



222 Third Street SE Ste. 423
Cedar Rapids, Iowa 52401
[Phone] (319) 366-4845
[Fax] (319) 366-4911
www.iowaconference.com

FOR IMMEDIATE RELEASE
October 24, 2007

Contact: Will Wolper
wwolper@iowaconference.com
319-366-4845

IOWA CONFERENCE CROSS COUNTRY CHAMPIONSHIP PREVIEW

CEDAR RAPIDS, IOWA . . . The 2007 Iowa Intercollegiate Athletic Conference (IIAC) cross country Championship is Saturday, October 27, at the Dubuque Soccer Complex in Dubuque. Loras College is the host of this year's event. The women's 6,000-meter race begins at 11:00 a.m. and is followed by the men's 8,000-meter race at noon.

The Dubuque Soccer Complex is located off John F. Kennedy Road north of its intersection with the Northwest Arterial. More details about the course can be found on the Dubuque Soccer Club Web site at <http://www.dubuquesoccer.org/>.

Women's Race: Thirteen former All-Conference runners to their team's Championship line-up including nine from last year. Luther's **Janet Dobyms** became the seventh different Norse runner to capture an IIAC title and is one of five top-10 finishers back from 2006. Luther's **Elise Bennett** and **Devin Parker** finished third and fifth, respectively, Loras' **Erica Stevens** placed sixth and Simpson's **Jessica Christensen** was seventh.

Loras' **Mary Bridget Corken** (11th), Coe's **Denise Eslinger** (13th), and Cornell's **Rachelle Hawkins** (14th) and **Patricia Gonzalves** (15th) return after finishing in the top-15 last year. Wartburg's **Nicole Calabrese** (3rd in 2005) and **Emily VanOosbree** (9th in 2005), Loras' **Emily Wilder** (12th in 2005), and Dubuque's **Caroline Zelent** (14th in 2005) are other runners in the field who have earned All-Conference honors.

Dobyms and Eslinger are each two-time All-Conference selections. In addition to her title last year, Dobyms also earned All-Conference honors in 2005 with a fourth-place finish. Eslinger placed eighth in 2005 to go with her 13th-place finish last year.

This year's Championship line-ups feature eight former All-Central Region runners. Dobyms earned regional honors in 2005 and 2006. Stevens, Bennett, Parker, Christensen and Central's **Angie Berry** earned all-Region honors last year. Calabrese and VanOosbree were All-Central Region runners in 2005.

Luther won its IIAC-best tenth women's cross country championship with 22 points after placing all seven runners with in the top 12. Wartburg was a distant second with 68 points, while Loras took third with 95 points. Cornell placed fourth with 110 points, edging fifth-place Simpson by a point.

Men's Race: Eight former All-Conference (top-15 finishes) return to their teams' Championship line-up including five top-10 finishers from 2006. Loras' **Ben Grant** – last year's individual champion – returns, as does runner-up **Brian Chenoweth** of Wartburg. Luther's **David McKay** (5th) and **Matt Busche** (6th) and Wartburg's **Andy Hodge** (7th) round out the top-10 returnees. Wartburg's **Brian Mullenbach** (11th), Luther's **Carson Bruns** (12th), and Wartburg's **Lucas Tjosvold** (14th) are other All-Conference runners from 2006.

Grant has the opportunity to become the 17th Iowa Conference runner to finish in the top-10 of the Championship meet four times. In addition to his title last year, Grant placed third in 2005 and fourth in 2004. Busche and Hodge enter this year's Championship with two previous top-10 finishes. In addition to last year's top-10 finish, Busche finished sixth in 2005 while Hodge placed 10th. Bruns also finished 10th in 2004.

Six runners in this year's Championship line-ups have previously earned All-Region honors with a top-35 finish at the Regional Meet. Grant earned All-Region honors in 2004, 2005, and 2006. Hodge was an All-Region runner in 2005 and 2006. Busche, McKay, Chenoweth, and Mullenbach were All-Region runners in 2006.

Luther College won its IIAC-best 28th men's cross country title last year, ending Wartburg College's string of eight consecutive championships. The Norse placed five runners in the top-10 to edge the Knights 34-36. Central finished third with 97 points narrowly edging Loras and individual champion Grant with 101 points. The Duhawks' finish tied the lowest team finish by an individual champion's team.

Previous IIAC cross country Championship results can be found at:

Men – http://www.iowaconference.com/men/cross_country/tournaments.htm

Women – http://www.iowaconference.com/women/cross_country/tournaments.htm

Following are the 2007 meet-by-meet results for each school along with their probable line-up for the Championship including each runners' top time and top place finish of the season.

~ ~ *www.iowaconference.com* ~ ~

**Buena Vista University Beavers
2006 Men's Finish – 5th (162)
2006 Women's Finish – 8th (262)**

MEN
Top Returning Finisher from 2006 Championship – Travis DeRidder, 23rd (26:23)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Kyle Baker	29:34.27 at Briar Cliff Open	11th at Crown College Invitational
Travis DeRidder	28:40.2 at Crown College Invitational	5th at Crown College Invitational
Jacob Flaws	29:37 at Brissman-Lundeen Invitational	9th at Crown College Invitational
Jordan Flaws	29:44.7 at Crown College Invitational	8th at Crown College Invitational
Zach Newberg	29:15.2 at Crown College Invitational	6th at Crown College Invitational
Andrew Humphrey	39:35.5 at Crown College Invitational	46th at Crown College Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual Finish (Time)</u>
8/31	Dordt Invitational (4.0 miles)	5th of 6 (129)	Travis DeRidder, 13th (23:03)
9/8	Les Duke Invitational (8K)	10th of 14 (288)	Travis DeRidder, 34th (28:56)
9/21	Brissman-Lundeen Invitational (8K)	26th of 32 (748)	Travis DeRidder, 116th (28:46)
10/6	Briar Cliff Open (8K)	8th of 11 (218)	Travis DeRidder, 33rd (29:20.46)
10/13	Crown College Invitational (8K)	1st of 7 (39)	Travis DeRidder, 5th (28:40.2)
10/27	Iowa Conference Championship		

WOMEN
Top Returning Finisher from 2006 Championship – Courtney Jones, 46th (26:28)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Andrea Ahrendsen	27:05 at Brissman-Lundeen Invitational	31st at Crown College Invitational (5K)
Ali Bunde	27:48 at Brissman-Lundeen Invitational	40th at Crown College Invitational (5K)
Courtney Jones	26:28 at Brissman-Lundeen Invitational	17th at Crown College Invitational (5K)
Breanna Platt	30:55 at Brissman-Lundeen Invitational	62nd at Crown College Invitational (5K)
Missy Reinhart	26:11 at Brissman-Lundeen Invitational	39th at Crown College Invitational (5K)
Jenni Schomers	28:00 at Brissman-Lundeen Invitational	44th at Crown College Invitational (5K)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual Finish (Time)</u>
8/31	Dordt Invitational (2.5 miles)	5th of 7 (162)	Courtney Jones, 33rd (18:02)
9/8	Les Duke Invitational (6K)	9th of 12 (264)	Courtney Jones, 47th (27:40)
9/21	Brissman-Lundeen Invitational (6K)	21st of 26 (660)	Missy Reinhart, 153rd (26:11)
10/6	Briar Cliff Open (5K)	10th of 10 (248)	Missy Reinhart, 49th (21:47.04)
10/13	Crown College Invitational (5K)	3rd of 6 (106)	Courtney Jones, 17th (21:21.2)
10/27	Iowa Conference Championship		

Central College Dutch
2006 Men's Finish – 3rd (97)
2006 Women's Finish – 6th (154)

MEN
Top Returning Finisher from 2006 Championship – Jaron Byrum, 28th (26:48)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Teddy Clark	27:46 at Jim Drews Invite	11th at Central Dutch Invitational (6K)
Chase Ungs	27:20 at Brissman-Lundeen Invite	5th at Central Dutch Invitational (6K)
Austin Vondracek	28:38 at Jim Drews Invite	24th at Central Dutch Invitational (6K)
Derek Townsend	29:42 at Jim Drews Invite	47th at Central Dutch Invitational (6K)
Pierre Taylor	27:48 at Jim Drews Invite	12th at Central Dutch Invitational (6K)
Tyler Husak	29:00 at Brissman-Lundeen Invite	26th at Central Dutch Invitational (6K)
Cory Fitzsimmons	28:41 at Jim Drews Invite	32nd at Central Dutch Invitational (6K)
Jaron Bynum	28:34 at Jim Drews Invite	10th at Central Dutch Invitational (6K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Dutch Invitational (6K)	2nd of 7 (61)	Chase Ungs, 5th (20:02)
9/8	Les Duke Invitational (8K)	7th of 14 (178)	Teddy Clark, 33rd (28:54)
9/21	Brissman-Lundeen Invitational (6K)	19th of 32 (522)	Chase Ungs, 42nd (27:20)
10/6	Dan Huston Invitational (8K)	6th of 8 (184)	Chase Ungs, 42nd (30:26)
10/13	Jim Drews Invitational (8K)	20th of 25 (601)	Teddy Clark, 124th (27:25.82)
10/27	Iowa Conference Championship		

WOMEN
Top Returning Finisher from 2006 Championship – Jess Clark, 17th (24:14)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Hannah Anderson	23:38 at Tori Neubauer Invite	9th at Dan Huston Invitational
Angie Berry	22:33 at Tori Neubauer Invite	3rd at Central Dutch Invitational (5K)
Jess Clark	23:49 at Tori Neubauer Invite	7th at Central Dutch Invitational (5K)
Connie Eshelman	24:30 at Tori Neubauer Invite	20th at Central Dutch Invitational (5K)
Jenni Hufford	24:04 at Tori Neubauer Invite	16th at Central Dutch Invitational (5K)
Amy Ledvina	24:07 at Tori Neubauer Invite	6th at Central Dutch Invitational (5K)
Amber Mayer	24:10 at Brissman-Lundeen Invite	8th at Central Dutch Invitational (5K)
Molly Von Holten	25:01 at Brissman-Lundeen Invite	15th at Central Dutch Invitational (5K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Dutch Invitational (5K)	2nd of 7 (35)	Angie Berry, 3rd (19:37)
9/8	Les Duke Invitational (6K)	5th of 12 (91)	Jess Clark, 14th (24:47)
9/21	Brissman-Lundeen Invitational (6K)	9th of 26 (231)	Hannah Anderson, 41st (24:05)
10/6	Dan Huston Invitational (6K)	2nd of 5 (65)	Hannah Anderson, 9th (25:00)
10/13	Tori Neubauer Invitational (6K)	13th of 27 (310)	Angie Berry, 9th (22:32.38)
10/27	Iowa Conference Championship		

**Coe College Kohawks
2006 Men's Finish – 8th (232)
2006 Women's Finish – 7th (189)**

MEN
Top Returning Finisher from 2006 Championship – Lane Moser, 32nd (26:59)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Ethan Conner	28:40 at Jim Drews Invitational	13th at Lamb-Kohawk Invitational
DC Cusanelli	27:54 at Jim Drews Invitational	5th at Lamb-Kohawk Invitational
Ben Kaplan	28:10 at Jim Drews Invitational	15th at Mount Mercy Mustang Gallop (5K)
MJ Moore	30:02 at Lamb-Kohawk Invitational	6th at Mount Mercy Mustang Gallop (5K)
Lane Moser	26:45 at Jim Drews Invitational	4th at Mount Mercy Mustang Gallop (5K)
Brad O'Neil	26:50 at Jim Drews Invitational	7th at Mount Mercy Mustang Gallop (5K)
Ben Potts	28:30 at Jim Drews Invitational	16th at Mount Mercy Mustang Gallop (5K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Mount Mercy Mustang Gallop (5K)	1st of 6 (35)	Lane Moser, 4th (17:31)
9/8	Les Duke Invitational (8K)	5th of 14 (163)	Brad O'Neil, 28th (28:45)
9/15	St. Olaf Invitational (8K)	19th of 27 (572)	Lane Moser, 83rd (27:24)
9/21	Brissman-Lundeen Invitational (8K)	8th of 32 (319)	Lane Moser, 21st (26:35)
10/6	Lamb-Kohawk Invitational (8K)	1st of 3 (39)	DC Cusanelli, 5th (28:58.01)
10/13	Jim Drews Invitational (8K)	15th of 25 (440)	Lane Moser, 59th (26:44.97)
10/27	Iowa Conference Championship		

WOMEN
Top Returning Finisher from 2006 Championship – Denise Eslinger, 13th (23:56)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Denise Eslinger	24:30 at Tori Neubauer Invitational	2nd at Lamb-Kohawk Invitational
Maranda Franke	26:01 at Tori Neubauer Invitational	13th at Mount Mercy Mustang Gallop (4K)
Linda Freiha	25:31 at Tori Neubauer Invitational	12th at Lamb-Kohawk Invitational
Naomi Hillsman	25:48 at Tori Neubauer Invitational	20th at Lamb-Kohawk Invitational
Jessie Robison	26:41 at Tori Neubauer Invitational	22nd at Lamb-Kohawk Invitational
Kiley Schaumleffel	26:16 at St. Olaf Invitational	13th at Lamb-Kohawk Invitational
Ashley Schnell	23:03 at Les Duke Invitational	1st at Mount Mercy Mustang Gallop (4K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Mount Mercy Mustang Gallop (4K)	3rd of 6 (81)	Ashley Schnell, 1st (14:51)
9/8	Les Duke Invitational (6K)	6th of 12 (170)	Ashley Schnell, 3rd (23:03)
9/15	St. Olaf Invitational (6K)	21st of 25 (607)	Denise Eslinger, 97th (24:56)
9/21	Brissman-Lundeen Invitational (6K)	15th of 26 (380)	Ashley Schnell, 9th (22:32)
10/6	Lamb-Kohawk Invitational (6K)	3rd of 3 (57)	Denise Eslinger, 2nd (25:18.29)
10/13	Tori Neubauer Invitational (6K)	25th of 27 (768)	Denise Eslinger, 130th (24:29.51)
10/27	Iowa Conference Championship		

Cornell College Rams
2006 Men's Finish – 7th (214)
2006 Women's Finish – 4th (110)

MEN
Top Returning Finisher from 2006 Championship – Quin Purkey, 45th (28:39)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Andrew Tobben	26:34 at Brissman-Lundeen Invitational	1st at Mustang Gallop (5K) & Lamb-Kohawk Invite
Joe Tisinger	29:04 at Dr. Tucker Invitational	12th at Mustang Gallop (5K)
Quin Purkey	29:24 at Dr. Tucker Invitational	20th at Mustang Gallop (5K)
Jordan Stacey	30:13 at Dr. Tucker Invitational	22nd at Mustang Gallop (5K)
Paul Donavin	29:24 at Brissman-Lundeen Invitational	23rd at Mustang Gallop (5K)
Andrew Jacobsmeyer	30:38 at Dr. Tucker Invitational	33rd at Mustang Gallop (5K)

Date	Race (Distance)	Team Finish (score)	Top Individual Finish (Time)
9/1	Mount Mercy Mustang Gallop (5K)	3rd of 6 (78)	Andrew Tobben, 1st (16:16)
9/8	Les Duke Invitational (8K)	9th of 14 (244)	Andrew Tobben, 10th (27:13)
9/21	Brissman-Lundeen Invitational (8K)	20th of 32 (583)	Andrew Tobben, 20th (26:34)
10/6	Lamb-Kohawk Invitational (8K)	Incomplete Team (NTS)	Andrew Tobben, 1st (27:48.93)
10/12	Dr. Robert Tucker Invitational (8K)	5th of 6 (128)	Andrew Tobben, 5th (27:03)
10/27	Iowa Conference Championship		

WOMEN
Top Returning Finisher from 2006 Championship – Rachele Hawkins, 14th (24:04)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Rachele Hawkins	23:02 at Brissman-Lundeen Invitational	1st at Lamb-Kohawk Invite & Dr. Tucker Invite
Patricia Gonzalves	23:12 at Brissman-Lundeen Invitational	3rd at Mustang Gallop (4K)
Allie Jagielo	24:16 at Brissman-Lundeen Invitational	3rd at Lamb-Kohawk Invite
Andrea Aerts	24:37 at Brissman-Lundeen Invitational	9th at Lamb-Kohawk Invite
Lindsey Kuhlman	24:17 at Brissman-Lundeen Invitational	7th at Lamb-Kohawk Invite
Amanda Jepson	25:04 at Brissman-Lundeen Invitational	10th at Lamb-Kohawk Invite
Kelly Kennedy	26:55 at Brissman-Lundeen Invitational	24th at Lamb-Kohawk Invite
Ellie Hutchison	26:55 at Brissman-Lundeen Invitational	25th at Lamb-Kohawk Invite

Date	Race (Distance)	Team Finish (score)	Top Individual Finish (Time)
9/1	Mount Mercy Mustang Gallop (4K)	1st of 6 (32)	Rachele Hawkins, 2nd (15:59)
9/8	Les Duke Invitational (6K)	4th of 12 (79)	Rachele Hawkins, 4th (23:59)
9/21	Brissman-Lundeen Invitational (6K)	6th of 26 (172)	Rachele Hawkins, 15th (23:02)
10/6	Lamb-Kohawk Invitational (6K)	1st of 3 (24)	Rachele Hawkins, 1st (24:38.50)
10/12	Dr. Robert Tucker Invitational (6K)	3rd of 5 (75)	Rachele Hawkins, 1st (23:47)
10/27	Iowa Conference Championship		

**University of Dubuque Spartans
2006 Men's Finish – 9th (235)
2006 Women's Finish – 9th (263)**

MEN
Top Returning Finisher from 2006 Championship – Andres Verduzco, 51st (29:25)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Aaron Ewinger	29:07 at Dr. Robert Tucker Invitational	36th at Dr. Robert Tucker Invitational
Andres Verduzco	30:05 at Dr. Robert Tucker Invitational	52nd at Dr. Robert Tucker Invitational
Thomas Goad	30:25 at Dr. Robert Tucker Invitational	58th at Dr. Robert Tucker Invitational
Jon Erickson	30:57 at Dr. Robert Tucker Invitational	61st at Dr. Robert Tucker Invitational
Freddy Frick	31:59 at Les Duke Invitational	75th at Dr. Robert Tucker Invitational
Dave McAlexander	32:20 at Dr. Robert Tucker Invitational	70th at Dr. Robert Tucker Invitational
Josh Feehan	32:25 at Dr. Robert Tucker Invitational	72nd at Dr. Robert Tucker Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/31	Elmhurst Early Bird Invitational (6K)	12th of 16 (337)	Aaron Ewinger, 79th (20:22.22)
9/8	Les Duke Invitational (8K)	13th of 14 (369)	Thomas Goad, 63rd (30:54)
9/21	Brissman-Lundeen Invitational (8K)	30th of 32 (850)	Aaron Ewinger, 165th (29:18)
10/6	Dan Huston Invitational (8K)	8th of 8 (242)	Aaron Ewinger, 69th (31:46)
10/12	Dr. Robert Tucker Invitational (8K)	6th of 6 (167)	Aaron Ewinger, 36th (29:07)
10/27	Iowa Conference Championship		

WOMEN
Top Returning Finisher from 2006 Championship – Caroline Zelent, 33rd (25:02)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Caroline Zelent	24:05 at Brissman-Lundeen Invitational	4th at Elmhurst Early Bird Invitational (4K)
Megan Michaelis	26:38 at Brissman-Lundeen Invitational	42nd at Elmhurst Early Bird Invitational (4K)
Kate Swift	36:49 at Brissman-Lundeen Invitational	348th at Brissman-Lundeen Invitational
Krystle Lorenz	32:57 at Brissman-Lundeen Invitational	68th at Dan Huston Invitational
Tenisha Reeder	37:33 at Dr. Robert Tucker Invitational	54th at Dr. Robert Tucker Invitational

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
8/31	Elmhurst Early Bird Invitational (4K)	11th of 13 (289)	Caroline Zelent, 4th (15:22.06)
9/21	Brissman-Lundeen Invitational (6K)	23rd of 26 (686)	Caroline Zelent, 40th (24:05)
10/6	Dan Huston Invitational (6K)	5th of 5 (135)	Caroline Zelent, 11th (25:18)
10/12	Dr. Robert Tucker Invitational (6K)	5th of 5 (140)	Caroline Zelent, 20th (25:22)
10/27	Iowa Conference Championship		

Loras College Duhawks
2006 Men's Finish – 4th (101)
2006 Women's Finish – 3rd (95)

MEN

Top Returning Finisher from 2006 Championship – Ben Grant, 1st (24:18)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Ben Grant	26:07 at Dr. Robert Tucker Invitational	1st at Elmhurst Early Bird Invitational (6K)
Mark Sulkin	27:21 at Brissman-Lundeen Invitational	7th at Elmhurst Early Bird Invite (6K) & Dr. Robert Tucker Invitational
Andy Sabin	27:20 at Brissman-Lundeen Invitational	16th at Elmhurst Early Bird Invitational (6K)
Tyler Meyer	27:31 at Dr. Robert Tucker Invitational	11th at Dr. Robert Tucker Invitational
Kevin Oberfoell	27:46 at Brissman-Lundeen Invitational	19th at Dr. Robert Tucker Invitational
Alan Jackson	27:47 at Dr. Robert Tucker Invitational	16th at Dr. Robert Tucker Invitational
Ryan Schaefer	27:30 at Dr. Robert Tucker Invitational	9th at Dr. Robert Tucker Invitational

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
8/31	Elmhurst Early Bird Invitational (6K)	2nd of 16 (65)	Ben Grant, 1st (17:55.15)
9/14	National Catholic Invitational (5 miles)	10th of 35 overall (298) 2nd of 24 non-DI (94)	Ben Grant, 8th (25:27) 1st among non-DI runners
9/21	Brissman-Lundeen Invitational (8K)	5th of 32 (195)	Ben Grant, 22nd (26:41)
10/6	St. Olaf Pre-National Invitational (8K)	6th of 15 (76)	Ben Grant, 5th (27:17.7)
10/12	Dr. Robert Tucker Invitational (8K)	1st of 6 (39)	Ben Grant, 2nd (26:07)
10/27	Iowa Conference Championship		

WOMEN

Top Returning Finisher from 2006 Championship – Erica Stevens, 6th (23:41)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Mary Bridget Corken	22:54 at Brissman-Lundeen Invitational	2nd at Elmhurst Early Bird Invitational (4K)
Hannah Weiss	24:27 at Dr. Robert Tucker Invitational	3rd at Elmhurst Early Bird Invitational (4K)
Tara Kilburg	23:58 at Brissman-Lundeen Invitational	11th at Elmhurst Early Bird Invitational (4K)
Meghan Wolett	24:41 at Brissman-Lundeen Invitational	17th at St. Olaf Pre-National Meet
Erica Stevens	23:49 at Brissman-Lundeen Invitational	10th at St. Olaf Pre-National Meet
Emily Wilder	24:34 at Brissman-Lundeen Invitational	15th at Elmhurst Early Bird Invitational (4K)
Erinn Sanstead	25:14 at Brissman-Lundeen Invitational	28th at Elmhurst Early Bird Invitational (4K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
8/31	Elmhurst Early Bird Invitational (4K)	1st of 13 (42)	Mary Bridget Corken, 2nd (15:00.63)
9/14	National Catholic Invitational (5K)	10th of 37 overall (342) 3rd of 26 non-DI (132)	Mary Bridget Corken, 49th (19:24) 13th among non-DI runners
9/21	Brissman-Lundeen Invitational (6K)	7th of 26 (181)	Mary Bridget Corken, 14th (22:54)
10/6	St. Olaf Pre-National Invitational (6K)	2nd of 14 (77)	Mary Bridget Corken, 4th (23:43.5)
10/12	Dr. Robert Tucker Invitational (6K)	1st of 5 (27)	Mary Bridget Corken, 4th (24:11)
10/27	Iowa Conference Championship		

Luther College Norse
2006 Men's Finish – 1st (34)
2006 Women's Finish – 1st (22)

MEN

Top Returning Finisher from 2006 Championship – David McKay, 5th (24:39)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Carson Bruns	25:56 at Jim Drews Invitational	14th at Luther College All-American (4 miles)
Matthew Busche	25:54 at Jim Drews Invitational	3rd at Luther College All-American (4 miles)
John Franzen	27:15 at Jim Drews Invitational	6th at Luther College All-American (4 miles)
David McKay	26:02 at Jim Drews Invitational	2nd at Luther College All-American (4 miles)
Mike Switzer	27:05 at Jim Drews Invitational	5th at Luther College All-American (4 miles)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/1	Saint Mary's (Minn.) Invitational	3rd of 7 (66)	David McKay, 6th (23:00.5)
9/15	Luther All-American Invitational (4 miles)	1st of 5 (23)	David McKay, 2nd (21:18)
9/22	UW-Eau Claire Blugold Open (8K)	13th of 20 (361)	Erik Johnson, 59th (27:46.4)
9/29	Roy Griak Invitational (8K)	8th of 34 (265)	David McKay, 31st (26:54)
10/13	Jim Drews Invitational (8K)	9th of 25 (237)	Matthew Busche, 16th (25:54.34)
10/27	Iowa Conference Championship		

WOMEN

Top Returning Finisher from 2006 Championship – Janet Dobyms, 1st (23:05)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Janet Dobyms	21:49 at Tori Neubauer Invitational	1st at Luther All-American (5K)
Flannery Cerbin	23:29 at Tori Neubauer Invitational	7th at Luther All-American (5K)
Elise Bennett	23:45 at Tori Neubauer Invitational	16th at UW-Eau Claire Blugold Open
Devin Parker	24:14 at Tori Neubauer Invitational	22nd at Luther All-American (5K)
Katie Dolan	24:06 at Tori Neubauer Invitational	11th at Luther All-American (5K)
Ericka Sell	23:30 at Tori Neubauer Invitational	8th at Luther All-American (5K)
Heidi Skildum	23:45 at Tori Neubauer Invitational	19th at Luther All-American (5K)

<u>Date</u>	<u>Race (Distance)</u>	<u>Team Finish (score)</u>	<u>Top Individual, Finish (Time)</u>
9/1	Saint Mary's (Minn.) Invitational (5K)	3rd of 7 (77)	Rachel Wobeter, 12th (21:07.1)
9/15	Luther All-American Invitational (5K)	2nd of 4 (33)	Janet Dobyms, 1st (18:38)
9/22	UW-Eau Claire Blugold Open (6K)	4th of 17 (93)	Ericka Sell, 12th (24:15.98)
9/29	Roy Griak Invitational (6K)	9th of 42 (330)	Janet Dobyms, 3rd (22:33.9)
10/13	Tori Neubauer Invitational (6K)	7th of 27 (195)	Janet Dobyms, 2nd (21:48.69)
10/27	Iowa Conference Championship		

Simpson College Storm
2006 Men's Finish – 6th (167)
2006 Women's Finish – 5th (111)

MEN
Top Returning Finisher from 2006 Championship – Eric Osterhaus, 16th (25:38)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Eric Osterhaus	25:51 at Brissman-Lundeen Invitational	1st at Les Duke Invitational & Dr. Robert Tucker Invitational
Tyler Jordinson	27:15 at Brissman-Lundeen Invitational	8th at Dutch Invitational (6K) & Dr. Robert Tucker Invitational
Thomas Hlad	27:39 at Brissman-Lundeen Invitational	13th at Dr. Robert Tucker Invitational
Eric Patten	27:53 at Brissman-Lundeen Invitational	18th at Dr. Robert Tucker Invitational
Casey Dunning	28:52 at Brissman-Lundeen Invitational	37th at Dr. Robert Tucker Invitational
Luke Weber	29:14 at Dr. Robert Tucker Invitational	34th at Dutch Invitational (6K)
Matt Wood	29:46 at Les Duke Invitational	35th at Dutch Invitational (6K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Dutch Invitational (6K)	3rd of 7 (80)	Eric Osterhaus, 3rd (19:13)
9/8	Les Duke Invitational (8K)	3rd of 14 (108)	Eric Osterhaus, 1st (26:34)
9/21	Brissman-Lundeen Invitational (8K)	9th of 32 (328)	Eric Osterhaus, 5th (25:51)
9/29	Roy Griak Invitational (8K)	19th of 34 (488)	Eric Osterhaus, 14th (26:23.2)
10/12	Dr. Robert Tucker Invitational (8K)	3rd of 6 (60)	Eric Osterhaus, 1st (25:58)
10/27	Iowa Conference Championship		

WOMEN
Top Returning Finisher from 2006 Championship – Jess Christensen, 7th (23:46)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Jess Christensen	23:45 at Brissman-Lundeen Invitational	4th at Dutch Invitational (5K)
Catie Ellingson	23:37 at Brissman-Lundeen Invitational	5th at Dutch Invitational (5K) & Les Duke Invitational
Sarah Hammell	23:38 at Brissman-Lundeen Invitational	2nd at Dutch Invitational (5K)
Kelli Hildreth	24:36 at Dr. Robert Tucker Invitational	12th at Dr. Robert Tucker Invitational
Jodi Harding	24:04 at Brissman-Lundeen Invitational	12th at Dutch Invitational (5K)
Kelsey Beeding	24:27 at Brissman-Lundeen Invitational	9th at Dutch Invitational (5K)
Emily Salberg	25:14 at Roy Griak Invitational	19th at Dutch Invitational (5K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
9/1	Dutch Invitational (5K)	1st of 7 (32)	Sarah Hammel, 2nd (19:35)
9/8	Les Duke Invitational (6K)	3rd of 12 (62)	Catie Ellingson, 5th (24:07)
9/21	Brissman-Lundeen Invitational (6K)	3rd of 26 (156)	Catie Ellingson, 23rd (23:37)
9/29	Roy Griak Invitational (6K)	17th of 42 (450)	Catie Ellingson, 27th (23:51.35)
10/12	Dr. Robert Tucker Invitational (6K)	2nd of 5 (52)	Jess Christensen, 8th (24:22)
10/27	Iowa Conference Championship		

Wartburg College Knights
2006 Men's Finish – 2nd (36)
2006 Women's Finish – 2nd (68)

MEN
Top Returning Finisher from 2006 Championship – Brian Chenoweth, 2nd (24:23)

Probable Runner	Top 8K Time	Top Place Finish (8K race unless noted)
Brian Chenoweth	25:37.04 at Jim Drews Invitational	3rd at UW-Eau Claire Blugold Open
Andy Hodge	25:48 at Jim Drews Invitational	6th at UW-Eau Claire Blugold Open
Jacob Hommer	26:08 at Western Oregon Summer's End Invitational	12th at Western Oregon Summer's End Invitational
Brian Mullenbach	25:31 at Western Oregon Summer's End Invitational	6th at Western Oregon Summer's End Invitational
Joel Rasmussen	26:32 at Western Oregon Summer's End Invitational	15th at Western Oregon Summer's End Invitational
Jon Stover	26:24 at Western Oregon Summer's End Invitational	14th at Western Oregon Summer's End Invitational
Lucas Tjosvold	25:36 at Western Oregon Summer's End Invitational	7th at Western Oregon Summer's End Invitational

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
8/31	Summer's End Invitational (8K)	1st of 5 (42)	Brian Mullenbach, 6th (25:31)
9/15	St. Olaf Invitational (8K)	7th of 27 (254)	Brian Chenoweth, 23rd (26:18)
9/21	UW-Eau Claire Blugold Open (8K)	2nd of 20 (76)	Brian Chenoweth, 3rd (26:18.03)
10/6	Dan Huston Invitational (8K)	3rd of 8 (61)	Brian Chenoweth, 5th (27:34)
10/13	Jim Drews Invitational (8K)	8th of 25 (185)	Brian Chenoweth, 7th (25:37.04)
10/27	Iowa Conference Championship		

WOMEN
Top Returning Finisher from 2006 Championship – Amanda Kuiken, 23rd (24:39)

Probable Runner	Top 6K Time	Top Place Finish (6K race unless noted)
Nicole Calabrese	24:10 at St. Olaf Invitational	6th at Western Oregon Summer's End Invitational (5K)
Amanda Kuiken	23:29 at Tori Neubauer Invitational	5th at Dan Huston Invitational
Jennifer Kuiken	23:36 at Tori Neubauer Invitational	6th at Dan Huston Invitational
Janna McClintock	24:42 at Tori Neubauer Invitational	11th at Western Oregon Summer's End Invitational (5K)
Lori Tlach	23:36 at Tori Neubauer Invitational	4th at Dan Huston Invitational
Emily VanOosbree	22:31 at Tori Neubauer Invitational	1st at Dan Huston Invitational
Jessica Viner	23:49 at Tori Neubauer Invitational	8th at Dan Huston Invitational
Brendelyn White	24:37 at Tori Neubauer Invitational	14th at Western Oregon Summer's End Invitational (5K)

Date	Race (Distance)	Team Finish (score)	Top Individual, Finish (Time)
8/31	W. Oregon Summer's End Invitational (5K)	1st of 4 (34)	Emily VanOosbree, 3rd (19:29)
9/15	St. Olaf Invitational (6K)	5th of 25 (189)	Jessica Viner, 29th (23:50)
9/21	UW-Eau Claire Blugold Open (6K)	3rd of 17 (88)	Emily VanOosbree, 2nd (23:36)
10/6	Dan Huston Invitational (6K)	1st of 5 (24)	Emily VanOosbree, 2nd (24:04)
10/13	Tori Neubauer Invitational (6K)	8th of 27 (200)	Emily VanOosbree, 7th (22:30.73)
10/27	Iowa Conference Championship		