



2005 CENTRAL COLLEGE
WOMEN'S SOCCER





Founded –1853

Enrollment –1,700

Affiliation –Reformed Church in America

President – Dr. David Roe

Membership – Iowa Intercollegiate Athletic Conference, National Collegiate Athletic Association, Division III

Founded in 1853, Central College is a four-year, coeducational, liberal arts college affiliated with the Reformed Church in America. Located 40 minutes southeast of Des Moines, Central offers its 1,700 students learning opportunities not only on the Pella campus, but on branch campuses in Carmarthen, Wales; Colchester and London, England; Eldoret, Kenya; Granada, Spain; Hangzhou, China; Leiden, the Netherlands; Merida, Mexico; Paris, France; and Vienna, Austria. Central is a member of the National Collegiate Athletic Association, Division III, and the Iowa Intercollegiate Athletic Conference. Men compete in baseball, football, basketball, tennis, golf, wrestling, soccer, track and cross country while women compete in tennis, golf, track, softball, volleyball, cross country, soccer and basketball. Rugby is offered at the club level.

The Kuyper Athletics Complex

The Kuyper Athletics Complex is located at the corner of Independence Street and West Fifth Street in southwest Pella. The complex includes P.H. Kuyper Gymnasium (1970), H.S. Kuyper Fieldhouse (1987), A.N. Kuyper Stadium (1977), the baseball and softball fields (1978), Ryerson Golf Practice Range (2004), tennis courts (1992), soccer field (2005), cross country competition course (2004), and the Ron Schipper Fitness Center (1999). The complex also includes practice and intramural softball, football and soccer football fields. Golf meets are held at the Bos Landen Golf Resort, two miles southwest of the campus on Highway T-15.

Media contact information

Sports Information Director Larry Happel
Office (641) 628-5278
Home (641) 628-2754
Fax (641) 628-5340
E-mail sportsinfo@central.edu
Central Web site www.central.edu/athletics
A.N. Kuyper Stadium Press box phone (641) 628-5288



ATHLETICS STAFF

Athletics director Al Dorenkamp
 Special assistant to the athletics director John Edwards
 Director of intramurals and special events Adam Stevens
 Assistant director of intramurals Dan Mason
 Athletics office manager Jeffy Schuring
 Athletics secretary Tara Jordan
 Head athletic trainer Leslie Duinink
 Assistant athletic trainer Greg Gilmore
 Assistant athletic trainer Chris Viesselman
 Strength and conditioning coordinator/
 Ron Schipper Fitness Center director Jake Anderson
 Kuyper Athletic Complex building and
 grounds manager Randy Shives
 Sports information director Larry Happel

FACULTY ATHLETICS COUNCIL REPRESENTATIVES

Dr. Dennis Doyle, associate professor of
 communication
 Dr. Lori Witt, assistant professor of history
 Dr. Edmond Willis, professor of psychology

COACHING STAFF

Baseball
 Assistant baseball Adam Stevens
 Dan Mason
 Assistant baseball Brent Fridley
 Volunteer assistant Casey Olney
Basketball--Men's
 Assistant basketball Mike Boschee
 Nic Nelson
 Assistant basketball TBA
Basketball--Women's
 Assistant basketball Natalie Nakic
 Jerry Nikkel
 Assistant basketball TBA
Cross country--Men's/women's
 Assistant cross country Jeff Bovee
 Stephen Fyfe
 Assistant cross country Guy Mosher
Football
 Assistant football Jeff McMartin
 Assistant football Jeff Bollard--tight ends
 Assistant football Dick Bowzer--receivers
 Assistant football Don De Waard--
 def. coordinator/linebackers
 Assistant football Reid Evans--offensive line
 Assistant football Matt Paulsen--def. backs
 Assistant football David Roe--kickers/punters
 Assistant football Jeff Sanger--stingers
 Assistant football Kevin Sanger--defensive line

Assistant football

Assistant football

Golf--Men's

Assistant golf Tom Linton
 Assistant golf Dan Mason
 Volunteer assistant Jon Hietbrink
 Volunteer assistant Michael Patzia

Golf--Women's

Soccer--Men's

Assistant soccer Garry Laidlaw
 TBA
 Assistant soccer Takis Apostolopoulos
 Assistant soccer Eric Boeyink

Soccer--Women's

Assistant soccer Rick Burns
 Assistant soccer Russell Goodman
 Assistant soccer Kathryn Burns

Softball

Assistant softball George Ware
 Assistant softball Teresa Thompson
 Assistant softball Shannon Merkle
 Stephanie Anderson

Tennis--Men's/women's

Assistant women's Doug Sturmsma
 Assistant men's Rod Braun
 TBA

Track and field--Men's/women's

Assistant track and field Kevin Sanger
 Assistant track and field Jeff Bovee
 Assistant track and field Katie Button
 Assistant track and field Stephen Fyfe
 Assistant track and field Clint Larson
 Assistant track and field Mike Marcinkowski
 Assistant track and field Guy Mosher
 Assistant track and field Eric Pingel

Volleyball

Assistant volleyball Kent Clayberg
 Assistant volleyball Ann Van Hemert
 Assistant volleyball Catie Brand
 Assistant volleyball Sunny Eighmy

Wrestling

Assistant wrestling Eric Reed
 Assistant wrestling Kevin Azinger
 Assistant wrestling Rex Gray
 Assistant wrestling Jamie Scott
 Volunteer assistant Matt Diehl

Jerry Southmayd--
 running backs
 Travis Sterling--
 player development
 Charlie Estabrook

Tom Linton
 Clint Brown
 Jon Hietbrink
 Michael Patzia
 Jodee Schaben
 Garry Laidlaw
 TBA

Takis Apostolopoulos
 Eric Boeyink
 Rick Burns
 Russell Goodman
 Kathryn Burns
 George Ware
 Teresa Thompson
 Shannon Merkle
 Stephanie Anderson

Doug Sturmsma
 Rod Braun
 TBA

Kevin Sanger
 Jeff Bovee
 Katie Button
 Stephen Fyfe
 Clint Larson
 Mike Marcinkowski
 Guy Mosher
 Eric Pingel

Kent Clayberg
 Ann Van Hemert
 Catie Brand
 Sunny Eighmy

Eric Reed
 Kevin Azinger
 Rex Gray
 Jamie Scott
 Matt Diehl

HEAD COACH DIRECTORY

(All phone numbers are 641 area code)

Name	E-mail	Office phone
Boschee, Mike	boscheem@central.edu	628-5225
Bovee, Jeff	boveej@central.edu	628-5178
Burns, Rick	burnsr@central.edu	628-5224
Clayberg, Kent	claybergk@central.edu	628-7605
Dorenkamp, Al	dorenkampa@central.edu	628-5310
Estabrook, Charlie	estabrookc@central.edu	628-7694
Laidlaw, Garry	laidlawg@central.edu	628-5789
McMartin, Jeff	mcmartinj@central.edu	628-7609
Nacic, Natalie	nakicn@central.edu	628-5672
Reed, Eric	reede@central.edu	628-5422
Sanger, Kevin	sangerk@central.edu	628-7603
Schaben, Jodee	schabenj@central.edu	628-5591
Stevens, Adam	stevensa@central.edu	628-5396
Stursma, Doug	stursmad@central.edu	628-5194
Wares, George	waresg@central.edu	628-5195

Fax numbers

Athletics department	(641) 628-5356
Sports information office	(641) 628-5340

Women's soccer

2005 schedule

Sept. 1	Waldorf	Pella	5 p.m.
Sept. 3	Benedictine (Ill.)	Pella	3 p.m.
Sept. 7	Iowa Wesleyan	Mt. Pleasant	5 p.m.
Sept. 10	North Central (Minn.)	Blaine, Minn.	noon
Sept. 13	Crown (Minn.)	Pella	5 p.m.
Sept. 14	Carthage (Wis.)	Pella	5 p.m.
Sept. 17	Knox (Ill.)	Pella	10:45 a.m.
Sept. 21	*Westminster (Mo.)	Pella	5 p.m.
Sept. 24	Cornell	Mt. Vernon	1 p.m.
Sept. 27	Nebraska Wesleyan	Pella	4 p.m.
Oct. 1	Coe	Pella	3 p.m.
Oct. 5	Simpson	Indianola	5 p.m.
Oct. 8	Loras	Dubuque	3 p.m.
Oct. 12	Luther	Pella	2 p.m.
Oct. 15	Grinnell	Grinnell	11 a.m.
Oct. 19	Dubuque	Pella	4 p.m.
Oct. 22	Buena Vista	Storm Lake	3 p.m.
Oct. 27	Wartburg	Pella	1 p.m.
Nov. 1-2, 4-5	Iowa Conference tournament	TBA	TBA

*game played at Pella Soccer Complex

WOMEN'S SOCCER QUICK FACTS

2004 record: 8-8-1 overall, 3-5 conference

Starters lost: 4 (MF-Tara Thornton, MF-Jami Wheelock, B-Brenda Pavelka, F-Chelsea Sandvik)

Starters returning: 7 (B-Myra Applegate, B-Megan Augustin, MF-Whitney Barnes, MF-April Feldman, F-Victoria Rittman, MF-Alisa Scarrow, GK-Ashley Veigelt)

Letterwinners lost/returning: 7/9

Returning all-Iowa Conference players: 1 (First team-GK Ashley Veigelt)

2005 captains: Myra Applegate, Ashley Veigelt

Rick Burns

Head coach

Soccer coaching veteran Rick Burns is in his second year as head women's soccer coach at Central College.

Most recently Burns was the head women's soccer coach for five years at Gordon College (Mass.). He has coaching experience at all NCAA division levels. He spent five years at Div. I Drury University (Mo.), was head women's coach at Mount Holyoke College (Mass.) for six seasons and was the men's head soccer coach at Mercyhurst College (Pa.) and St. Mary's University (Minn.) for three seasons each.

Burns has posted winning campaigns in 19 of his 23 years as a head coach, compiling an impressive 260-157-24 (.590) record. Burns is a five-time conference coach of the year and has coached 20 teams with cumulative grade point averages of 3.0 or better.

A devout student of coaching philosophy, Burns has authored some 40 articles in soccer and coaching publications.

Burns is a graduate of Northwest Nazarene University (Idaho) and earned a master's degree at California State University, Los Angeles.

Kathryn Burns

Assistant coach

Kathryn Burns is in her second season as assistant women's soccer coach at Central College.

Burns served as an assistant coach for three seasons at Mercyhurst College (Pa.) and was a volunteer assistant coach for several seasons with husband Rick's teams.

Russ Goodman

Assistant coach

Russ Goodman is entering his third season as assistant women's soccer coach at Central.

Goodman also serves as an assistant professor of mathematics. A native of Pittsburgh, Pa., Goodman received his bachelor's and master's degrees at the University of Texas-Arlington and earned his doctoral degree at the University of Oklahoma.

Goodman also holds an E License Certification and a Goalkeeping Advanced Level II Diploma.

2004 results

8-8-1 overall, 3-5 conference

Date	Opponent	Site	Result
Sept. 1	Benedictine College (Ill.)	Chicago, Ill.	W, 1-0
Sept. 6	Nebraska Wesleyan	Lincoln, Neb.	L, 3-0
Sept. 8	Concordia (Neb.)	Pella	L, 4-1
Sept. 10	Fontbonne (Mo.)	Pella	T, 1-1
Sept. 16	Iowa Wesleyan	Pella	W, 5-0
Sept. 18	Waldorf	Forest City	W, 2-0
Sept. 25	Dubuque	Dubuque	L, 2-0
Sept. 29	Crown College (Minn.)	St. Bonifacius, Minn.	W, 6-0
Oct. 2	Coe	Cedar Rapids	W, 2-0
Oct. 6	Buena Vista	Pella	W, 2-0
Oct. 9	Simpson	Pella	L, 3-1
Oct. 12	North Central (Ill.)	Pella	W, 8-0
Oct. 16	Luther	Decorah	L, 2-0
Oct. 23	Wartburg	Waverly	L, 2-0
Oct. 27	Cornell	Pella	W, 2-0
Oct. 30	Loras	Pella	L, 4-0
Nov. 2	*Wartburg	Waverly	L, 5-1

*Iowa Conference tournament

2004 Iowa Conference standings

	Conference			Overall		
	W	L	T	W	L	T
x Luther	7	0	1	13	5	1
x *Loras	7	1	0	18	1	2
x Wartburg	6	1	1	16	3	1
x Simpson	4	4	0	15	7	0
x Dubuque	3	4	1	10	9	1
x Central	3	5	0	8	8	1
Cornell	2	5	1	5	12	1
Coe	2	6	0	7	9	0
Buena Vista	0	8	0	3	15	0

x conference tournament qualifiers

* conference tournament champions

Year-by-year results

Yr.	Record	Conf. place	Coach
1995	3-5	3rd	Jim Duffy
1996	4-8-1	5th	Jim Duffy
1997	3-10-2	7th	Alf Bilbao
1998	8-8-1	6th	Amy Van Heukelem
1999	12-8	3rd	Amy Van Heukelem
2000	8-9-1	5th	Amy Van Heukelem
2001	4-13	7th	Amy Van Heukelem
2002	5-12	8th	Cory Ann Ellis
2003	7-9	tie, 4th	Cory Ann Ellis
2004	8-8-1	6th	Rick Burns

Team MVPs

1995	Shannon Curley	2000	Alison Cupples
1996	Heather Albee	2001	Shelli Ahmad
1997	Heather Albee	2002	Kate Pipho
1998	Heather Albee	2003	Kate Pipho
1999	Alison Cupples	2004	Brenda Pavelka

2004 statistics

Individual

Name	GP	G	A	Pts.	Shots	Pct.	GW	PK-Att.
Victoria Rittman	17-17	17	1	35	78	.218	5	0-0
Jami Wheelock	17-17	9	3	21	61	.148	2	1-1
Hollie Dickinson	17-13	1	1	3	29	.043	0	0-0
Lynette Woodrow	5-4	0	0	0	20	.000	0	0-0
Chelsea Sandvik	17-9	1	2	4	19	.053	0	0-0
Alisa Scarrow	17-17	0	3	3	18	.000	0	0-0
Whitney Barnes	17-13	1	3	5	14	.071	1	0-0
Tasha Schill	15-11	1	0	2	8	.125	0	0-0
Andrea Brobst	14-0	0	0	0	8	.000	0	0-0
Brenda Pavelka	17-17	0	0	0	4	.000	0	0-0
Megan Augustin	16-16	0	0	0	4	.000	0	0-0
April Feldman	17-9	0	0	0	4	.000	0	0-0
Tara Thornton	16-16	0	0	0	2	.000	0	0-0
Myra Applegate	9-8	0	0	0	0	.000	0	0-0
Amy Van Arsdale	13-1	0	0	0	0	.000	0	0-0
Katie Owens	2-2	0	0	0	0	.000	0	0-0
Team	17	32	14	78	269	.119	8	1-1
Opponents	17	25	16	66	306	.082	8	1-1

Goaltenders

Name	GP-GS	Minutes	GA	Avg.	Saves	Pct.	W	L	T	Sho.
Ashley Veigelt	17-17	1530:00	25	1.47	124	.832	8	8	1	8
Total	17	1530:00	25	1.47	124	.832	8	8	1	8
Opponents	17	1530:00	32	1.88	94	.746	7	7	0	5

Career statistics

Myra Applegate

Year	GP	G	A	Pts.	Shots	Pct.	GW	PK-ATT
2002	16-15	1	0	2	31	.032	0	0-0
2003	13-13	0	1	1	5	.000	0	0-0
2004	9-8	0	0	0	0	.000	0	0-0
Totals	38-36	1	1	3	36	.027	0	0-0

Megan Augustin

Year	GP	G	A	Pts.	Shots	Pct.	GW	PK-ATT
2003	10-8	0	0	0	1	.000	0	0-0
2004	16-16	0	0	0	4	.000	0	0-0
Totals	26-24	0	0	0	5	.000	0	0-0

Hollie Dickinson

Year	GP	G	A	Pts.	Shots	Pct.	GW	PK-ATT
2003	11-2	0	0	0	3	.000	0	0-0
2004	17-13	1	1	3	29	.034	0	0-0
Totals	28-15	1	1	3	32	.031	0	0-0

Alisa Scarrow

Year	GP	G	A	Pts.	Shots	Pct.	GW	PK-ATT
2003	15-12	2	2	6	21	.095	1	0-0
2004	17-17	0	3	3	18	.000	0	0-0
Totals	32-29	2	5	9	39	.051	1	0-0

Tasha Schill

Year	GP	G	A	Pts.	Shots	Pct.	GW	PK-ATT
2002	16-12	0	0	0	10	.000	0	0-0
2003	11-3	0	0	0	5	.000	0	0-0
2004	15-11	1	0	2	8	.125	0	0-0
Totals	42-26	1	0	2	23	.043	0	0-0

Ashley Veigelt—Goaltender

Year	GP	Minutes	GA	Avg.	Saves	Pct.	W-L-T	Sho.
2003	12-4	542:37	8	1.33	34	.810	4-2-0	0
2004	17-17	1530:00	25	1.47	124	.832	8-8-1	8
Totals	29-21	2072:37	33		158		12-10-1	8

All-time records**Individual****Most goals**

Game—5, Lynette Woodrow at Mt. Mercy, Oct. 10, 2002

Freshman season—17, Tori Rittman, 2004

Season

- 21, Heather Allbee, 1998
- 19, Allison Cupples, 2000
- 17, Victoria Rittman, 2004
- 13, Heather Albee, 1996
- 12, Lynette Woodrow, 2002

Career

- 44, Heather Allbee, 1995-98
- 28, Allison Cupples, 1998-2000
- 25, Leah Klassen, 1998-2001
- 23, Shelli Ahmad, 1998-2001
- 23, Amy Stewart, 1999-2001

Fastest goal—0:39, Heather Albee vs. Simpson, Sept. 18, 1996

Fastest goal allowed—0:34, Lindsay Clark, Simpson, Oct. 18, 2003

Most consecutive games scoring streak

Goals—4, Lynette Woodrow, Oct. 2-12, 2002

Most points

Game—10, tie, Heather Allbee, vs. Iowa Wesleyan, Sept. 7, 1998; Lynette Woodrow vs. Mt. Mercy, Oct. 10, 2002

Season—51, Heather Allbee, 1996

Career—101, Heather Allbee, 1995-98

Most shots

Game—14, Lynette Woodrow vs. Upper Iowa, Sept. 11, 2002

Season—78, Tori Rittman, 2004

Career—174, Heather Allbee, 1995-98

Most assists

Game—3, Shannon Curley vs. Simpson, Sept. 18, 1996

Season—9, Heather Allbee, 1998

Career—13, Heather Allbee, 1995-98

Most saves

Game—16, Kate Piphon vs. Simpson, Oct. 31, 2002

Season—176, Amanda Jonckheere, 1996

Career—349, Amanda Jonckheere, 1995-98

Fewest goals allowed per game

Season (min. 1200 minutes)—1.47 (25 goals-1520 minutes), Ashley Veigelt, 2004

Career (min. 1800 minutes)—1.43 (32 goals-2072 minutes), Ashley Veigelt, 2003-

Most shutouts

Season—8, Ashley Veigelt, 2004

Career—8, Ashley Veigelt, 2004

Most games played

Career—71, Leah Klassen, 1998-2001

Career, goalie—59, Kate Piphon, 2000-2003

Team

Most victories, season—12, 1999

Most consecutive victories—3, tie, Sept. 29-Oct. 6, 2004; Sept. 16-21, 1999; Oct. 19-27, 1999

Highest winning percentage, season—.600 (12-8), 1999

Most goals, game—11, vs. Upper Iowa, Oct. 7, 1998

Most goals, season—52, 1998

Most goals allowed, game—11, vs. St. Thomas, Sept. 15, 2001

Most goals allowed, season—51, 2001

Fewest goals allowed, season—25, 2004

Fewest goals allowed per game, season—1.47 (25 goals-17 games), 2004

Most shots, game—47, tie, vs. Buena Vista, Oct. 22, 2002; vs. North Central (Minn.), Oct. 12, 2004

Most shots, season—305, (15.25 per game), 1999

Most shots per game, season—15.8, 2004

Fewest shots allowed, game—0, vs. Upper Iowa, Oct. 29, 2003

Fewest shots allowed, season—258, (14.3 per game), 2000

Fewest shots allowed per game, season—13.4, 1998

Most assists, game—7, vs. Upper Iowa, Oct. 7, 1998

Most assists, season—40, 1998

Most points, season—144, 1998

Most saves, game—16, vs. Simpson, Oct. 31, 2002

Most saves, season—169, 1997

Largest shot margin, game—46, tie, (47-1) vs. Buena Vista, Oct. 22, 2002; (46-0) vs. Upper Iowa, Oct. 29, 2003

Largest shot margin, season—43 (301-258), 2000

Most consecutive shutouts—3, Sept. 29-Oct. 6, 2004

Most shutouts, season—8, 2004

Most corner kicks, game—15, vs. North Central (Minn.), Oct. 12, 2004

Most corner kicks, season—91, 1998

Most corner kicks per game, season—5.72, 2000

Most fouls, game—22, vs. Upper Iowa, Sept. 20, 1997

Most fouls, season—135, 2003

Iowa Conference women's soccer player of the week

Oct. 4-Tori Rittman

Central's 2004 all-Iowa Conference selections

First team-MF-Jami Wheelock, GK-Ashley Weigelt

Central's 2004 academic all-Iowa Conference selections

Jami Wheelock

Alisa Scarrow

CoSIDA Academic All-District selection

Jamie Wheelock-history/international studies major

2004 team awards

Most Valuable Player—Brenda Pavelka

Hustle Award—Jami Wheelock

Most Improved Player Award—Rose Feldman

Coach's Award—Jami Wheelock

2004 captains—Myra Applegate, Jami Wheelock

2005 captains—Myra Applegate, Ashley Veigelt

All-time scores

1995 (3-5)

Teikyo Marycrest L 14-0

Simpson W 4-2

Coe L 6-1

Wartburg L 4-1

Mt. St. Claire L 3-0

Simpson W 3-2

Luther L 7-0

Wartburg W 2-1

1996 (4-8-1)

Teikyo Marycrest L 7-0

Viterbo (Wis.) T 1-1

Graceland L 5-0

Loras L 5-2

Simpson L 4-3 (OT)

Bellevue (Neb.) L 4-1

Simpson L 4-1

William Penn W 9-0

Wartburg W 6-3

Mt. St. Clare W 1-0

Luther L 4-0

William Penn W 6-0

Wartburg L 3-1

1997 (3-10-2)

Simpson L 3-2

Wartburg T 1-1

Coe L 4-1

Clarke L 3-0

Iowa Wesleyan L 2-1

Augustana (Ill.) L 3-2

Graceland L 5-0

Bethel (Minn.) L 2-0

Simpson W 3-2

Luther L 2-0

William Penn W 7-0

Buena Vista W 3-2

Dana (Neb.) T 0-0

Loras L 2-1

Cornell L 2-0

1998 (8-8-1)

Bethel (Minn.)	L	2-0
Iowa Wesleyan	W	9-0
Clarke	L	5-2
Midland Lutheran (Neb.)	W	4-0
Simpson	L	4-2
Dana (Neb.)	L	2-1
Grand View	W	3-0
Cornell	L	5-3
Dordt	L	5-0
Buena Vista	W	5-1
Upper Iowa	W	11-0
Luther	L	5-0
Wartburg	W	5-0
Loras	L	1-0
St. Catherine's (Minn.)	W	5-2
Coe	W	1-0
William Penn	T	0-0

1999 (12-8)

Hamline (Minn.)	L	1-0
Northwestern	W	1-0 (OT)
Dordt	L	5-0
Augustana (Ill.)	L	7-3
Grand View	W	7-0
Bethel (Minn.)	W	4-2
Simpson	W	4-1
North Park (Ill.)	L	2-1
William Penn	W	4-0
Cornell	L	3-0
Upper Iowa	W	8-1
Grinnell	L	5-0
Buena Vista	W	3-0
Wartburg	W	3-2 (OT)
Luther	L	2-1 (OT)
Coe	W	3-2
Loras	W	3-2 (2OT)
Clarke	W	1-0 (2OT)
Luther	L	3-1
Coe	W	1-0

2000 (8-9-1)

Wis.-Oshkosh	L	5-2
North Park (Ill.)	W	4-1
Augustana (Ill.)	T	2-2
Grand View	L	2-0
Clarke	W	5-0
Bethel (Minn.)	W	4-3 (OT)
Bemidji State (Minn.)	L	2-1
Simpson	L	4-3
Buena Vista	W	10-0
William Penn	L	2-0
Cornell	L	3-1
Elmhurst (Ill.)	L	5-2

Upper Iowa	W	4-1
Wartburg	W	3-2
Luther	L	3-1
Coe	W	5-2
Loras	W	3-2
William Penn	L	2-0

2001 (4-13)

St. Benedict (Minn.)	L	4-0
Upper Iowa	W	5-1
North Park (Ill.)	L	2-1
Elmhurst (Ill.)	L	4-0
Grand View	W	2-0
Bethel (Minn.)	L	4-2
St. Thomas (Minn.)	L	11-0
Simpson	L	1-0
Augustana (Ill.)	L	1-0
Coe	L	2-1
Loras	L	3-2
Grinnell	L	5-1
Dubuque	W	7-0
Wartburg	L	3-0
Cornell	L	5-1
Buena Vista	W	5-0
Luther	L	9-0

2002 (5-12)

Concordia-St. Paul (Minn.)	L	3-1
Augsburg (Minn.)	L	1-0
Dominican (Ill.)	L	2-1
Upper Iowa	W	6-0
Illinois College	W	1-0
Grinnell	L	8-0
Nebraska Wesleyan	W	2-1
Grand View	L	4-0
Coe	L	5-1
Loras	L	9-1
Mt. Mercy	W	6-0
Dubuque	L	2-1
Wartburg	L	3-1
Cornell	L	4-0
Buena Vista	W	6-0
Luther	L	4-0
Simpson	L	6-0

2003 (7-9)

Augsburg (Minn.)	L	2-0
Wisconsin Lutheran	W	2-1
Nebraska Wesleyan	L	3-0
Graceland	L	8-0
Illinois College	W	4-0
Mt. Mercy	W	5-1
Grand View	L	2-1

Luther	L	6-0
Loras	L	3-0
Buena Vista	W	3-0
Wartburg	L	2-0
Dubuque	L	5-3
Simpson	L	6-1
Coe	W	1-0 (OT)
Upper Iowa	W	7-0
Cornell	W	2-1 (2OT)

2004 (8-8-1)

Benedictine College (Ill.)	W	1-0
Nebraska Wesleyan	L	3-0
Concordia (Neb.)	L	4-1

Fontbonne (Mo.)	T	1-1
Iowa Wesleyan	W	5-0
Waldorf	W	2-0
Dubuque	L	2-0
Crown College (Minn.)	W	6-0
Coe	W	2-0
Buena Vista	W	2-0
Simpson	L	3-1
North Central (Ill.)	W	8-0
Luther	L	1-0
Wartburg	L	2-0
Cornell	W	2-0
Loras	L	4-0
Wartburg	L	5-1

All-time series records

Augsburg (Minn.)	0-2
Augustana (Ill.)	0-2-1
Bellevue (Neb.)	0-1
Bemidji State (Minn.)	1-0
Benedictine (Ill.)	1-0
Bethel (Minn.)	2-2
Buena Vista	7-0
Clarke	2-2
Coe	6-3
Concordia (Neb.)	0-1
Concordia St.-Paul (Minn.)	0-1
Cornell	2-5
Crown College (Minn.)	1-0
Dana (Neb.)	0-1-1
Dominican (Ill.)	0-1
Dordt	0-2
Dubuque	0-3
Elmhurst (Ill.)	0-1
Fontbonne (Mo.)	0-0-1
Graceland	0-3
Grand View	1-3
Grinnell	0-2
Hamline (Minn.)	0-1
Illinois College	2-0
Iowa Wesleyan	2-1
Loras	2-6
Luther	0-10
Midland Lutheran (Neb.)	1-0
Mt. Mercy	2-0
Mt. St. Claire	1-1
Nebraska Wesleyan	1-2

North Central (Ill.)	1-0
North Park (Ill.)	1-1
Northwestern	1-0
Simpson	4-8
St. Catherine's (Minn.)	1-0
Teikyo Marycrest	0-2
Upper Iowa	5-0
Viterbo (Wis.)	0-0-1
Waldorf	1-0
Wartburg	5-6-1
William Penn	5-1-1
Wis.-Oshkosh	0-1
Wis. Lutheran	1-0

2005 preseason roster

Name	Pos.	Yr.	Hometown	High school
***Myra Applegate	B	Sr.	Marshalltown, Iowa	Marshalltown
**Megan Augustin	B	Jr.	Colo, Iowa	Colo-NESCO
*Whitney Barnes	M	So.	Overland Park, Kan.	Olathe East
Terri Carroll	B	Fr.	Greenfield, Iowa	Nodaway Valley
*Hollie Dickinson	M	Jr.	Urbandale, Iowa	Urbandale
Stephanie Ellwanger	F	Fr.	Indianola, Iowa	Indianola
*April Feldman	M	So.	Harlan, Iowa	Harlan
Sarah Frese	M	Fr.	Marshalltown, Iowa	Marshalltown
Megan Jans	G	Fr.	Maxwell, Iowa	Collins-Maxwell
Molly Lehr	M	Fr.	Indianola, Iowa	Indianola
Becca Levetzow	M	Fr.	Kansas City, Mo.	Park Hill
Jenny Lindloff	B	Fr.	Delevan, Wis.	Delevan Darien
*Victoria Rittman	F	So.	Ankeny, Iowa	Ankeny
**Alisa Scarrow	M	Sr.	Clive, Iowa	WDM Valley
***Tasha Schill	M	Sr.	Newton, Kan.	Newton
Erin Sheehan	M	Fr.	Wheaton, Ill.	Wheaton North
Diana Speed	F	Fr.	San Antonio, Texas	Highlands
Amy Vander Kamp	M	Fr.	West Des Moines, Iowa	WDM Valley
**Ashley Veigelt	G	Jr.	Plainfield, Ill.	Plainfield
Jennifer Wolfe	B	Fr.	Kansas City, Mo.	Lincoln Prep

*letters earned

Outlook

While coach Rick Burns speaks with justifiable pride at the accomplishments of a scrappy, overachieving band of Central women's soccer players in 2004, he's nonetheless looking for even better things from a somewhat deeper squad this fall.

Burns has experienced a losing season in just three of his 23 seasons as a collegiate head coach and he avoided adding a blemish to that statistic in his first year at Central last season. The undermanned squad he inherited last season rallied for an 8-8-1 record as he deftly guided the Dutch to an unanticipated trip to the Iowa Conference tournament.

"I don't think many people expected that from a team with only 14 players," he said. "In my 23 years of coaching, that team got more out of the talent it had than any team I've ever coached."

Burns enters his second season with the Dutch with 20 names on his preseason roster and hopes to open training in August with near that number present after losing three players to graduation, including first-team all-Iowa Conference midfielder Jami Wheelock. But the Dutch return first-team all-conference junior goalkeeper Ashley Veigelt and much of their offense, embodied by sophomore forward Victoria Rittman. Rittman had a spectacular rookie season, setting the school freshman scoring record with 17 of Central's 32 goals, just four shy of Heather Allbee's 1998 overall season mark.

"Our sheer number problems are behind us," Burns said. "But how much quality and how much depth we have remains to be seen."

Goalkeeper

Veigelt posted a school-record eight shutouts while averaging 1.47 saves in 17 games. She's serving as a team co-captain along with senior back Myra Applegate. Aside from her obvious skills at defending the net, Veigelt has emerged in off-field capacities as well.

"Ashley was a wonderful leader for us in the spring," Burns said. "She's cajoled and pushed her teammates to lift (weights) and to get together as a group."

Veigelt played all 1530 minutes of last season and Burns doesn't anticipate reducing her workload, but does want to develop some backup help.

Backs

The defense is in capable hands-and feet. Junior Megan Augustin is a two-year letterwinner who started 16 games in 2005. Applegate is also back after being limited to nine games.

Burns is also excited about freshman Amy Vander Kamp, who excelled for a potent Valley High School squad in West Des Moines.

"I expect the defense to be an area of excellence," Burns said. "Megan (Augustin) is one of our strongest players. She's a stalwart in the back. She wins a lot of balls. Myra (Applegate) is also a very strong player.

Midfielders

Senior Alisa Scarrow started all 17 games in the middle, contributing three assists while senior Tasha Schill, junior Hollie Dickinson and sophomores Whitney Barnes and April Feldman were part-time starters.

Scarrow and Schill will provide stability while Burns likes the progress made by the younger players.

"Whitney (Barnes) is very tactical," he said. "I consider her to have the best vision on the team. April (Feldman) worked hard in the off-season and I expect good things from her."

The Dutch should also get a lift from the freshman class. Significant contributions could come from Sarah Frese of Marshalltown, Becca Levetzow of Kansas City, Erin Sheehan of Wheaton, Ill. and transfer Molly Lehr of Indianola.

"The midfield will be a little younger this year," Burns said.

Forwards

As impressive as Rittman's rookie season was, Burns would prefer she not shoulder the entire scoring load.

"Tori will be a marked player," Burns said. "But she already was by later in the season last year. We'll hopefully have a mate for her up front this season."

Yet Rittman will remain a go-to player.

"Tori has good skill and good speed, which are two critical attributes for a scorer," Burns said.

Among the freshmen, Diana Speed possesses not only an apt surname for a forward but probably the strongest high school credentials. She was an all-conference player in San Antonio, Texas. Transfer Stephanie Ellwanger of Indianola, also listed as a freshman, is expected to make an immediate contribution as well.

While Central's depth is improved, Burns said the Dutch will still lack the bench strength he would like, which will again dictate utilizing the same conservative playing style that last year's team executed so masterfully.

"We'll play more low pressure against the better teams, especially if we have seven or eight players not ever coming off the field," he said. "We'll again be a counterattacking team. We'll sit back and defend and hope that with a little pep and speed up front we'll be able to take advantage of opportunities to score on a counterattack."

The team's anticipated improvement could be masked to the untrained eye by a corresponding increase in strength of schedule. The non-conference slate includes a pair of last season's NCAA Division III tournament participants, Carthage (Wis.) and Grinnell. Burns has also increased the schedule from 16 to 18 games.

"What I see as the program moves forward each year is that our record may be similar but the schedule will be tougher," Burns said.

Burns said defending conference champion Luther, Wartburg and Loras rank as the league's elite entering the season, with Simpson and Dubuque perhaps a notch below. Central's surprising sixth-place effort last year will be difficult to improve upon but the Dutch will attempt to do just that.

And as he enters his 24th season as a head coach, Burns remains excited about the potential he sees in the Central program. The college possesses the elements necessary to eventually build a contender, he said.

"I think we have the best facilities in the conference and the best I've seen anywhere in a long time," he said. "It's so nice to be able to tell recruits that we have our own high-quality training field that we don't have to share with the men's team and that we have an outstanding game field.

"We also have a great support network," he said. "It's better than anywhere else I've been."

