



2006 WOMEN'S TENNIS
CENTRAL COLLEGE
PRESSBOOK





Founded –1853
Enrollment – 1,635
Affiliation – Reformed Church in America
President – Dr. David Roe
Membership – Iowa Intercollegiate Athletic Conference, National Collegiate Athletic Association, Division III

Founded in 1853, Central College is a four-year coeducational liberal arts college of the Reformed Church in America. Located 40 miles southeast of Des Moines, Central offers its 1,750 students learning opportunities not only on the Pella campus, but on branch campuses in London and Colchester, England; Merida, Yucatan, Mexico; Leiden, the Netherlands; and Carmarthen, Wales; and at study centers in Granada, Spain; Paris, France; and Vienna, Austria.

Central is a member of the National Collegiate Athletic Association, Division III, and the Iowa Intercollegiate Athletic Conference. Men compete in baseball, football, basketball, tennis, golf, wrestling, soccer, track and cross country while women compete in tennis, golf, track, softball, volleyball, cross country, soccer and basketball. Rugby is offered at the club level.

The Kuyper Athletics Complex

The Kuyper Athletics Complex is located at the corner of Independence Street and West Fifth Street in southwest Pella. The complex includes P.H. Kuyper Gymnasium (1970), H.S. Kuyper Fieldhouse (1987), A.N. Kuyper Field (1977), the baseball and softball fields (1978), Ryerson Golf Driving Range (2002), tennis courts (1992), soccer field (2005) and the Ron Schipper Fitness Center (1999). The complex also includes practice and intramural softball diamonds and football fields. Golf meets are held at the Bos Landen Golf Resort, two miles southwest of the campus on Highway T-15.

Directory

Sports Information Director	Larry Happel
Office	(641) 628-5278
Home	(641) 628-2754
Cell	(641) 780-6118
Fax	(641) 628-5340
E-mail	sportsinfo@central.edu
Central athletics Web page	www.central.edu/athletics



ATHLETICS DEPT. STAFF

Athletics director	Al Dorenkamp
Special assistant to the athletics director	John Edwards
Director of intramurals and special events	Adam Stevens
Assistant dir. of intramurals	Dan Mason
Athletics office manager	Jeffy Schuring
Athletics secretary	Becky Cook
Head athletic trainer	Leslie Duinink
Assistant athletic trainer	Greg Gilmore
Assistant athletic trainer	Chris Viesselman
Athletic training education program director	John Roslien
Strength and conditioning/ Ron Schipper Fitness Center coordinator	Jake Anderson
Building and grounds manager	Randy Shives
Sports information director	Larry Happel

FACULTY ATHLETIC COUNCIL REPRESENTATIVES

Dr. Dennis Doyle, associate professor of communication studies
 Dr. Edmond Willis, professor of psychology
 Dr. Lori Witt, assistant professor of history

COACHING STAFF

Baseball	Adam Stevens
Assistant baseball	Dan Mason
Assistant baseball	Brent Fridley
Basketball--Men's	Mike Boschee
Assistant basketball	Nic Nelson
Assistant basketball	Derek Schulte
Basketball--Women's	Natalie Nacic
Assistant basketball	Jerry Nikkel
Assistant basketball	Bret Grier
Cross country--Men's/women's	Jeff Bovee
Assistant cross country	Stephen Fyfe
Assistant cross country	Guy Mosher
Football	Jeff McMartin
Assistant football	Jeff Bollard—tight ends
Assistant football	Don De Waard—defensive coordinator/linebackers
Assistant football	Reid Evans—offensive line
Assistant football	Eric Jones--defensive line
Assistant football	Matt Paulsen—defensive backs
Assistant football	David Roe—kickers/punters
Assistant football	Jeff Sanger—stingers

Assistant football	Kevin Sanger—receivers
Assistant football	Jerry Southmayd—running backs
Assistant football	Travis Sterling—player development

Golf--Men's

Assistant golf	Charlie Estabrook
Assistant golf	Tom Linton
Assistant golf	Clint Brown

Golf--Women's

Jodee Schaben

Soccer--Men's

Garry Laidlaw
TBA
TBA

Soccer--Women's

Rick Burns
Kathryn Burns
Russell Goodman

Softball

Associate head softball coach
Alicia O'Brien
Steph Anderson

Tennis--Men's/women's

Assistant women's tennis
Rod Braun
Assistant men's tennis
Tait Smock

Track and field--Men's/women's

Associate track and field
Guy Mosher
Assistant track and field
Jeff Bovee
Assistant track and field
Stephen Fyfe
Assistant track and field
Mike Marcinkowski
Assistant track and field
Eric Pingel
Assistant track and field
Jay Rhoten

Volleyball

Assistant volleyball
Kent Clayberg
Assistant volleyball
TBA
Assistant volleyball
Catie Brand
Assistant volleyball
Sunny Eighmy

Wrestling

Assistant wrestling
Eric Reed
Assistant wrestling
Kevin Azinger
Volunteer assistant
Rex Gray
Matt Diehl

HEAD COACH DIRECTORY

(All phone numbers are 641 area code)

Name	Sport	E-mail	Office phone
Boschee, Mike	Men's basketball	boscheem@central.edu	628-5225
Bovee, Jeff	Men's and women's cross country	boveej@central.edu	628-5178
Burns, Rick	Women's soccer	burnsr@central.edu	628-5224
Clayberg, Kent	Volleyball	claybergk@central.edu	628-7605
Dorenkamp, Al	Athletics director	dorenkampa@central.edu	628-5310
Estabrook, Charlie	Men's golf	estabrookc@central.edu	628-7694
Laidlaw, Garry	Men's soccer	laidlawg@central.edu	628-5789
McMartin, Jeff	Football	mcmartinj@central.edu	628-7609
Nakic, Natalie	Women's basketball	nakicn@central.edu	628-7652
Reed, Eric	Wrestling	reede@central.edu	628-5422
Sanger, Kevin	Men's and women's track and field	sangerk@central.edu	628-7603
Schaben, Jodee	Women's golf	schabenj@central.edu	628-5591
Stevens, Adam	Baseball	stevensa@central.edu	628-5396
Stursma, Doug	Men's tennis	stursmad@central.edu	628-5194
Wares, George	Softball	waresg@central.edu	628-5195

Fax numbers

Athletics department (641) 628-5356

Sports information office (641) 628-5340

Women's tennis

2005 schedule

Sept. 2	Coe	Pella	9 a.m.
	Cornell	Pella	2 p.m.
Sept. 6	Grinnell	Pella	4 p.m.
Sept. 9	Wartburg	Waverly	TBA
	Luther	Waverly	TBA
Sept. 12	Simpson	Pella	3:30 p.m.
Sept. 16	St. Ambrose	Pella	9 a.m.
Sept. 20	Graceland	Lamoni	3:30 p.m.
Sept. 22-23	ITA Tournament	Decorah	TBA
Sept. 30	Loras	Storm Lake	Noon
	Buena Vista	Storm Lake	3 p.m.
Oct. 3	Truman State (Mo.)	Pella	9 a.m.
	Upper Iowa	Pella	3:30 p.m.
Oct. 7	Monmouth (Ill.)	Monmouth, Ill.	TBA
	Knox (Ill.)	Monmouth, Ill.	TBA
Oct. 13-14	Iowa Conference tournament	Cedar Rapids	9 a.m.
Oct. 21	Iowa Conference team semifinals/finals	TBA	9 a.m.

WOMEN'S TENNIS QUICK FACTS

2005 dual record: 5-8

Iowa Conference finish: 4th

Starters lost: 1 (No. 4 Becky Steenhoek)

Starters returning: 4 (No. 1 Kristin Kovar, No. 2 Hillary Baehr, No. 3 Katie Moklestad, No. 5 Jennifer Knobbe, No. 6 Whitney Visser)

Letterwinners lost/returning: 1/8

All-Iowa Conference players returning: 2 (Kristin Kovar, Hillary Baehr, Whitney Visser)

Doug Stursma

Head coach

Doug Stursma is in his 14th season as head men's and women's tennis coach at Central, where he has posted a 96-70 dual record in women's matches and a 177-97 men's mark for a combined 273-167 (.620). He was named the Iowa Conference men's coach of the year in 1996, 1999 and 2000, after piloting the Dutch to league championships in those seasons. He earned league coaching honors in women's tennis in 1994 and 2003.

A Pella native, Stursma is a top amateur player. He has been in the Iowa Tennis Association rankings since 1980 and is currently ranked in the men's open division.

For eight seasons Stursma was the boys' tennis coach at Pella Christian High School, guiding the Eagles to the Class 1A state championship in 1994 while finishing second in 1995 and third in 1993.

Rod Braun

Assistant coach

Rod Braun is entering his sixth season as assistant women's tennis coach at Central. Braun, an experienced amateur player, served as the head boys' tennis coach at Pella High School for nine seasons. He also was assistant men's tennis coach at Central for three years. An Oregon native, Braun received his bachelor's degree from Oregon State University and a master's degree from the University of Wis.-Whitewater. He is the executive director of the Christian Opportunity Center in Pella.

2005 season results

Fall

5-8 overall 5-1 conference

Date	Opponent	Location	Result
Sept. 3	Coe	Cedar Rapids	L, 6-3
	Cornell	Mt. Vernon	L, 8-1
Sept. 10	Luther	Cedar Rapids	L, 8-1
	Illinois Wesleyan	Cedar Rapids	L, 8-1
Sept. 13	Simpson	Indianola	W, 6-3
Sept. 17	St. Ambrose	Davenport	W, 7-2
	Quincy (Ill.)	Davenport	W, 8-1
Sept. 24	Wartburg	Pella	W, 9-0
Oct. 1	Graceland	Pella	W, 6-3
Oct. 4	Grinnell	Grinnell	L, 7-2
Oct. 7-8	Iowa Conference individual tourn.	Cedar Rapids	4th place
Oct. 13	Truman State	Kirksville, Mo.	L, 8-1
Oct. 15	*Luther	Pella	L, 5-1
	**Cornell	Pella	L, 5-4

*Iowa Conference team semifinal

**Iowa Conference team third-place final

Fall match results

Coe College 6, Central College 3

Sept. 3 at Cedar Rapids

Singles- Molly Fiala (Coe) def. Kristin Kovar (Cen.) 6-0, 6-0; Rachel Lenoach (Coe) def. Hillary Baehr (Cen.) 6-3, 6-0; Lindsey Driscoll (Coe) def. Katie Moglestad (Cen.) 0-6, 7-5, 10-6; Susan Gilmer (Coe) def. Becky Steenhoek (Cen.) 6-1, 6-2; Whitney Visser (Cen.) def. Kara Klein (Coe) 3-6, 6-2, 10-8; Jennifer Knobbe (Cen.) def. Haley Pins (Coe) 6-1, 6-2.

Doubles competition- Molly Fiala/Rachel Lenoach (Coe) def. Jennifer Knobbe/Kristin Kovar (Cen.) 8-5; Katie Moglestad/Hillary Baehr (Cen.) def. Ashley Hubler/Lindsey Driscoll (Coe) 8-2; Kara Klein/Haley Pins (Coe) def. Shela Cleveland/Maureen Khairallah (Cen.) 9-8.

Cornell College 8, Central College 1

Sept. 3 at Mount Vernon

Singles competition- Marie Schutte (Cor.) def. Kristin Kovar (Cen.) 6-1, 6-2; Pavla Brachova (Cor.) def. Hillary Baehr (Cen.) 6-1, 6-2; Emily Loewen (Cor.) def. Katie Moglestad (Cen.) 7-5, 6-2; Jenna Morris (Cor.) def. Becky Steenhoek (Cen.) 6-2, 4-6, 10-3; Jessica Horn (Cor.) def. Whitney Visser (Cen.) 4-6, 6-4, 10-4; Jennifer Knobbe (Cen.) def. Brittany Roth (Cor.) 5-7, 6-0, 10-6.

Doubles competition- Marie Schutte/Pavla Brachova (Cor.) def. Jennifer Knobbe/Kristin Kovar (Cen.) 8-1; Emily Loewen/Jessica Horn (Cor.) def. Hillary Baehr/Katie Moglestad (Cen.) 9-8 (7-2); Jenna Morris/Brittany Roth (Cor.) def. Shela Cleveland/Maureen Khairallah (Cen.) 9-7.

Luther College 8, Central College 1

Sept. 10 at Cedar Rapids

Singles competition- Kirsten Madsen (Lut.) def. Kristin Kovar (Cen.) 6-3, 6-4; Annalise Conaway (Lut.) def. Katie Moglestad (Cen.) 6-2, 6-0; Tasha Allemang (Lut.) def. Becky Steenhoek (Cen.) 6-0, 6-1; Molly Beyer (Lut.) def. Whitney Visser (Cen.) 6-0, 6-0; Taylor Cochrane (Lut.) def. Jennifer Knobbe (Cen.) 6-4, 6-2; Justine Allen (Lut.) def. Maureen Khairallah (Cen.) 6-4, 7-5.

Doubles competition- Kirsten Madsen/Keeley Houlahan (Lut.) def. Kristin Kovar/Shela Cleveland (Cen.) 8-6; Maureen Khairallah/Jennifer Knobbe (Cen.) def. Tasha Allemang/Annalise Conaway (Lut.) 9-8; Molly Beyer/Amy Christenson (Lut.) def. Katie Moglestad/Whitney Visser (Cen.) 8-5.

Illinois Wesleyan University 8, Central College 1

Sept. 10 at Cedar Rapids

Singles competition- Kristin Kovar (Cen.) def. Lindsey Irwin (IW) 6-4, 3-6, 14-12; Allison Helm (IW) def. Katie Moglestad (Cen.) 6-0, 6-0; Deb Bartell (IW) def. Becky Steenhoek (Cen.) 6-2, 6-3; Sandy Tobik (IW) def. Whitney Visser (Cen.) 3-6, 6-2, 10-5; Sarah Rusch (IW) def. Jennifer Knobbe (Cen.) 6-2, 6-1; Jane Szafraniece (Cen.) def. Maureen Khairallah; (Cen.) 6-4,

7-5.

Doubles competition- Lindsey Irwin/Allison Helm (IW) def. Kristin Kovar/Becky Steenhoek (Cen.) 8-4; Deb Bartell/Kristina Sawyer (IW) def. Maureen Khairallah/Jennifer Knobbe (Cen.) 8-4; Sandy Tobik/Hana Mueller (IW) def. Shela Cleveland/Katie Moglestad (Cen.)8-6

Central College 6, Simpson College 3

Sept. 13 at Indianola

Singles competition- Kristin Kovar (Cen.) def. Martha Davis (Simp.) 6-1, 6-2; Hillary Baehr (Cen.) def. Rachel Morrissey (Simp.) 6-0, 6-4; Becky Steenhoek (Cen.) def. Carrie Brannen (Simp.) 5-7, 6-4, 10-6; Jen Gibson (Simp.) def. Katie Moglestad (Cen.) 0-6, 6-4, 10-6; Emily DeBolt (Simp.) def. Jennifer Knobbe (Cen.) 6-3, 6-4; Whitney Visser (Cen.) def. Jessica Nims (Simp.) 6-4, 7-5.

Doubles competition- Kristin Kovar/Becky Steenhoek (Cen.) def. Rachel Morrissey/Jen Gibson (Simp.) 8-1; Hillary Baehr/Katie Moglestad (Cen.) def. Emily DeBolt/Tracy Schiltz (Simp.) 8-6; Carrie Brannen/Martha Davis (Simp.) def. Maureen Khairallah/Jennifer Knobbe (Cen.) 8-5.

Central College 7, St. Ambrose Univ. 2

Sept.17 at Davenport

Singles competition- Kristin Kovar (Cen.) def. Anne Cox (St. A.) 6-3, 6-2; Hillary Baehr (Cen.) def. Mackenzie Knipp (St. A.) 6-1, 6-3; Katie Moglestad (Cen.) def. Hanna Radosevich (St. A.) 6-3, 6-0; Jessa Kane (St. A.) def. Becky Steenhoek (Cen.) 6-1, 12-6; Whitney Visser (Cen.) def. Natalie Cox (St. A.) 6-1, 6-0; Jennifer Knobbe (Cen.) def. Courtney Meyer (St. A.) 6-1, 6-1.

Doubles competition- Jennifer Knobbe/Kristin Kovar (Cen.) def. Anne Cox/Natalie Cox (St. A.) 8-4; Mackenzie Knipp/Hanna Radosevich (St. A.) def. Hillary Baehr/Katie Moglestad (Cen.) 8-5; Maureen Khairallah/Becky Steenhoek (Cen.) def. Jessa Kane/Courtney Meyer (St. A.) 8-5.

Central College 8, Quincy College (Ill.) 1

Sept. 17, 2005 at Davenport

Singles competition- Kristin Kovar (Cen.) def. Kerry Romani (Q) 6-2, 6-3; Hillary Baehr (Cen.) def. Julia Rodriguez (Q) 6-1, 6-1; Becky Steenhoek (Cen.) def. Jackie Ostermiller (Q) 6-3, 7-5, 10-8; Katie Moglestad (Cen.) def. Kristine Madras (Q) 6-2, 6-3; Jennifer Knobbe (Cen.) def. Sara Harris (Q) 6-0, 6-1; Whitney Visser (Cen.) def. Lindsay Freeman (Q) 6-0, 6-0.

Doubles competition- Kerry Romani/Jackie Ostermiller (Q) def. Kristin Kovar/Shela Cleveland (Cen.) 8-5;Hillary Baehr/Katie Moglestad (Cen.) def. Julia Rodriguez/Sara Harris (Q) 8-1;Maureen Khairallah/Jennifer Knobbe (Cen.) def. Kristine Madras/Lindsay Freeman (Q) 8-1.

Central College 9, Wartburg College 0

Sept. 24 at Pella

Singles competition- Kristin Kovar (Cen.) def. Amanda Barkema (War.) 6-0, 6-3; Hillary Baehr (Cen.) def. Sara Bickford (War.) 6-3, 6-1; Katie Moglestad (Cen.) def. Jodie Pearson (War.) 6-1, 6-0; Becky Steenhoek (Cen.) def. Nicole Erickson (War.) 6-0, 6-1; Whitney Visser (Cen.) def. Lyndsi Clefisch (War.) 6-1, 6-0; Jennifer Knobbe (Cen.) def. Emily Harrison (War.) 6-0, 6-0.

Doubles competition- Jennifer Knobbe/Kristin Kovar (Cen.) def. Amanda Barkema/Jodie Pearson (War.) 9-7; Hillary Baehr/Katie Moglestad (Cen.) def. Sara Bickford/Lyndsi Clefisch (War.) 8-1; Becky Steenhoek/Whitney Visser (Cen.) def. Nicole Erickson/Susie McArdle (War.) 8-1.

2005 Iowa Conference standings

1. Luther
2. Coe
3. Cornell
4. Central
5. Simpson
6. Loras
7. Wartburg
8. Buena Vista
9. Dubuque

Individual season records

Singles

Hillary Baehr	8-5
Maureen Khairallah	1-2
Jennifer Knobbe	8-7
Kristen Kovar	6-8
Katie Moklestad	6-10
Becky Steenhoek	7-9
Whitney Visser	9-6

Doubles, by team

Jennifer Knobbe/Kristen Kovar	4-7
Hilary Baehr/Katie Moklestad	7-7
Shela Cleveland/Maureen Khairallah	0-2
Shela Cleveland/Kristen Kovar	0-2
Maureen Khairallah/Jennifer Knobbe	2-2
Katie Moklestad/Whitney Visser	0-1
Kristen Kovar/Becky Steenhoek	1-1
Shela Cleveland/Katei Moklestad	0-1
Maureen Khairallah/Becky Steenhoek	4-5
Becky Steenhoek/Whitney Visser	1-0
Jennifer Knobbe/Whitney Visser	0-1

Doubles, individual records

Kristin Kovar	5-10
Katie Moklestad	7-9
Jennifer Knobbe	6-10
Maureen Khairallah	2-4
Whitney Visser	1-2
Becky Steenhoek	6-6
Shela Cleveland	0-5
Hillary Baehr	7-7

All-Iowa Conference honorees

Kristen Kovar
Hillary Baehr
Katie Moklestad
Whitney Viassser

2005 team awards

Most Valuable Player Award-Becky Steenhoek
Most Improved Player Award-Maureen Khairallah
Outstanding Sportsmanship Award-Kristin Kovar

Central's Iowa Conference MVPs

1983 - Pam Coon

De Haan team MVPs

1973 - Jane Hyland	1982 - Cindy Woelke	2005 - Kristin Kovar
1974 - Sue Froelich	1983 - Deanna Mosley	
1975 - Lola Vander Leest	1984 - Deanna Mosley	
1976 - Becky Brintnall	1985 - Beth Kelly	
1977 - Barb Hoekstra	1986 - Beth Van Voorhis	
1978 - Ingrid Roth	1995 - Steph Sharp	
1979 - Pam Sagraves	1996 - Angie Klanderman	
1989 - Shannan Mattiace	1997 - Megan Vande Wall	
1990 - Julie Lundeen	1998 - Kathi Beach	
1991 - Kristy Schakel	1999 - Amber Van Wyk	
1992 - Sara Den Adel	2000 - Amber Van Wyk	
1993 - Sara Den Adel	2001 - Amber Van Wyk	
1994 - Holly Whittet	2002 - Emilie Larson	
1980 - Lisa Hagen	2003 - Emilie Larson	
1981 - Jayne Verhoef	2004 - Tracy Van Zante	

Year-by-year records (fall season)

Yr.	Record	Conf. finish	Coach
1974*	9-2		Thelma Goodwin
1974	10-1		Thelma Goodwin
1975	12-7		Thelma Goodwin
1976	9-3		Thelma Goodwin
1977	9-2		Thelma Goodwin
1978	4-6		Thelma Goodwin
1979	6-5		Thelma Goodwin
1980	11-5		Thelma Goodwin
1981	11-6		Thelma Goodwin
1982	10-5	2nd	Thelma Goodwin
1983	9-5	2nd	Jim Graham
1984	8-9	2nd	Jim Graham
1985	4-5	3rd	Jim Graham
1986	11-2	3rd	Jim Graham
1987	10-4	3rd	Jim Graham
1988	13-6	3rd	Jim Graham
1989	9-4	2nd	Jim Graham
1990	9-5	3rd	Jim Graham
1991	7-5	4th	Elizabeth Hadler
1992	11-5	3rd	Elizabeth Hadler
1993	9-6	4th	Doug Stursma
1994	8-5	3rd	Doug Stursma
1995	9-6	4th	Doug Stursma
1996	11-1	3rd	Doug Stursma
1997	6-3	3rd	Doug Stursma
1998	5-7	4th	Doug Stursma
1999	3-8	7th	Doug Stursma
2000	5-7	5th	Doug Stursma
2001	8-2	3rd	Doug Stursma
2002	7-9	6th	Doug Stursma
2003	13-2	2nd	Doug Stursma
2004	7-6	3rd	Doug Stursma
2005	5-8	4th	Doug Stursma

*First season in 1974 was played in the spring
Iowa Conference play did not begin until 1982

2006 preseason roster

Name	Yr.	Hometown	High school
Audrey Andrews	Fr.	Des Moines, Iowa	Southeast Polk
Laura Bade	So.	Boone, Iowa	Boone
*Hillary Baehr	So.	Des Moines, Iowa	Roosevelt
Faith Bliss	Fr.	Ottumwa, Iowa	Ottumwa
Rachel Chambers	Fr.	Rochester, Minn.	Mayo
Shela Cleveland	So.	West Des Moines, Iowa	Valley
Amanda Haley	So.	Corning, Iowa	Corning
**Maureen Khairallah	Sr.	Davenport, Iowa	West
**Jennifer Knobbe	Jr.	Carroll, Iowa	Kuemper Catholic
***Kristin Kovar	Sr.	Clarinda, Iowa	Clarinda
**Katie Moglestad	Jr.	Boone, Iowa	Boone
**Whitney Visser	Jr.	Sioux Falls, S.D.	Lincoln
Summer West	Fr.	West Burlington, Iowa	West Burlington

*letters earned

Outlook

How well some newcomers fill out the lineup will likely determine the Central College women's tennis team's progress in 2006.

Five of last season's top six players are back. The Dutch placed fourth in the Iowa Conference but slipped to an uncharacteristic 5-8 dual meet record, only Central's fifth losing mark in 20 seasons.

But the squad enters 2006 in good shape at the top of the lineup. Senior Kristin Kovar and sophomore Hillary Baehr handled the No. 1 and 2 singles positions last year.

"They should be the top two again unless someone really surprises me," coach Doug Stursma said.

Kovar was an all-Iowa Conference honoree, finishing fourth at No. 1 singles. She boasts a 29-13 career singles record despite having to battle for a 6-8 mark after moving to the No. 1 position last season.

"Kristin's one of the better players in the league," Stursma said.

Baehr was 8-5 and also took all-conference honors, finishing fourth at No. 2 singles.

"Hillary came on strong at the end of last season," Stursma said. "She may come back and push Kristin.

Juniors Katie Moglestad, Jennifer Knobbe and Whitney Visser, who played at Nos. 3, 5 and 6 singles, respectively return. Moglestad was 6-10 after going 9-5 in 2004, Knobbe was 8-7 and Visser was 9-6. Junior Maureen Khairallah, a three-time letterwinner, and sophomore Shela Cleveland are among those contending for the open position. Khairallah was part of the third-place No. 3 doubles team at the league meet, posting a 6-9 mark.

"We definitely have some experienced players coming back," Stursma said.

Newcomers likely to challenge include freshmen Faith Bliss of Ottumwa and Rachel Chambers of Rochester, Minn.

"I think they have some potential to help," Stursma said. "The players in the bottom half of the lineup are all so close that who knows what order they'll be in?"

Stursma views Coe as the conference favorite with Luther in the hunt again. Making a move beyond last year's fourth-place finish won't be easy, he said.

"Hopefully we can sneak up on some teams but it will be a real challenge," he said.

"But I feel like our team can be just as strong as last year. We have a little more experience and I'm hoping a couple of the freshmen might make us a little stronger at the bottom of the lineup."

Central College championship history

NCAA Division III national team championships

1974 Football	1993 Women's basketball	2003 Softball
1981 Women's cross country	Softball	
1982 Women's track and field	1998 Volleyball	
1988 Softball	1999 Volleyball	
1991 Softball	2000 Volleyball	

NCAA Division III national individual championships

1982

Lisa Broek, Nancy Cisar, Paula Casey, Marcie Thurn
Women's track, 4 x 100 meter relay

Marcie Thurn
Women's track, long jump

1983

Lisa Broek, Nancy Cisar, Marti Haan, Marcie Thurn
Women's track, 4 x 100 meter relay

1984

Nancy Cisar
Women's track, 200 meter dash, 400 meter dash

Lori Sears
Women's track, 400 meter hurdles, long jump

1985

Brian Goldsworthy
Men's golf

1986

Lori Sears
Women's track, 100 meter hurdles

1987

Tim Hackel
Wrestling, 126 pounds

1991

Chad Beck
Wrestling, 126 pounds

Jon McGovern
Wrestling, 167 pounds

1992

Jon McGovern
Wrestling, 167 pounds

1994

Craig Cantrall
Men's track, high jump

1997

Zech Schiebout

Men's track, discus

2000

Nate Koerselman, Adam Hartford, Tommy Tavegia, Chris McCullough
Men's track, 4 x 400 meter relay

2001

Katie Brees
Women's indoor track, long jump
Chris McCullough, Adam Hartford, Tony Brownlee, Tommy Tavegia
Men's track, 4x400 meter relay
Peter Wagner
Men's track, decathlon

2002

Chris McCullough, Matt McCombs, Peter Wagner, Tony Brownlee
Men's track, 4 x 400 meter relay

2003

Peter Wagner
Men's track, decathlon

2004

Raegan Schultz
Women's track, heptathlon

2005

Cale Van Genderen
Men's indoor track, high jump; men's outdoor track, high jump

NCAA Division III players of the year

1985	1998	2000	2003
Brian Goldsworthy	Abbie Brown	Donell Hotze	Libby Hysell
Men's golf	Volleyball	Softball	Softball
1995	1999	Candace Wilson	
Emilie Hanson	Abbie Brown	Volleyball	
Women's basketball	Volleyball		

Honda Division III Collegiate Woman Athlete of the Year

2003 - Libby Hysell

NCAA Division III national statistical championships

Individual

Baseball

1994 - Most doubles, 18, Chris Johnson
2005 - Hit by pitch, 0.56 per game, Shea Stamp

Women's basketball

1993-94 - Highest scoring average, 29.6, Emilie Hanson
1994-95 - Highest scoring average, 27.8, Emilie Hanson

Football

1977 - Most yards rushing, 147.7 per game, Don Taylor
1988 - Highest passing efficiency rating, 152.5, Steve Flynn

Softball

1991 - Most victories, 26, Jamie Mahnke
1993 - Lowest ERA, 0.25, Missey Allen
1996 - Lowest ERA, 0.66, Kara Stanley

Women's tennis

Team

Football

1988 - Highest scoring offense, 37.6 points per game, Central

2002 - Net punting

Softball

1987 - Lowest ERA, 0.72, Central

1989 - Lowest ERA, 0.53, Central

1991 - Lowest ERA, 0.79, Central
Most stolen bases, 141, Central

1992 - Most stolen bases, 120, Central

1993 - Highest winning percentage, .950 (38-2), Central

2003 - Lowest ERA, 0.72

Volleyball

1997 - Highest hitting percentage, .328, Central

1999 - Highest winning percentage, 1.000 (41-0), Central

Top 10 national team finishes

1974

Football, first

1979

Women's cross country, fourth

1980

Women's cross country, sixth

1981

Women's track, fourth

Women's cross country, first

Men's golf, ninth

1982

Women's track, first

Men's golf, 10th

1983

Women's golf, third

Men's golf, sixth

Football, final four

Women's track, fourth

1984

Women's track, second

Men's golf, sixth

Football, second

1985

Wrestling, second

Men's golf, fifth

1986

Wrestling, eighth

Women's golf, second

Softball, second

Football, final eight

1987

Wrestling, eighth

Softball, fourth

Men's golf, sixth

Women's golf, third

Football, final four

1988

Women's golf, third

Softball, first

Football, second

1989

Wrestling, fifth

Women's golf, second

Softball, fourth

Football, final eight

1990

Wrestling, seventh

Softball, third

Women's golf, sixth

Football, final four

1991

Wrestling, fourth

Softball, first

Women's golf, fourth

1992

Wrestling, sixth

Football, final eight

1993

Women's basketball, first

Women's golf, fifth

Softball, first

1994

Softball, third

Men's track, seventh

1995

Men's golf, sixth

Softball, third

1996

Men's golf, 10th

1997

Softball, tie, fifth

Men's golf, seventh

Volleyball, third

1998

Volleyball, first

1999

Volleyball, first

2000

Men's track and field, third

Volleyball, first

Football, final eight

2001

Men's track and field, sixth

Softball, second

2002

Men's track and field, seventh

Men's golf, ninth

2003

Softball, first

2004

Men's golf, tie, ninth

Iowa Conference titles

- 1930 - Basketball
- 1931 - Basketball
- 1932 - Basketball
- 1936 - Basketball
- 1939 - Football (tie with Upper Iowa)
- 1945 - Football
- 1946 - Football (tie with Upper Iowa)
- 1947 - Baseball
- 1948 - Baseball
- 1956 - Football
- 1958 - Basketball (tie with Upper Iowa)
- 1964 - Football (tie with Upper Iowa)
- 1965 - Football
- 1966 - Football
- 1967 - Football
- 1969 - Men's golf (tie with William Penn)
- 1970 - Men's tennis (tie with Luther)
- 1971 - Men's basketball (tie with Wartburg, William Penn)
- 1974 - Football
- 1975 - Baseball
- 1976 - Men's golf
- 1977 - Men's basketball
 - Football
 - Men's golf
 - Men's tennis
- 1978 - Men's basketball
 - Football (tie with Buena Vista, Dubuque, Luther)

- 1979 - Men's basketball
 - Men's tennis
 - Men's track and field
- 1980 - Men's basketball
 - Men's tennis
- 1981 - Men's golf
 - Men's tennis
 - Football
- 1982 - Men's golf
 - Men's tennis
 - Women's golf
 - Women's cross country
- 1983 - Women's basketball (tie with William Penn)
 - Men's golf
 - Men's tennis
 - Women's track and field
- 1984 - Wrestling
 - Men's tennis
 - Men's golf
 - Women's track and field
 - Women's golf
 - Volleyball (tie with William Penn)
- 1985 - Wrestling
 - Men's basketball
 - Women's basketball (tie with Buena Vista, Simpson, William Penn)
 - Men's golf

- Men's tennis
- Women's track and field
- Football
- 1986 - Women's cross country
- Women's golf
- Men's golf
- Men's tennis
- Softball
- Women's track and field
- Women's golf
- Volleyball
- Football
- 1987 - Men's golf
 - Men's tennis
 - Women's track and field
 - Women's golf
 - Football
- 1988 - Men's golf
 - Volleyball
 - Women's golf
- 1989 - Wrestling
 - Men's golf
 - Football
 - Women's golf
- 1990 - Softball
 - Men's golf
 - Women's golf
 - Football
- 1991 - Men's basketball (tie with Wartburg)
 - Men's golf
 - Men's track and field
 - Softball
- 1992 - Wrestling
 - Men's basketball (tie with Simpson)
 - Men's track and field
 - Men's golf
 - Football
- 1993 - Women's basketball
 - Men's track and field
 - Men's golf
 - Softball
 - Volleyball
- 1994 - Men's basketball
 - Women's basketball
 - Men's track and field
 - Men's golf
 - Football
- 1995 - Men's basketball (tie with Simpson)
 - Women's basketball (tie with Buena Vista, Luther)
- 1996 - Softball (tie with Buena Vista)
 - Men's golf
 - Men's tennis
 - Volleyball
- 1997 - Men's track and field
 - Volleyball

1998 - Women's basketball (tie with Luther, Simpson)
 Men's track and field
 Men's golf
 Football
 Volleyball

1999 - Men's golf
 Volleyball

2000 - Softball (tie with Coe,Simpson)
 Men's tennis
 Men's track and field
 Football
 Volleyball

2001 - Men's golf
 Men's track and field
 Football
 Volleyball

2002 - Men's golf
 Softball
 Football (tie with Coe, Wartburg)
 Volleyball (tie with Wartburg)

2003 - Men's golf
 Softball
 Volleyball

2004 - Men's track and field
 Softball
 Volleyball

2005 - Football (tie with Coe)
 Volleyball

2006 - Baseball (tie with Simpson)

Iowa Conference all-sports titles

Men

1977	1985	1992
1979	1987	1993
1980	1988	1994
1981	1990	1995
1982	1991	

Women

1983	1990
1984	1994 (tie)
1985	2001
1986	2004
1987	

ESPN The Magazine Academic All-Americans

1979

Chris Adkins, football
 Brent Aufdembrink, football

1983

Denise Boll, women's basketball
 Lisa Broek, women's track
 Tony Carey, men's golf

1984

Denise Boll, women's basketball

1985

Sue Poppens, women's basketball
 Brian Goldsworthy, men's golf
 Todd Sutphen, baseball
 Scott Lindell, football
 Neil Gray, football

1986

Scott Lindell, football

1987

Beth Van Voorhis, women's tennis

1988

Shannan Mattiace, women's tennis
 Rick Perry, football
 Gregg Gustafson, football

Dallas Bogner, men's tennis

1989

Rick Hassman, baseball
 Shannan Mattiace, women's tennis

1990

Matt Melvin, men's basketball
 Shannan Mattiace, women's tennis

1991

Rich Kacmarynski, football

1992

Nate Hart, men's basketball
 Heather Reedy, softball
 Chris Hulleman, football

1993

Blake Jessen, basketball
 Heather Reedy, softball
 Mindi Remsburg, softball
 Jayna Blom, women's track

1994

*Emilie Hanson, women's basketball
 Jason Sanders, football

1995

*Emilie Hanson, women's basketball
 Matt Bandstra, football

1996

Ryan Murphy, men's tennis

1997

Ryan Murphy, men's tennis

1998

Jason Darling, baseball

2000

Angie Nielsen, volleyball

2004

Raegan Schultz, women's track
 Jamie Stark, volleyball

2005

Adam Duerfeldt, baseball
 Jason Ford, men's tennis

2006

*Adam Duerfeldt, baseball
 Nick Cochrane, men's tennis
 Bryan George, men's track and field

*Academic All-America player of the year

All-America Scholars Golf Team

1984 Brian Goldsworthy	1990 Jeff Woods	2000 Shannon Hoekstra
1985 Brian Goldsworthy	1991 Mark Smith	2001 Courtney Brooks Roger Dortch Jon Hietbrink Tim White
1986 Bill Spurbeck Kim Doyle	1992 * Bill Conger Brent Peterson	2002 Jon Hietbrink Tim White
1987 Bill Spurbeck Joe Jaspers Brent Peterson	1993 * Bill Conger Chad Hoekstra	2004 Patrick McElyea Nick Grossman Kyle Matzen
1988 Joe Jaspers Pat Jackson Steve Kimball	1994 * Jason Brown	2005 Nick Grossman
1989 Jeff Woods Steve Rheinschmidt	1997 Brad Dutler	
	1998 Chris Huston Justin Schulte	

*True-Temper Scholarship winner

ITCA Scholar-Athlete Tennis Team

1984 Dan Lazenby	1986 Ahi Afridi Alan Brown	1987 Alan Brown Ahi Afridi Eric Ellefson	1988 Dallas Bogner Chuck Ray
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Scholastic All-American Wrestling Team

1988 Chris Hoffman	1992 Lynn Silver Brad Kreiner	2001 Jeremy Hendricks
1989 Chris Hoffman Shaun Van Vark	1996 Brent Dunlap	2005 Peter Howard

USTCA All-Academic Track and Field team

1994 Craig Cantrall Andy Goodman Nate Smith	2001 Tony Brownlee Katie Button Jenn Hansen Lucas Nims	2002 Tony Brownlee Katie Button Abby Gonzales Jenn Hansen	2003 Matt Jens Matt McCombs Lindsay Schultz Raegan Schultz	2003 Jenn Hansen Lindsay Schultz Raegan Schultz Cale Van Genderen Tanner Whipple
2006 Alex Costigan Chelsey Keller Alicia Whisner Ben Bollard Bryan George				

NCAA postgraduate scholarship winners

- 1970** - Vern Den Herder, football
- 1973** - Dana Snoap, men's basketball
- 1980** - Jeff Verhoef, men's basketball
- 1982** - Cam Ratering, women's cross country, track
- 1983** - Lisa Broek, women's track
- 1986** - Scott Lindell, football
- 1988** - Rick Perry, football
- 1989** - Chris Hoffman, wrestling
- 1991** - Rich Kacmarynski, football

NCAA Iowa Woman of the Year

- 1995** - Emilie Hanson, women's basketball
- 2001** - Candace Wilson, volleyball
- 2002** - Angie Nielsen, volleyball
- 2004** - Raegan Schultz, women's track and field, volleyball

College Football Hall of Fame

South Bend, Ind.

- 1996** - Vern Den Herder, defensive end, 1967-70
- 2000** - Ron Schipper, coach, 1961-96

All-Americans

- 1960** - John Carle, men's basketball

- 1966** - Dennis Descoteau, football

- 1967** - Doug Van Boven, football

- 1969** - Vern Den Herder, football

- 1970** - Vern Den Herder, football
John Edwards, football

- 1973** - Gerald Piester, men's track

- 1974** - Terry Youngblood, men's track
Al Dorenkamp, football

- 1977** - Don Taylor, football

- 1978** - Jason Locke, men's track
Don Keller, men's track

- 1979** - Jerry Fitzsimmons, men's cross country
Cam Ratering, women's cross country

- 1980** - Jeff Verhoef, men's basketball
Cam Ratering, women's cross country

- 1981** - Stacy Bandy, wrestling
Lisa Broek, women's track
Nancy Cisar, women's track
Laurie Haddy, women's track
Carla Huddle, women's track

- 1995** - Emilie Hanson, women's basketball
Rick Sanger, football
- 2001** - Roger Dortch, men's golf
- 2002** - Tony Brownlee, men's track and field
Jon Hietbrink, men's golf
- 2004** - Raegan Schultz, women's track and field
- 2005** - Jamie Stark, volleyball
- 2006** - Nick Cochrane, men's tennis
Adam Duerfeldt, baseball

NCAA Silver Anniversary Award

- 1998** - Harry Smith, football

NCAA Top Eight Award

- 1995** - Emilie Hanson, women's basketball

- Kim Lehman, women's track
- Goldie Nicholson, women's track
- Robin Rasmussen, women's track, women's cross country
- Cam Ratering, women's track, women's cross country
- Marcie Thurn, women's track
- Lori Nolte, women's cross country
- Jan Sedlacek, women's cross country
- Jackie Schwers, women's cross country
- Brad Depke, men's track

- 1982** - Lisa Broek, women's track
Paula Casey, women's track
Nancy Cisar, women's track
Laurie Haddy, women's track
Cam Ratering, women's track
Jackie Schwers, women's track
Marcie Thurn, women's track
Rose Van Egmond, women's track
Kean Richard, men's track

- 1983** - Stacy Bandy, wrestling
Lisa Broek, women's track
Nancy Cisar, women's track
Marti Haan, women's track
Marcie Thurn, women's track
Augie Lugo, men's tennis
Mike Shanahan, men's track

- 1984** - Murray Anderson, wrestling
Bryant Hancock, wrestling

Dale Lawrence, wrestling
Kelly McGovern, wrestling
Nancy Cisar, women's track
Lori Sears, women's track
Kevin Gear, men's track
Joe Martin, men's track
Jerry Quick, men's track
Matt Schulte, men's track
Scott Foehle, football
Rich Thomas, football

1985 - Ed Ergenbright, wrestling
Dale Lawrence, wrestling
Duane Lawrence, wrestling
Scot Storjohann, wrestling
Brian Goldsworthy, men's golf
Rich Thomas, football

1986 - Keving Azinger, wrestling
Tim Hackel, wrestling
Kelly Mc Govern, wrestling
Cindy Messer, softball
Lori Sears, women't track
Joe Jaspers, men's golf
Jeff Blythe, football

1987 - Matt Diehl, wrestling
Tim Hackel, wrestling
Paul Veak, wrestling
Jay McGovern, wrestling
Brad Eggers, wrestling
Laurie Suttin, softball
Kris Thompson, softball
Joe Jaspers, men's golf

1988 - Jim Bruxvoort, men's track
Cindy Kline, women't golf
Pat Jackson, men's golf
Laurie Suttin, softball
Chris Hoffman, wrestling
Mike Stumberg, football

1989 - Chris Hoffman, wrestling
Chad Beck, wrestling
Scot Dierks, wrestling
Brenda Vigness, softball
Jim Bruxvoort, men's track
Kris Reis, football

1990 - Steve Weers, wrestling
Jon McGovern, wrestling
Joe Stutting, wrestling
Jim Bruxvoort, men's track
David Ellingson, men's track
Jeff Wallerich, men's track
Jason Snyder, men's track
Dan Wallace, men's track

Julie Fortin, women's track

1991 - Chad Beck, wrestling
Jon McGovern, wrestling
Jamie Mahnke, softball
Christi Van Werden, softball
Eric Pingel, men's track

1992 - Jon McGovern, wrestling
Bruce Kuennen, wrestling
Joel Marsden, wrestling
Brad Kreiner, wrestling
Emily Grimes, softball
Julie Nelson, softball
Jenny Semler, softball
Eric Pingel, men's track
Craig Cantrall, men's track
Chris Hulleman, football
Bill Mulder, football

1993 - Tracy Wilson, women's basketball
Bruce Kuennen, wrestling
Brian Reece, wrestling
John Guenther, men's golf
Craig Cantrall, men's track
Brian Dunlap, men's track
Les McCracken, men's track
Mike Morris, men's track
Nate Smith, men's track
Dan Zimmerman, men's track
Emily Grimes, softball
Miskey Allen, softball
Jenny Semler, softball
Jeff Helle, football

1994 - Dan Gabrielson, wrestling
Emilie Hanson, women's basketball
Craig Cantrall, men's track
Nate Smith, men's track
Michael Morris, men's track
Brian Dunlap, men's track
Dan Zimmerman, men's track
Les McCracken, men's track
Mark Kacmarynski, football
Rick Sanger, football
Jeff Helle, football
Andy Goodman, men's cross country

1995 - Emilie Hanson, women's basketball
Dan Gabrielson, wrestling
Ryan Erickson, men's track
Brent Ferneau, men's track
Eddie Heim, men's track
Nate Smith, men's track
Kevin Lucken, men's golf
Miskey Allen, softball
Lynette Mullen, softball

- Rick Sanger, football
Matt Bandstra, football
- 1996** - Brent Lawrenson, wrestling
Miskey Allen, softball
Lynette Mullen, softball
Rob Akers, men's golf
Mark Kacmarynski, football
- 1997** - Greg Breeding, wrestling
Darin Fisher, men's golf
Zech Schiebout, men's track
Jay Rhoten, men's track
Kara Stanley, softball
Matt Paulsen, football
Abbie Brown, volleyball
Candace Wilson, volleyball
- 1998** - Jina Bos, women's track
Sean Clarck, men's track
Adam Hartford, men's track
Andrew Paulsen, men's track, football
Nate Koerselman, men's track
Jay Rhoten, men's track
Jon Lindaman, men's track
Abbie Brown, volleyball
Candace Wilson, volleyball
- 1999** - Ryan Cunningham, wrestling
Sean Clark, men's track
Brad Gaskill, men's track
Nate Koerselman, men's track
Jon Lindaman, men's track
Abbie Brown, volleyball
Candace Wilson, volleyball
Angie Nielsen, volleyball
- 2000** - Katie Brees, women's indoor track, women's outdoor track
Sean Clark, men's track
Donell Hotze, softball
Annie Van Wetzling, softball
Adam Hartford, men's track
Nate Koerselman, men's track
Chris McCullough, men's track
Tommy Tavegia, men's track
Marc Vander Velden, men's track
Peter Wagner, men's track
Jeff Sanger, football
Reid Evans, football
Justin Snyder, football
Candace Wilson, volleyball
Angie Nielsen, volleyball
- 2001** - Annie Van Wetzling, softball
Libby Hysell, softball
Katie Brees, women's indoor track, women's outdoor track
- outdoor track
Tony Brownlee, men's indoor track, men's outdoor track
Chris McCullough, men's outdoor track
Tommy Tavegia, men's indoor track, men's outdoor track
Peter Wagner, men's indoor track, men's outdoor track
Angie Nielsen, volleyball
- 2002** - Jeremy Hendricks, wrestling
Molly Parrott, women's basketball, softball
Libby Hysell, softball
Tim White, men's golf
Katie Button, women's indoor track
Abby Gonzales, women's indoor track, women's outdoor track
Lindsay Schultz, women's outdoor track
Reagan Schultz, women's outdoor track
Tony Brownlee, men's indoor track, men's outdoor track
Matt Jens, men's outdoor track
Matt McCombs, men's indoor track, men's outdoor track
Chris McCullough, men's indoor track, men's outdoor track
Peter Wagner, men's indoor track, men's outdoor track
- 2003** - D.J. Cobler, men's indoor track
Matt McCombs, men's indoor track
Peter Wagner, men's indoor track, men's outdoor track
Tanner Whipple, men's indoor track
Cale Van Genderen, men's outdoor track
Jenn Hansen, women's outdoor track
Lindsay Schultz, women's outdoor track
Raegan Schultz, women's outdoor track
Libby Hysell, softball
April Miller, softball
- 2004** - Patrick McElyea, men's golf
Lindsay Schultz, women's outdoor track
Alicia Whisner, women's outdoor track
Tanner Whipple, men's outdoor track
Beth Cunningham, women's cross country
- 2005** - D.J. Cobler, men's outdoor track
Guy Dierikx, men's outdoor track
Justin Koeppel, men's outdoor track
Kevin Pitz, men's outdoor track
Cale Van Genderen, men's indoor track, men's outdoor track
Alicia Whisner, women's outdoor track

2006 - Zac Bailey, men's outdoor track
Ben Bollard, men's indoor track, men's outdoor track
Teddy Clark, men's indoor track
Alex Costigan, women's outdoor track
Guy Dierikx, men's indoor track, men's outdoor track
Bryan George, men's indoor track

Craig Hernandez, men's outdoor track
Justin Koeppel, men's indoor track, men's outdoor track
Kevin Pitz, men's outdoor track
Brian Respeliers, men's indoor track
Alicia Whisner, women's outdoor track
Dana Wilkerson, women's outdoor track
Zach Zellweger, men's indoor track

Successful Farming All-American Farm Team

1995 - Mark Kacmarynski, football

1998 - Jay Rhoten, men's track
Andrew Paul, football

1996 - Stacy Sonnek, softball
Mark Kamarynski, football

1999 - Jina Bos, women's track
Jeff Sanger, football

1977 - Stacy Sonnek, softball
Jay Photen, man' track
Matt Paulsen, football

2000 - Jeff Sanger, football

Iowa Conference MVPs

1969 - Don Ver Meer, men's golf

1984 - Kim Doyle, women's golf
Karen Collentine, volleyball
Augie Lugo, men's tennis
Nancy Cisar, women's track

1970 - Vern Den Herder, football
Bob Parrott, men's tennis

1973 - Steve Paris, wrestling

1985 - Rich Thomas, football
Cindy Kline, women's golf
Ingrid Elvebak, women's cross country
Steve Muller, men's basketball
Jeff Schneekloth, men's tennis
Brian Goldsworthy, men's golf

1974 - Al Dorenkamp, football
Terry Youngblood, men's track

1977 - Don Taylor, football

1978 - Jerry Fitzsimmons, men's cross country
Pat Espinosa, men's tennis

1986 - Ingrid Elvebak, women's cross country
Jo Beth Castleberry, volleyball
Cindy Kline, women's golf
Kelly McGovern, wrestling
Jeff Schneekloth, men's tennis

1979 - Jerry Fitzsimmons, men's cross country, men's track
Jeff Verhoef, men's basketball

1987 - Cindy Kline, women's golf
Bill Spurbeck, men's golf
Laurie Suttan, softball

1980 - Jeff Verhoef, men's basketball

1981 - Bruce Wendt, football
Mark Muysken's, men's cross country
Kevin Luttrell, men's tennis
Ron Peterson, men's golf

1988 - Mike Stumberg, football
Lori Ellwood, women's basketball
Joe Jaspers, men's golf

1982 - Augie Lugo, men's tennis
Ron Peterson, men's golf

1990 - Ron Saak, football
Shari King, women's golf
Pat Jackson, men's golf

1983 - Karen Collentine, volleyball
Pam Coon, women's tennis
Augie Lugo, men's tennis

1991 - Rich Kacmarynski, football
Christi Van Werden, softball

1992 - Jana Daberkow, women's golf
Chad Hoekstra, men's golf
Emily Grimes, softball

1993 - Tracy Wilson, women's basketball
Chad Hoekstra, men's golf
Emily Grimes, softball

1994 - Mark Kacmarynski, football
Andy Goodman, men's track, men's cross country
Nate Smith, men's track
Emilie Hanson, women's basketball
Todd Isley, men's golf

1995 - Emilie Hanson, women's basketball

1996 - Maggie Brown, volleyball

1997 - Jay Rhoten, men's track
Abbie Brown, volleyball

1998 - Jay Rhoten, men's track
Abbie Brown, volleyball

1999 - Wade Van Vark, baseball
Abbie Brown, volleyball

2000 - Chris McCullough, men's track
Jeff Sanger, football
Candace Wilson, volleyball

2001 - Roger Dortch, men's golf
Angie Nielsen, volleyball

2002 - Tim White, men's golf

2003 - Peter Wagner, men's track
Libby Hysell, softball

2004 - Corrie Schmidt, softball
Tanner Whipple, men's track
Jamie Stark, volleyball

2005 - Katie Pederson, volleyball
Vance Schuring, football

2006 - Adam Duerfeldt, baseball

