



2009 WOMEN'S SOCCER

CENTRAL COLLEGE

MEDIA GUIDE





Founded —1853

Enrollment — 1,700

Affiliation — Reformed Church in America

President — Dr. David Roe

Membership — Iowa Intercollegiate Athletic Conference, National Collegiate Athletic Association, Division III

Founded in 1853, Central College is a four-year coeducational liberal arts college of the Reformed Church in America. Located 40 miles southeast of Des Moines, Central offers its 1,700 students learning opportunities not only on the Pella campus, but on branch campuses in London, England; Merida, Mexico; Leiden, the Netherlands; and Bangor, Wales; and at study centers in Granada, Spain; Hangzhou, China; Paris, France; and Vienna, Austria.

Central is a member of the National Collegiate Athletic Association, Division III, and the Iowa Intercollegiate Athletic Conference. Men compete in baseball, football, basketball, tennis, golf, wrestling, soccer, track and cross country while women compete in tennis, golf, track, softball, volleyball, cross country, soccer and basketball. Rugby is offered at the club level.

The A.N. Kuyper Athletics Complex

The A.N. Kuyper Athletics Complex is located at the corner of Independence Street and West Fifth Street in southwest Pella. The complex includes P.H. Kuyper Gymnasium (1970), H.S. Kuyper Fieldhouse (1987), Ron and Joyce Schipper Stadium (1977), the baseball and softball fields (1978), Ryerson Golf Practice Range (2005), tennis courts (1992), soccer field (2005) and the Ron Schipper Fitness Center (1999). The complex also includes practice and intramural softball diamonds and football fields. Golf meets are held at the Bos Landen Golf Club, two miles southwest of the campus on Highway T-15.

Directory

Sports Information Director	Larry Happel
Office	(641) 628-5278
Home	(641) 628-2754
Cell	(641) 780-6118
Fax	(641) 628-5340
E-mail	sportsinfo@central.edu
Central athletics Web page	www.central.edu/athletics



ATHLETICS DEPARTMENT STAFF

Athletics director Al Dorenkamp
 Special assistant to the athletics director John Edwards
 Director of intramurals Adam Stevens
 Athletics office manager Jeffy Schuring
 Athletics secretary Becky Cook
 Head athletic trainer Leslie Duinink
 Assistant athletic trainer Dustin Briggs
 Assistant athletic trainer Chris Viesselman
 Athletic training education program director John Roslien
 Strength and conditioning/
 Ron Schipper Fitness Center coordinator Jake Anderson
 Assistant strength and conditioning Kyle Johnson
 Athletics and special events supervisor Charlie Estabrook
 Building and grounds manager Randy Shives
 Sports information director Larry Happel

FACULTY ATHLETIC COUNCIL REPRESENTATIVES

Dr. Andrew Green, assistant professor of political science
 Dr. Edmond Willis, professor of psychology
 Dr. Lori Witt, assistant professor of history

COACHING STAFF

Baseball Adam Stevens
 Assistant baseball Brandon Townsend
 Assistant baseball TBA
Basketball - Men's Mike Boschee
 Assistant basketball Joe Steinkamp
 Assistant basketball TBA
Basketball - Women's Jerry Nikkel
 Assistant basketball Andy Campbell
 Assistant basketball Gary Boeyink
Cross country - Men's/women's Joe Dunham
 Associate cross country Stephen Fyfe
 Assistant cross country Bryan George
Football Jeff McMartin
 Assistant football Jeff Bollard--receivers
 Assistant football Dick Bowzer--quarterbacks/receivers
 Assistant football Darrell Brand--kickers/punters
 Assistant football Don De Waard--co-defensive coordinator/linebackers
 Assistant football Reid Evans--offensive line
 Assistant football Eric Jones--tight ends
 Assistant football Matt Paulsen--defensive backs
 Assistant football Zach Pfantz--co-defensive coordinator/defensive line
 Assistant football Jeff Sanger--defensive ends
 Assistant football Austen Scheuler--defensive backs

Assistant football Drew Sikkink--offensive line
 Assistant football Jerry Southmayd--running backs
Golf - Men's Charlie Estabrook
 Assistant golf Tom Linton
 Assistant golf Clint Brown
Golf - Women's Jodee Schaben
Soccer - Men's Garry Laidlaw
 Assistant soccer Kyle Halfpop
 Assistant soccer John Milligan
Soccer - Women's Colin Kuchy
 Assistant soccer Kevin Schalk
Softball George Wares
 Associate softball Alicia O'Brien
 Assistant softball Mary Vande Hoef
 Assistant softball Jake Fisher
Tennis - Men's/women's Steve Tyler
 Assistant tennis Nick Rohner
Track and field - Men's/women's Joe Dunham
 Associate track and field Guy Mosher
 Assistant track and field Stephen Fyfe
 Assistant track and field Bryan George
 Assistant track and field Eric Pingel
 Assistant track and field Scott Tjeerdsma
 Assistant track and field Allan Walz
Volleyball Kent Clayberg
 Assistant volleyball Cindy Nikkel
 Assistant volleyball Rhea Softley
 Assistant volleyball Traci Dyer
Wrestling Eric Van Kley
 Assistant wrestling Jason Zastrow
 Assistant wrestling Matt Diehl

HEAD COACH DIRECTORY

(All phone numbers are 641 area code)

Name	Sport	E-mail	Office phone
Boschee, Mike	Men's basketball	boscheem@central.edu	628-5225
Kuchy, Colin	Women's soccer	kuchyc@central.edu	628-5224
Clayberg, Kent	Volleyball	claybergk@central.edu	628-7605
Dorenkamp, Al	Athletics director	dorenkampa@central.edu	628-5310
Dunham, Joe	Men's and women's track and field, men's and women's cross country	dunhamj@central.edu	628-7603
Estabrook, Charlie	Men's golf	estabrookc@central.edu	628-7694
Laidlaw, Garry	Men's soccer	laidlawg@central.edu	628-5789
McMartin, Jeff	Football	mcmartinj@central.edu	628-7609
Tyler, Steve	Men's and women's tennis	tylers@central.edu	628-5194
Nikkel, Jerry	Women's basketball	nikkelj@central.edu	628-7652
Stevens, Adam	Baseball	stevensa@central.edu	628-5396
Van Kley, Eric	Wrestling	vankleye@central.edu	628-5422
Wares, George	Softball	waresg@central.edu	628-5195
Schaben, Jodee	Women's golf	schabenj@central.edu	628-5591

Fax numbers

Athletics department (641) 628-5356
Sports information office (641) 628-5340

Women's soccer

2009 schedule

Date	Opponent	Site	Time
Sept. 1	Nebraska Wesleyan	+Pella	6:45 p.m.
Sept. 4	St. Catherine (Minn.)	Pella	4:30 p.m.
Sept. 5	St. Mary's (Minn.)	Pella	4 p.m.
Sept. 9	Grinnell	Grinnell	5:30 p.m.
Sept. 12	Gustavus Adolphus (Minn.)	Pella	10:30 a.m.
Sept. 16	Webster (Mo.)	St. Louis, Mo.	4:30 p.m.
Sept. 19	Monmouth (Ill.)	Monmouth, Ill.	1 p.m.
Sept. 22	Grand View	Des Moines	6:30 p.m.
Sept. 26	St. Mary's (Neb.)	Omaha, Neb.	1 p.m.
Oct. 1	Millikin (Ill.)	Decatur, Ill.	4 p.m.
Oct. 3	Loras	Dubuque	1 p.m.
Oct. 7	Simpson	Indianola	5 p.m.
Oct. 10	Wartburg	Pella	3 p.m.
Oct. 14	Dubuque	Pella	1 p.m.
Oct. 17	Cornell	Mount Vernon	1 p.m.
Oct. 21	Luther	Pella	1 p.m.
Oct. 24	Coe	Pella	1 p.m.
Oct. 27	St. Ambrose	Muscatine	6 p.m.
Oct. 31	Buena Vista	Storm Lake	1 p.m.
Nov. 3/4	Iowa Conference tournament	TBD	TBD
Nov. 6-7	Iowa Conference tournament	TBD	TBD

+ game played at Pella Soccer Complex

WOMEN'S SOCCER QUICK FACTS

2008 record: 3-15 overall, 2-6 Iowa Conference (seventh place)

Starters lost: 5 (D-Sarah Frese, D-Alyssa Brobst, MF-Kristin Davis, MF-Nicole Krause, F-Katherine Mills)

Starters returning: 6 (MF-Jenna Hindman, MF-Kristi Klatt, MF-Lacey Merfeld, D-Brianne Knutson, D-Alex Kleis, GK-Abby Norman)

Letterwinners lost/returning: 5/10

Returning all-conference players: 2 (2008 second team--MF Jenna Hindman; 2007 second team--MF-Kristi Klatt)

Colin Kuchy

Head coach

Colin Kuchy (KOO-chee) is in his second year as head women's soccer coach at Central College.

Kuchy was an assistant coach for the Central men's soccer squad, helping the Dutch post a 14-4-3 record in 2007. Previously he was head coach for Mount Zion (Ill.) High School for a year and the Mid-State Soccer Club in Decatur, Ill., after earlier stints as a coach for clubs in St. Louis, Mo. He also spent a year as the junior varsity coach at St. Ambrose University. For 15 months Kuchy was event manager for Street Soccer Cup USA in St. Louis. He inherited a small, inexperienced squad at Central and recorded a 3-15 mark in his first season.

Kuchy earned a bachelor's degree at St. Ambrose in 2003 and a master's degree in business management at Webster (Mo.) University. He was a four-year starter at St. Ambrose and served as a team co-captain his senior season. A native of San Antonio, Texas, Kuchy attended high school in Nashville, Tenn., where he played in three state tournaments and also gained extensive club experience.

Kevin Schalk

Assistant coach

Kevin Schalk is in his second season as assistant women's soccer coach at Central.

A veteran club, high school and college coach, Schalk served three years as assistant men's soccer coach at Wells College (N.Y.). From 2001-05 he was an assistant at Cicero-North Syracuse High School (N.Y.), where he helped the boys' squad capture four consecutive conference titles and earn four trips to the state semifinals while compiling a 63-10-2 record. In his final season, Cicero-North Syracuse posted a 21-0-1 and was ranked in the NSCAA national top five.

From 2005-07 Schalk was on the staff of the Syracuse Football Club, helping his team win a regional crown and receiving co-coach of the year honors. He later worked with the Northstars Soccer Club in Cicero, N.Y. and now serves as a professional coach and director of goaltending at Vision Soccer Academy in Waukee.

A New York native, Schalk was a five-year starter at Cicero-North Syracuse High School where he was a three-time all-state player, a two-time Parade regional all-American and a national Olympic Development Program team pool player.

At the College of Charleston (S.C.) he was a two-time All-Trans-Atlantic Conference player and was an all-conference freshman team honoree as well.

Schalk holds a USSF B license, UEFA B license, NSCAA Advanced National Diploma and NSCAA National Goalkeepers License as well as high school coaching endorsements in Iowa and New York.

2008 results

3-15 overall, 2-6 Iowa Conference

Date	Opponent	Site	Result
Aug. 30	Milwaukee School of Engineering (Wis.)	Milwaukee, Wis.	L, 4-0
Sept. 1	Alverno (Wis.)	Milwaukee, Wis.	W, 8-0
Sept. 6	St. Catherine's (Minn.)	Waverly	L, 7-0
Sept. 10	Grinnell	Pella	L, 7-0
Sept. 13	Monmouth (Ill.)	Pella	L, 4-0
Sept. 17	Iowa Wesleyan	Pella	L, 1-0
Sept. 20	Cornell	Pella	L, 5-1
Sept. 24	Mount Mercy	Pella	L, 4-2
Sept. 27	St. Mary's (Neb.)	Pella	L, 7-1
Oct. 2	Neb. Wesleyan	Lincoln, Neb.	L, 5-0
Oct. 4	Luther	Decorah	L, 8-0
Oct. 8	Buena Vista	Pella	W, 5-0
Oct. 11	Dubuque	Dubuque	L, 9-1
Oct. 15	Coe	Cedar Rapids	W, 2-1 (2 OT)
Oct. 18	Simpson	Pella	L, 6-0
Oct. 22	Loras	Pella	L, 8-0
Oct. 25	Wartburg	Waverly	L, 5-0
Oct. 28	William Penn	Pella	L, 3-1

2008 Iowa Conference standings

	Conference			Overall		
	W	L	T	W	L	T
y-Wartburg	8	0	0	17	2	2
x-Loras	6	1	1	14	5	2
x-Luther	5	2	1	11	7	2
x-Simpson	5	2	1	11	6	2
x-Dubuque	4	3	1	9	8	3
x-Cornell	3	5	0	8	10	0
Central	2	6	0	3	15	0
Coe	1	7	0	4	14	0
Buena Vista	0	8	0	2	16	0

x-Iowa Conference tournament qualifier

y-Iowa Conference tournament champion

Year-by-year results

Year	Record	Conf. place	Coach	Year	Record	Conf. place	Coach
1995	3-5	3rd	Jim Duffy	2002	5-12	8th	Cory Ann Ellis
1996	4-8-1	5th	Jim Duffy	2003	7-9	tie, 4th	Cory Ann Ellis
1997	3-10-2	7th	Alf Bilbao	2004	8-8-1	6th	Rick Burns
1998	8-8-1	6th	Amy Van Heukelem	2005	7-11	9th	Rick Burns
1999	12-8	3rd	Amy Van Heukelem	2006	8-9-1	8th	Rick Burns
2000	8-9-1	5th	Amy Van Heukelem	2007	10-5-3	6th	Rick Burns
2001	4-13	7th	Amy Van Heukelem	2008	3-15-0	7th	Colin Kuchy

2008 individual statistics

Name	GP-GS	G	A	Pts.	Sh.	SOG	Per.	GW	PK-ATT
Jenna Hindman	18-18	5	4	14	43	24	.558	1	0-0
Kristi Klatt	18-18	4	2	10	37	20	.541	1	0-0
Lacey Merfeld	16-16	3	0	6	15	10	.667	0	0-0
Brianne Knutson	18-18	2	0	4	8	5	.625	0	0-0
Katherine Mills	10-10	2	0	4	5	3	.600	0	0-0
Alyssa Brobst	18-18	1	0	2	14	3	.214	0	0-0
Kristin Davis	18-18	1	3	5	9	3	.333	1	0-0
Sarah Frese	16-16	1	0	2	20	4	.200	0	0-0
Nicole Krause	17-11	1	0	2	4	3	.750	0	0-0
Abby Marshall	1-0	0	0	0	0	0	.000	0	0-0
Abby Norman	18-15	0	0	0	0	0	.000	0	0-0
Courtney Dille	7-2	0	0	0	4	1	.250	0	0-0
Chelsea Tyler	12-7	0	0	0	1	1	1.000	0	0-0
Courtney Sheets	4-0	0	0	0	0	0	.000	0	0-0
Melissa DeRuiter	4-2	0	0	0	1	1	1.000	0	0-0
Caroline Bartko	13-2	0	0	0	2	1	.500	0	0-0
Jessi Steward	7-7	0	0	0	1	1	1.000	0	0-0
Rachael Everingham	2-1	0	1	1	2	2	1.000	0	0-0
Alex Kleis	18-17	0	1	1	1	0	.000	0	0-0
Natasha Gustin	3-0	0	0	0	2	0	.000	0	0-0
Total	18	21	11	53	169	83	.491	3	0-0
Opponents	18	84	56	224	424	215	.507	15	1-2

Goalkeeping statistics

Name	GP-GS	Min.	GA	Avg	Saves	Pct.	W	L	T	SO
Melissa DeRuiter	2-2	114:45	4	3.14	6	.600	1	1	0	0.0
Abby Norman	18-15	1503:31	77	4.61	155	.668	2	13	0	1.0
Caroline Bartko	1-1	19:42	3	13.71	1	.250	0	1	0	0.0
TEAM										1.0
Total	18	1637:58	84	4.62	162	.659	3	15	0	2.0
Opponents	18	1637:58	84	4.62	162	.659	3	15	0	10.0

2008 team statistics

	Central	Opponents
Goals-Shot attempts	21-169	84-424
Goals scored average	1.15	4.62
Shot pct	.124	.198
Shots on goal-Attempts	83-169	215-424
SOG pct.	.491	.507
Shots/Game	9.4	23.6
Assists	11	56
Corner kicks	38	119
Penalty kicks	0-0	1-2
Penalties		
Yellow cards	3	3
Red cards	0	0

GOALS BY PERIOD	1st	2nd	OT	OT2	Total
Central College	9	11	0	1	21
Opponents	38	46	0	0	84

SHOTS BY PERIOD	1st	2nd	OT	OT2	Total
Central College	75	89	1	4	169
Opponents	201	220	3	0	424

SAVES BY PERIOD	1st	2nd	OT	OT2	Total
Central College	77	83	2	0	162
Opponents	27	35	0	2	64

FOULS BY PERIOD	1st	2nd	OT	OT2	Total
Central College	45	66	1	3	115
Opponents	65	67	1	0	133

Career statistics for returning players

Caroline Bartko, sophomore, midfielder, Ingleside, Ill. (Grant HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2008	13	0	0	0	2	1	.500	0
Total	13	0	0	0	2	1	.500	0

One varsity letter...2008 Most Improved Player Award.

Jenna Hindman, 5-4, senior, midfielder, Swisher, Iowa (Prairie HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2006	18	4	4	12	29	10	.345	0
2007	18	6	4	16	22	18	.818	0
2008	18	5	4	14	43	24	.558	1
Total	54	15	12	42	94	52	.553	1

Three varsity letters...2008 all-Iowa Conference, second team...2008, 2007 Academic all-Iowa Conference...2006 team Top Newcomer Award...2008 Most Valuable Player Award.

Kristi Klatt, junior, midfielder, Cedar Falls, Iowa (Cedar Falls HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2007	18	1	8	10	25	15	.600	0
2008	18	4	2	10	37	20	.541	1
Total	36	5	10	20	62	35	.565	1

Two varsity letters...2007 all-Iowa Conference, second team...2007 team Top Newcomer Award...2008 Best All-Around Player Award

Alex Kleis, 5-5, sophomore, defender, Pella, Iowa (Pella HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2008	18	0	1	1	1	0	.000	0
Total	18	0	1	1	1	0	.000	0

One varsity letter.

Brianne Knutson, 5-7, junior, defender, Marshalltown, Iowa (Marshalltown HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2007	18	0	0	0	1	0	.000	0
2008	18	2	0	4	8	5	.625	0
Total	36	2	0	4	9	5	.556	0

Two varsity letters...2008 Coaches' Award.

Lacey Merfeld, 5-2, sophomore, forward, Peosta, Iowa (Dubuque-Hempstead HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2008	16	3	0	6	15	10	.667	0
Total	16	3	0	6	15	10	.667	0

One varsity letter.

Abby Norman, 5-10, sophomore, goalkeeper, Geneseo, Ill. (Geneseo HS)

	GP	Min.	GA	Avg.	Saves	W	L	T	SO
2008	18	1503:31	77	4.61	155	2	13	0	1.0
Total	18	1503:31	77	4.61	155	2	13	0	1.0

One varsity letter...2008 Top Newcomer Award.

Jessi Steward, 5-1, senior, defender, Cedar Falls, Iowa (Cedar Falls HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2006	16	1	1	3	8	3	.375	1
2007	17	0	1	1	6	5	.833	0
2008	7	0	0	0	1	1	1.000	0
Total	40	1	2	4	15	9	.600	1

Three varsity letters...2007 team Coaches' Award...2008 team co-captain...2008 Leadership Award...missed second half of 2008 season with injury.

Chelsea Tyler, 5-4, sophomore, defender, Norwalk, Iowa (Norwalk HS)

	GP	G	A	Pts	Shots	SOG	Pct.	GW
2008	12	0	0	0	1	1	1.000	0
Total	12	0	0	0	1	1	1.000	0

One varsity letter.

Individual honors

All-Iowa Conference selections

Second team - MF, Jenna Hindman

Academic all-Iowa Conference selections

Alyssa Brobst Biology, 4.00
Jenna Hindman Exercise science, 3.80

ESPN The Magazine Academic All-District

Second team

Alyssa Brobst Biology, 4.00
Jenna Hindman Exercise science, 3.80

Team Most Valuable Player Award winners

1995 Shannon Curley	2000 Alison Cupples
1996 Heather Albee	2001 Shelli Ahmad
1997 Heather Albee	2002 Kate Pipho
1998 Heather Albee	2003 Kate Pipho
1999 Alison Cupples	2004 Brenda Pavelka

All-time records

Individual

Most goals

Game - 5, Lynette Woodrow at Mount Mercy, Oct. 10, 2002

Freshman season - 17, Tori Rittman, 2004

Season - 21, Heather Allbee, 1998

Career - 52, Tori Rittman, 2004-07

Scoring leaders

Season goals

- 21, Heather Allbee, 1998
- 19, Allison Cupples, 2000
- 17, Tori Rittman, 2004
- 13, Heather Albee, 1996
- 12, Lynette Woodrow, 2002

Career goals

- 52, Tori Rittman, 2004-07
- 44, Heather Allbee, 1995-98
- 28, Allison Cupples, 1998-2000
- 25, Leah Klassen, 1998-2001
- 23 (tie), Shelli Ahmas, 1998-2001
23, Amy Stewart, 1999-2001

Fastest goal - 0:39, Heather Albee vs. Simpson, Sept. 18, 1996

Fastest goal allowed - 0:34, Lindsay Clark, Simpson, Oct. 18, 2003

Most consecutive games scoring streak

Goals - 4 (tie), Lynette Woodrow, Oct. 2-12, 2002; Tori Rittman, Sept. 3-12, 2007

Most points

Game - 10, tie, Heather Allbee, vs. Iowa Wesleyan, Sept. 7, 1998; Lynette Woodrow vs. Mt. Mercy, Oct. 10, 2002

2008 team awards

MVP Award - Jenna Hindman

Top Newcomer Award - Abby Norman

Best All-Around Player Award - Kristi Klatt

Most Improved Player Award - Caroline Bartko

Coaches' Award - Brianne Knutson

Leadership Award - Jessi Steward

2008 captains - Sarah Frese, Jessi Steward

2005 Ashley Veigelt

2006 Ashley Veigelt

2007 Stephanie Ellwanger

2008 Jenna Hindman

Season - 51, Heather Allbee, 1996

Career - 101, Heather Allbee, 1995-98

Most shots

Game - 14, Lynette Woodrow vs. Upper Iowa, Sept. 11, 2002

Season - 90, Tori Rittman, 2005

Career - 337, Tori Rittman, 2004-07

Most assists

Game - 3, Shannon Curley vs. Simpson, Sept. 18, 1996

Season - 9, Heather Allbee, 1998

Career - 13, Heather Allbee, 1995-98

Most saves

Game - 18, Ashley Veigelt vs. Carthage (Wis.), Sept. 14, 2005

Season - 176, Amanda Jonckheere, 1996

Career - 349, Amanda Jonckheere, 1995-98

Fewest goals allowed per game

Season (min. 1200 minutes) - 1.47 (25 goals-1520 minutes), Ashley Veigelt, 2004-07

Career (min. 1800 minutes) - 1.43 (32 goals-2072 minutes), Ashley Veigelt, 2003-06

Most shutouts

Season - 8, Ashley Veigelt, 2004

Career - 17, Ashley Veigelt, 2003-06

Most games played

Career - 71, Leah Klassen, 1998-2001

Career, goalkeeper - 59, Kate Pipho, 2000-03

Team records

Most victories, season - 12, 1999
Most consecutive victories - 5 (tie), Sept. 1-13, 2005; Sept. 3-15, 2007
Highest winning percentage, season - .639 (10-5-3), 2007
Most goals, game - 11, vs. Upper Iowa, Oct. 7, 1998
Most goals, season - 52, 1998
Most goals allowed, game - 11, vs. St. Thomas, Sept. 15, 2001
Most goals allowed, season - 51, 2001
Fewest goals allowed, season - 22, 2007
Fewest goals allowed per game, season - 1.16 (22 goals-18 games), 2007
Most shots, game - 47, tie, vs. Buena Vista, Oct. 22, 2002; vs. North Central (Minn.), Oct. 12, 2004
Most shots, season - 305, (15.25 per game), 1999
Most shots per game, season - 15.8, 2004
Fewest shots allowed, game - 0, vs. Upper Iowa, Oct. 29, 2003
Fewest shots allowed, season - 258, (14.3 per game),

2000
Fewest shots allowed per game, season - 13.4, 1998
Most assists, game - 7, vs. Upper Iowa, Oct. 7, 1998
Most assists, season - 40, 1998
Most points, season - 144, 1998
Most saves, game - 18, vs. Carthage (Wis.), Sept. 14, 2005
Most saves, season - 169, 1997
Largest shot margin, game - 46, tie, (47-1) vs. Buena Vista, Oct. 22, 2002; (46-0) vs. Upper Iowa, Oct. 29, 2003
Largest shot margin, season - 43 (301-258), 2000
Most consecutive shutouts - 3, Sept. 29-Oct. 6, 2004
Most shutouts, season - 8, 2004
Most corner kicks, game - 15, vs. North Central (Minn.), Oct. 12, 2004
Most corner kicks, season - 91, 1998
Most corner kicks per game, season - 5.72, 2000
Most fouls, game - 22, vs. Upper Iowa, Sept. 20, 1997
Most fouls, season - 135, 2003

All-time series records

2009 opponents in bold

Alverno (Wis.)	0-1
Ashford	2-1
Augsburg (Minn.)	0-2
Augustana (Ill.)	0-3-1
Bellevue (Neb.)	0-1
Bemidji State (Minn.)	1-0
Benedictine (Ill.)	2-0
Bethel (Minn.)	3-2
Buena Vista	10-1
Carthage (Wis.)	0-1
Clarke	2-2
Coe	8-5
Concordia (Neb.)	0-1
Concordia-St. Paul (Minn.)	0-1
Cornell	3-9
Crown (Minn.)	3-0
Dana (Neb.)	0-1-1
Dominican (Ill.)	0-1
Dordt	0-2

Dubuque	0-6-1
Elmhurst (Ill.)	0-1
Fontbonne (Mo.)	0-0-1
Graceland	0-3
Grand View	1-3
Grinnell	0-6
Gustavus Adolphus Minn.	0-0
Hamline (Minn.)	0-1
Illinois College	2-0
Iowa Wesleyan	5-2
Knox (Ill.)	1-0
Lewis & Clark (Ore.)	0-1
Loras	2-10
Luther	1-13
Midland Lutheran (Neb.)	1-0
Millikin (Ill.)	0-0
Milwaukee School of Engineering (Wis.)	2-1
Monmouth (Ill.)	2-1
Mount Mercy	3-1-1

Mount St. Clare	1-1
Nebraska Wesleyan	1-5
North Central (Ill.)	2-0
North Park (Ill.)	1-1
Northwestern	1-0
Simpson	4-11-1
St. Ambrose	0-0
St. Catherine (Minn.)	1-1
St. Mary's (Minn.)	0-0
St. Mary's (Neb.)	0-1
Teikyo Marycrest	0-2
Upper Iowa	5-0
Viterbo (Wis.)	0-0-1
Waldorf	2-0
Wartburg	7-8-3
Webster (Mo.)	0-0
Westminster (Mo.)	1-0
William Penn	6-2-1
Wis.-Oshkosh	0-1
Wis. Lutheran	1-0

All-time scores

1995 (3-5)

Sept. 14	Teikyo Marycrest	Pella	L, 14-0
Sept. 19	Simpson	Pella	W, 4-2
Oct. 4	Coe	Pella	L, 6-1
Oct. 7	Wartburg	Pella	L, 4-1
Oct. 12	Mount St. Clare	Clinton	L, 3-0
Oct. 17	Simpson	Indianola	W, 3-2

Iowa Conference tournament

Oct. 28	Luther	Decorah	L, 7-0
Oct. 29	Wartburg	Decorah	W, 2-1

1996 (4-8-1)

Sept. 1	Teikyo Marycrest	La Crosse, Wis.	L, 7-0
Sept. 2	Viterbo (Wis.)	La Crosse, Wis.	T, 1-1
Sept. 10	Graceland	Pella	L, 5-0
Sept. 14	Loras	Pella	L, 5-2
Sept. 18	Simpson	Pella	L, 4-3 (OT)
Oct. 4	Bellevue (Neb.)	Bellevue, Neb.	L, 4-1

Oct. 7	Simpson	Pella	L, 4-1
Oct. 9	William Penn	Oskaloosa	W, 9-0
Oct. 12	Wartburg	Waverly	W, 6-3
Oct. 19	Mount St. Clare	Pella	W, 1-0
Oct. 22	Luther	Decorah	L, 4-0
Oct. 25	William Penn	Pella	W, 6-0

Iowa Conference tournament

Nov. 8	Wartburg	Pella	L, 3-1
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1997 (3-10-2)

Sept. 10	Simpson	Indianola	L, 3-2
Sept. 13	Wartburg	Pella	T, 1-1
Sept. 16	Coe	Pella	L, 4-1
Sept. 23	Clarke	Dubuque	L, 3-0
Sept. 27	Iowa Wesleyan	Indianola	L, 2-1
Sept. 28	Augustana (Ill.)	Indianola	L, 3-2
Oct. 1	Graceland	Lamoni	L, 5-0
Oct. 3	Bethel (Minn.)	Pella	L, 2-0
Oct. 8	Simpson	Indianola	W, 3-2
Oct. 11	Luther	Pella	L, 2-0
Oct. 16	William Penn	Pella	W, 7-0
Oct. 18	Buena Vista	Storm Lake	W, 3-2
Oct. 23	Dana (Neb.)	Pella	T, 0-0
Oct. 25	Loras	Dubuque	L, 2-1
Oct. 28	Cornell	Mt. Vernon	L, 2-0

1998 (8-8-1)

Sept. 5	Bethel (Minn.)	St. Paul, Minn.	L, 2-0
Sept. 7	Iowa Wesleyan	Pella	W, 9-0
Sept. 9	Clarke	Pella	L, 5-2
Sept. 16	Midland Lutheran (Neb.)	Fremont, Neb.	W, 4-0
Sept. 19	Simpson	Pella	L, 4-2
Sept. 21	Dana (Neb.)	Blair, Neb.	L, 2-1
Sept. 24	Grand View	Des Moines	W, 3-0
Sept. 30	Cornell	Pella	L, 5-3

Oct. 2	Dordt	Pella	L, 5-0
Oct. 3	Buena Vista	Pella	W, 5-1
Oct. 7	Upper Iowa	Fayette	W, 11-0
Oct. 10	Luther	Decorah	L, 5-0
Oct. 13	Wartburg	Waverly	W, 5-0
Oct. 16	Loras	Pella	L, 1-0
Oct. 17	St. Catherine's (Minn.)	Pella	W, 5-2
Oct. 21	Coe	Cedar Rapids	W, 1-0
Oct. 24	William Penn	Oskaloosa	T, 0-0

1999 (12-8)

Sept. 2	Hamline (Minn.)	Pella	L, 1-0
Sept. 10	Northwestern	Orange City	W, 1-0 (OT)
Sept. 11	Dordt	Sioux Center	L, 5-0
Sept. 14	Augustana (Ill.)	Rock Island, Ill.	L, 7-3
Sept. 16	Grand View	Pella	W, 7-0
Sept. 18	Bethel (Minn.)	Pella	W, 4-2
Sept. 21	Simpson	Indianola	W, 4-1
Sept. 25	North Park (Ill.)	Chicago, Ill.	L, 2-1
Sept. 28	William Penn	Pella	W, 4-0
Oct. 2	Cornell	Mt. Vernon	L, 3-0
Oct. 6	Upper Iowa	Pella	W, 8-1
Oct. 8	Grinnell	Grinnell	L, 5-0
Oct. 9	Buena Vista	Storm Lake	W, 3-0
Oct. 12	Wartburg	Pella	W, 3-2 (OT)
Oct. 16	Luther	Pella	L, 2-1 (OT)
Oct. 19	Coe	Pella	W, 3-2
Oct. 23	Loras	Dubuque	W, 3-2 (2OT)
Oct. 27	Clarke	Dubuque	W, 1-0 (2OT)

Iowa Conference tournament

Oct. 29	Luther	Indianola	L, 3-1
Oct. 30	Coe	Indianola	W, 1-0

2000 (8-9-1)

Sept. 1	Wis.-Oshkosh	Pella	L, 5-2
Sept. 4	North Park (Ill.)	Pella	W, 4-1
Sept. 7	Augustana (Ill.)	Pella	T, 2-2
Sept. 9	Grand View	Des Moines	L, 2-0
Sept. 13	Clarke	Pella	W, 5-0
Sept. 15	Bethel (Minn.)	St. Paul, Minn.	W, 4-3 (OT)
Sept. 16	Bemidji State (Minn.)	St. Paul, Minn.	L, 2-1
Sept. 19	Simpson	Pella	L, 4-3
Sept. 23	Buena Vista	Pella	W, 10-0
Sept. 26	William Penn	Oskaloosa	L, 2-0
Sept. 28	Cornell	Pella	L, 3-1
Sept. 30	Elmhurst (Ill.)	Pella	L, 5-2
Oct. 4	Upper Iowa	Fayette	W, 4-1
Oct. 10	Wartburg	Waverly	W, 3-2
Oct. 14	Luther	Decorah	L, 3-1
Oct. 17	Coe	Cedar Rapids	W, 5-2
Oct. 21	Loras	Pella	W, 3-2
Oct. 24	William Penn	Oskaloosa	L, 2-0

2001 (4-13)

Sept. 1	St. Benedict (Minn.)	Pella	L, 4-0
Sept. 5	Upper Iowa	Pella	W, 5-1
Sept. 7	North Park (Ill.)	Chicago, Ill.	L, 2-1
Sept. 8	Elmhurst (Ill.)	Elmhurst, Ill.	L, 4-0
Sept. 12	Grand View	Pella	W, 2-0
Sept. 14	Bethel (Minn.)	Pella	L, 4-2
Sept. 15	St. Thomas (Minn.)	Pella	L, 11-0
Sept. 18	Simpson	Indianola	L, 1-0
Sept. 20	Augustana (Ill.)	Rock Island, Ill.	L, 1-0
Sept. 26	Coe	Pella	L, 2-1
Sept. 29	Loras	Dubuque	L, 3-2
Oct. 4	Grinnell	Pella	L, 5-1
Oct. 6	Dubuque	Pella	W, 7-0
Oct. 10	Wartburg	Pella	L, 3-0
Oct. 13	Cornell	Mt. Vernon	L, 5-1
Oct. 16	Buena Vista	Storm Lake	W, 5-0
Oct. 20	Luther	Pella	L, 9-0

2002 (5-12)

Aug. 30	Concordia-St. Paul (Minn.)	Pella	L, 3-1
Sept. 1	Augsburg (Minn.)	Cedar Rapids	L, 1-0
Sept. 7	Dominican (Ill.)	Pella	L, 2-1
Sept. 11	Upper Iowa	Fayette	W, 6-0
Sept. 14	Illinois College	Jacksonville, Ill.	W, 1-0
Sept. 17	Grinnell	Grinnell	L, 8-0
Sept. 21	Nebraska Wesleyan	Pella	W, 2-1
Sept. 24	Grand View	Des Moines	L, 4-0
Oct. 2	Coe	Cedar Rapids	L, 5-1
Oct. 5	Loras	Pella	L, 9-1
Oct. 10	Mt. Mercy	Pella	W, 6-0
Oct. 12	Dubuque	Dubuque	L, 2-1
Oct. 16	Wartburg	Waverly	L, 3-1
Oct. 19	Cornell	Pella	L, 4-0
Oct. 22	Buena Vista	Pella	W, 6-0
Oct. 26	Luther	Decorah	L, 4-0
Oct. 31	Simpson	Pella	L, 6-0

2003 (7-9)

Aug. 30	Augsburg (Minn.)	Pella	L, 2-0
Sept. 6	Wisconsin Lutheran	Lincoln, Neb.	W, 2-1
Sept. 7	Nebraska Wesleyan	Lincoln, Neb.	L, 3-0
Sept. 10	Graceland	Pella	L, 8-0
Sept. 13	Illinois College	Pella	W, 4-0
Sept. 18	Mt. Mercy	Cedar Rapids	W, 5-1
Sept. 23	Grand View	Des Moines	L, 2-1
Sept. 27	Luther	Pella	L, 6-0
Oct. 4	Loras	Dubuque	L, 3-0
Oct. 7	Buena Vista	Storm Lake	W, 3-0
Oct. 11	Wartburg	Pella	L, 2-0
Oct. 15	Dubuque	Pella	L, 5-3
Oct. 18	Simpson	Indianola	L, 6-1
Oct. 25	Coe	Pella	W, 1-0 (OT)
Oct. 29	Upper Iowa	Pella	W, 7-0

Nov. 1	Cornell	Mt. Vernon	W, 2-1 (20T)
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2004 (8-8-1)

Sept. 1	Benedictine (Ill.)	Chicago, Ill.	W, 1-0
Sept. 6	Nebraska Wesleyan	Lincoln, Neb.	L, 3-0
Sept. 8	Concordia (Neb.)	Pella	L, 4-1
Sept. 10	Fontbonne (Mo.)	Pella	T, 1-1
Sept. 16	Iowa Wesleyan	Pella	W, 5-0
Sept. 18	Waldorf	Forest City	W, 2-0
Sept. 25	Dubuque	Dubuque	L, 2-0
Sept. 29	Crown (Minn.)	St. Bonifacius, Minn.	W, 6-0
Oct. 2	Coe	Cedar Rapids	W, 2-0
Oct. 6	Buena Vista	Pella	W, 2-0
Oct. 9	Simpson	Pella	L, 3-1
Oct. 12	North Central (Ill.)	Pella	W, 8-0
Oct. 16	Luther	Decorah	L, 1-0
Oct. 23	Wartburg	Waverly	L, 2-0
Oct. 27	Cornell	Pella	W, 2-0
Oct. 30	Loras	Pella	L, 4-0

Iowa Conference tournament

Nov. 2	Wartburg	Waverly	L, 5-1
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2005 (7-11)

Sept. 1	Waldorf	Pella	W, 6-0
Sept. 3	Benedictine (Ill.)	Pella	W, 6-0
Sept. 7	Iowa Wesleyan	Mt. Pleasant	W, 6-1
Sept. 10	North Central (Minn.)	Blaine, Minn.	W, 7-1
Sept. 13	Crown (Minn.)	Pella	W, 3-0
Sept. 14	Carthage (Wis.)	Pella	L, 1-0
Sept. 17	Knox (Ill.)	Pella	W, 10-0
Sept. 21	Westminster (Mo.)	Pella	W, 1-0 (OT)
Sept. 24	Cornell	Mt. Vernon	L, 2-0
Sept. 26	Nebraska Wesleyan	Pella	L, 4-1
Oct. 1	Coe	Pella	L, 2-0
Oct. 5	Simpson	Indianola	L, 2-0
Oct. 8	Loras	Dubuque	L, 5-0
Oct. 12	Luther	Pella	L, 1-0
Oct. 15	Grinnell	Grinnell	L, 2-0
Oct. 19	Dubuque	Pella	L, 2-0
Oct. 22	Buena Vista	Storm Lake	L, 2-1
Oct. 27	Wartburg	Pella	L, 3-0

2006 (8-9-1)

Sept. 2	Lewis & Clark (Ore.)	Pella	L, 4-1
Sept. 4	Ashford	Pella	W, 5-0
Sept. 7	Iowa Wesleyan	Pella	W, 4-0
Sept. 11	Crown (Minn.)	St. Paul, Minn.	W, 1-0
Sept. 13	Waldorf	Forest City	W, 8-0
Sept. 16	Monmouth (Ill.)	Pella	W, 1-0 (OT)
Sept. 19	Nebraska Wesleyan	Pella	L, 2-0
Sept. 23	Buena Vista	Pella	W, 2-1
Sept. 28	Mt. Mercy	Pella	T, 2-2
Sept. 30	Dubuque	Dubuque	L, 4-3 (OT)
Oct. 4	Coe	Cedar Rapids	L, 2-1

Oct. 7	Loras	Pella	L, 1-0
Oct. 11	Luther	Decorah	L, 4-0
Oct. 14	Milwaukee School of Engineering (Wis.)	Pella	W, 1-0
Oct. 18	Simpson	Pella	L, 4-0
Oct. 21	Cornell	Pella	L, 1-0
Oct. 25	Grinnell	Pella	L, 1-0
Oct. 28	Wartburg	Waverly	W, 4-3

2007 (10-5-3)

Aug. 31	Grinnell	Grinnell	L, 2-0
Sept. 3	Milwaukee School of Engineering (Wis.)	Pella	W, 4-0
Sept. 5	Mount Mercy	Cedar Rapids	W, 5-1
Sept. 8	Bethel (Minn.)	Pella	W, 3-2 (2 OT)
Sept. 12	Iowa Wesleyan	Burlington	W, 5-1
Sept. 15	Monmouth (Ill.)	Monmouth, Ill.	W, 3-0
Sept. 18	Crown (Minn.)	Pella	cancelled
Sept. 22	Dubuque	Pella	T, 1-1 (2 OT)
Sept. 25	William Penn	Pella	W, 1-0
Sept. 29	Loras	Dubuque	L, 3-2
Oct. 3	Cornell	Mount Vernon	L, 2-1
Oct. 6	Wartburg	Pella	L, 2-1
Oct. 10	Simpson	Indianola	T, 1-1 (2 OT)
Oct. 13	Buena Vista	Storm Lake	W, 4-0
Oct. 17	Coe	Pella	W, 2-1
Oct. 20	Luther	Pella	W, 1-0 (2 OT)

All-time Iowa Conference tournament results

Record: 3-6

1995

Semifinal at Decorah: Luther 7, Central 0
Third-place game at Decorah: Central 2, Wartburg 1

1998

Semifinal at Pella: Wartburg 3, Central 1

1999

Semifinal at Indianola: Luther 3, Central 0
Third-place game at Indianola: Central 1, Coe 0

Oct. 23	Augustana (Ill.)	Pella	L, 4-0
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Iowa Conference tournament

Oct. 30	*Cornell	Mount Vernon	W, 2-1
Nov. 2	*Wartburg	Dubuque	T, 1-1 (2 OT)

2008 (3-15-0, 2-6-0 Iowa Conference)

Aug. 30	Milwaukee School of Engineering (Wis.)	Milwaukee, Wis.	L, 4-0
Sept. 1	Alverno, Wis.	Milwaukee, Wis.	W, 8-0
Sept. 6	St. Catherine's (Minn.)	Waverly	L, 7-0
Sept. 10	Grinnell	Pella	L, 7-0
Sept. 13	Monmouth (Ill.)	Pella	L, 4-0
Sept. 17	Iowa Wesleyan	Pella	L, 1-0
Sept. 20	Cornell	Pella	L, 5-1
Sept. 24	Mount Mercy	Pella	L, 4-2
Sept. 27	St. Mary's (Neb.)	Pella	L, 7-1
Oct. 2	Neb. Wesleyan	Lincoln, Neb.	L, 5-0
Oct. 4	Luther	Decorah	L, 8-0
Oct. 8	Buena Vista	Pella	W, 5-0
Oct. 11	Dubuque	Dubuque	L, 9-1
Oct. 15	Coe	Cedar Rapids	W, 2-1 (2 OT)
Oct. 18	Simpson	Pella	L, 6-0
Oct. 22	Loras	Pella	L, 8-0
Oct. 25	Wartburg	Waverly	L, 5-0
Oct. 28	William Penn	Pella	L, 3-1

2000

First round at Oskaloosa: William Penn 2, Central 0

2004

First round at Waverly: Wartburg 5, Central 1

2007

First round at Mount Vernon: Central 2, Cornell 1
Semifinal at Dubuque: Wartburg 1, Central 1 (Wartburg advances in shootout)

2009 preseason roster

Name	Pos.	Ht.	Yr.	Hometown/High school
Renee Art	M	5-5	Fr.	Kansas City, Mo./Center
Shelby Austin	GK	5-10	Fr.	Hayesville, Kan./Goddard
Kahala Baguio	M	5-5	Fr.	Kenosha, Wis./Bradford
*Caroline Bartko	M	5-7	So.	Ingleside, Ill./Grant
Morgan Collum	D/M	5-9	Fr.	Brooklyn, Iowa/BGM
Kathleen Donnelly	D		Fr.	Des Moines, Iowa/Roosevelt
Samantha Faber	M	5-7	Fr.	Clear Lake, Iowa/Clear Lake
Stephanie Hasken	GK	5-10	Fr.	Davenport, Iowa/ West
***Jenna Hindman	M	5-4	Sr.	Swisher, Iowa/Cedar Raids Prairie
Nancy Huddleston	F/M	5-3	Fr.	Muscatine, Iowa/Muscatine
Regan Jamieson	M	5-6	Fr.	Leawood, Kan./Shawnee Mission East
**Kristi Klatt	M	5-7	Jr.	Cedar Falls, Iowa/Cedar Falls
*Alex Kleis	D	5-5	So.	Pella, Iowa/Pella
**Brianna Knutson	D	5-6	Jr.	Marshalltown, Iowa/Marshalltown
Sierra Kuhns	F/M	5-1	Fr.	Adel, Iowa/ADM
*Lacy Merfeld	F	5-2	So.	Peosta, Iowa/Dubuque Hempstead
*Abby Norman	GK	5-10	So.	Geneseo, Ill./Geneseo
Sierra Peno	F/M	5-6	Fr.	Carlisle, Iowa/Carlisle
Virginia Sevrens	D	5-4	Fr.	Williamsburg, Iowa/Williamsburg
***Jessica Steward	D	5-1	Sr.	Cedar Falls, Iowa/Cedar Falls
*Chelsea Tyler	D	5-4	So.	Norwalk, Iowa/Norwalk
Catherine Walker	D	NA	Fr.	Des Moines, Iowa/Roosevelt
Stefanie Warnick	GK	5-5	Fr.	Victor, Iowa/Grinnell

*letters earned

Outlook

Second-year coach Colin Kuchy has cleared his first major hurdle in building a championship women's soccer program at Central College by bringing in the largest freshman class in the team's history.

Depth was a significant challenge in 2008 as an undermanned squad produced a 3-15 campaign. But a furious year of recruiting produced 14 freshmen to bolster the Dutch roster. Consequently it's a young Central squad, with just four juniors and seniors. Seven starters return from last season plus Central regains the services of senior defender Jessi Steward, a 2008 team co-captain who missed most of the year with injury.

Some players were forced to play out of position last fall to fill out the lineup. Determining where the returning players are best suited and evaluating the new talent will be the top priority in a busy preseason.

"We'll be able to answer a lot more questions after that," Kuchy said. "We're full of options. I look at my dry-erase board right now and I've got six possible formations. We'll have to see who can fit where."

Regardless of where that leads, Kuchy is confident that when the Dutch take the field they'll be better prepared than they were a year ago.

"The returning players worked extremely hard in the spring," he said. "They're really dedicated to what we want to accomplish. Skill-wise, they grew immensely because they worked hard not only in the weight room but also on the field."

Goalkeeper

Sophomore Abby Norman was unexpectedly thrust into goalkeeper duties in her rookie season. She yielded 4.61 goals per game but also came up with 8.6 saves and received the team's Top Newcomer Award.

Kuchy said Norman will open the preseason as a goalkeeper but with three freshman goalkeepers on the roster, Norman could move elsewhere. She spent some time at forward in spring drills.

"The players have a lot of respect for her," Kuchy said. "She got put in a difficult situation but her work rate and attitude were outstanding. "

Backs

Junior Brianna Knutson and sophomore Alex Kleis are returning defensive starters and the Dutch also welcome back Steward. Kuchy is also toying with sliding sophomore Lacy Merfeld back from midfield.

"She's a good ball-handler and very aggressive," Kuchy said, explaining the possible move. "She's got a good eye for

the game and the way she plays, she does a little better when she has everything in front of her. We worked her in a little bit at defender in the spring.”

Steward’s recovery from surgery last fall is going well.

“She came back from Christmas break and got into the weight room to gradually start working her way back,” Kuchy said. “She had a good attitude when she left for the summer and I believe she’ll be in good shape when she comes in to play in the fall.”

Kuchy is uncertain how much help the freshmen can immediately provide in the back.

“That’s one spot I don’t know for sure,” he said. “We’ll start throwing players out there and see who is capable of working at the college level.”

Midfield

The Dutch are anchored in the middle by the team’s Best All-Around Player Award recipient, senior Jenna Hindman, and junior Kristi Klatt, last year’s MVP. Hindman, who scored a team-high five goals with four assists, was a second-team all-Iowa Conference pick in 2008 while Klatt received the distinction in 2007. Klatt was Central’s second leading point-producer last year with four goals and two assists.

Kuchy could push Knutson up from the backfield to fill one of the other two midfield spots, but he’ll first take a look at what he considers to be strong freshman prospects.

“Jenna worked really hard all spring,” Kuchy said. “Kristi (Klatt) is also a good leader. She learned a lot last year, not only about soccer but about herself and her leadership style. She did a great job this past spring of motivating other players.”

Forward

There will likely be new faces up front. Sophomore Caroline Bartko spent some time at forward last year, as did sophomore Chelsea Tyler. But neither cracked the scoring column.

“We have some ideas about our incoming players,” Kuchy said.

The Iowa Conference

Defending champion Wartburg and second-place Loras appear to be top contenders in the Iowa Conference again. Kuchy is also anticipating a big leap forward by Coe, which was eighth a year ago.

Central was seventh at 2-6, a game out of the six-team conference tournament field.

Yet Kuchy isn’t thinking much about the opposition and doesn’t want his players to do so, either. Exciting days are ahead for Dutch women’s soccer, he promises.

“We need to continue to work toward our goals and not get caught up in what the rest of the league is doing,” he said. “We need to keep our big picture that we’re looking at in focus. I’m very confident that if we take care of doing what we’re capable of doing, then we’re going to do well in the league.”

That doesn’t mean winning a league title this fall, although that’s on the program’s long-term to-do list.

“Our goal for this year is to get in the conference tournament and to show well once we get there,” Kuchy said.

Central College championship history

NCAA Division III national team championships (11)

1974 - Football	1993 - Women's basketball, softball
1981 - Women's cross country	1998 - Volleyball
1982 - Women's track and field	1999 - Volleyball
1988 - Softball	2000 - Volleyball
1991 - Softball	2003 - Softball

NCAA Division III national individual championships (25)

1982

Lisa Broek, Nancy Cisar, Paula Casey, Marcie Thurn
Women's outdoor track and field, 4 x 100 meter relay
Marcie Thurn
Women's outdoor track and field, long jump

1983

Lisa Broek, Nancy Cisar, Marti Haan, Marcie Thurn
Women's outdoor track and field, 4 x 100 meter relay

1984

Nancy Cisar
Women's outdoor track and field, 200 meter dash, 400 meter dash
Lori Sears
Women's outdoor track and field, 400 meter hurdles, long jump

1985

Brian Goldsworthy
Men's golf

1986

Lori Sears
Women's outdoor track and field, 100 meter hurdles

1987

Tim Hackel
Wrestling, 126 pounds

1991

Chad Beck
Wrestling, 126 pounds
Jon McGovern
Wrestling, 167 pounds

1992

Jon McGovern
Wrestling, 167 pounds

1994

Craig Cantrall
Men's outdoor track and field, high jump

1997

Zech Schiebout
Men's outdoor track and field, discus

2000

Nate Koerselman, Adam Hartford, Tommy Tavegia, Chris McCullough
Men's outdoor track and field, 4 x 400 meter relay

2001

Katie Brees
Women's indoor track and field, long jump
Chris McCullough, Adam Hartford, Tony Brownlee, Tommy Tavegia
Men's outdoor track and field, 4x400 meter relay
Peter Wagner
Men's outdoor track and field, decathlon

2002

Chris McCullough, Matt McCombs, Peter Wagner, Tony Brownlee
Men's outdoor track and field, 4 x 400 meter relay

2003

Peter Wagner
Men's outdoor track and field, decathlon

2004

Raegan Schultz
Women's outdoor track and field, heptathlon

2005

Cale Van Genderen
Men's indoor track and field, high jump;
men's outdoor track and field, high jump

2007

Alicia Whisner
Women's outdoor track and field, javelin

NCAA Division III players of the year (7)

1985

Brian Goldsworthy
Men's golf

1995

Emilie Hanson
Women's basketball

1998

Abbie Brown
Volleyball

1999

Abbie Brown
Volleyball

2000

Donell Hotze
Softball
Candace Wilson
Volleyball

2003

Libby Hysell
Softball

Honda Division III Collegiate Woman Athlete of the Year

2003

Libby Hysell

NCAA postgraduate scholarship winners (20)

1970 - Vern Den Herder, football
1973 - Dana Snoap, men's basketball
1980 - Jeff Verhoef, men's basketball
1982 - Cam Ratering, women's cross country, track
1983 - Lisa Broek, women's track
1986 - Scott Lindell, football
1988 - Rick Perry, football
1989 - Chris Hoffman, wrestling
1991 - Rich Kacmarynski, football
1995 - Emilie Hanson, women's basketball

NCAA Iowa Woman of the Year (5)

1995 - Emilie Hanson, women's basketball
2001 - Candace Wilson, volleyball
2002 - Angie Nielsen, volleyball
2004 - Raegan Schultz, women's track and field, volleyball
*2006 - Katie Pederson, volleyball, women's track and field
*Starting in 2006, honorees were selected by conference rather than state

NCAA Top Eight Award

1995 - Emilie Hanson, women's basketball

NCAA Division III national statistical championships (23)

Individual (10)

Baseball

1994 - Most doubles, 18, Chris Johnson
2005 - Hit by pitch, 0.56 per game, Shea Stamp

Men's basketball

2007 - Highest field goal percentage, 69.7, Keith Pedersen

Women's basketball

1993-94 - Highest scoring average, 29.6, Emilie Hanson
1994-95 - Highest scoring average, 27.8, Emilie Hanson

Football

1977 - Most yards rushing, 147.7 per game, Don Taylor
1988 - Highest passing efficiency rating, 152.5, Steve Flynn

Softball

1991 - Most victories, 26, Jamie Mahnke
1993 - Lowest ERA, 0.25, Missey Allen
1996 - Lowest ERA, 0.66, Kara Stanley

Rick Sanger, football
2001 - Roger Dortch, men's golf
2002 - Tony Brownlee, men's track and field
Jon Hietbrink, men's golf
2004 - Raegan Schultz, women's track and field
2005 - Jamie Stark, volleyball
2006 - Nick Cochrane, men's tennis
Adam Duerfeldt, baseball
2007 - Ben Bollard, men's track and field
Alicia Whisner, women's track and field

NCAA Silver Anniversary Award

1998 - Harry Smith, football

College Football Hall of Fame

South Bend, Ind.

1996 - Vern Den Herder, defensive end, 1967-70
2000 - Ron Schipper, coach, 1961-96

National Fastpitch Coaches Association Hall of Fame

2007 - George Wares, coach, 1985-

Team (13)

Football

1988 - Highest scoring offense, 37.6 points per game
2002 - Net punting, 31.3 yards per punt
2006 - Turnover margin, plus 1.9 per game
Fewest fumbles lost, 2

Softball

1987 - Lowest ERA, 0.72, Central
1989 - Lowest ERA, 0.53, Central
1991 - Lowest ERA, 0.79, Central
Most stolen bases, 141, Central
1992 - Most stolen bases, 120, Central
1993 - Highest winning percentage, .950 (38-2), Central
2003 - Lowest ERA, 0.72

Volleyball

1997 - Highest hitting percentage, .328, Central
1999 - Highest winning percentage, 1.000 (41-0), Central

Top 10 national team finishes (64)

1974

Football, first

1979

Women's cross country, fourth

1980

Women's cross country, sixth

1981

Women's track and field, fourth

Women's cross country, first

Men's golf, ninth

1982

Women's track and field, first

Men's golf, 10th

1983

Women's golf, third

Men's golf, sixth

Women's track and field, fourth

1984

Women's track and field, second

Men's golf, sixth

Football, second

1985

Wrestling, second

Men's golf, fifth

Football, final four

1986

Wrestling, eighth

Women's golf, second

Softball, second

Football, final eight

1987

Wrestling, eighth

Softball, fourth

Men's golf, sixth

Women's golf, third

Football, final four

1988

Women's golf, third

Softball, first

Football, second

1989

Wrestling, fifth

Women's golf, second

Softball, fourth

Football, final eight

1990

Wrestling, seventh

Softball, third

Women's golf, sixth

Football, final four

1991

Wrestling, fourth

Softball, first

Women's golf, fourth

1992

Wrestling, sixth

Football, final eight

1993

Women's basketball, first

Women's golf, fifth

Softball, first

1994

Softball, third

Men's track, seventh

1995

Men's golf, sixth

Softball, third

1996

Men's golf, 10th

1997

Softball, tie, fifth

Men's golf, seventh

Volleyball, third

1998

Volleyball, first

1999

Volleyball, first

2000

Men's track and field, third

Volleyball, first

Football, final eight

2001

Men's track and field, sixth

Softball, second

2002

Men's track and field, seventh

Men's golf, ninth

2003

Softball, first

2004

Men's golf, tie, ninth

2007

Football, final eight

Iowa Conference titles (145)

1930 - Basketball

1931 - Basketball

1932 - Basketball

1936 - Basketball

1939 - Football (tie with Upper Iowa)

1945 - Football

1946 - Football (tie with Upper Iowa)

1947 - Baseball

1948 - Baseball

1956 - Football

1958 - Basketball (tie with Upper Iowa)

1964 - Football (tie with Upper Iowa)

1965 - Football

1966 - Football

1967 - Football

1969 - Men's golf (tie with William Penn)

1970 - Men's tennis (tie with Luther)

1971 - Men's basketball (tie with Wartburg, William Penn)

1974 - Football

1975 - Baseball

1976 - Men's golf

1977 - Men's basketball

Football

Men's golf

Men's tennis
1978 - Men's basketball
 Football (tie with Buena Vista, Dubuque, Luther)
1979 - Men's basketball
 Men's tennis
 Men's track and field
1980 - Men's basketball
 Men's tennis
1981 - Men's golf
 Men's tennis
 Football
1982 - Men's golf
 Men's tennis
 Women's golf
 Women's cross country
1983 - Women's basketball (tie with William Penn)
 Men's golf
 Men's tennis
 Women's track and field
1984 - Wrestling
 Men's tennis
 Men's golf
 Women's track and field
 Women's golf
 Volleyball (tie with William Penn)
1985 - Wrestling
 Men's basketball
 Women's basketball (tie with Buena Vista, Simpson,
 William Penn)
 Men's golf
 Men's tennis
 Women's track and field
 Football
1986 - Women's cross country
 Women's golf
 Men's golf
 Men's tennis
 Softball
 Women's track and field
 Women's golf
 Volleyball
 Football
1987 - Men's golf
 Men's tennis
 Women's track and field
 Women's golf
 Football
1988 - Men's golf
 Volleyball
 Women's golf
1989 - Wrestling
 Men's golf
 Football
 Women's golf
1990 - Softball
 Men's golf
 Women's golf

Football
1991 - Men's basketball (tie with Wartburg)
 Men's golf
 Men's track and field
 Softball
1992 - Wrestling
 Men's basketball (tie with Simpson)
 Men's track and field
 Men's golf
 Football
1993 - Women's basketball
 Men's track and field
 Men's golf
 Softball
 Volleyball
1994 - Men's basketball
 Women's basketball
 Men's track and field
 Men's golf
 Football
1995 - Men's basketball (tie with Simpson)
 Women's basketball (tie with Buena Vista, Luther)
1996 - Softball (tie with Buena Vista)
 Men's golf
 Men's tennis
 Volleyball
1997 - Men's track and field
 Volleyball
1998 - Women's basketball (tie with Luther, Simpson)
 Men's track and field
 Men's golf
 Football
 Volleyball
1999 - Men's golf
 Volleyball
2000 - Softball (tie with Coe, Simpson)
 Men's tennis
 Men's track and field
 Football
 Volleyball
2001 - Men's golf
 Men's track and field
 Football
 Volleyball
2002 - Men's golf
 Softball
 Football (tie with Coe, Wartburg)
 Volleyball (tie with Wartburg)
2003 - Men's golf
 Softball
 Volleyball
2004 - Men's track and field
 Softball
 Volleyball
2005 - Football (tie with Coe)
 Volleyball

2006 - Baseball (tie with Simpson)
 Football
 Volleyball (tie with Simpson)

2007 - Men's golf
 Football
 Volleyball

2009 - Men's golf
 Softball
 Men's track and field

Iowa Conference all-sports titles (23)

Men (14)

1977	1985	1992
1979	1987	1993
1980	1988	1994
1981	1990	1995
1982	1991	

Women (9)

1983	1990
1984	1994 (tie)
1985	2001
1986	2004
1987	

NACDA Director's Cup Division III all-sports finishes

Year	Place	Pts.	Year	Place	Pts.	Year	Place	Pts.
1995-96	47	222.5	2000-01	12	459	2005-06	94	165.5
1996-97	t-40	232.5	2001-02	21	376	2006-07	80	228.5
1997-98	38	170	2002-03	43	280.5	2007-08	87	228.5
1998-99	t-34	160	2003-04	33	328	2008-09	124	154.5
1999-2000	25	329	2004-05	96	164	approx. 450 NCAA Division III schools		

ESPN The Magazine Academic All-Americans, selected by CoSIDA (46)

1979

Chris Adkins, football
 Brent Aufdembrink, football

1983

Denise Boll, women's basketball
 Lisa Broek, women's track
 Tony Carey, men's golf

1984

Denise Boll, women's basketball

1985

Sue Poppens, women's basketball
 Brian Goldsworthy, men's golf
 Todd Sutphen, baseball
 Scott Lindell, football
 Neil Gray, football

1986

Scott Lindell, football

1987

Beth Van Voorhis, women's tennis

1988

Shannan Mattiace, women's tennis
 Rick Perry, football
 Gregg Gustafson, football
 Dallas Bogner, men's tennis

1989

Rick Hassman, baseball
 Shannan Mattiace, women's tennis

1990

Matt Melvin, men's basketball
 Shannan Mattiace, women's tennis

1991

Rich Kacmarynski, football

1992

Nate Hart, men's basketball
 Heather Reedy, softball
 Chris Hulleman, football

1993

Blake Jessen, basketball
 Heather Reedy, softball
 Mindi Remsburg, softball
 Jayna Blom, women's track and field

1994

*Emilie Hanson, women's basketball
 Jason Sanders, football

1995

*Emilie Hanson, women's basketball
 Matt Bandstra, football

1996

Ryan Murphy, men's tennis

1997

Ryan Murphy, men's tennis

1998

Jason Darling, baseball

2000

Angie Nielsen, volleyball

2004

Raegan Schultz, women's track and field
 Jamie Stark, volleyball

2005

Adam Duerfeldt, baseball
 Jason Ford, men's tennis

2006

*Adam Duerfeldt, baseball
 Nick Cochrane, men's tennis
 Bryan George, men's track and field
 Ben Bollard, football

2007

Ben Bollard, men's track and field

*Academic all-American player of the year

All-America Scholars Golf Team (39)

1984 - Brian Goldsworthy	Steve Rheinschmidt	2000 - Shannon Hoekstra	2007 - Jeff Millet
1985 - Brian Goldsworthy	1990 - Jeff Woods	2001 - Courtney Brooks	Issac Rodenberg
1986 - Bill Spurbeck	1991 - Mark Smith	Roger Dortch	Reid Turner
Kim Doyle	1992 - Bill Conger*	Jon Hietbrink	2008 - Reid Turner
1987 - Bill Spurbeck	Brent Peterson	Tim White	2009 - Andy Petersen
Joe Jaspers	1993 - Bill Conger*	2002 - Jon Hietbrink	Andrew Townsend
Brent Peterson	Chad Hoekstra	Tim White	*True-Temper Scholarship
1988 - Joe Jaspers	1994 - Jason Brown*	2004 - Patrick McElyea	winner
Pat Jackson	1997 - Brad Dutler	Nick Grossman	
Steve Kimball	1998 - Chris Huston	Kyle Matzen	
1989 - Jeff Woods	Justin Schulte	2005 - Nick Grossman	

Intercollegiate Tennis Coaches Association Scholar-Athlete Tennis Team (8)

1984 - Dan Lazenby	1987 - Ahi Afridi, Alan Brown, Eric Ellefson
1986 - Ahi Afridi, Alan Brown	1988 - Dallas Bogner, Chuck Ray

Scholastic All-American Wrestling Team (8)

1988 - Chris Hoffman	1996 - Brent Dunlap
1989 - Chris Hoffman, Shaun Van Vark	2001 - Jeremy Hendricks
1992 - Lynn Silver, Brad Kreiner	2005 - Peter Howard

USTFCCCA All-Academic Track and Field team (45)

1994	Matt Jens	Ben Bollard	Rachel Boeke
Craig Cantrall	Matt McCombs	Bryan George	Guy Dierikx
Andy Goodman	Lindsay Schultz		Kari Hutchinson
Nate Smith	Raegan Schultz	2007	Emily Teas
		Angie Berry	Rachelle Tipton
2001	2003	Rachel Boeke	Jill Ziskovsky
Tony Brownlee	Jenn Hansen	Ben Bollard	
Katie Button	Lindsay Schultz	Guy Dierikx	2009
Jenn Hansen	Raegan Schultz	Cody Huisman	Rachel Boeke
Lucas Nims	Cale Van Genderen	Kari Hutchinson	Emily Teas
	Tanner Whipple	Chelsey Keller	Rachelle Tipton
2002	2006	Alex Miller	Jill Ziskovsky
Tony Brownlee	Alex Costigan	Alicia Whisner	
Katie Button	Chelsey Keller	Adam Wolf	
Abby Gonzales	Alicia Whisner	2008	
Jenn Hansen			

American Volleyball Coaches Association Academic Team Honor Roll selections (10)

1997	2001	2003	2005	2007
2000	2002	2004	2006	2008

Successful Farming all-American Farm Team (11)

1995 - Mark Kacmarynski, football	1998 - Jay Rhoten, men's track
1996 - Stacy Sonneck, softball	Andrew Paulsen, football
Mark Kamarynski, football	1999 - Jina Bos, women's track
1997 - Stacy Sonneck, softball	Jeff Sanger, football
Jay Rhoten, men's track	2000 - Jeff Sanger, football
Matt Paulsen, football	Team discontinued after 2000.

All-Americans (326 times, 200 athletes)

- 1960** - John Carle, men's basketball
- 1966** - Dennis Descoteau, football
- 1967** - Doug Van Boven, football
- 1969** - Vern Den Herder, football
- 1970** - Vern Den Herder, football
John Edwards, baseball
- 1973** - Gerald Piester, men's outdoor track and field
- 1974** - Terry Youngblood, men's outdoor track and field
Al Dorenkamp, football
- 1977** - Don Taylor, football
- 1978** - Jason Locke, men's outdoor track and field
Don Keller, men's outdoor track and field
- 1979** - Jerry Fitzsimmons, men's cross country
Cam Ratering, women's cross country
- 1980** - Jeff Verhoef, men's basketball
Cam Ratering, women's cross country
- 1981** - Stacy Bandy, wrestling
Lisa Broek, women's outdoor track and field
Nancy Cisar, women's outdoor track and field
Laurie Haddy, women's outdoor track and field
Carla Huddle, women's outdoor track and field
Kim Lehman, women's outdoor track and field
Goldie Nicholson, women's outdoor track and field
Robin Rasmussen, women's outdoor track and field,
women's cross country
Cam Ratering, women's outdoor track and field,
women's cross country
Marcie Thurn, women's outdoor track and field
Lori Nolte, women's cross country
Jan Sedlacek, women's cross country
Jackie Schwes, women's cross country
Brad Depke, men's outdoor track and field
- 1982** - Lisa Broek, women's outdoor track and field
Paula Casey, women's outdoor track and field
Nancy Cisar, women's outdoor track and field
Laurie Haddy, women's outdoor track and field
Cam Ratering, women's outdoor track and field
Jackie Schwes, women's outdoor track and field
Marcie Thurn, women's outdoor track and field
Rose Van Egmond, women's outdoor track and field
Kean Richard, men's outdoor track and field
- 1983** - Stacy Bandy, wrestling
Lisa Broek, women's outdoor track and field
- Nancy Cisar, women's outdoor track and field
Marti Haan, women's outdoor track and field
Marcie Thurn, women's outdoor track and field
Augie Lugo, men's tennis
Mike Shanahan, men's outdoor track and field
- 1984** - Murray Anderson, wrestling
Bryant Hancock, wrestling
Dale Lawrence, wrestling
Kelly McGovern, wrestling
Nancy Cisar, women's outdoor track and field
Lori Sears, women's outdoor track and field
Kevin Geary, men's outdoor track and field
Joe Martin, men's outdoor track and field
Jerry Quick, men's outdoor track and field
Matt Schulte, men's outdoor track and field
Scott Foehle, football
Rich Thomas, football
- 1985** - Ed Ergenbright, wrestling
Dale Lawrence, wrestling
Duane Lawrence, wrestling
Scot Storjohann, wrestling
Brian Goldsworthy, men's golf
Rich Thomas, football
- 1986** - Keving Azinger, wrestling
Tim Hackel, wrestling
Kelly McGovern, wrestling
Cindy Messer, softball
Lori Sears, women's outdoor track and field
Joe Jaspers, men's golf
Jeff Blythe, football
- 1987** - Matt Diehl, wrestling
Tim Hackel, wrestling
Paul Veak, wrestling
Jay McGovern, wrestling
Brad Eggers, wrestling
Laurie Suttin, softball
Kris Thompson, softball
Joe Jaspers, men's golf
- 1988** - Jim Bruxvoort, men's indoor track and field,
men's outdoor track and field
Paul Lovell, men's indoor track and field
Cindy Kline, women's golf
Pat Jackson, men's golf
Laurie Suttin, softball
Chris Hoffman, wrestling
Mike Stumberg, football
- 1989** - Chris Hoffman, wrestling
Chad Beck, wrestling
Scot Dierks, wrestling
Brenda Vigness, softball

Jim Bruxvoort, men's outdoor track and field
Kris Reis, football

1990 - Steve Weers, wrestling
Jon McGovern, wrestling
Joe Stutting, wrestling
Jim Bruxvoort, men's outdoor track and field
David Ellingson, men's indoor track and field,
men's outdoor track and field
Jeff Wallerich, men's outdoor track and field
Jason Snyder, men's outdoor track and field
Dan Wallace, men's outdoor track and field
Julie Fortin, women's outdoor track and field

1991 - Chad Beck, wrestling
Jon McGovern, wrestling
Jamie Mahnke, softball
Christi Van Werden, softball
Eric Pingel, men's outdoor track and field

1992 - Jon McGovern, wrestling
Bruce Kuennen, wrestling
Joel Marsden, wrestling
Brad Kreiner, wrestling
Emily Grimes, softball
Julie Nelson, softball
Jenny Semler, softball
Eric Pingel, men's outdoor track and field
Craig Cantrall, men's outdoor track and field
Chris Hulleman, football
Bill Mulder, football

1993 - Tracy Wilson, women's basketball
Bruce Kuennen, wrestling
Brian Reece, wrestling
John Guenther, men's golf
Craig Cantrall, men's outdoor track and field
Brian Dunlap, men's outdoor track and field
Les McCracken, men's outdoor track and field
Mike Morris, men's outdoor track and field
Nate Smith, men's outdoor track and field
Dan Zimmerman, men's outdoor track and field
Emily Grimes, softball
Missey Allen, softball
Jenny Semler, softball
Jeff Helle, football

1994 - Dan Gabrielson, wrestling
Emilie Hanson, women's basketball
Craig Cantrall, men's indoor track and field,
men's outdoor track and field
Nate Smith, men's indoor track and field,
men's outdoor track and field
Michael Morris, men's outdoor track and field
Brian Dunlap, men's indoor track and field,
men's outdoor track and field
Dan Zimmerman, men's indoor track and field,

men's outdoor track and field
Les McCracken, men's indoor track and field,
men's outdoor track and field
Mark Kacmarynski, football
Rick Sanger, football
Jeff Helle, football
Andy Goodman, men's cross country

1995 - Emilie Hanson, women's basketball
Dan Gabrielson, wrestling
Ryan Erickson, men's indoor track and field
Brent Ferneau, men's indoor track and field,
men's outdoor track and field
Eddie Heim, men's indoor track and field,
men's outdoor track and field
Nate Smith, men's indoor track and field,
men's outdoor track and field
Dan Zimmerman, men's indoor track and field,
men's outdoor track and field
Kevin Lucken, men's golf
Missey Allen, softball
Lynette Mullen, softball
Rick Sanger, football
Matt Bandstra, football

1996 - Brent Lawrenson, wrestling
Missey Allen, softball
Lynette Mullen, softball
Rob Akers, men's golf
Mark Kacmarynski, football

1997 - Greg Breeding, wrestling
Darin Fisher, men's golf
Zech Schiebout, men's outdoor track and field
Jay Rhoten, men's outdoor track and field
Kara Stanley, softball
Matt Paulsen, football
Abbie Brown, volleyball
Candace Wilson, volleyball

1998 - Jina Bos, women's outdoor track and field
Sean Clark, men's outdoor track and field
Adam Hartford, men's outdoor track and field
Andrew Paulsen, men's outdoor track and field,
football
Nate Korselman, men's outdoor track and field
Jay Rhoten, men's outdoor track and field
Jon Lindaman, men's outdoor track and field
Cory Woods, men's outdoor track and field
Abbie Brown, volleyball
Candace Wilson, volleyball

1999 - Ryan Cunningham, wrestling
Sean Clark, men's indoor track and field,
men's outdoor track and field
Brad Gaskill, men's outdoor track and field
Nate Koerselman, men's outdoor track and field

Jon Lindaman, men's indoor track and field,
men's outdoor track and field
Marc Vander Velden, men's outdoor track and field
Abbie Brown, volleyball
Candace Wilson, volleyball
Angie Nielsen, volleyball

2000 - Katie Brees, women's indoor track and field,
women's outdoor track and field
Donell Hotze, softball
Annie Van Wetzlinga, softball
Sean Clark, men's outdoor track and field
Adam Hartford, men's outdoor track and field
Nate Koerselman, men's outdoor track and field
Chris McCullough, men's outdoor track and field
Tommy Tavegia, men's outdoor track and field
Marc Vander Velden, men's outdoor track and field
Peter Wagner, men's outdoor track and field
Jeff Sanger, football
Reid Evans, football
Justin Snyder, football
Candace Wilson, volleyball
Angie Nielsen, volleyball

2001 - Annie Van Wetzlinga, softball
Libby Hysell, softball
Katie Brees, women's indoor track and field,
women's outdoor track and field
Tony Brownlee, men's indoor track and field,
men's outdoor track and field
Adam Hartford, men's indoor track and field,
men's outdoor track and field
Chris McCullough, men's outdoor track and field
Tommy Tavegia, men's indoor track and field,
men's outdoor track and field
Peter Wagner, men's indoor track and field,
men's outdoor track and field
Angie Nielsen, volleyball

2002 - Jeremy Hendricks, wrestling
Molly Parrott, women's basketball, softball
Libby Hysell, softball
Tim White, men's golf
Katie Button, women's indoor track and field
Abby Gonzales, women's indoor track and field,
women's outdoor track and field
Lindsay Schultz, women's outdoor track and field
Reagan Schultz, women's outdoor track and field
Tony Brownlee, men's indoor track and field,
men's outdoor track and field
Matt Jens, men's outdoor track and field
Matt McCombs, men's indoor track and field,
men's outdoor track and field
Chris McCullough, men's indoor track and field,
men's outdoor track and field
Peter Wagner, men's indoor track and field,

men's outdoor track and field

2003 - D.J. Cobler, men's indoor track and field
Matt McCombs, men's indoor track and field
Peter Wagner, men's indoor track and field,
men's outdoor track and field
Tanner Whipple, men's indoor track and field
Cale Van Genderen, men's outdoor track and field
Jenn Hansen, women's outdoor track and field
Lindsay Schultz, women's outdoor track and field
Raegan Schultz, women's outdoor track and field
Libby Hysell, softball
April Miller, softball

2004 - Patrick McElyea, men's golf
Lindsay Schultz, women's outdoor track and field
Raegan Schultz, women's indoor track and field
women's outdoor track and field
Alicia Whisner, women's outdoor track and field
Cale Van Genderen, men's indoor track and field,
men's outdoor track and field
Tanner Whipple, men's outdoor track and field
Beth Cunningham, women's cross country

2005 - D.J. Cobler, men's outdoor track and field
Guy Dierikx, men's outdoor track and field
Justin Koeppel, men's outdoor track and field
Kevin Pitz, men's outdoor track and field
Cale Van Genderen, men's indoor track and field,
men's outdoor track and field
Alicia Whisner, women's outdoor track and field
Ryan Johnson, football
Vance Schuring, football

2006 - Zac Bailey, men's outdoor track and field
Ben Bollard, men's indoor track and field,
men's outdoor track and field
Teddy Clark, men's indoor track and field
Alex Costigan, women's outdoor track and field
Guy Dierikx, men's indoor track and field,
men's outdoor track and field
Bryan George, men's indoor track and field
Craig Hernandez, men's outdoor track and field
Justin Koeppel, men's indoor track and field,
men's outdoor track and field
Kevin Pitz, men's indoor track and field,
men's outdoor track and field
Brian Respeliers, men's indoor track and field
Alicia Whisner, women's outdoor track and field
Dana Wilkerson, women's outdoor track and field
Zach Zellweger, men's indoor track and field
Nick Reed, football
Taylor Vanden Wynboom, football
Brant VerMeer, football

2007 - Ben Bollard, men's outdoor track and field

Guy Dierikx, men's indoor track and field,
men's outdoor track and field, football
Craig Hernandez, men's outdoor track and field
Alex Miller, men's outdoor track and field
Alicia Whisner, women's outdoor track and field
Joel Winters, men's golf
Greg Altmaier, football

2008 - Kari Hutchinson, women's indoor track and field
Emily Teas, women's indoor track and field
Jill Ziskovsky, women's indoor track and field
Rachelle Tipton, women's indoor track and field
Jason Fisher, men's indoor track and field
Guy Dierikx, men's indoor track and field,
men's outdoor track and field

Iowa Conference MVPs (91)

1969 - Don Ver Meer, men's golf

1970 - Vern Den Herder, football
Bob Parrott, men's tennis

1973 - Steve Paris, wrestling

1974 - Al Dorenkamp, football
Terry Youngblood, men's track

1977 - Don Taylor, football

1978 - Jerry Fitzsimmons, men's cross country
Pat Espinosa, men's tennis

1979 - Jerry Fitzsimmons, men's cross country,
men's track
Jeff Verhoef, men's basketball

1980 - Jeff Verhoef, men's basketball

1981 - Bruce Wendt, football
Mark Muyskens, men's cross country
Kevin Luttrell, men's tennis
Ron Peterson, men's golf

1982 - Augie Lugo, men's tennis
Ron Peterson, men's golf

1983 - Karen Collentine, volleyball
Pam Coon, women's tennis
Augie Lugo, men's tennis

1984 - Kim Doyle, women's golf
Karen Collentine, volleyball
Augie Lugo, men's tennis
Nancy Cisar, women's track and field

1985 - Rich Thomas, football
Cindy Kline, women's golf
Ingrid Elvebak, women's cross country
Steve Muller, men's basketball
Jeff Schneekloth, men's tennis
Brian Goldsworthy, men's golf

1986 - Ingrid Elvebak, women's cross country
Jo Beth Castleberry, volleyball
Cindy Kline, women's golf
Kelly McGovern, wrestling
Jeff Schneekloth, men's tennis

1987 - Cindy Kline, women's golf
Bill Spurbeck, men's golf
Laurie Suttan, softball

Alex Miller, men's outdoor track and field
Luke Bolander, men's outdoor track and field
Matt Patrick, men's outdoor track and field
Kurtis Brondyke, men's outdoor track and field
Kelly Harris, softball

2009 - Kurtis Brondyke, men's indoor track and field,
men's outdoor track and field
Ethan Miller, men's indoor track and field,
men's outdoor track and field
Rachel Boeke, women's outdoor track and field
Rachael Everingham, softball
Sarah Paulson, women's golf

1988 - Mike Stumberg, football

Lori Ellwood, women's basketball
Joe Jaspers, men's golf

1990 - Ron Saak, football
Shari King, women's golf
Pat Jackson, men's golf

1991 - Rich Kacmarynski, football
Christi Van Werden, softball

1992 - Jana Daberkow, women's golf
Chad Hoekstra, men's golf
Emily Grimes, softball

1993 - Tracy Wilson, women's basketball
Chad Hoekstra, men's golf
Emily Grimes, softball

1994 - Mark Kacmarynski, football
Andy Goodman, men's track and field,
men's cross country
Nate Smith, men's track and field
Emilie Hanson, women's basketball
Todd Isley, men's golf

1995 - Emilie Hanson, women's basketball

1996 - Maggie Brown, volleyball

1997 - Jay Rhoten, men's track and field
Abbie Brown, volleyball

1998 - Jay Rhoten, men's track and field
Abbie Brown, volleyball

1999 - Wade Van Vark, baseball
Abbie Brown, volleyball

2000 - Chris McCullough, men's track and field
Jeff Sanger, football

Candace Wilson, volleyball
2001 - Roger Dortch, men's golf
Angie Nielsen, volleyball

2002 - Peter Wagner, men's track and field
Tim White, men's golf

2003 - Peter Wagner, men's track and field
Libby Hysell, softball

2004 - Corrie Schmidt, softball
Tanner Whipple, men's track and field
Jamie Stark, volleyball

2005 - Katie Pederson, volleyball
Vance Schuring, football
2006 - Adam Duerfeldt, baseball
Vance Schuring, football
2007 - Andy Petersen, men's golf
Tim Connell, football

Des Moines Register Sports Hall of Fame

1976 - Richard "Babe" Tysseling '32; baseball, men's basketball, football, track and field, coach, athletics director
1988 - Vern Den Herder '70; football, men's basketball, NFL player
2002 - Dick Schultz '50; baseball, men's basketball, football, Division I basketball coach, athletics director, NCAA executive director, U.S. Olympic Committee president

Central College Athletics Hall of Honor

2002

Vern Den Herder; football, men's basketball
Dr. Camilla Ratering McCalmont; women's cross country, women's track and field
Ron Schipper; Head football coach, athletics director
Dick Schultz; Baseball, men's basketball, football
Richard "Babe" Tysseling; baseball, men's basketball, football, track and field
Jeff Verhoef; men's basketball

2003

Dr. Richard Dykstra; football
Gertrude Beintema; athletic department office manager
Marcie Thurn Rohach; women's track and field
Clarence Wilkins; men's basketball
Brian Goldsworthy; Men's Golf

2004

Denise Boll Baker; Women's basketball
Dr. Kenneth Weller; Central College president, NCAA vice-president
Dana Snoap; men's basketball

2008 - Andy Petersen, men's golf
Guy Dierikx, men's indoor track and field
Kelly Harris, softball
Kari Hutchinson, women's outdoor track and field
Sarah Paulson, women's golf

2005

Tom Stone; football
Nancy Cisar Wright; women's track and field
Scot Storjohann; football, wrestling

2006

Laurie Suttin Flynn; softball, women's basketball
Joe Jaspers; men's golf, men's basketball
Scott Lindell; Football
Lori Nolte; women's cross country, women's track and field

2007

Eldon Schulte; football, basketball, men's track and field
Lisa Broek; track and field
Rich Thomas; football

2008

Harold De Bie; men's basketball
Bruce Heerema; football, men's track and field
Christi Van Werden; softball, women's basketball

