



Men's CROSS COUNTRY

2007 INDIVIDUAL RESULTS

Overall individual finish followed by individual finish within team in parentheses.

	Central Dutch Inv. 6K (9-1)	Grinnell Les Duke Inv. 8K (9-8)	Augustana Brissman- Lundeen Inv. 8K (9-21)	Wartburg Dan Huston Inv. 8K (10-6)	Wis.-La Crosse Jim Drews Inv. 8K (10-13)	Iowa Conference 8K (10-27)	NCAA Div. III Central Regional 8K (11-10)
James Armstead	DNC	DNC	DNC	DNC	DNF	29:55 76th (8th)	DNC
Ben Bell	23:12 64th (11th)	32:23 94th (7th)	31:50 312th (9th)	DNC	DNC	31:07 98th (12th)	DNC
Jaron Byrum	20:16 10th (2nd)	DNC	29:04 151st (3rd)	31:23 58th (4th)	28:34 191st (3rd)	27:57 25th (1st)	27:16 77th (2nd)
Teddy Clark	20:17 11th (3rd)	28:17 27th (1st)	DNC	DNC	27:46 124th (1st)	29:03 54th (4th)	27:44 102nd (4th)
Brett Dietrich	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Dustin Draisey	23:43 68th (13th)	31:23 100th (8th)	30:49 263rd (7th)	33:42 97th (6th)	30:34 340th (9th)	30:06 81st (9th)	DNC
Cory Fitzsimmons	21:32 32nd (7th)	32:32 11th (9th)	29:10 158th (4th)	30:38 44th (2nd)	28:41 206th (5th)	29:04 55th (5th)	28:45 124th (6th)
Andy Green	22:38 50th (9th)	DNC	30:02 225th (6th)	DNC	31:15 363rd (10th)	31:03 97th (11th)	DNC
Tyler Husak	21:11 26th (6th)	29:17 41st (4th)	29:00 141st (2nd)	31:18 55th (3rd)	29:08 246th (7th)	30:51 94th (10th)	DNC
Noah Martell	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Elliot McDowell	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Alex Miller	DNC	DNC	DNC	DNC	DNF	DNC	DNC
Kenny Outlaw	23:28 66th (12th)	33:11 121st (10th)	31:47 309th (8th)	DNC	DNC	DNC	DNC
Derrick Padovich	22:42 51st (10th)	DNC	DNC	DNC	DNC	DNC	DNC
Justin Saxfield	26:18 85th (15th)	DNC	35:14 386th (10th)	37:59 126th (9th)	36:44 403rd (11th)	35:17 119th (14th)	DNC
Pierre Taylor	20:18 12th (4th)	29:23 51st (5th)	DNC	38:44 127th (10th)	27:48 127th (2nd)	28:25 39th (2nd)	27:05 71st (1st)
Derek Townsend	22:35 47th (8th)	30:32 75th (6th)	30:01 224th (5th)	33:25 93rd (5th)	29:42 287th (8th)	29:40 71st (6th)	28:33 118th (5th)
Chase Ungs	20:02 5th (1st)	28:54 38th (2nd)	27:20 42nd (1st)	30:26 42nd (1st)	28:56 230th (6th)	28:34 42nd (3rd)	27:43 101st (3rd)
Austin Vondracek	21:03 24th (5th)	29:00 41st (3rd)	DNC	33:59 100th (7th)	28:38 200th (4th)	29:49 74th (7th)	29:13 131st (7th)
Zac Wagner	24:03 71st (14th)	DNC	DNC	37:38 123rd (8th)	DNC	33:24 114th (13th)	DNC
Brandon Williams	DNC	DNC	DNC	DNC	DNC	DNC	DNC
Team finish	2nd of 7	6th of 13	18th of 31	6th of 8	20th of 25	6th of 9	17th of 23
Points	61	178	522	184	601	170	269
Spread	1:01	1:07	2:41	2:59	:56	1:07	1:28

Varsity team score counters in **bold**

*Junior varsity race

2007 SEASON AND CAREER BESTS

8,000 meter career bests

Name	Time	Date	Site
Brett Dietrich	26:34	9-23-05	Augustana Inv.-Davenport
Jaron Byrum	26:47	9-23-05	Augustana Inv.-Davenport
Teddy Clark	27:02	9-23-05	Augustana Inv.-Davenport
Pierre Taylor	27:05	11-10-07	NCAA D-III Central Regional
Chase Ungs	27:13	9-24-04	Augustana Inv.-Davenport
James Armstead	28:05	9-23-05	Augustana Inv.-Davenport
Andy Green	28:10	9-24-04	Augustana Inv.-Davenport
Derek Townsend	28:33	11-10-07	NCAA D-III Central Regional
Tyler Husak	28:38	9-21-07	Brissman/Lundeen Inv. -Credit Island Park
Austin Vondrocek	28:39	10-13-07	Jim Drews Inv.-LaCrosse,Wis
Cory Fitzsimmons	28:42	10-13-07	Jim Drews Inv.-LaCrosse,Wis
Derrick Padovich	29:10	9-9-06	Les Duke Inv.-Oakland Acres
Brandon Williams	29:23	10-14-06	Jim Drews Inv.-LaCrosse,Wis
Alex Miller	29:59	10-14-06	Jim Drews Inv.-LaCrosse,Wis
Dustin Draisey	30:06	10-27-07	Iowa Conference- Dubuque
Ben Bell	31:07	10-27-07	Iowa Conference- Dubuque
Kenny Outlaw	31:47	9-21-07	Brissman/Lundeen Inv. -Credit Island Park
Zac Wagner	32:02	9-9-06	Les Duke Inv.-Oakland Acres
Justin Saxfield	35:14	9-21-07	Brissman/Lundeen Inv. -Credit Island Park

8,000 meter season bests

Name	Time	Date	Site
Pierre Taylor	27:05	11-10-07	NCAA D-III Central Regional
Jaron Byrum	27:16	11-10-07	NCAA D-III Central Regional
Chase Ungs	27:20	9-21-07	Brissman/Lundeen Inv. -Credit Island Park
Teddy Clark	27:44	11-10-07	NCAA D-III Central Regional
Derek Townsend	28:33	11-10-07	NCAA D-III Central Regional
Austin Vondracek	28:38	10-13-07	Jim Drews Inv.-LaCrosse,Wis
Corey Fitzsimmons	28:42	10-13-07	Jim Drews Inv.-LaCrosse,Wis
Tyler Husak	29:00	9-21-07	Brissman/Lundeen Inv. -Credit Island Park
James Armstead	29:55	10-27-07	Iowa Conference- Dubuque
Andy Green	30:02	9-21-07	Brissman/Lundeen Inv. -Credit Island Park
Dustin Draisey	30:06	10-27-07	Iowa Conference- Dubuque
Ben Bell	31:07	10-27-07	Iowa Conference- Dubuque
Kenny Outlaw	31:47	9-21-07	Brissman/Lundeen Inv. -Credit Island Park
Zac Wagner	33:23	10-27-07	Iowa Conference- Dubuque
Justin Saxfield	35:14	9-21-07	Brissman/Lundeen Inv. -Credit Island Park

Top 8,000 meter times

Individual

No.	Name	Time	Date	Meet
1.	Adam Wolf	25:51	10-14-06	Jim Drews Invite
2.	Adam Wolf	25:53	11-11-06	NCAA D-III Regional
3.	Adam Wolf	26:05	9-9-06	Les Duke Invite
4.	Joe Jefferson	26:50	10-14-06	Jim Drews Invite
5.	Joe Jefferson	26:50	11-11-06	NCAA D-III Regional

Team

No.	Top five's avg.	Date	Meet
1.	20:23 (6K)	9-1-07	Central Inv.-Pella
2.	27:41 (8K)	11-10-07	NCAA D-III Central Regional
3.	27:49 (8K)	10-13-07	Jim Drews Inv.-LaCrosse,Wis
4.	28:38 (8K)	10-27-07	Iowa Conference- Dubuque
5.	28:58 (8K)	9-8-07	Les Duke Inv.-Oakland Acres
6.	28:55 (8K)	9-21-07	Brissman/Lundeen Inv. -Credit Island Park
7.	29:55 (8K)	10-6-07	Dan Huston Inv. -Waverly

Best team score

No.	Score (no. of teams)	Meet
1.	61 (7 teams)	Central Inv.-Pella
2.	107 (9 teams)	Iowa Conference- Dubuque
3.	178 (13 teams)	Les Duke Inv.-Oakland Acres
4.	184 (8 teams)	Dan Huston Inv. -Waverly
5.	469 (23 teams)	NCAA D-III Central Regional
6.	522 (31 teams)	Brissman/Lundeen Inv.-Credit Island
7.	601 (25 teams)	Jim Drews Inv.-LaCrosse,Wis

Best spread

No.	Top five spread	Meet
1.	:56	Jim Drews Inv.-LaCrosse,Wis
2.	1:01	Central Inv.-Pella
3.	1:07	Les Duke Inv.-Oakland Acres
3.	1:07	Iowa Conference- Dubuque
4.	1:28	NCAA D-III Central Regional
5.	2:41	Brissman/Lundeen Inv. -Credit Island
6.	2:59	Dan Huston Inv. -Waverly

Top finishes

Individual

No.	Finish	Name (time)	Meet
1.	5th of 89	Chase Ungs (20:02)	Central Inv.-Pella
2.	10th of 89	Jaron Byrum (20:16)	Central Inv.-Pella
3.	11th of 89	Teddy Clark (20:17)	Central Inv.-Pella
4.	12th of 89	Pierre Taylor (20:18)	Central Inv.-Pella
5.	24th of 89	Austin Vondracek (21:03)	Central Inv.-Pella

Team

1.	2nd (7 teams), Central Dutch Inv., 6K, Sept. 1
2.	6th (13 teams), Les Duke Inv.-Oakland Acres, 8K, Sept. 8
3.	6th (8 teams), Dan Huston Inv, -Waverly, 8K, Oct. 6
4.	18th (31 teams), Brissman/Lundeen Inv.-Credit Island Park, 8K, Sept. 21
5.	20th (25 teams), Jim Drews Invite- La Crosse, Wis., 8K, Oct. 13
6.	6th (9 teams), Iowa Conference- Dubuque, 8K, Oct. 27
7.	17th (23 teams), NCAA D-III Central Regional

2007 MEET RESULTS

Sept. 1, 2007

Central Dutch Invitational
at Pella, Iowa
Central College cross country course
6,000 meters

Team standings

1. Iowa Central CC, 28; **2. Central, 61**; 3. Simpson, 80; 4. Grand View, 119; 5. William Penn (incomplete), 123; 6. Principia (Ill.), 145; 7. Southwestern CC, 154.

Individual results

1. Stephen Dak, Iowa Central CC	18:46
5. Chase Ungs, Central	20:02
10. Jaron Byrum, Central	20:16
11. Teddy Clark, Central	20:17
12. Pierre Taylor, Central	20:18
24. Austin Vondracek, Tyler Husak, Central	21:03
26. Tyler Husak, Central	21:11
32. Corey Fitzsimmons, Central	21:32
47. Derek Townsend, Central	22:35
50. Andy Green, Central	22:38
51. Derrick Padovich, Central	22:42
64. Ben Bell, Central	23:12
66. Kenny Outlaw, Central	23:28
68. Dustin Draisey, Central	23:43
71. Zach Wagner, Central	24:02
85. Justin Saxfield, Central	26:18

Sept. 8, 2007

Les Duke Invitational
at Grinnell, Iowa
Oakland Acres Golf Course
8,000 meters

Team standings

1. Caleton, 46; 2. Grinnell, 48; 3. Simpson, 108; 4. Morningside, 117; 5. Coe, 163; **6. Central, 178**; 7. Grand View, 185; 8. Cornell, 244; 9. Buena Vista, 288; 10. Clarke, 292; 11. Knox (Ill.), 342; 12. Dubuque, 369; 14. William Penn, 418.

Individual Results

1. Eric Osterhaus, Simpson	26:34
27. Teddy Clark, Central	28:17
38. Chase Ungs, Central	28:54
41. Austin Vondracek, Central	29:00
48. Tyler Husak, Central	29:17
51. Pierre Taylor, Central	29:23
75. Derek Townsend, Central	30:32
94. Ben Bell, Central	31:23
100. Dustin Draisey, Central	31:51
111. Corey Fitzsimmons, Central	32:32
121. Kenny Outlaw, Central	33:11

Sept. 21, 2007

Brissman/Lundeen Invitational
at Davenport, Iowa
Credit Island Park
8,000 meters

Team standings

1. Augustana (Ill.), 43; Olivet Nazarene (Ill.), 93; 3. Monmouth (Ill.), 181; 5. Loras, 195; 6. Iowa Central CC, 210; 7. Elmhurst (Ill.), 214; 8. Coe, 319; 9. Simpson, 328; 10. Wis.-Parkside, 332; 11. Milikin (Ill.), 354; 12. St. Xavier (Ill.), 358; 13. St. Ambrose, 405; 14. Greenville (Ill.), 420; 15. North Iowa CC, 439; 16. Lincoln, 474; 17. Grand View, 509; **18. Central, 522**; 19. Cornell, 583; 20. Illinois Wesleyan, 587; 21. Southwestern CC, 598; 22. Illinois Central, 617; 23. Principia (Ill.), 648; 24. Waubensee CC (Ill.), 719; 25. Buena Vista, 748; 26. Clarke, 764; 27. Carl Sandburg CC (Ill.), 792; 28. Dubuque, 850; 29. Indian Hills CC, 891; 31. Sauk Valley CC (Ill.), 940.

Individual results

1. Joshua Sawe, Iowa Central CC	25:08
42. Chase Ungs, Central	27:20
141. Tyler Husak, Central	29:00
151. Jaron Byrum, Central	29:04
158. Corey Fitzsimmons, Central	29:10
224. Derek Townsend, Central	30:01
225. Andy Green, Central	30:02
263. Dustin Draisey, Central	30:49
309. Kenny Outlaw, Central	31:47
312. Ben Bell, Central	31:50
386. Justin Saxfield, Central	35:14

Oct. 8, 2007

Dan Huston Invitational
at Waverly, Iowa
8,000 meters

Team standings

1. Iowa Central CC, 23; 2. Augustana (Ill.), 58; 3. Wartburg, 61; 4. Monmouth (Ill.), 115; 5. Wis.-Platteville, 126; **6. Central, 184**; 7. North Iowa CC, 187; 8. Dubuque, 242.

Individual Results

1. Joshua Sawe, Iowa Central CC	26:44
42. Chase Ungs, Central	30:26
44. Corey Fitzsimmons, Central	30:38
55. Tyler Husak, Central	31:18
58. Jaron Byrum, Central	31:23
93. Derek Townsend, Central	33:25
97. Dustin Draisey, Central	33:42
100. Austin Vondracek, Central	33:59
123. Zac Wagner, Central	37:38
126. Justin Saxfield, Central	37:59
127. Pierre Taylor, Central	38:44

Oct. 13, 2007

**Jim Drews Invitational
at West Salem, Wis.
Maple Grove Country Club
8,000 meters**

Team standings

1. Wis.-La Crosse, 75; 2. Iowa Central, 84; 3. Wis.-Platteville, 112; 4. St. John's, 114; 5. Nebraska Wesleyan, 162; 6. Minn.-Duluth, 169; 7. South Dakota State, 178; 8. Wartburg, 185; 9. Luther, 237; 10. Hamline (Minn.), 262; 11. Rhodes (Tenn.), 301; 12. St. Olaf, 319; 13. Wis.-River Falls, 438; 14. Wis.-Eau Claire, 440; 15. Coe, 440; 16. North Dakota State, 448; 17. Gustavus Adolphus (Minn.), 459; 18. Augsburg (Minn.), 504; 19. Wis.-Stout, 529; **20. Central, 601**; 21. St. Mary's, 663; 22. Illinois Wesleyan, 677; 23. Concordia, 721; 24. Winona State (Minn.), 722; 25. Martin Luther (Minn.), 794.

Individual results

1. Tyler Sigl, Wis.-Plattville	24:55
124. Teddy Clark, Central	27:46
127. Pierre Taylor, Central	27:49
191. Jaron Byrum, Central	28:34
200. Austin Vondracek, Central	28:39
206. Corey Fitzsimmons, Central	28:42
230. Chase Unga, Central	28:58
246. Tyler Husak, Central	29:09
287. Derek Townsend, Central	29:42
340. Dustin Draisey, Central	30:34
363. Andy Green, Central	31:15
403. Justin Saxfield, Central	36:45

Oct. 27, 2007

**Iowa Conference Championships
at Dubuque, Iowa
8,000 meters**

Team standings

1. Luther, 38; 2. Wartburg, 48; 3. Loras, 87; 4. Coe, 101; 5. Simpson, 142; **6. Central, 170**; 7. Cornell, 190; 8. Buena Vista, 219; 9. Dubuque, 263;

Individual Results

1. Matthew Busche, Luther	25:31
25. Jaron Byrum, Central	27:57
39. Pierre Taylor, Central	28:25
42. Chase Unga, Central	28:34
54. Teddy Clark, Central	29:03
55. Corey Fitzsimmons, Central	29:04
71. Derek Townsend, Central	29:40
74. Austin Vondracek, Central	29:49
76. James Armstead, Central	29:55
81. Dustin Draisey, Central	30:06
94. Tyler Husak, Central	30:51
97. Andy Green, Central	31:03
98. Ben Bell, Central	31:07
114. Zac Wagner, Central	33:24
119. Justin Saxfield, Central	35:17

Nov. 10, 2007

**NCAA Division III Central Regional
at Northfield, Minn.
8,000 meters**

Team standings

1. Nebraska Wesleyan, 88; 2. Luther, 109; 3. St. John's (Minn.) 127; 4. Carleton (Minn.), 143; 5. Wartburg, 145; 6. St. Olaf (Minn.), 175; 7. Gustavus Adolphus (Minn.), 218; 8. Bethel (Minn.), 236; 9. Grinnell, 237; 10. Macalester (Minn.), 254; 11. Hamline (Minn.), 274; 12. Loras, 341; 13. Coe, 366; 15. Augsburg, 404; 16. Simpson, 466; **17. Central, 469**; 18. Cornell, 552; 19. St. Scholastica (Minn.), 558; 20. St. Mary's (Minn.), 560; 21. Martin Luther (Minn.), 609; 22. Concordia, 647; 23. Dubuque, 738.

Individual results

1. Chris Erichsen, St. John's	24:58
71. Pierre Taylor, Central	27:05
77. Jaron Byrum, Central	27:16
101. Chase Unga, Central	27:43
102. Teddy Clark, Central	27:44
118. Derek Townsend, Central	28:33
124. Corey Fitzsimmons, Central	28:45
131. Austin Vondracek, Central	29:13

HONORS AND AWARDS

Individual honors

Academic all-Iowa Conference team

Chase Ungs (3.88, biology)

Team awards

Most Valuable Performer Award--Jared Byrum

Leadership Award--Chase Ungs

Most Improved Runner Award--Cory Fitzsimmons

Rookie of the Year Award--Derek Townsend

2007 captains--Teddy Clark, Chase Ungs

Varsity letters/reserve awards/freshman awards

Name	Yr.	Hometown/High school	Award
*James Armstead	Jr.	Greenfield, Iowa/Nodaway Valley	Reserve
Ben Bell	Fr.	Davenport, Iowa/Central	Freshman
Jaron Byrum	Jr.	Mount Union, Iowa/New London	Third varsity letter
Teddy Clark	Jr.	Montgomery, Ill./Oswego	Second varsity letter
**Brett Dietrich	Sr.	Williamsburg, Iowa/Williamsburg	Reserve
Dustin Draisey	Fr.	Keota, Iowa/Keota	First varsity letter
Cory Fitzsimmons	So.	Pella, Iowa/Pella	First varsity letter
Andy Green	Sr.	Cherokee, Iowa/Washington	First varsity letter
Tyler Husak	Fr.	Montour, Iowa/South Tama	First varsity letter
Alex Miller	So.	Adel, Iowa/Van Meter	Reserve
Kenny Outlaw	So.	Oswego, Ill./Oswego	Reserve
*Derrick Padovich	So.	Oswego, Ill./Oswego	Reserve
Justin Saxfield	Fr.	Charles City, Iowa/Charles City	Reserve
Pierre Taylor	So.	Oswego, Ill./Oswego	Second varsity letter
Derek Townsend	Jr.	Perry, Iowa/Perry	First varsity letter
Chase Ungs	Sr.	Ames, Iowa/Gilbert	Fourth varsity letter
Austin Vondracek	Fr.	Swisher, Iowa/Cedar Rapids Prairie	First varsity letter
Zac Wagner	So.	Omaha, Neb./Creighton Prep	Reserve

*one previous varsity letter

**two previous varsity letters

Head coach: David Paulsen

Assistants: Stephen Fyfe, Jay Rhoten