



WOMEN'S GOLF

2008-09 INDIVIDUAL RESULTS

Overall individual finish in parentheses.

	Wis.-Eau Claire Inv. 8/30-31	Wartburg Inv. 9/6-7	Central Inv. 9/12-13	Illinois Wesl. Inv. 9/20-21	Iowa Conference 9/26-27	Iowa Conference 10/3-4	Wm. Penn JV dual 10/7	18-hole avg.
Paulson, Sarah	89-81 170 (T-25)	77-79 156 (T-2)	86 86(T-2)	79-74 153 (6)	76-71 147 (1)	81-78 159 (1)		79.18
Downes, Eva	83-94 177 (T-54)	85-82 167 (T-21)	94 94 (T-7)	86-83 169 (T-53)	79-79 158 (T-4)	86-87 173 (7)		85.3
Lukensmeyer, Abby	86-92 178 (T-61)	88-90 178 (T-47)	94 94 (T-7)	93-89 182 (T-87)	86-80 166 (10)	94-86 180 (15)		88.9
Wenstrand, Nicole	84-96 180 (T-35)		85 85 (1)	89-84 173 (T-68)	84-96 180 (23)	98-85 183 (21)		89.0
Crooks, Allison	94-100 194 (T-105)	97-98 195 (T-76)	92 92 (T-5)	89-93 182 (T-87)	90-93 183 (24)	98-95 193 (T-23)		94.5
Mauk, Jacquelyn	94-100 194 (T-105)	99-96 195 (T-76)	100 100 (15)					97.8
Miller, Ali	95-108 203 (117)	105-91 196 (T-79)	94 94 (T-7)				94	97.8
Blythe, Paige	94-95 189 (T-88)	103-103 206 (88)	99 99 (14)				109	100.5
Stevens, Janelle	90-100 190 (T-95)	105-110 215 (92)					98	100.6
Ellenson, Lindsey	98-106 204 (T-118)	106-108 214 (T-90)	97 97 (T-12)				102	102.8
O'Brien, Molli		98-103 201 (T-83)	114 114 (T-26)				111	106.5
Team scores	12th 705 (342-363)	11th 694 (347-347)	1st 359 (359)	11th 673 (343-330)	2nd 648 (325-323)	T-2nd 695 (359-336)	403 (403)	343.1

2008-09 18-hole competitive stroke averages

Name	Yr.	Hometown	High school	Fall avg.	Spring avg.	Season avg.
Sarah Paulson	Fr.	Ottumwa, Iowa	Ottumwa	79.18		79.18
Eva Downes	Jr.	Woodstock, Ill.	Marian Central Catholic	85.3		85.3
Abby Lukensmeyer	Fr.	Hampton, Iowa	Hampton-Dumont	88.9		88.9
Nicole Wenstrand	So.	Essex, Iowa	Shenandoah	89.0		89.0
Allison Crooks	So.	Moline, Ill.	Moline	94.5		94.5
Jacquelyn Mauk	Fr.	Clive, Iowa	Valley	97.8		97.8
Ali Miller	Fr.	Davenport, Iowa	North	97.8		97.8
Paige Blythe	Fr.	Orange City, Iowa	MOC Floyd Valley	100.5		100.5
Janelle Stevens	So.	West Bend, Iowa	West Bend-Mallard	100.6		100.6
Lindsey Ellenson	Fr.	Amana, Iowa	Clear Creek-Amana	102.8		102.8
Molli O'Brien	So.	Clarion, Iowa	Clarion-Goldfield	106.5		106.5

2008-09 TOURNAMENT RESULTS

Date	Meet	Site	Course	Results
Aug. 30-31	BluGold Inv.	Eau Claire, Wis.	Mill Run GC/ Wild Ridge GC	12th of 25 teams
Sept. 6-7	Wartburg Inv.	Waverly, Iowa	Centennial Oaks GC	11th of 17 teams
Sept. 12-13	Central Inv.	Pella, Iowa	Bos Landen GC	1st of 6 teams
		Oskaloosa, Iowa	Edmundson GC	cancelled, rain
Sept. 20-21	Ill. Wesleyan Univ. Inv.	Normal, Ill.	Ironwood GC	11th of 23 teams
Sept. 26-27	Iowa Conference I-II	Cedar Falls, Iowa	Pheasant Ridge, GC	2nd of 9 teams
Oct. 3-4	Iowa Conference III-IV	Des Moines, Iowa	Blank GC	2nd (tie) of 9 teams
Oct. 7	William Penn JV dual	Oskaloosa, Iowa	Edmundson GC	L, 394-403

2008-09 individual results

BluGold Invitational
Mill Run GC/Wild Ridge GC
Eau Claire, Wis.
Aug. 30-31, 2008

Team standings

1. Gustavus Adolphus (Minn.) 646; 2. Wartburg 647; 3. St. Thomas (Minn.) 661; 4. Wis.-Stevens Point 666; 5. Wis.-Eau Claire 676; 6. Gustavus Adolphus 2 (Minn.) 680; 7. Wis.-Whitewater 684; 8. Waldorf 691; 9. Carleton (Minn.) 693; 10. Luther 696; 11. St. Benedict (Minn.) 702; **12. Central 342-363-705**; 13. Wis.-Stout 706; 14. Macalester (Minn.) 708; 15. Wis.-Eau Claire 2 718; 16. Wis.-Platteville 722; 17. Wis.-Superior 725; 18. Wis.-River Falls 742; 19. St. Mary's (Minn.) 757; 20. Viterbo (Wis.) 759; **21. Central 2 774**; 22. Augsburg (Minn.) 777; 23. Ripon (Wis.) 807; 24. St. Norbert (Wis.) 814; 25. Loras 841

Individual results

25. (tie) Sarah Paulson	89-81- 170
54. (tie) Eva Downes	83-94- 177
61. (tie) Abby Lukensmeyer	86-92- 178
65. (tie) Nicole Wenstrand	84-96- 180
105. (tie) Allison Crooks	94-100- 195

Wartburg Invitational
Centennial Oaks GC
Waverly, Iowa
Sept. 6-7, 2008

Team standings

1. Gustavus Adolphus (Minn.) 633; 2. Illinois Wesleyan 656; 3. Wartburg 657; 4. St. Thomas (Minn.) 662; 5. Wis.-Eau Claire 668; 6. Macalester (Minn.) 679; 7. Luther 683; 8. St. Ambrose 685; 9. Gustavus Adolphus 2 (Minn.) 687; 10. Waldorf 693; **11. Central 347-347-694**; 12. Simpson 703; 13. Mount Mercy 787; 14. Coe 800; **15. Central 2 816**; 16. Loras 826; 17. Cornell 853

Individual results

2. (tie) Sarah Paulson	77-79- 156
21. (tie) Eva Downes	85-82- 167
47. (tie) Abby Lukensmeyer	88-90- 178
76. (tie) Jacquelyn Mauk	99-96- 195
76. (tie) Allison Crooks	97-98- 195

Central Invitational
Bos Landen GC
Pella, Iowa
Sept. 12, 2008

*Team standings

1. Central 359; 2. Central 2 382; 3. Simpson 389; 4. William Penn 430; Buena Vista 448; 6. Grand View 449

Individual results:

1. Nicole Wenstrand	85
2. (tie) Sarah Paulson	86
7. (tie) Eva Downes	94
7. (tie) Abby Lukensmeyer	94
15. Jacquelyn Mauk	100

*Sept. 13 second round at Edmundson GC in Oskaloosa cancelled because of heavy rain

Illinois Wesleyan Inv.
Bloomington, Ill.
Sept. 20-21, 2008

Team standings

1. Wis.-Stevens Point 608; 2. Otterbein (Ohio) 624; 3. Illinois Wesleyan 629; 4. Wis.-Eau Claire 631; 5. Western Illinois 636; 6. William Woods 641; 7. DePauw (Ind.) 643; 8. Wis.-Whitewater 644; 9. Truman State (Mo.) 650; 10. Rhodes (Tenn.) 663; **11. Central 673**; 12. Wis.-Stout 686; 13. Illinois College 688; 14. Carthage (Wis.) 691; 15. North Central (Ill.) 695; 16. Franklin (Ind.) 699; 16. Ill.-Springfield 699; 18. Millikin (Ill.) 704; 19. Macalester (Minn.) 713; 20. Wis.-Oshkosh 725; 21. Wis.-Whitewater JV 732; 22. Loras 755; 23. Millikin (Ill.) JV 776

Individual results

6. Sarah Paulson	79-74- 153
53. (tie) Eva Downes	86-83- 169
68. (tie) Nicole Wenstrand	89-84- 173
87. (tie) Allison Crooks	89-93- 182
87. (tie) Abby Lukensmeyer	93-89- 182

Iowa Conference Championship
Pheasant Ridge GC
Cedar Falls, Iowa
Sept. 26-27, 2008/
Blank GC
Des Moines, Iowa
Oct. 3-4, 2008

72-hole team standings

1. Wartburg 315-319-327-1290; **2. Central 325-323-359-336-1343**; Luther 333-331-345-334-1343; 4. Simpson 336-349-339-351-1375; 5. Coe 348-349-386-382-1465; 6. Loras 367-353-383-373-1476; 7. Buena Vista 379-377-389-385-1530; 8. Cornell 389-387-391-403-1570; 9. Dubuque 433-412-441-439-1725

Individual results

1. Sarah Paulson	147-159- 306
7. Eva Downes	158-173- 331
15. Abby Lukensmeyer	166-180- 346
21. Nicole Wenstrand	180-183- 363
23. (tie) Allison Crooks	183-193- 376

William Penn JV Dual
Edmundson Golf Course
Oskaloosa, Iowa
Oct. 7, 2008

Team score

William Penn 394, Central 403

Individual JV results

2. Ali Miller	94
4. Janelle Stevens	98
5. Lindsey Ellenson	102
7. Paige Blythe	109
8. Molli O'Brien	111

2007-08 TEAM BESTS

2008-09 season-best 18-hole scores

Name	Score	Date	Site
Sarah Paulson	71	Sep. 27	Pheasant Ridge GC
Eva Downes	79	Sep. 26	Pheasant Ridge GC
Abby Lukensmeyer	80	Sep. 27	Pheasant Ridge GC
Nicole Wenstrand	84	Aug. 30	Mill Run GC
Allison Crooks	89	Sept. 20	Ironwood GC
Jacquelyn Mauk	96	Sep. 7	Centennial Oaks GC

Career-best 18-hole scores

Name	Score	Date	Site
Sarah Paulson	71	Sept. 27, 2008	Pheasant Ridge GC
Eva Downes	79	April 15, 2007	Northfield GC
Abby Lukensmeyer	80	Sept. 27, 2008	Pheasant Ridge GC
Nicole Wenstrand	83	Sept. 9, 2007	Centennial Oaks GC
Allison Crooks	89	Sept. 20, 2008	Ironwood GC
Lindsey Ellenson	90	Oct. 5, 2007	The Meadows GC
Meghan Swella	91	Sept. 15, 2007	Oneota GC
Jacquelyn Mauk	96	Sept. 7, 2008	Centennial Oaks GC
Janelle Stevens	100	Sept. 23, 2007	Bos Landen GC
Aimee Crooks	110	Sept. 1, 2007	Mills Run GC

Best 2008-09 team scores

No.	Finish	Score	Date	Site
1.	2nd	323	Sep. 27	Cedar Falls, Iowa
2.	2nd	325	Sep. 26	Cedar Falls, Iowa
3.	11th	330	Sept. 21	Normal, Ill.
4.	2nd	336	Oct. 4	Des Moines, Iowa
5.	12th	342	Aug. 30	Eau Claire, Wis.
6.	11th	343	Sept. 20	Normal, Ill.
7.	11th	347	Sep. 6	Waverly, Iowa
8.	11th	347	Sep. 7	Waverly, Iowa
9.	1st	359	Sep. 12	Pella, Iowa
10.	2nd	359	Oct. 3	Des Moines, Iowa
11.	12th	363	Aug. 31	Eau Claire, Wis.

Top 2008-09 individual finishes

Individual

No.	Finish	Name (score)	Meet
1.	1st of 45	Sarah Paulson	Iowa Conference (fall)
	1st of 36	Nicole Wenstrand	Central Invitational (fall)
3.	5th of 36	Allison Crooks	Central Inv. (fall)
4.	7th of 44	Eva Downes	Iowa Conference (fall)
	7th of 36	Abby Lukensmeyer	Central Inv. (fall)
6.	15th of 36	Jacquelyn Mauk	Central Inv. (fall)

Team

No.	Finish (teams)	Meet	Score
1.	1st (6 teams)	Central Inv. (fall)	359
3.	T-2nd (9 teams)	Iowa Conference	695
4.	11th (23 teams)	Ill. Wesleyan Inv. (fall)	673
5.	11th (17 teams)	Wartburg Inv. (fall)	694
6.	12th (25 teams)	Wis.-Eau Claire Inv. (fall)	705

2008-09 HONORS AND AWARDS

2008 fall season honors

Iowa Conference Female Athlete of the Week:
Oct. 6 Sarah Paulson

Iowa Conference Player of the Week:

Sept. 8 Sarah Paulson
Sept. 15 Nicole Wenstrand
Sept. 22 Sarah Paulson
Sept. 29 Sarah Paulson
Oct. 6 Sarah Paulson

Iowa Conference Tournament records:

Best 18-hole score--71, Sarah Paulson, Central, Pheasant Ridge GC, Cedar Falls, Iowa, Sept. 27, 2008.

Best 72-hole score--306, tie, Sarah Paulson, Central, 2008; Jen Stork, Buena Vista, 2006

Iowa Conference Tournament champion

Sarah Paulson--76-71-81-78--306

Iowa Conference Co-Coach of the Year

Jodee Schaben, Central

All-Iowa Conference honorees

1. Sarah Paulson 76-71-81-78--306
7. Eva Downes 79-79-86-87--331

Iowa Conference Player of the Year--Sarah Paulson, Central

Iowa Conference Co-Coaches of the Year--Jodee Schaben, Central; Monica Severson, Wartburg

School records

Best 18-hole score--71, tie, Sarah Paulson, Pheasant Ridge GC, Cedar Falls, Sept. 27, 2008; Cindy Kline, Indianola GC, 1987; Willow Creek GC, Des Moines, 1986; Jenny Wistrom, Edmundson GC, Oskaloosa, 1988.

Best 36-hole score--76-71--147, Sarah Paulson, Pheasant Ridge GC, Cedar Falls, Iowa, Sept. 27, 2008

Best 72-hole score--76-71-81-78--306, Sarah Paulson, Pheasant Ridge GC, Cedar Falls, Sept. 27-28, 2008, Blank GC, Des Moines, Oct. 3-5, 2008.

Best season stroke average--79.18, Sarah Paulson, 2008

2008 team awards

Maurine Timmer Most Valuable Player Award--Sarah Paulson
Most Dedicated Player Award--Janelle Stevens
Most Improved Player Award--Jacquelyn Mauk
Outstanding Attitude Award--Janelle Stevens
Most Valuable Freshman Award--Sarah Paulson
2008-09 co-captains--Janelle Stevens, Eva Downes
2009-10 co-captains--Janelle Stevens, Eva Downes

Varsity letters

Allison Crooks--second letter
Eva Downes--third letter
Abby Lukensmeyer--first letter
Jacquelyn Mauk--first letter
Sarah Paulson--first letter
Nicole Wenstrand--second letter

Reserve awards

Lindsey Ellenson
Natalie Hobt
Molli O' Brien
Janelle Stevens

Freshman awards

Paige Blythe
Anna Boelman
Cassie Milbrandt
Alison Miller

CAREER NOTES

Paige Blythe

Fr., Orange City, Iowa
MOC Floyd Valley HS

2008-09 fall avg.--100.5

Career-best score--94, Aug. 30, 2008, Mill Run (Wis.) GC
Top 2008-09 individual finish--14. Central Inv., Sept. 12

Allison Crooks

So., Moline, Ill.
Moline HS

2008-09 fall avg.--94.5

Career-best score--89, Sept. 20, 2008, Ironwood GC
Top 2008-09 individual finish--5. (tie), Central Inv., Sept. 12-13
Two varsity letters
Fifth place (tie), Central Inv. (2008)

Eva Downes

Jr., Woodstock, Ill.
Marian Central Catholic HS

2008-09 fall avg.--85.3

Career-best score--79, April 15, 2007, Northfield (Minn.) GC
Top 2008-09 individual finish--7. Iowa Conference Sept. 26-27,
Oct. 3-4

Three varsity letters

Team co-captain (2007-08, 2008-09, 2009-10)

All-Iowa Conference (2008-09, 7th place)

Maurine Timmer Most Valuable Player Award (2007-08)

Most Dedicated Player Award (2007-08)

Most Valuable Freshman Award (2006)

Third place, Loras Inv. (2007); seventh place, Central Inv. (2008);
seventh place, Iowa Conference (2008)

Lindsey Ellenson

So., Amana, Iowa
Clear Creek-Amana HS

2008-09 fall avg.--102.8

Career-best score--97, Sept. 12, 2008, Bos Landen GC
Top 2008-09 individual finish--12/ Central Inv., Sept. 12
One varsity letter

Abby Lukensmeyer

Fr., Hampton, Iowa
Hampton-Dumont HS

2008-09 fall avg.--88.9

Career-best score--80, Sept. 27, 2008, Pheasant Ridge GC
Top 2008-09 individual finish--7. (tie), Central Inv.,
Sept. 12

One varsity letter

Seventh place, Central Inv. (2008)

Jacquelyn Mauk

Fr., Clive, Iowa
Valley HS

2008-09 fall avg.--97.8

Career-best score--96, Sept. 7, 2008, Centennial Oaks GC
Top 2008-09 individual finish--15. Central Inv., Sept. 12

One varsity letter

Most Improved Player Award (2008)

Ali Miller

Fr., Davenport, Iowa
North HS

2008-09 fall avg.--97.8

Career-best score--91, Sept. 7, 2008, Centennial Oaks GC
Top 2008-09 individual finish--7. (tie), Central Inv., Sept. 12

Molli O'Brien

So., Clarion, Iowa
Clarion-Goldfield HS

2008-09 fall avg.--106.5

Career-best score--98, Sept. 6, 2008, Centennial Oaks GC
Top 2008-09 individual finish--26. Central Inv., Sept. 12

CAREER NOTES

Sarah Paulson

Fr., Ottumwa, Iowa
Ottumwa HS

2008-09 fall avg.--79.18

Career-best score--71, Sept. 27, 2008, Pheasant Ridge GC

Top 2008-09 individual finish--1., Iowa Conference, Sept. 26-27, Oct. 3-4

One varsity letter

All-Iowa Conference (2008-09, 1st place)

Maurine Timmer Most Valuable Player Award (2008-09)

Most Valuable Freshman Award (2008-09)

Second place (tie), Wartburg Inv. (2008); second place (tie), Central Inv. (2008); sixth place, Illinois Wesl. Inv. (2008); first place, Iowa Conference (2008)

Iowa Conference Player of the Week (Sept. 8, 2008; Sept. 22, 2008; Sept. 29, 2008; Oct. 6, 2008)

Iowa Conference Female Athlete of the Week (Oct. 6, 2008)

Nicole Wenstrand

So., Essex, Iowa
Shenandoah HS

2008-09 fall avg.--89.0

Career-best score--83, Sept. 9, 2007, Centennial Oaks GC

Top 2008-09 individual finish--1. Central Inv., Sept. 12

Two varsity letters

Most Valuable Freshman Award (2007)

First place, Central Inv. (2008)

Iowa Conference Player of the Week (Sept. 15, 2008)

Janelle Stevens

So., West Bend, Iowa
West Bend-Mallard HS

2008-09 fall avg.--100.6

Career-best score--90, Aug. 30, 2008, Mill Run (Wis.) GC

Top 2008-09 individual finish--92. Wartburg Inv., Sept. 6-7

Team co-captain (2008-09, 2009-10)

Most Dedicated Player Award (2008-09)

Outstanding Attitude Award (2007-08, 2008-09)

Most Improved Player Award (2007-08)