



2009 WOMEN'S TENNIS

CENTRAL COLLEGE

MEDIA GUIDE





Founded —1853

Enrollment — 1,700

Affiliation — Reformed Church in America

President — Dr. David Roe

Membership — Iowa Intercollegiate Athletic Conference, National Collegiate Athletic Association, Division III

Founded in 1853, Central College is a four-year coeducational liberal arts college of the Reformed Church in America. Located 40 miles southeast of Des Moines, Central offers its 1,700 students learning opportunities not only on the Pella campus, but on branch campuses in London, England; Merida, Mexico; Leiden, the Netherlands; and Bangor, Wales; and at study centers in Granada, Spain; Hangzhou, China; Paris, France; and Vienna, Austria.

Central is a member of the National Collegiate Athletic Association, Division III, and the Iowa Intercollegiate Athletic Conference. Men compete in baseball, football, basketball, tennis, golf, wrestling, soccer, track and cross country while women compete in tennis, golf, track, softball, volleyball, cross country, soccer and basketball. Rugby is offered at the club level.

The A.N. Kuyper Athletics Complex

The A.N. Kuyper Athletics Complex is located at the corner of Independence Street and West Fifth Street in southwest Pella. The complex includes P.H. Kuyper Gymnasium (1970), H.S. Kuyper Fieldhouse (1987), Ron and Joyce Schipper Stadium (1977), the baseball and softball fields (1978), Ryerson Golf Practice Range (2005), tennis courts (1992), soccer field (2005) and the Ron Schipper Fitness Center (1999). The complex also includes practice and intramural softball diamonds and football fields. Golf meets are held at the Bos Landen Golf Club, two miles southwest of the campus on Highway T-15.

Directory

Sports Information Director	Larry Happel
Office	(641) 628-5278
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ATHLETICS DEPARTMENT STAFF

Athletics director Al Dorenkamp
 Special assistant to the athletics director John Edwards
 Director of intramurals Adam Stevens
 Athletics office manager Jeffy Schuring
 Athletics secretary Becky Cook
 Head athletic trainer Leslie Duinink
 Assistant athletic trainer Dustin Briggs
 Assistant athletic trainer Chris Viesselman
 Athletic training education program director John Roslien
 Strength and conditioning/
 Ron Schipper Fitness Center coordinator Jake Anderson
 Assistant strength and conditioning Kyle Johnson
 Athletics and special events supervisor Charlie Estabrook
 Building and grounds manager Randy Shives
 Sports information director Larry Happel

FACULTY ATHLETIC COUNCIL REPRESENTATIVES

Dr. Andrew Green, assistant professor of political science
 Dr. Edmond Willis, professor of psychology
 Dr. Lori Witt, assistant professor of history

COACHING STAFF

Baseball Adam Stevens
 Assistant baseball Brandon Townsend
 Assistant baseball TBA
Basketball - Men's Mike Boschee
 Assistant basketball Joe Steinkamp
 Assistant basketball TBA
Basketball - Women's Jerry Nikkel
 Assistant basketball Andy Campbell
 Assistant basketball Gary Boeyink
Cross country - Men's/women's Joe Dunham
 Associate cross country Stephen Fyfe
 Assistant cross country Bryan George
Football Jeff McMartin
 Assistant football Jeff Bollard--receivers
 Assistant football Dick Bowzer--quarterbacks/receivers
 Assistant football Darrell Brand--kickers/punters
 Assistant football Don De Waard--co-defensive coordinator/linebackers
 Assistant football Reid Evans--offensive line
 Assistant football Eric Jones--tight ends
 Assistant football Matt Paulsen--defensive backs
 Assistant football Zach Pfantz--co-defensive coordinator/defensive line
 Assistant football Jeff Sanger--defensive ends
 Assistant football Austen Scheuler--defensive backs

Assistant football Drew Sikkink--offensive line
 Assistant football Jerry Southmayd--running backs
Golf - Men's Charlie Estabrook
 Assistant golf Tom Linton
 Assistant golf Clint Brown
Golf - Women's Jodee Schaben
Soccer - Men's Garry Laidlaw
 Assistant soccer Kyle Halfpop
 Assistant soccer John Milligan
Soccer - Women's Colin Kuchy
 Assistant soccer Kevin Schalk
Softball George Wares
 Associate softball Alicia O'Brien
 Assistant softball Mary Vande Hoef
 Assistant softball Jake Fisher
Tennis - Men's/women's Steve Tyler
 Assistant tennis Nick Rohner
Track and field - Men's/women's Joe Dunham
 Associate track and field Guy Mosher
 Assistant track and field Stephen Fyfe
 Assistant track and field Bryan George
 Assistant track and field Eric Pingel
 Assistant track and field Scott Tjeerdsma
 Assistant track and field Allan Walz
Volleyball Kent Clayberg
 Assistant volleyball Cindy Nikkel
 Assistant volleyball Rhea Softley
 Assistant volleyball Traci Dyer
Wrestling Eric Van Kley
 Assistant wrestling Jason Zastrow
 Assistant wrestling Matt Diehl

HEAD COACH DIRECTORY

(All phone numbers are 641 area code)

Name	Sport	E-mail	Office phone
Boschee, Mike	Men's basketball	boscheem@central.edu	628-5225
Kuchy, Colin	Women's soccer	kuchyc@central.edu	628-5224
Clayberg, Kent	Volleyball	claybergk@central.edu	628-7605
Dorenkamp, Al	Athletics director	dorenkampa@central.edu	628-5310
Dunham, Joe	Men's and women's track and field, men's and women's cross country	dunhamj@central.edu	628-7603
Estabrook, Charlie	Men's golf	estabrookc@central.edu	628-7694
Laidlaw, Garry	Men's soccer	laidlawg@central.edu	628-5789
McMartin, Jeff	Football	mcmartinj@central.edu	628-7609
Tyler, Steve	Men's and women's tennis	tylers@central.edu	628-5194
Nikkel, Jerry	Women's basketball	nikkelj@central.edu	628-7652
Stevens, Adam	Baseball	stevensa@central.edu	628-5396
Van Kley, Eric	Wrestling	vankleye@central.edu	628-5422
Wares, George	Softball	waresg@central.edu	628-5195
Schaben, Jodee	Women's golf	schabenj@central.edu	628-5591

Fax numbers

Athletics department (641) 628-5356
Sports information office (641) 628-5340

Women's tennis

2009 schedule

Date	Opponent	Location	Time
Sept. 1	Cornell	Mount Vernon	3:30 p.m.
Sept. 2	Coe	Cedar Rapids	3:30 p.m.
Sept. 7	Graceland	Pella	3:30 p.m.
Sept. 8	Wartburg	Pella	3:30 p.m.
Sept. 12	Dubuque	Dubuque	10 a.m.
Sept. 12	Loras	Dubuque	2 p.m.
Sept. 15	Simpson	Pella	3:30 p.m.
Sept. 16	Truman State (Mo.)	Pella	3:30 p.m.
Sept. 18	William Jewell (Mo.)	Pella	3:30 p.m.
Sept. 19	St. Ambrose	Pella	1 p.m.
Sept. 23	Buena Vista	Fort Dodge	TBA
Sept. 25-26	ITA Division III	St. Peter, Minn.	8 a.m.
Oct. 3	Augustana (Ill.)	Decorah	9 a.m.
	Luther	Decorah	noon
Oct. 7	Grinnell	Pella	4 p.m.
Oct. 9-10	Iowa Conference tourn.	Dubuque	4 p.m./9 a.m.
Oct. 16-17	Iowa Conference individual tourn.	Dubuque	8:30 a.m.

WOMEN'S TENNIS QUICK FACTS

2008 dual record: 10-8-1

Iowa Conference finish: 3rd

Starters lost: 2 (No. 1 Hilary Baehr, No. 5 Katie Williamson)

Starters returning: 4 (No. 2 Faith Bliss, No. 3 Kayla Donner, No. 4 Stephanie Gibbons, No. 6 Emily Swartz)

Letterwinners lost/returning: 3/5

All-Iowa Conference players returning: 3 (Faith Bliss, doubles; Kayla Donner, doubles; Stephanie Gibbons, doubles)

Steve Tyler

Head coach

Veteran instructor and player Steve Tyler is in his first season as head coach of the Central College women's tennis program and is heading into his second year at the helm of the men's tennis squad.

Tyler guided the Dutch men to a 13-10 record and a third-place Iowa Conference finish in his inaugural season in the spring.

A Fort Dodge, Iowa native, Tyler has more than 30 years experience as a coach and amateur player. He was the head girls' tennis coach at Central High School in Grand Junction, Colo. from 2005-08 and was head boys' tennis coach in 2008 as well. Tyler was an assistant coach at Mesa State College (Colo.) from 2001-03.

At Central High School Tyler took over a girls' program with 14 players in 2005 and in three seasons built it into a squad with 40 competitors. Central High School had four Class 5A state tournament qualifiers in 2008, a first for the school.

Tyler competed as a walk-on at the Univ. of Iowa, where graduated with honors in 1974. He earned a master's degree at the Univ. of Northern Colorado.

A United States Professional Tennis Association certified teaching professional, Tyler remains an accomplished player. He has won numerous honors competing in sectional and national tournaments, including a runner-up finish in the Inter-Mountain Sectional Men's 50 tourney in 2004. Tyler has also frequently competed successfully in father-son and father-daughter tournaments, attaining the No. 1 ranking in Colorado father-daughter teams. His son Matt is an assistant tennis coach at Colgate Univ. while daughter Hilary is an assistant at St. Lawrence Univ. after a stellar playing career at Colorado State Univ.

Nick Rohner

Assistant coach

Nick Rohner is in his second season as assistant women's and men's tennis coach at Central.

Rohner, a 2008 Central graduate, was a two-time letterwinner on the Dutch men's tennis squad. He posted a 25-21 career singles mark, including a 14-10 record in 2008, advancing to the Flight B finals in both singles and doubles at the Iowa Conference tournament.

A Wichita, Kan. native, Rohner attended Kapaun Mount Carmel High School. He was involved in Campus Ministries activities at Central, participating in work projects in Reynosa, Mexico and St. Louis, Mo. as well as in Katrina relief projects in Louisiana and Mississippi.

2008 season results

10-8-1 dual record

Date	Opponent	Location	Result
Aug. 30	Coe	Pella	L, 9-0
	Cornell	Pella	L, 5-4
Sept. 6	Wartburg	Waverly	W, 7-2
	St. Benedict (Minn.)	Waverly	L, 9-0
Sept. 9	Simpson	Pella	W, 5-4
Sept. 13	Dubuque	Pella	W, 7-2
	Loras	Pella	W, 9-0
Sept. 16	Graceland	Lamoni	L, 7-2
Sept. 17	Stephens (Mo.)	Kirksville, Mo.	W, 9-0
	Truman State (Mo.)	Kirksville, Mo.	L, 9-0
Sept. 20	William Jewell (Mo.)	Pella	W, 5-4
Sept. 22	St. Ambrose	Davenport	T, 4-4
Sept. 24	Buena Vista	Fort Dodge	W, 7-2
Oct. 1	Grinnell	Grinnell	L, 8-1
Oct. 4	Luther	Decorah	L, 6-3
	Wis.-River Falls	Decorah	W, 6-3
Oct. 10	+Simpson	Iowa City	W, 6-2
Oct. 11	+Coe	Iowa City	L, 5-0
	+Cornell	Iowa City	W, 5-3

+Iowa Conference team tournament match

2008 individual results

Aug. 30

at Pella, Iowa

Coe 9, Central 0

Singles--Molly Fiala (Coe) def. Hilary Baehr (Cen) 6-0, 6-2; Hannah Jensen (Coe) def. Faith Bliss (Cen) 6-0, 6-2; Andrea Schubach (Coe) def. Kayla Donner (Cen) 6-0, 6-1; Hillary Allen (Coe) def. Emily Swartz (Cen) 6-0, 6-0; Katy Delagardelle (Coe) def. Stephanie Gibbons (Cen) 7-5, 6-1; Susan Gilmer (Coe) def. Laura Bade (Cen) 7-6 (0-2), 6-0.

Doubles--Molly Fiala/Andrea Schubach (Coe) def. Faith Bliss/Kayla Donner (Cen) 8-4; Hillary Allen/Megan Fiala (Coe) def. Hilary Baehr/Stephanie Gibbons (Cen) 8-3; Hannah Jensen/Katy Delagardelle (Coe) def. Emily Swartz/Laura Bade (Cen) 8-2.

Aug. 30

at Pella, Iowa

Cornell 5, Central 4

Singles--Pavla Brachova (Cor) def. Hilary Baehr (Cen) 6-2, 7-6 (0-3); Faith Bliss (Cen) def. Kirsten Lasley (Cor) 6-3, 6-0; Caryl Abeyta (Cor) def. Kayla Donner (Cen) 7-5, 6-3; Kendall Bielinski (Cor) def. Emily Swartz (Cen) 4-6, 6-4, 10-7; Stephanie Gibbons (Cen) def. Annabelle Milliken (Cor) 6-0, 6-3; Emily Selindh (Cor) def. Laura Bade (Cen) 7-6 (0-2), 6-4.

Doubles--Pavla Brachova/Kirsten Lasley (Cor) def. Faith Bliss/Kayla Donner (Cen) 8-4; Hilary Baehr/Stephanie Gibbons (Cen) def. Caryl Abeyta/Annabelle Milliken (Cor) 8-3; Emily Swartz/Brigitte Newman (Cen) def. Kendall Bielinski/Emily Selindh (Cor) 8-3.

Sept. 6**at Waverly, Iowa****Central 7, Wartburg 2**

Singles--Molly Eslick (W) def. Hilary Baehr (C) 6-2, 6-3; Faith Bliss (C) def. Emily Heying (W) 6-0, 6-4; Leanna Jenkins (W) def. Kayla Donner (C) 1-6, 6-4, 10-7; Stephanie Gibbons (C) def. Natalie Branstad (W) 6-0, 6-3; Katie Williamson (C) def. Kayley Grant (W) 6-2, 7-5; Emily Swartz (C) def. Shannon Boock (W) 6-0, 6-2.

Doubles--Faith Bliss/Kayla Donner (C) def. Molly Eslick/Leanna Jenkins (W) 8-2; Hilary Baehr/Stephanie Gibbons (C) def. Emily Heying/Kayley Grant (W) 8-5; Katie Williamson/Emily Swartz (C) def. Natalie Branstad/Shannon Boock (W) 8-1.

Sept. 6**at Waverly, Iowa****St. Benedict (Minn.) 9, Central 0**

Singles--Dana VanBruggen (SB) def. Hilary Baehr (C) 6-0, 6-0; Kylie Huether (SB) def. Faith Bliss (C) 6-2, 6-3; Lauren Jones (SB) def. Kayla Donner (C) 6-1, 6-2; Rachel Tiegs (SB) def. Stephanie Gibbons (C) 6-0, 6-2; Christine Long (SB) def. Katie Williamson (C) 6-1, 6-1; Elissa Husby (SB) def. Emily Swartz (C) 6-0, 7-5.

Doubles--Dana VanBruggen/Rachel Tiegs (SB) def. Faith Bliss/Kayla Donner (C) 8-3; Christine Long/Lauren Jones (SB) def. Hilary Baehr/Stephanie Gibbons (C) 8-5; Kylie Huether/Sarah Rossman (SB) def. Katie Williamson/Emily Swartz (C) 8-6.

Sept. 9**at Pella, Iowa****Central 5, Simpson 4**

Singles--Hilary Baehr (C) def. Jackie Suckow (S) 6-1, 6-2; Kayla Donner (C) def. Jessica Nims (S) 6-3, 6-3; Jill Berner (S) def. Emily Swartz (C) 6-3, 6-3; Stephanie Gibbons (C) def. Alissa Nance (S) 6-1, 6-2; Katie Williamson (C) def. Gwen Kingsbury (S) 3-6, 6-0, 10-3; Lynae Gruber (S) def. Brigitte Newman (C) 6-2, 6-2.

Doubles--Jessica Nims/Jill Berner (S) def. Kayla Donner/Faith Bliss (C) 8-2; Jackie Suckow/Alissa Nance (S) def. Hilary Baehr/Laura Bade (C) 8-6; Stephanie Gibbons/Katie Williamson (C) def. Gwen Kingsbury/Lynae Gruber (S) 8-1.

Sept. 13**at Pella, Iowa****Central 7, Dubuque 2**

Singles--Kayla Donner (C) def. Andrea Gallo (D) 6-0, 6-0; Lindsay Bonnell (D) def. Katie Williamson (C) 1-6, 2-3, retired; Emily Swartz (C) def. Jaqueline Ventrice (D) 6-0, 6-0; Sarah Shelander (D) Laura Bade (C) 7-6, 0-6, 6-3; Brigitte Newman (C) def. Jamie Cota (D) 6-0, 6-1; Caitlin Dau (C) def. Ashli Benzschwel (D) 6-0, 6-0.

Doubles--Kayla Donner/Faith Bliss (C) def. Andrea Gallo/Sarah Shelander (D) 8-2; Hilary Baehr/Stephanie Gibbons (C) def. Lindsay Bonnell/Ashli Benzschwel (D) 8-0; Katie Williamson/Emily Swartz (C) def. Jaqueline Ventrice/Jamie Cota (D) 8-1.

Sept. 13**at Pella, Iowa****Central 9, Loras 0**

Singles--Hilary Baehr (C) def. Lindsay Dunkirk (L) 6-3, 6-4; Kayla Donner (C) def. Breann Billiet (L) 6-0, 6-2; Stephanie Gibbons (C) def. Alejandra Ruales (L) 6-4, 6-4; Katie Williamson (C) def. Clare Tuchscherer (L) 6-2, 6-1; Emily Swartz (C) def. Caitlin Dolan (L) 6-2, 6-2; Laura Bade (C) def. Abby Schmitz (L) 6-2, 6-1.

Doubles--Kayla Donner/Faith Bliss (C) def. Lindsay Dunkirk/Clare Tuchscherer (L) 9-7; Hilary Baehr/Stephanie Gibbons (C) def. Breann Billiet/Alejandra Ruales (L) 8-3; Katie Williamson/Emily Swartz (C) def. Caitlin Dolan/Abby Schmitz (L) 8-0.

Sept. 16**at Lamoni, Iowa****Graceland 7, Central 2**

Singles--Jessica Laborte (G) def. Hilary Baehr (C) 6-2, 6-2; Maribel Balanbrano (G) Kayla Donner (C) 6-0, 6-3; Carolina Verdevoto (G) def. Stephanie Gibbons (C) 6-3, 6-2; Valeria Heina (G) def. Katie Williamson (C) 6-3, 6-4; Emily Swartz (C) def. Laura Barriga (G) 6-2, 6-7, 10-7; Carla Aguilera (G) def. Laura Bade (C) 6-3, 6-2.

Doubles--Jessica Laborte/Maribel Balanbrano (G) def. Kayla Donner/Faith Bliss (C) 8-6; Hilary Baehr/Stephanie Gibbons (C) def. Carolina Verdevoto/Valeria Heina (G) 8-5; Laura Barriga/Orsi Magyer (G) def. Katie Williamson/Emily Swartz (C) 8-6.

Sept. 17

at Kirksville, Mo.

Central 9, Stephens (Mo.) 0

Singles--Hilary Baehr (C) def. Jessica Gorman (S) 6-4, 6-2; Kayla Donner (C) def. Courtney Mellinger (S) 6-4, 6-4; Stephanie Gibbons (C) def. Heather Korman (S) 6-1, 6-1; Katie Williamson (C) def. Amity Sparks (S) 6-3, 6-3; Emily Swartz (C) def. A. Pfeiffer (S) 6-4, 6-2; Laura Bade (C) def. S. Hembree (S) 6-0, 6-0.

Doubles--Kayla Donner/Faith Bliss (C) def. Courtney Mellinger/Heather Korman (S) 8-1; Hilary Baehr/Stephanie Gibbons (C) def. Jessica Gorman/Amity Sparks (S) 8-1; Katie Williamson/Emily Swartz (C) def. A. Pfeiffer/S. Hembree (S) 8-1.

Sept. 17

at Kirksville, Mo.

Truman State (Mo.) 9, Central 0

Singles--Lindsay Blair (T) def. Hilary Baehr (C) 6-1, 6-1; Courtney Walther (T) def. Kayla Donner (C) 6-2, 6-0; Amy Ochs (T) def. Stephanie Gibbons (C) 6-0, 6-0; Ellen Russell (T) def. Katie Williamson (C) 6-2, 6-2; Kelsey Kuykendall (T) def. Emily Swartz (C) 6-1, 6-0; Anna Greenwald (T) def. Carissa Bane (C) 6-3, 6-0.

Doubles--Lindsay Blair/Courtney Walther (T) def. Kayla Donner/Faith Bliss (C) 8-1; Amy Ochs/Ellen Russell (T) def. Hilary Baehr/Stephanie Gibbons (C) 8-3; Anna Greenwald/Kelsey Kuykendall (T) def. Katie Williamson/Emily Swartz (C) 8-2.

Sept. 20

at Pella, Iowa

Central 5, William Jewell (Mo.) 4

Singles--Nikki Chambers (WJ) def. Hilary Baehr (C) 6-3, 6-1; Sydnee Mela (WJ) def. Faith Bliss (C) 6-3, 6-2; Tanya Ratana (WJ) def. Kayla Donner (C) 6-2, 6-0; Stephanie Gibbons (C) def. Ann Lewis (WJ) 6-2, 6-1; Katie Williamson (C) def. Megan Groninger (WJ) 6-1, 6-2; Emily Swartz (C) def. Abby Pratt (WJ) 6-0, 6-0.

Doubles--Nikki Chambers/Tanya Ratana (WJ) def. Faith Bliss/Kayla Donner (C) 8-3; Hilary Baehr/Stephanie Gibbons (C) def. Sydnee Mela/C. Klenda (WJ) 8-5; Katie Williamson/Laura Bade (C) def. Abby Pratt/T. Busbea (WJ) 8-2.

Sept. 22

at Davenport, Iowa

St. Ambrose 4, Central 4

Singles--Faith Bliss (C) def. Amanda Gomez (SA) 6-2, 6-2; Rachel Sarafin (SA) def. Kayla Donner (C) 6-3, 6-1; Stephanie Gibbons (C) def. Danielle Jessee (SA) 6-1, 6-7, 10-8; Janelle Bayer (SA) def. Katie Williamson (C) 6-3, 3-6, 11-9; Adrienne Foley (SA) def. Brigitte Newman (C) 6-3, 6-2; Marita Flo (SA) vs. Carissa Bane (C) unfinished.

Doubles--Amanda Gomez/Rachel Sarafin (SA) def. Faith Bliss/Kayla Donner (C) 9-7; Stephanie Gibbons/Katie Williamson (C) def. Janelle Bayer/Adrienne Foley (SA) 8-6; Brigitte Newman/Caitlin Dau (C) def. Marita Flo/Emily Anderson (SA) 8-6.

Sept. 24

at Fort Dodge, Iowa

Central 7, Buena Vista 2

Singles--Faith Bliss (C) def. Katie Arentson (BV) 6-4, 6-0; Stephanie Gibbons (C) def. Megan Anderson (BV) 6-3, 6-1; Emily Gutschenritter (BV) def. Kayla Donner (C) 6-3, 2-6, 10-8; Emily Swartz (C) def. Jen Flint (BV) 6-3, 6-2; Laura Bade (C) def. Jamie Anliker (BV) 6-3, 6-1; Carissa Bane (C) def. Connie Vieyra (BV) 7-5, 5-7, 10-8.

Doubles--Faith Bliss/Kayla Donner (C) def. Katie Arentson/Jamie Anliker (BV) 8-2; Nicole Hansen/Emily Gutschenritter (BV) def. Emily Swartz/Laura Bade (C) 8-1; Stephanie Gibbons/Bethany Druvenga (C) def. Jen Flint/Connie Vieyra (BV) 8-6.

Oct. 1

at Grinnell, Iowa

Grinnell 8, Central 1

Singles--Hilary Baehr (C) def. Toby Cain (G) 7-6, 6-2; Jill Akiyama (G) def. Faith Bliss (C) 6-3, 7-6; Katie Colver (G) def. Kayla Donner (C) 6-0, 6-3; Maya Lipert (G) def. Stephanie Gibbons (C) 6-3, 6-2; Tatyana Sukharnikova (G) def. Katie Williamson (C) 7-5, 7-5; Curran Johnson (G) def. Emily Swartz (C) 6-4, 0-6, 10-7.

Doubles--Toby Cain/Tatyana Sukharnikova (G) def. Faith Bliss/Kayla Donner (C) 8-6; Katie Colver/Maya Lipert (G) def. Hilary Baehr/Stephanie Gibbons (C) 8-6; Jill Akiyama/Kelsey Picken (G) def. Katie Williamson/Emily Swartz (C) 8-4.

Oct. 4**at Decorah, Iowa****Luther 6, Central 3**

Singles--Hilary Baehr (C) def. Alan Humpal (L) 6-4, 6-4; Kelsie Allen (L) def. Faith Bliss (C) 6-2, 6-2; Fran Fairfield (L) def. Kayla Donner (C) 6-1, 6-2; Brynne Zinnecker (L) def. Stephanie Gibbons (C) 6-1, 6-4; Kathryn Nichols (L) def. Katie Williamson (C) 6-1, 6-2; Katie Patterson (L) def. Emily Swartz (C) 6-1, 6-1.

Doubles--Faith Bliss/Kayla Donner (C) def. Alan Humpal/Kathryn Nichols (L) 8-5; Hilary Baehr/Stephanie Gibbons (C) def. Kelsie Allen/Brynne Zinnecker (L) 8-4; Fran Fairfield/Katie Patterson (L) def. Emily Swartz/Katie Williamson (C) 8-3.

Oct. 4**at Decorah, Iowa****Central 6, Wis.-River Falls 3**

Singles--Hilary Baehr (C) def. Kathrynne Ostrowski (RF) 6-3, 6-0; Cassie Wood (RF) def. Faith Bliss (C) 6-2, 6-1; Katie Lynn Anderson (RF) def. Kayla Donner (C) 6-2, 1-6, 15-13; Stephanie Gibbons (C) def. Lindsay Gillman (RF) 2-6, 6-4, 10-7; Katie Williamson (C) def. Stacia Kozel (RF) 6-2, 4-6, 10-7; Emily Swartz (C) def. Mindy Rudiger (RF) 7-6, 2-6, 10-6.

Doubles--Faith Bliss/Kayla Donner (C) def. Kathrynne Ostrowski/Mindy Rudiger (RF) 8-6; Hilary Baehr/Stephanie Gibbons (C) def. Katie Lynn Anderson/Naomi Wolff (RF) 8-3; Cassie Wood/Brittany Bonine (RF) def. Katie Williamson/Emily Swartz (C) 9-8.

Iowa Conference tournament**Oct. 10 at Iowa City, Iowa****Quarterfinals****Central 6, Simpson 2**

Singles--Hilary Baehr (C) vs. Jessica Nims (S) unfinished; Faith Bliss (C) def. Jackie Suckow (S) 6-1, 6-1; Jill Berner (S) def. Kayla Donner (C) 6-3, 7-5; Stephanie Gibbons (C) def. Alissa Nance (S) 6-4, 0-6, 12-10; Katie Williamson (C) def. Gwen Kingsbury (S) 4-6, 6-2, 11-9; Emily Swartz (C) def. Lynae Gruber (S) 6-2, 6-0.

Doubles--Faith Bliss/Kayla Donner (C) def. Jessica Nimbs/Jill Berner (S) 8-4; Jackie Suckow/Alissa Nance (S) def. Hilary Baehr/Stephanie Gibbons (C) 8-6; Katie Williamson/Emily Swartz (C) def. Gwen Kingsbury/Lynae Gruber (S) 8-3.

Oct. 11 at Iowa City, Iowa**Semifinals****Coe 5, Central 0**

Singles--Milly Fiala (Coe) def. Hilary Baehr (Cen) 6-0, 6-2; Hannah Jensen (Coe) vs. Faith Bliss (Cen) 6-2, 1-1, unfinished; Andrea Schupbach (Coe) def. Kayla Donner (Cen) 6-1, 6-0; Hillary Allen (Coe) vs. Stephanie Gibbons (Cen) 4-5 unfinished; Katy Delagardelle (Coe) vs. Katie Williamson (Cen) 6-1, 4-1 unfinished; Susan Gilmer (Coe) vs. Emily Swartz (Cen) 6-1, 2-1, unfinished.

Doubles--Molly Fiala/Andrea Schupbach (Coe) def. Faith Bliss/Kayla Donner (Cen) 8-1; Megan Fiala/Hillary Allen (Coe) def. Hilary Baehr/Stephanie Gibbons (Cen) 8-5; Hannah Jensen/Katy Delagardelle (Coe) def. Katie Williamson/Emily Swartz (Cen) 8-2.

Oct. 11 at Iowa City, Iowa**Third-place match****Central 5, Cornell 3**

Singles--Pavla Brachova (Cor) vs. Hilary Baehr (Cen) 1-6, 7-5, 7-3, unfinished; Faith Bliss (Cen) def. Caryl Abeyta (Cor) 6-4, 6-3; Kirsten Lasley (Cor) def. Kayla Donner (Cen) 6-3, 6-4; Stephanie Gibbons (Cen) def. Kendall Bielinski (Cor) 6-4, 6-4; Katie Williamson (Cen) def. Annabelle Milliken (Cor) 7-5, 6-0; Emily Swartz (Cen) def. Emily Selindh (Cor) 6-2, 6-4.

Doubles--Pavla Brachova/Kirsten Lasley (Cor) def. Faith Bliss/Kayla Donner (Cen) 8-2; Hilary Baehr/Stephanie Gibbons (Cen) def. Caryl Abeyta/Kendall Bielinski (Cor) 8-3; Amanda Johnson/Annabelle Milliken (Cor) def. Katie Williamson/Emily Swartz (Cen) 8-6.

Iowa Conference individual tournament**Oct. 17-18, Cedar Rapids/Mount Vernon****Singles Flight A**

Round 1

--Kayla Donner (Cen) def. Breann Billiet (Lor) 6-3, 6-7 (4-7), 1-0 (10-7)

--Katie Nichols (Lut) def. Faith Bliss (Cen) 7-6 (7-1), 6-4

--Alejandra Ruales (Lor) def. Stephanie Gibbons (Cen) 4-6, 6-4, 1-0 (10-7)

Round 2

--Hannah Jensen (Coe) def. Kayla Donner (Cen) 6-0, 6-2

--Hilary Baehr (Cen) def. Kendall Bielinski (Cor) 6-4, 6-3

Quarterfinals

--Hilary Baehr (Cen) def. Hillary Allen (Coe) 4-6, 6-3, 1-0 (10-5)

Semifinals

--Kelsie Allen (Lut) def. Hilary Baehr (Cen) 6-0, 6-2

Third-place match

--Hilary Baehr (Cen) def. Molly Eslick (War) 6-1, 7-6 (2)

Singles Flight B

Round 1

--Laura Bade (Cen) def. Kelly Weber (Dub) 6-1, 6-0

Round 2

--Katie Williamson (Cen) def. Katie Arentsen (BVU) 6-2, 6-3

--Emily Swartz (Cen) def. Anna Yarbrough (Lut) 6-4, 6-0

--Jill Berner (Sim) def. Laura Bade (Cen) 6-1, 6-1

Quarterfinals

--Alissa Nance (Sim) def. Katie Williamson (Cen) 6-1, 6-4

--Emily Swartz (Cen) def. Jackie Suckow (Sim) 6-4, 6-4

Semifinals

--Emily Swartz (Cen) def. Katie Patterson (Lut) 6-2, 6-2

Championship match

--Alissa Nance (Sim) def. Emily Swartz (Cen) 3-6, 6-3, 1-0 (10-5)

Singles Flight C

Round 1

--Riley Taylor (Cen) def. Natalie Branstad (War) 8-4

--Kayley Grant (War) def. Bethany Druvenga (Cen) 8-3

--Sara Pennebecker (Lor) def. Trinh Le (Cen) 8-6

--Shannon Boock (War) def. Dani Cameron-Cruz (Cen) 8-5

--Hattie Wagner (Cor) def. Carissa Bane (Cen) 8-0

--Emily Zimmon (Cor) def. Caitlin Dau (Cen) 8-4

Round 2

--Brigitte Newman (Cen) def. Caitlin Dolan (Lor) 8-1

--Connie Vieyra (BVU) def. Riley Taylor (Cen) 8-2

--Jaqueline Ventrice (Dub) def. Carissa Bane (Cen) 8-3

Quarterfinals

--Brigitte Newman (Cen) def. Connie Vieyra (BVU) 8-4

Semifinals

--Lynae Gruber (Sim) def. Brigitte Newman (Cen) 6-2, 6-0

Third-place match

--Jaqueline Ventrice (Dub) def. Brigitte Newman (Cen) 6-0, 6-2

Doubles Flight A

Round 1

--Hilary Baehr/Stephanie Gibbons (Cen) def. Jessica Nims/Jill Berner (Sim) 8-6

--Faith Bliss/Kayla Donner (Cen) def. Kendall Bielinski/Caryl Abeyta (Cor) 8-4

Quarterfinals

--Hilary Baehr/Stephanie Gibbons (Cen) def. Devin Harmon/Kirsten Lasley (Cor) 8-3

--Faith Bliss/Kayla Donner (Cen) def. Cami Czech/Fran Fairfield (Lut) 8-3

Semifinals

--Hilary Baehr/Stephanie Gibbons (Cen) def. Brynne Zinnecker/Kelsie Allen (Lut) 8-6

--Hannah Jensen/Katy Delagardelle (Coe) def. Faith Bliss/Kayla Donner (Cen) 8-5

Third-place match

--Brynne Zinnecker/Kelsie Allen (Lut) def. Faith Bliss/Kayla Donner (Cen) 8-2

Championship match

--Hannah Jensen/Katy Delagardelle (Coe) def. Hilary Baehr/Stephanie Gibbons (8-2)

Doubles Flight B

Round 1

--Riley Taylor/Dani Cameron-Cruz (Cen) def. Gabriella Gione/Emily Zimmon (Cor) 8-5

--Anna Yarbrough/Megan McCall (Lut) def. Caitlin Dau/Bethany Druvenga (Cen) 8-5

Round 2

--Katie Williamson/Emily Swartz (Cen) def. Andrea Gallo/Kelly Weber (Dub) 8-1

--Katie Arentsen/Jamie Anliker (BVU) def. Riley Taylor/Dani Cameron-Cruz (Cen) 9-7

--Laura Bade/Brigitte Newman (Cen) def. Nicole Hansen/Emily Gutschenritter (BVU) 8-2

--Carissa Bane/Trinh Le (Cen) def. Kayley Grant/Shannon Boock (War) 8-2

Quarterfinals

--Katie Williamson/Emily Swartz (Cen) def. Carrie Eisele/Laura Rentlinger (Lut) 8-6

--Annabelle Milliken/Amanda Johnson (Cor) def. Laura Bade/Brigitte Newman (Cen) 8-6

--Sara Dale/Katie Patterson (Lut) def. Carissa Bane/Trinh Le (Cen) 8-4

Semifinals

--Katie Williamson/Emily Swartz (Cen) def. Jackie Suckow/Alissa Nance (Sim) 8-5

Championship match

--Katie Williamson/Emily Swartz (Cen) def. Sara Dale/Katie Patterson (Lut) 8-5

2008 Iowa Conference dual records

	Conference			Overall			
	W	L	Pct.	W	L	T	Pct.
+Coe (1)	8	0	1.000	13	1	0	.929
+Luther (2)	6	1	.857	14	4	0	.778
+Central (3)	5	3	.625	10	8	1	.553
+Cornell (4)	6	2	.750	14	5	0	.737
+Simpson (5)	5	4	.562	7	9	0	.438
+Wartburg (6)	1	5	.167	11	5	0	.683
Loras	2	6	.250	4	9	0	.308
Dubuque	0	6	.000	2	8	0	.200
Buena Vista	0	6	.000	2	8	0	.200

+place in parentheses, determined by tournament finish

Season records

Individuals	Singles	Doubles
Laura Bade	4-5	2-4
Hilary Baehr	9-9	13-8
Carissa Bane	1-1	1-1
Faith Bliss	5-7	10-13
Dani Cameron-Cruz	0-1	1-1
Caitlin Dau	1-0	1-1
Kayla Donner	5-16	10-13
Bethany Druvenga	0-1	1-1
Stephanie Gibbons	11-7	16-7
Brigitte Newman	3-4	3-1
Emily Swartz	13-8	10-10
Riley Taylor	1-1	1-1
Katie Williamson	9-8	12-8

Doubles teams	Record
Faith Bliss/Kayla Donner	8-11
Hilary Baehr/Stephanie Gibbons	10-6
Laura Bade/Emily Swartz	0-2
Brigitte Newman/Emily Swartz	1-0
Emily Swartz/Katie Williamson	5-8
Laura Bade/Hilary Baehr	0-1
Stephanie Gibbons/Katie Williamson	2-0
Laura Bade/Katie Williamson	1-0
Caitlin Dau/Brigitte Newman	1-0
Bethany Druvenga/Stephanie Gibbons	1-0

Individual honors

Academic all-Iowa Conference honorees

Name	Yr.	Major	GPA
Hilary Baehr	Sr.	Psychology	3.59
Caitlin Dau	So.	undeclared	3.83
Stephanie Gibbons	So.	Political science/ Spanish	3.89
Brigitte Newman	So.	Exercise science	3.87
Katie Williamson	So.	English	3.51

All-Iowa Conference honorees

Hilary Baehr--singles, doubles
 Faith Bliss--doubles
 Kayla Donner--doubles
 Stephanie Gibbons--doubles

Iowa Conference player of the week

Oct. 5 Hilary Baehr

2008 team awards

De Haan MVP Award - Hilary Baehr
Most Improved Player Award - Carissa Bane
Rookie of the Year Award - Kayla Donner
Outstanding Sportsmanship Award - Katie Williamson
Will to Win Award - Stephanie Gibbons
Clarence Mours Award (high character, dedication to program) - Emily Swartz
Coach's Award - Laura Bade

Career records for returning players

Carissa Bane

Jr., Des Moines, Iowa
Southeast Polk HS

Bogard Most Improved Player Award--2008

	Singles		Doubles	
	W	L	W	L
2007	1	1	0	0
2008	1	3	1	1
Spring	3	4	2	0
Total	2	4	1	1

Faith Bliss

Sr., Ottumwa, Iowa
Ottumwa HS

All-Iowa Conference doubles--2008

All-Iowa Conference, No. 5 singles--2006

Varsity letters--2006, 2007, 2008

	Singles		Doubles	
	W	L	W	L
2006	14	3	10	3
2007	6	6	9	5
2008	5	7	10	13
Spring	5	3	4	4
Total	25	16	29	21

Dani Cameron-Cruz

Sr., Marshalltown, Iowa
Marshalltown HS

	Singles		Doubles	
	W	L	W	L
2008	0	1	1	1
Total	0	1	1	1

Caitlin Dau

Jr., Eldridge, Iowa
North Scott HS

Academic All-Iowa Conference--2008

	Singles		Doubles	
	W	L	W	L
2007	1	1	0	1
2008	1	1	1	1
Total	2	2	1	2

Kayla Donner

So., Metamora, Ill.
Metamora Township HS

All-Iowa Conference doubles--2008

Varsity letters--2008

Rookie of the Year Award-2008

	Singles		Doubles	
	W	L	W	L
2008	5	16	10	13
Spring	1	6	4	4
Total	5	16	10	13

Beth Druvenga

So., Spencer, Iowa
Spencer HS

	Singles		Doubles	
	W	L	W	L
2008	0	1	1	1
Total	0	1	1	1

Stephanie Gibbons

Jr., Ankeny, Iowa
Ankeny HS

Varsity letters--2007, 2008

All-Iowa Conference doubles--2008

Will to Win Award--2008

Rookie of the Year Award--2007

Academic All-Iowa Conference--2008

	Singles		Doubles	
	W	L	W	L
2007	8	5	8	7
2008	11	7	16	7
Total	19	12	24	14

Trinh Le

So., Des Moines, Iowa
North HS

	Singles		Doubles	
	W	L	W	L
2008	0	1	1	1
Spring	1	2	4	4
Total	0	1	1	1

Brigitte Newman

Jr., Albia, Iowa
Albia HS

Varsity letter--2008

Most Improved Player Award--2007

Academic All-Iowa Conference--2008

	Singles		Doubles	
	W	L	W	L
2007	1	1	0	1
2008	3	4	3	1
Total	4	5	3	2

Emily Swartz

So., Eldora, Iowa
South Hardin HS

Varsity letter-2008

Clarence Mours Award--2008

	Singles		Doubles	
	W	L	W	L
2008	13	8	10	10
Spring	6	1	3	4
Total	13	8	10	10

Riley Taylor
So., Tama, Iowa
South Tama HS

	Singles		Doubles	
	W	L	W	L
2008	1	1	1	1
Spring	0	1	0	3
Total	1	1	1	1

Central's Iowa Conference MVPs

1983 - Pam Coon

De Haan team MVPs

1973 - Jane Hyland
 1974 - Sue Froelich
 1975 - Lola Vander Leest
 1976 - Becky Brintnall
 1977 - Barb Hoekstra
 1978 - Ingrid Roth
 1979 - Pam Sagraves
 1989 - Shannan Mattiace
 1990 - Julie Lundeen
 1991 - Kristy Schakel
 1992 - Sara Den Adel
 1993 - Sara Den Adel

1994 - Holly Whittet
 1980 - Lisa Hagen
 1981 - Jayne Verhoef
 1982 - Cindy Woelke
 1983 - Deanna Mosley
 1984 - Deanna Mosley
 1985 - Beth Kelly
 1986 - Beth Van Voorhis
 1995 - Steph Sharp
 1996 - Angie Klanderman
 1997 - Megan Vande Wall
 1998 - Kathi Beach

1999 - Amber Van Wyk
 2000 - Amber Van Wyk
 2001 - Amber Van Wyk
 2002 - Emilie Larson
 2003 - Emilie Larson
 2004 - Tracy Van Zante
 2005 - Kristin Kovar
 2006 - Kristin Kovar
 2007- Katie Moklestad
 2008 - Hilary Baehr

Year-by-year records

Year	Record	Conf. finish	Coach	Year	Record	Conf. finish	Coach
1974*	9-2		Thelma Goodwin	1993	9-6	4th	Doug Stursma
1974	10-1		Thelma Goodwin	1994	8-5	3rd	Doug Stursma
1975	12-7		Thelma Goodwin	1995	9-6	4th	Doug Stursma
1976	9-3		Thelma Goodwin	1996	11-1	3rd	Doug Stursma
1977	9-2		Thelma Goodwin	1997	6-3	3rd	Doug Stursma
1978	4-6		Thelma Goodwin	1998	5-7	4th	Doug Stursma
1979	6-5		Thelma Goodwin	1999	3-8	7th	Doug Stursma
1980	11-5		Thelma Goodwin	2000	5-7	5th	Doug Stursma
1981	11-6		Thelma Goodwin	2001	8-2	3rd	Doug Stursma
1982	10-5	2nd	Thelma Goodwin	2002	7-9	6th	Doug Stursma
1983	9-5	2nd	Jim Graham	2003	13-2	2nd	Doug Stursma
1984	8-9	2nd	Jim Graham	2004	7-6	3rd	Doug Stursma
1985	4-5	3rd	Jim Graham	2005	5-8	4th	Doug Stursma
1986	11-2	3rd	Jim Graham	2006	10-5	4th	Doug Stursma
1987	10-4	3rd	Jim Graham	2007	11-4	3rd	Bryan Mours
1988	13-6	3rd	Jim Graham	2008	10-8-1	3rd	Bryan Mours
1989	9-4	2nd	Jim Graham	*First season in 1974 was played in the spring Iowa Conference play did not begin until 1982			
1990	9-5	3rd	Jim Graham				
1991	7-5	4th	Elizabeth Hadler				
1992	11-5	3rd	Elizabeth Hadler				

2009 preseason roster

Name	Yr.	Hometown/High school
Carissa Bane	Jr.	Des Moines, Iowa/Southeast Polk
*Faith Bliss	Sr.	Ottumwa, Iowa/Ottumwa
Sara Dale	Sr.	Marshalltown, Iowa/Marshalltown
Caitlin Dau	Jr.	Eldridge, Iowa/North Scott
*Kayla Donner	So.	Metamora, Ill./Metamora Township
Bethany Druvenga	So.	Spencer, Iowa/Spencer
*Stephanie Gibbons	Jr.	Ankeny, Iowa/Ankeny
Chelsea Johnson	Fr.	Mount Vernon, Iowa/Mount Vernon
Trinh Le	So.	Des Moines, Iowa/North
Emily Miller	Fr.	Des Moines, Iowa/Southeast Polk
Sanja Mustic	Fr.	Davenport, Iowa/West
*Brigitte Newman	So.	Albia, Iowa/Albia
Bethany Phitchit	Fr.	Des Moines, Iowa/Lincoln
Lauren Rogers	Fr.	Johnston, Iowa/Johnston
Jaime Ruisch	Fr.	Pella/Pella
*Emily Swartz	So.	Eldora, Iowa/South Hardin
Riley Taylor	So.	Tama, Iowa/South Tama
*letters earned		

Outlook

It didn't take long for coach Steve Tyler to get enthused about the Central College women's tennis squad.

Tyler, who was named head men's and women's tennis coach in January, liked what he saw from the team's spring limited workouts.

"We started late but after one semester, I'm very excited," Tyler said. "We've got the potential to play with everybody in the Iowa Conference. We're looking for the next couple of years to be much improved."

Four of the six varsity singles players are back from a 10-8-1 squad, that placed third in the league. Three returning players earned all-conference distinction in doubles.

Four-year starter Hilary Baehr has graduated, leaving a hole at No. 1 singles. Senior Faith Bliss will likely move up a notch from No. 2, where she was 5-7 while posting a 10-13 mark in doubles. She received all-league honors in doubles after gaining singles recognition in 2007.

Also back is sophomore Kayla Donner, the team's freshman of the year who played No. 3 singles. She also earned all-conference doubles honors. Junior Stephanie Gibbons, another all-conference honoree, was at No. 4 where she was 11-7 while posting a 16-7 doubles record, and sophomore Emily Swartz was at No. 5 singles. Swartz was the team's victories leader in singles at 13-8 and was 10-10 in doubles.

Other returning varsity contenders include sophomores Trinh Le and Riley Taylor.

"We'll be very solid," Tyler said. "And we've got some incoming freshmen who will probably help.

"We're working hard to set up a system that will help us climb to the top of the Iowa Conference and compete nationally."

Tyler thinks this year's players are capable of making the first step on that ascent.

"I'm very impressed with their attitude," he said. "They want to compete and are working very hard to become physically fit. They'll set the standard very high."

But Tyler expects that Coe and Luther will remain the league's top teams this fall, with Central again battling for third.

Central College championship history

NCAA Division III national team championships (11)

1974 - Football	1993 - Women's basketball, softball
1981 - Women's cross country	1998 - Volleyball
1982 - Women's track and field	1999 - Volleyball
1988 - Softball	2000 - Volleyball
1991 - Softball	2003 - Softball

NCAA Division III national individual championships (25)

1982

Lisa Broek, Nancy Cisar, Paula Casey, Marcie Thurn
Women's outdoor track and field, 4 x 100 meter relay
Marcie Thurn

Women's outdoor track and field, long jump

1983

Lisa Broek, Nancy Cisar, Marti Haan, Marcie Thurn
Women's outdoor track and field, 4 x 100 meter relay

1984

Nancy Cisar
Women's outdoor track and field, 200 meter dash, 400
meter dash

Lori Sears
Women's outdoor track and field, 400 meter hurdles,
long jump

1985

Brian Goldsworthy
Men's golf

1986

Lori Sears
Women's outdoor track and field, 100 meter hurdles

1987

Tim Hackel
Wrestling, 126 pounds

1991

Chad Beck
Wrestling, 126 pounds

Jon McGovern
Wrestling, 167 pounds

1992

Jon McGovern
Wrestling, 167 pounds

1994

Craig Cantrall
Men's outdoor track and field, high jump

1997

Zech Schiebout
Men's outdoor track and field, discus

2000

Nate Koerselman, Adam Hartford, Tommy Tavegia, Chris
McCullough
Men's outdoor track and field, 4 x 400 meter relay

2001

Katie Brees
Women's indoor track and field, long jump
Chris McCullough, Adam Hartford, Tony Brownlee, Tommy
Tavegia
Men's outdoor track and field, 4x400 meter relay

Peter Wagner
Men's outdoor track and field, decathlon

2002

Chris McCullough, Matt McCombs, Peter Wagner, Tony
Brownlee
Men's outdoor track and field, 4 x 400 meter relay

2003

Peter Wagner
Men's outdoor track and field, decathlon

2004

Raegan Schultz
Women's outdoor track and field, heptathlon

2005

Cale Van Genderen
Men's indoor track and field, high jump;
men's outdoor track and field, high jump

2007

Alicia Whisner
Women's outdoor track and field, javelin

NCAA Division III players of the year (7)

1985

Brian Goldsworthy
Men's golf

1995

Emilie Hanson
Women's basketball

1998

Abbie Brown
Volleyball

1999

Abbie Brown
Volleyball

2000

Donell Hotze
Softball
Candace Wilson
Volleyball

2003

Libby Hysell
Softball

Honda Division III Collegiate Woman Athlete of the Year

2003

Libby Hysell

NCAA postgraduate scholarship winners (20)

1970 - Vern Den Herder, football
1973 - Dana Snoap, men's basketball
1980 - Jeff Verhoef, men's basketball
1982 - Cam Ratering, women's cross country, track
1983 - Lisa Broek, women's track
1986 - Scott Lindell, football
1988 - Rick Perry, football
1989 - Chris Hoffman, wrestling
1991 - Rich Kacmarynski, football
1995 - Emilie Hanson, women's basketball

NCAA Iowa Woman of the Year (5)

1995 - Emilie Hanson, women's basketball
2001 - Candace Wilson, volleyball
2002 - Angie Nielsen, volleyball
2004 - Raegan Schultz, women's track and field, volleyball
*2006 - Katie Pederson, volleyball, women's track and field
*Starting in 2006, honorees were selected by conference rather than state

NCAA Top Eight Award

1995 - Emilie Hanson, women's basketball

NCAA Division III national statistical championships (23)

Individual (10)

Baseball

1994 - Most doubles, 18, Chris Johnson
2005 - Hit by pitch, 0.56 per game, Shea Stamp

Men's basketball

2007 - Highest field goal percentage, 69.7, Keith Pedersen

Women's basketball

1993-94 - Highest scoring average, 29.6, Emilie Hanson
1994-95 - Highest scoring average, 27.8, Emilie Hanson

Football

1977 - Most yards rushing, 147.7 per game, Don Taylor
1988 - Highest passing efficiency rating, 152.5, Steve Flynn

Softball

1991 - Most victories, 26, Jamie Mahnke
1993 - Lowest ERA, 0.25, Missey Allen
1996 - Lowest ERA, 0.66, Kara Stanley

Rick Sanger, football
2001 - Roger Dortch, men's golf
2002 - Tony Brownlee, men's track and field
Jon Hietbrink, men's golf
2004 - Raegan Schultz, women's track and field
2005 - Jamie Stark, volleyball
2006 - Nick Cochrane, men's tennis
Adam Duerfeldt, baseball
2007 - Ben Bollard, men's track and field
Alicia Whisner, women's track and field

NCAA Silver Anniversary Award

1998 - Harry Smith, football

College Football Hall of Fame

South Bend, Ind.

1996 - Vern Den Herder, defensive end, 1967-70
2000 - Ron Schipper, coach, 1961-96

National Fastpitch Coaches Association Hall of Fame

2007 - George Wares, coach, 1985-

Team (13)

Football

1988 - Highest scoring offense, 37.6 points per game
2002 - Net punting, 31.3 yards per punt
2006 - Turnover margin, plus 1.9 per game
Fewest fumbles lost, 2

Softball

1987 - Lowest ERA, 0.72, Central
1989 - Lowest ERA, 0.53, Central
1991 - Lowest ERA, 0.79, Central
Most stolen bases, 141, Central
1992 - Most stolen bases, 120, Central
1993 - Highest winning percentage, .950 (38-2), Central
2003 - Lowest ERA, 0.72

Volleyball

1997 - Highest hitting percentage, .328, Central
1999 - Highest winning percentage, 1.000 (41-0), Central

Top 10 national team finishes (64)

1974

Football, first

1979

Women's cross country, fourth

1980

Women's cross country, sixth

1981

Women's track and field, fourth

Women's cross country, first

Men's golf, ninth

1982

Women's track and field, first

Men's golf, 10th

1983

Women's golf, third

Men's golf, sixth

Women's track and field, fourth

1984

Women's track and field, second

Men's golf, sixth

Football, second

1985

Wrestling, second

Men's golf, fifth

Football, final four

1986

Wrestling, eighth

Women's golf, second

Softball, second

Football, final eight

1987

Wrestling, eighth

Softball, fourth

Men's golf, sixth

Women's golf, third

Football, final four

1988

Women's golf, third

Softball, first

Football, second

1989

Wrestling, fifth

Women's golf, second

Softball, fourth

Football, final eight

1990

Wrestling, seventh

Softball, third

Women's golf, sixth

Football, final four

1991

Wrestling, fourth

Softball, first

Women's golf, fourth

1992

Wrestling, sixth

Football, final eight

1993

Women's basketball, first

Women's golf, fifth

Softball, first

1994

Softball, third

Men's track, seventh

1995

Men's golf, sixth

Softball, third

1996

Men's golf, 10th

1997

Softball, tie, fifth

Men's golf, seventh

Volleyball, third

1998

Volleyball, first

1999

Volleyball, first

2000

Men's track and field, third

Volleyball, first

Football, final eight

2001

Men's track and field, sixth

Softball, second

2002

Men's track and field, seventh

Men's golf, ninth

2003

Softball, first

2004

Men's golf, tie, ninth

2007

Football, final eight

Iowa Conference titles (145)

1930 - Basketball

1931 - Basketball

1932 - Basketball

1936 - Basketball

1939 - Football (tie with Upper Iowa)

1945 - Football

1946 - Football (tie with Upper Iowa)

1947 - Baseball

1948 - Baseball

1956 - Football

1958 - Basketball (tie with Upper Iowa)

1964 - Football (tie with Upper Iowa)

1965 - Football

1966 - Football

1967 - Football

1969 - Men's golf (tie with William Penn)

1970 - Men's tennis (tie with Luther)

1971 - Men's basketball (tie with Wartburg, William Penn)

1974 - Football

1975 - Baseball

1976 - Men's golf

1977 - Men's basketball

Football

Men's golf

Men's tennis
1978 - Men's basketball
 Football (tie with Buena Vista, Dubuque, Luther)
1979 - Men's basketball
 Men's tennis
 Men's track and field
1980 - Men's basketball
 Men's tennis
1981 - Men's golf
 Men's tennis
 Football
1982 - Men's golf
 Men's tennis
 Women's golf
 Women's cross country
1983 - Women's basketball (tie with William Penn)
 Men's golf
 Men's tennis
 Women's track and field
1984 - Wrestling
 Men's tennis
 Men's golf
 Women's track and field
 Women's golf
 Volleyball (tie with William Penn)
1985 - Wrestling
 Men's basketball
 Women's basketball (tie with Buena Vista, Simpson,
 William Penn)
 Men's golf
 Men's tennis
 Women's track and field
 Football
1986 - Women's cross country
 Women's golf
 Men's golf
 Men's tennis
 Softball
 Women's track and field
 Women's golf
 Volleyball
 Football
1987 - Men's golf
 Men's tennis
 Women's track and field
 Women's golf
 Football
1988 - Men's golf
 Volleyball
 Women's golf
1989 - Wrestling
 Men's golf
 Football
 Women's golf
1990 - Softball
 Men's golf
 Women's golf

Football
1991 - Men's basketball (tie with Wartburg)
 Men's golf
 Men's track and field
 Softball
1992 - Wrestling
 Men's basketball (tie with Simpson)
 Men's track and field
 Men's golf
 Football
1993 - Women's basketball
 Men's track and field
 Men's golf
 Softball
 Volleyball
1994 - Men's basketball
 Women's basketball
 Men's track and field
 Men's golf
 Football
1995 - Men's basketball (tie with Simpson)
 Women's basketball (tie with Buena Vista, Luther)
1996 - Softball (tie with Buena Vista)
 Men's golf
 Men's tennis
 Volleyball
1997 - Men's track and field
 Volleyball
1998 - Women's basketball (tie with Luther, Simpson)
 Men's track and field
 Men's golf
 Football
 Volleyball
1999 - Men's golf
 Volleyball
2000 - Softball (tie with Coe, Simpson)
 Men's tennis
 Men's track and field
 Football
 Volleyball
2001 - Men's golf
 Men's track and field
 Football
 Volleyball
2002 - Men's golf
 Softball
 Football (tie with Coe, Wartburg)
 Volleyball (tie with Wartburg)
2003 - Men's golf
 Softball
 Volleyball
2004 - Men's track and field
 Softball
 Volleyball
2005 - Football (tie with Coe)
 Volleyball

2006 - Baseball (tie with Simpson)
 Football
 Volleyball (tie with Simpson)

2007 - Men's golf
 Football
 Volleyball

2009 - Men's golf
 Softball
 Men's track and field

Iowa Conference all-sports titles (23)

Men (14)

1977	1985	1992
1979	1987	1993
1980	1988	1994
1981	1990	1995
1982	1991	

Women (9)

1983	1990
1984	1994 (tie)
1985	2001
1986	2004
1987	

NACDA Director's Cup Division III all-sports finishes

Year Place Pts.

1995-96	47	222.5
1996-97	t-40	232.5
1997-98	38	170
1998-99	t-34	160
1999-2000	25	329

Year Place Pts.

2000-01	12	459
2001-02	21	376
2002-03	43	280.5
2003-04	33	328
2004-05	96	164

Year Place Pts.

2005-06	94	165.5
2006-07	80	228.5
2007-08	87	228.5
2008-09	124	154.5

approx. 450 NCAA Division III schools

ESPN The Magazine Academic All-Americans, selected by CoSIDA (46)

1979

Chris Adkins, football
 Brent Aufdembrink, football

1983

Denise Boll, women's basketball
 Lisa Broek, women's track
 Tony Carey, men's golf

1984

Denise Boll, women's basketball

1985

Sue Poppens, women's basketball
 Brian Goldsworthy, men's golf
 Todd Sutphen, baseball
 Scott Lindell, football
 Neil Gray, football

1986

Scott Lindell, football

1987

Beth Van Voorhis, women's tennis

1988

Shannan Mattiace, women's tennis
 Rick Perry, football
 Gregg Gustafson, football
 Dallas Bogner, men's tennis

1989

Rick Hassman, baseball
 Shannan Mattiace, women's tennis

1990

Matt Melvin, men's basketball
 Shannan Mattiace, women's tennis

1991

Rich Kacmarynski, football

1992

Nate Hart, men's basketball
 Heather Reedy, softball
 Chris Hulleman, football

1993

Blake Jessen, basketball
 Heather Reedy, softball
 Mindi Remsburg, softball
 Jayna Blom, women's track and field

1994

*Emilie Hanson, women's basketball
 Jason Sanders, football

1995

*Emilie Hanson, women's basketball
 Matt Bandstra, football

1996

Ryan Murphy, men's tennis

1997

Ryan Murphy, men's tennis

1998

Jason Darling, baseball

2000

Angie Nielsen, volleyball

2004

Raegan Schultz, women's track and field
 Jamie Stark, volleyball

2005

Adam Duerfeldt, baseball
 Jason Ford, men's tennis

2006

*Adam Duerfeldt, baseball
 Nick Cochrane, men's tennis
 Bryan George, men's track and field
 Ben Bollard, football

2007

Ben Bollard, men's track and field

*Academic all-American player of the year

All-America Scholars Golf Team (39)

1984 - Brian Goldsworthy	Steve Rheinschmidt	2000 - Shannon Hoekstra	2007 - Jeff Millet
1985 - Brian Goldsworthy	1990 - Jeff Woods	2001 - Courtney Brooks	Issac Rodenberg
1986 - Bill Spurbeck	1991 - Mark Smith	Roger Dortch	Reid Turner
Kim Doyle	1992 - Bill Conger*	Jon Hietbrink	2008 - Reid Turner
1987 - Bill Spurbeck	Brent Peterson	Tim White	2009 - Andy Petersen
Joe Jaspers	1993 - Bill Conger*	2002 - Jon Hietbrink	Andrew Townsend
Brent Peterson	Chad Hoekstra	Tim White	*True-Temper Scholarship
1988 - Joe Jaspers	1994 - Jason Brown*	2004 - Patrick McElyea	winner
Pat Jackson	1997 - Brad Dutler	Nick Grossman	
Steve Kimball	1998 - Chris Huston	Kyle Matzen	
1989 - Jeff Woods	Justin Schulte	2005 - Nick Grossman	

Intercollegiate Tennis Coaches Association Scholar-Athlete Tennis Team (8)

1984 - Dan Lazenby	1987 - Ahi Afridi, Alan Brown, Eric Ellefson
1986 - Ahi Afridi, Alan Brown	1988 - Dallas Bogner, Chuck Ray

Scholastic All-American Wrestling Team (8)

1988 - Chris Hoffman	1996 - Brent Dunlap
1989 - Chris Hoffman, Shaun Van Vark	2001 - Jeremy Hendricks
1992 - Lynn Silver, Brad Kreiner	2005 - Peter Howard

USTFCCCA All-Academic Track and Field team (45)

1994	Matt Jens	Ben Bollard	2008
Craig Cantrall	Matt McCombs	Bryan George	Rachel Boeke
Andy Goodman	Lindsay Schultz		Guy Dierikx
Nate Smith	Raegan Schultz		Kari Hutchinson
		2007	Emily Teas
2001	2003	Angie Berry	Rachelle Tipton
Tony Brownlee	Jenn Hansen	Rachel Boeke	Jill Ziskovsky
Katie Button	Lindsay Schultz	Ben Bollard	
Jenn Hansen	Raegan Schultz	Guy Dierikx	
Lucas Nims	Cale Van Genderen	Cody Huisman	2009
	Tanner Whipple	Kari Hutchinson	Rachel Boeke
2002	2006	Chelsey Keller	Emily Teas
Tony Brownlee	Alex Costigan	Alex Miller	Rachelle Tipton
Katie Button	Chelsey Keller	Alicia Whisner	Jill Ziskovsky
Abby Gonzales	Alicia Whisner	Adam Wolf	
Jenn Hansen			

American Volleyball Coaches Association Academic Team Honor Roll selections (10)

1997	2001	2003	2005	2007
2000	2002	2004	2006	2008

Successful Farming all-American Farm Team (11)

1995 - Mark Kacmarynski, football	1998 - Jay Rhoten, men's track
1996 - Stacy Sonneck, softball	Andrew Paulsen, football
Mark Kamarynski, football	1999 - Jina Bos, women's track
1997 - Stacy Sonnek, softball	Jeff Sanger, football
Jay Rhoten, men's track	2000 - Jeff Sanger, football
Matt Paulsen, football	Team discontinued after 2000.

All-Americans (326 times, 200 athletes)

- 1960** - John Carle, men's basketball
- 1966** - Dennis Descoteau, football
- 1967** - Doug Van Boven, football
- 1969** - Vern Den Herder, football
- 1970** - Vern Den Herder, football
John Edwards, baseball
- 1973** - Gerald Piester, men's outdoor track and field
- 1974** - Terry Youngblood, men's outdoor track and field
Al Dorenkamp, football
- 1977** - Don Taylor, football
- 1978** - Jason Locke, men's outdoor track and field
Don Keller, men's outdoor track and field
- 1979** - Jerry Fitzsimmons, men's cross country
Cam Ratering, women's cross country
- 1980** - Jeff Verhoef, men's basketball
Cam Ratering, women's cross country
- 1981** - Stacy Bandy, wrestling
Lisa Broek, women's outdoor track and field
Nancy Cisar, women's outdoor track and field
Laurie Haddy, women's outdoor track and field
Carla Huddle, women's outdoor track and field
Kim Lehman, women's outdoor track and field
Goldie Nicholson, women's outdoor track and field
Robin Rasmussen, women's outdoor track and field,
women's cross country
Cam Ratering, women's outdoor track and field,
women's cross country
Marcie Thurn, women's outdoor track and field
Lori Nolte, women's cross country
Jan Sedlacek, women's cross country
Jackie Schwes, women's cross country
Brad Depke, men's outdoor track and field
- 1982** - Lisa Broek, women's outdoor track and field
Paula Casey, women's outdoor track and field
Nancy Cisar, women's outdoor track and field
Laurie Haddy, women's outdoor track and field
Cam Ratering, women's outdoor track and field
Jackie Schwes, women's outdoor track and field
Marcie Thurn, women's outdoor track and field
Rose Van Egmond, women's outdoor track and field
Kean Richard, men's outdoor track and field
- 1983** - Stacy Bandy, wrestling
Lisa Broek, women's outdoor track and field
- Nancy Cisar, women's outdoor track and field
Marti Haan, women's outdoor track and field
Marcie Thurn, women's outdoor track and field
Augie Lugo, men's tennis
Mike Shanahan, men's outdoor track and field
- 1984** - Murray Anderson, wrestling
Bryant Hancock, wrestling
Dale Lawrence, wrestling
Kelly McGovern, wrestling
Nancy Cisar, women's outdoor track and field
Lori Sears, women's outdoor track and field
Kevin Geary, men's outdoor track and field
Joe Martin, men's outdoor track and field
Jerry Quick, men's outdoor track and field
Matt Schulte, men's outdoor track and field
Scott Foehle, football
Rich Thomas, football
- 1985** - Ed Ergenbright, wrestling
Dale Lawrence, wrestling
Duane Lawrence, wrestling
Scot Storjohann, wrestling
Brian Goldsworthy, men's golf
Rich Thomas, football
- 1986** - Keving Azinger, wrestling
Tim Hackel, wrestling
Kelly McGovern, wrestling
Cindy Messer, softball
Lori Sears, women's outdoor track and field
Joe Jaspers, men's golf
Jeff Blythe, football
- 1987** - Matt Diehl, wrestling
Tim Hackel, wrestling
Paul Veak, wrestling
Jay McGovern, wrestling
Brad Eggers, wrestling
Laurie Suttin, softball
Kris Thompson, softball
Joe Jaspers, men's golf
- 1988** - Jim Bruxvoort, men's indoor track and field,
men's outdoor track and field
Paul Lovell, men's indoor track and field
Cindy Kline, women's golf
Pat Jackson, men's golf
Laurie Suttin, softball
Chris Hoffman, wrestling
Mike Stumberg, football
- 1989** - Chris Hoffman, wrestling
Chad Beck, wrestling
Scot Dierks, wrestling
Brenda Vigness, softball

Jim Bruxvoort, men's outdoor track and field
Kris Reis, football

1990 - Steve Weers, wrestling
Jon McGovern, wrestling
Joe Stutting, wrestling
Jim Bruxvoort, men's outdoor track and field
David Ellingson, men's indoor track and field,
men's outdoor track and field
Jeff Wallerich, men's outdoor track and field
Jason Snyder, men's outdoor track and field
Dan Wallace, men's outdoor track and field
Julie Fortin, women's outdoor track and field

1991 - Chad Beck, wrestling
Jon McGovern, wrestling
Jamie Mahnke, softball
Christi Van Werden, softball
Eric Pingel, men's outdoor track and field

1992 - Jon McGovern, wrestling
Bruce Kuennen, wrestling
Joel Marsden, wrestling
Brad Kreiner, wrestling
Emily Grimes, softball
Julie Nelson, softball
Jenny Semler, softball
Eric Pingel, men's outdoor track and field
Craig Cantrall, men's outdoor track and field
Chris Hulleman, football
Bill Mulder, football

1993 - Tracy Wilson, women's basketball
Bruce Kuennen, wrestling
Brian Reece, wrestling
John Guenther, men's golf
Craig Cantrall, men's outdoor track and field
Brian Dunlap, men's outdoor track and field
Les McCracken, men's outdoor track and field
Mike Morris, men's outdoor track and field
Nate Smith, men's outdoor track and field
Dan Zimmerman, men's outdoor track and field
Emily Grimes, softball
Missey Allen, softball
Jenny Semler, softball
Jeff Helle, football

1994 - Dan Gabrielson, wrestling
Emilie Hanson, women's basketball
Craig Cantrall, men's indoor track and field,
men's outdoor track and field
Nate Smith, men's indoor track and field,
men's outdoor track and field
Michael Morris, men's outdoor track and field
Brian Dunlap, men's indoor track and field,
men's outdoor track and field
Dan Zimmerman, men's indoor track and field,

men's outdoor track and field
Les McCracken, men's indoor track and field,
men's outdoor track and field
Mark Kacmarynski, football
Rick Sanger, football
Jeff Helle, football
Andy Goodman, men's cross country

1995 - Emilie Hanson, women's basketball
Dan Gabrielson, wrestling
Ryan Erickson, men's indoor track and field
Brent Ferneau, men's indoor track and field,
men's outdoor track and field
Eddie Heim, men's indoor track and field,
men's outdoor track and field
Nate Smith, men's indoor track and field,
men's outdoor track and field
Dan Zimmerman, men's indoor track and field,
men's outdoor track and field
Kevin Lucken, men's golf
Missey Allen, softball
Lynette Mullen, softball
Rick Sanger, football
Matt Bandstra, football

1996 - Brent Lawrenson, wrestling
Missey Allen, softball
Lynette Mullen, softball
Rob Akers, men's golf
Mark Kacmarynski, football

1997 - Greg Breeding, wrestling
Darin Fisher, men's golf
Zech Schiebout, men's outdoor track and field
Jay Rhoten, men's outdoor track and field
Kara Stanley, softball
Matt Paulsen, football
Abbie Brown, volleyball
Candace Wilson, volleyball

1998 - Jina Bos, women's outdoor track and field
Sean Clark, men's outdoor track and field
Adam Hartford, men's outdoor track and field
Andrew Paulsen, men's outdoor track and field,
football
Nate Korselman, men's outdoor track and field
Jay Rhoten, men's outdoor track and field
Jon Lindaman, men's outdoor track and field
Cory Woods, men's outdoor track and field
Abbie Brown, volleyball
Candace Wilson, volleyball

1999 - Ryan Cunningham, wrestling
Sean Clark, men's indoor track and field,
men's outdoor track and field
Brad Gaskill, men's outdoor track and field
Nate Koerselman, men's outdoor track and field

Jon Lindaman, men's indoor track and field,
men's outdoor track and field
Marc Vander Velden, men's outdoor track and field
Abbie Brown, volleyball
Candace Wilson, volleyball
Angie Nielsen, volleyball

2000 - Katie Brees, women's indoor track and field,
women's outdoor track and field
Donell Hotze, softball
Annie Van Wetzlinga, softball
Sean Clark, men's outdoor track and field
Adam Hartford, men's outdoor track and field
Nate Koerselman, men's outdoor track and field
Chris McCullough, men's outdoor track and field
Tommy Tavegia, men's outdoor track and field
Marc Vander Velden, men's outdoor track and field
Peter Wagner, men's outdoor track and field
Jeff Sanger, football
Reid Evans, football
Justin Snyder, football
Candace Wilson, volleyball
Angie Nielsen, volleyball

2001 - Annie Van Wetzlinga, softball
Libby Hysell, softball
Katie Brees, women's indoor track and field,
women's outdoor track and field
Tony Brownlee, men's indoor track and field,
men's outdoor track and field
Adam Hartford, men's indoor track and field,
men's outdoor track and field
Chris McCullough, men's outdoor track and field
Tommy Tavegia, men's indoor track and field,
men's outdoor track and field
Peter Wagner, men's indoor track and field,
men's outdoor track and field
Angie Nielsen, volleyball

2002 - Jeremy Hendricks, wrestling
Molly Parrott, women's basketball, softball
Libby Hysell, softball
Tim White, men's golf
Katie Button, women's indoor track and field
Abby Gonzales, women's indoor track and field,
women's outdoor track and field
Lindsay Schultz, women's outdoor track and field
Reagan Schultz, women's outdoor track and field
Tony Brownlee, men's indoor track and field,
men's outdoor track and field
Matt Jens, men's outdoor track and field
Matt McCombs, men's indoor track and field,
men's outdoor track and field
Chris McCullough, men's indoor track and field,
men's outdoor track and field
Peter Wagner, men's indoor track and field,

men's outdoor track and field

2003 - D.J. Cobler, men's indoor track and field
Matt McCombs, men's indoor track and field
Peter Wagner, men's indoor track and field,
men's outdoor track and field
Tanner Whipple, men's indoor track and field
Cale Van Genderen, men's outdoor track and field
Jenn Hansen, women's outdoor track and field
Lindsay Schultz, women's outdoor track and field
Raegan Schultz, women's outdoor track and field
Libby Hysell, softball
April Miller, softball

2004 - Patrick McElyea, men's golf
Lindsay Schultz, women's outdoor track and field
Raegan Schultz, women's indoor track and field
women's outdoor track and field
Alicia Whisner, women's outdoor track and field
Cale Van Genderen, men's indoor track and field,
men's outdoor track and field
Tanner Whipple, men's outdoor track and field
Beth Cunningham, women's cross country

2005 - D.J. Cobler, men's outdoor track and field
Guy Dierikx, men's outdoor track and field
Justin Koeppel, men's outdoor track and field
Kevin Pitz, men's outdoor track and field
Cale Van Genderen, men's indoor track and field,
men's outdoor track and field
Alicia Whisner, women's outdoor track and field
Ryan Johnson, football
Vance Schuring, football

2006 - Zac Bailey, men's outdoor track and field
Ben Bollard, men's indoor track and field,
men's outdoor track and field
Teddy Clark, men's indoor track and field
Alex Costigan, women's outdoor track and field
Guy Dierikx, men's indoor track and field,
men's outdoor track and field
Bryan George, men's indoor track and field
Craig Hernandez, men's outdoor track and field
Justin Koeppel, men's indoor track and field,
men's outdoor track and field
Kevin Pitz, men's indoor track and field,
men's outdoor track and field
Brian Respeliers, men's indoor track and field
Alicia Whisner, women's outdoor track and field
Dana Wilkerson, women's outdoor track and field
Zach Zellweger, men's indoor track and field
Nick Reed, football
Taylor Vanden Wynboom, football
Brant VerMeer, football

2007 - Ben Bollard, men's outdoor track and field

Guy Dierikx, men's indoor track and field,
men's outdoor track and field, football
Craig Hernandez, men's outdoor track and field
Alex Miller, men's outdoor track and field
Alicia Whisner, women's outdoor track and field
Joel Winters, men's golf
Greg Altmaier, football

2008 - Kari Hutchinson, women's indoor track and field
Emily Teas, women's indoor track and field
Jill Ziskovsky, women's indoor track and field
Rachelle Tipton, women's indoor track and field
Jason Fisher, men's indoor track and field
Guy Dierikx, men's indoor track and field,
men's outdoor track and field

Iowa Conference MVPs (91)

1969 - Don Ver Meer, men's golf
1970 - Vern Den Herder, football
Bob Parrott, men's tennis
1973 - Steve Paris, wrestling
1974 - Al Dorenkamp, football
Terry Youngblood, men's track
1977 - Don Taylor, football
1978 - Jerry Fitzsimmons, men's cross country
Pat Espinosa, men's tennis
1979 - Jerry Fitzsimmons, men's cross country,
men's track
Jeff Verhoef, men's basketball
1980 - Jeff Verhoef, men's basketball
1981 - Bruce Wendt, football
Mark Muyskens, men's cross country
Kevin Luttrell, men's tennis
Ron Peterson, men's golf
1982 - Augie Lugo, men's tennis
Ron Peterson, men's golf
1983 - Karen Collentine, volleyball
Pam Coon, women's tennis
Augie Lugo, men's tennis
1984 - Kim Doyle, women's golf
Karen Collentine, volleyball
Augie Lugo, men's tennis
Nancy Cisar, women's track and field
1985 - Rich Thomas, football
Cindy Kline, women's golf
Ingrid Elvebak, women's cross country
Steve Muller, men's basketball
Jeff Schneekloth, men's tennis
Brian Goldsworthy, men's golf
1986 - Ingrid Elvebak, women's cross country
Jo Beth Castleberry, volleyball
Cindy Kline, women's golf
Kelly McGovern, wrestling
Jeff Schneekloth, men's tennis
1987 - Cindy Kline, women's golf
Bill Spurbeck, men's golf
Laurie Suttan, softball

Alex Miller, men's outdoor track and field
Luke Bolander, men's outdoor track and field
Matt Patrick, men's outdoor track and field
Kurtis Brondyke, men's outdoor track and field
Kelly Harris, softball

2009 - Kurtis Brondyke, men's indoor track and field,
men's outdoor track and field
Ethan Miller, men's indoor track and field,
men's outdoor track and field
Rachel Boeke, women's outdoor track and field
Rachael Everingham, softball
Sarah Paulson, women's golf

1988 - Mike Stumberg, football
Lori Ellwood, women's basketball
Joe Jaspers, men's golf
1990 - Ron Saak, football
Shari King, women's golf
Pat Jackson, men's golf
1991 - Rich Kacmarynski, football
Christi Van Werden, softball
1992 - Jana Daberkow, women's golf
Chad Hoekstra, men's golf
Emily Grimes, softball
1993 - Tracy Wilson, women's basketball
Chad Hoekstra, men's golf
Emily Grimes, softball
1994 - Mark Kacmarynski, football
Andy Goodman, men's track and field,
men's cross country
Nate Smith, men's track and field
Emilie Hanson, women's basketball
Todd Isley, men's golf
1995 - Emilie Hanson, women's basketball
1996 - Maggie Brown, volleyball
1997 - Jay Rhoten, men's track and field
Abbie Brown, volleyball
1998 - Jay Rhoten, men's track and field
Abbie Brown, volleyball
1999 - Wade Van Vark, baseball
Abbie Brown, volleyball
2000 - Chris McCullough, men's track and field
Jeff Sanger, football
Candace Wilson, volleyball
2001 - Roger Dortch, men's golf
Angie Nielsen, volleyball
2002 - Peter Wagner, men's track and field
Tim White, men's golf
2003 - Peter Wagner, men's track and field
Libby Hysell, softball
2004 - Corrie Schmidt, softball
Tanner Whipple, men's track and field
Jamie Stark, volleyball

2005 - Katie Pederson, volleyball
Vance Schuring, football
2006 - Adam Duerfeldt, baseball
Vance Schuring, football
2007 - Andy Petersen, men's golf
Tim Connell, football

2008 - Andy Petersen, men's golf
Guy Dierikx, men's indoor track and field
Kelly Harris, softball
Kari Hutchinson, women's outdoor track and field
Sarah Paulson, women's golf

Des Moines Register Sports Hall of Fame

1976 - Richard "Babe" Tysseling '32; baseball, men's basketball, football, track and field, coach, athletics director
1988 - Vern Den Herder '70; football, men's basketball, NFL player
2002 - Dick Schultz '50; baseball, men's basketball, football, Division I basketball coach, athletics director, NCAA executive director, U.S. Olympic Committee president

Central College Athletics Hall of Honor

2002
Vern Den Herder; football, men's basketball
Dr. Camilla Ratering McCalmont; women's cross country, women's track and field
Ron Schipper; Head football coach, athletics director
Dick Schultz; Baseball, men's basketball, football
Richard "Babe" Tysseling; baseball, men's basketball, football, track and field
Jeff Verhoef; men's basketball

2003
Dr. Richard Dykstra; football
Gertrude Beintema; athletic department office manager
Marcie Thurn Rohach; women's track and field
Clarence Wilkins; men's basketball
Brian Goldsworthy; Men's Golf

2004
Denise Boll Baker; Women's basketball
Dr. Kenneth Weller; Central College president, NCAA vice-president
Dana Snoap; men's basketball

2005
Tom Stone; football
Nancy Cisar Wright; women's track and field
Scot Storjohann; football, wrestling

2006
Laurie Suttin Flynn; softball, women's basketball
Joe Jaspers; men's golf, men's basketball
Scott Lindell; Football
Lori Nolte; women's cross country, women's track and field

2007
Eldon Schulte; football, basketball, men's track and field
Lisa Broek; track and field
Rich Thomas; football

2008
Harold De Bie; men's basketball
Bruce Heerema; football, men's track and field
Christi Van Werden; softball, women's basketball

