

Central College Strength & Conditioning Record Leaderboards

DUTCH



4.58
seconds



Name: Zac Bailey
Sport: Track & Field (100-400-LJ)

Class of 2008

Three varsity letters...Two-time NCAA national qualifier...55-meter dash school record.

40

4.64
seconds

Name: Matt VerMeer

Sport: Football (Wide Receiver)

Ht./Wt.: 6-3, 185

Class of 2009

Three varsity letters...2008 team co-captain...2008 team MVP...2008 second team all-Iowa Conference...2005, 2006 team Kirk Wagner Award (offensive scout team MVP)



YARD

4.70
seconds



Name: Cody Huisman

Sport: Football (Wide Receiver)

Ht./Wt.: 6-0, 205

Class of 2008

Three varsity letters...2007 first team all-Iowa Conference...2007 d3football.com all-West Region, third team.

4.70
seconds

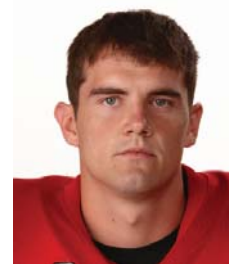
Name: Kevin Good

Sport: Football (Defensive Back)

Ht./Wt.: 5-9, 170

Class of 2010

One varsity letter.



DASH

4.70
seconds



Name: Kurtis Brondyke

Sport: Football (Punter/wide receiver); track and field (Multievents)

Ht./Wt.: 6-3, 190

Class of 2011

Two football varsity letters...two track and field varsity letters...2007, 2008 football all-Iowa Conference, first team...2008 NCAA Division III outdoor all-American (high jump)...2009 NCAA Division III indoor all-American (pentathlon)...2009 NCAA Division III outdoor all-American (decathlon).