Taylor, 9:14.69; 19. James Armstead, 9:23.33; 20. Cory Fitzsimmons, 9:23.45; 36. Austin Vondracek, 10:16.59.

**60 meter hurdles**— 24. Andrew Hopper, 9.59; 25. Jason Goulden, 9.61; 26. Kenny Outlaw, 9.65.

**4x400 meter relay**— 2. Patrick/Dierikx/Contri/Miller, 3:21.71; 8. Bolander/Dailey/Williams/Townsend, 3:30.20; 13. McDowell/Gegner/Outlaw/Coulter, 3:34.66.

**Triple jump**— 9. Dave Vonnahme, 39' 1.75; 12. Kevin Good, 37' 6.5; 12. Shane Hallengren, 37' 6.5; 14. Austen Schueler, 37' 3.25.

**Long jump**— 14. Shane Hallengren, 20' 9.25; 18. Dave Vonnahme, 20' 1.5; 20. Kevin Good, 18' 11.75.

**Shot put**— 4. Jason Fisher, 48' 5.5; 7. Matt Graber, 47' 9; 24. Owen Haberman, 36'; 25. Greg Foote, 33' 4.5; 26. Trevor Hixon, 31' 10; 28. Matt Schmailzl, 30' 6.5.

**Weight throw**— 1. Jason Fisher, 56' 9.5; 8. Matt Graber, 47' 5.75; 10. Owen Haberman, 43' 1.5; 20. Trevor Hixon, 34' .25; 24. Matt Schmailzl, 27' 2.5.

**High jump**— 9. Breighen Powell, 6' 2.75; 10. Cory Hall, 6' 0.75; 10. Jordan Gegner, 6' 0.75.

## IIAC Indoor Championships

Feb. 29- Mar. 1, 2008

Luther College

Decorah, Iowa

### Team scores

1. Wartburg 150.5; 2. Loras 118; **3. Central 108.5**; 4. Simpson 62;  
5. Dubuque 61; 6. Buena Vista 60; 7. Coe 59; 8. Luther 49; 9. Cornell 34.

### Central's individual results

**55 meters**— 4. Zac Bailey, 6.62; 14. Mitch Morris, 6.72; 23. Seth Meany, 7.19.

**200 meters**— 2. Guy Dierikx, 22.53; 17. Brad Williams, 23.67.

**400 meters**— 1. Guy Dierikx, 48.74; 3. Matt Patrick, 51.43; 15. Jake Contri, 52.42.

**800 meters**— 2. Alex Miller, 1:56.11; 4. Elliot McDowell, 1:57.44; 7. Derrick Townsend, 1:59.36.

**Mile**— 11. Brandon Williams, 4:39.55; 12. Cory Fitzsimmons, 4:44.01; 16. Andy Green, 4:59.59.

**3,000 meters**— 8. Teddy Clark, 9:04.57; 15. Pierre Taylor, 9:20.79; 17. James Armstead, 9:25.04.

**55 meter hurdles**— 18. Jason Goulden, 8.85; 19. Andrew Hopper, 8.89; 20. Kenny Outlaw, 9.11.

**4x200 meter relay**— 1. Dierikx/Bailey/Morris/Patrick, 1:30.58.

**4x400 meter relay**— 1. Patrick/Dierikx/Contri/Miller, 3:25.11.

**4x800 meter relay**— 2. Coulter/Draisey/McDowell/Miller, 8:03.63.

**Distance Medley**— 4. Townsend/Dailey/Draisey/Clark, 10:35.53.

**Triple jump**— 12. Dave Vonnahme, 39' 10.5; 13. Kevin Good, 38' 7; 7. Austen Schueler, 37' 9.25.

**Long jump**— 6. Zac Bailey, 21' 5.5; 9. Shane Hallengren, 21' 1.5; 14. Dave Vonnahme, 19' 2.

**Shot put**— 3. Matt Graber, 49' 4.5; 10. Jason Fisher, 45' 7; 21. Owen Haberman, 35' 5.

**Weight throw**— 9. Owen Haberman, 44' 5; 13. Matt Graber, 43' 6.

**High jump**— 2. Kurtis Brondyke, 6' 7; 3. Breighen Powell, 6' 5; 4. Jordan Gegner, 6' 3.25; 9. Cory Hall, 6' 1.25; 11. Rich Plagman, 6' 1.75.

**Pole vault**— 7. Eddie Elkin, 11' 5.75; 8. Jake Contri, 10'; 8. Zach Marks, 10'.

## Iowa State National Qualifier

Mar. 8, 2008

Iowa State University

Ames, Iowa

No team scores.

### Central's individual results

**60 meters**—10. Zac Bailey, 7.09

**800 meters**—35. Elliot McDowell, 1:56.83.

**4x400 meter relay**—26. Patrick/Dierikx/Contri/Miller, 3:20.33

**Weight Throw**— 6. Jason Fisher, 54' 2.75

**High Jump**— 6. Kurtis Brondyke, 6' 4; 9. Breighen Powell, 6' 2

## NCAA Division III Championship

Mar. 14-15, 2008

Ohio Northern University

Ada, Ohio

### Team scores

1. Wisconsin LaCrosse, 43; 2. Monmouth, 33; 3. Wisconsin Plattsville, 21; 3. Wisconsin Oshkosh, 21; 5. Hamilton, 20; 33. Central, 7;

### Central's individual results

**400 meters**- 4. Guy Dierikx, 49.57;

**Weight throw**-- 7. Jason Fisher, 57' 9.5;

## 2008 MEN'S INDOOR TRACK AND FIELD ROSTER

James Armstead	Jr.	800	Greenfield, Iowa/Nodaway Valley
Zac Bailey	Sr.	100-400, LJ	Milford, Iowa/Okoboji
Luke Bolander	So.	400-800	Des Moines, Iowa/East
Kurtis Brondyke	Fr.	HJ	Clinton, Iowa/Clinton
Kyle Cheney	So.	Throws	Guthrie Center, Iowa/Guthrie Center
Teddy Clark	Jr.	800-1500, Steeple	Montgomery, Ill./Oswego
Jake Contri	So.	400, 800	Elk Grove Village, Ill./Elk Grove
Jake Coughenower	Fr.	200-400	Indianola, Iowa/Indianola
Spencer Coutler	Fr.	400, 800	Beaman, Iowa/BCLUW
Connor Daily	Fr.	100-400	Ottumwa, Iowa/Ottumwa
Guy Dierikx	Sr.	200-400	Port Byron, Ill./Riverdale
Brett Dietrich	Sr.	1500-10k	Williamsburg, Iowa/Williamsburg
Dustin Draisey	Fr.	400-800	Keota, Iowa/Keota
Eddie Elkin	Sr.	PV, JT	Altoona, Iowa/Southeast Polk
Jason Fisher	Sr.	Throws	Montezuma, Iowa/Montezuma
Cory Fitzsimmons	So.	Distance	Pella, Iowa/Pella
Greg Foote	Jr.	Decathlete	Maple Grove, Minn./Maple Grove
Jordan Gegner	So.	HJ	Norwalk, Iowa/Martensdale-St. marys
Kevin Good	So.	Jumps	Chandler, Ariz./Chandler
Jason Goulden	Fr.	110H	Cedar Falls, Iowa/Cedar Falls
Matt Graber	Fr.	Throws	Newton, Iowa/Newton
Andy Green	Sr.	1500-5K	Cherokee, Iowa/Washington
Owen Haberman	Jr.	Throws	West Des Moines, Iowa/Valley
Bill Hall	Fr.	Throws	Thurman, Iowa/Sidney
Cory Hall	So.	HJ, LJ, TJ	Guthrie Center, Iowa/Guthrie Center
Shane Hallengren	Fr.	LJ, PV	Estherville, Iowa/Estherville
Trevor Hixon	Fr.	Throws	Iowa City, Iowa/City
Andrew Hopper	Fr.	110H, 400H	Waukee, Iowa/Waukee
Tyler Husak	Jr.	800, 1500	Montour, Iowa/South Tama
Zach Marks	So.	PV, Hurdles	Panora, Iowa/Panorama
Elliot McDowell	Fr.	400-800	Grundy Center, Iowa/Grundy Center
Seth Mean	So.	200, 400	Waterloo, Iowa/West
Alex Miller	So.	400-1500	Adel, Iowa/Van Meter
Stuart Miller	Fr.	100, 200	Silver City, Iowa/Glenwood
Mitch Morris	So.	100, 200	Naples, Fla/Barron Collier
Noah Mortell	Fr.	400-800	Dallas Center, Iowa/Waukee
Kenny Outlaw	Fr.	400, 400H	Aurora, Ill./Oswego
Matt Patrick	So.	400	Dallas Center, Iowa/Dallas Center-Grimes
Rich Plagman	Fr.	HJ	Shelby, Iowa/AHST
Breighen Powell	Fr.	HJ, PV, 100-200	Wellman, Iowa/Mid-Prairie
Jameson Rosien	Fr.	Javelin	Washington, Iowa/Washington
Matt Schmailzl	Fr.	Throws	Glenwood, Iowa/Glenwood
Austen Schueler	Sr.	Javelin	Granger, Iowa/Woodward-Granger
Micah Seufferer	Fr.	800	Indianola, Iowa/Indianola
Pierre Taylor	So.	1500, 5K, 10K	Montgomery, Ill./Oswego
Derek Townsend	Jr.	800	Perry, Iowa/Perry
Austin Vondracek	Fr.	Distance	Swisher, Iowa/Cedar Rapids Prairie
David Vonnahme	So.	LJ, TJ	Arcadia, Iowa/Ar-We-Va
Brad Williams	Fr.	200-400	Clinton, Iowa/Clinton
Brandon Williams	Jr.	800, 1500	Coralville, Iowa/Iowa Mennonite